

# Psychology Special I Introduction to Psychopathology

	Semester III	Subject Code: A31617	Lectures: 60	
Obje	ectives:			
	<ul> <li>To acquaint students with basic concepts of maladjusted behavior and classification systems of abnormality</li> </ul>			
		udents understand various appro rize students with assessment too		
		Unit 1: Nature of abnormal pe	sychology	12
	<ul><li>Science of</li><li>Historical</li><li>Contempo</li></ul>	ding psychopathology  f psychopathology  context of abnormal behavior – sorary perspectives of abnormal being tradition		
	Unit 2: Causal f	actors and viewpoints		12
	<ul><li>Biologica</li><li>Psychosoc</li></ul>	d risk factors for abnormal behave viewpoint – Genetic and neurobeial viewpoint aral viewpoint		
Unit 3: Clinical assessment			12	
	<ul><li>Physical a</li><li>Psychoso</li></ul>	nents in assessment assessment cial assessment sues in assessment		
Unit	4: Classification of	fabnormal behavior		12
	Rasic eler	ments of classification- Approach	es reliability and validity	

- Historical context of diagnosis- uptil the DSM IV
- DSM V Classification and changes
- Problems with classification





## **Recommended Text Books:**

- 1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. *Abnormal psychology*, 13th ed. Pearson Edu., 2012.
- 2. Barlow and Durand. *Abnormal Psychology-an Integrative Approach*. Thomsun-Wadsworth Learning Inc, New Delhi, 4th Ed, 2005.

### Reference Books:

- 1. Sarason and Sarason. *Abnormal Psychology-Problem of Maladaptive Behaviour* Pearson education, New Delhi, 10th Ed, 2002.
- 2. Davar, B.V. *Mental Health from a gender perspective*. Sage publications, New Delhi, 2001.
- 3. Davar, B.V. *Mental Illness in Indian women*. Economic and Political Weekly. 30 (45):2879-86, 1995.
- 4. Dhanda, A. Legal Order and Mental disorder. Sage publications, New Delhi, 2000.
- 5. American Psychiatric Association .Diagnostic and statistical manual of mental disorders (5<sup>th</sup> edition) Washington, DC.2013.

## \*Assignments and library hours - 12 hours

#### Readings:

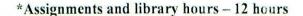
- Mental health from a gender perspective
- Perspectives on prevention
- Legal aspects and ethical issues
- Organized efforts for Mental Health: --- National and international efforts





## Psychology Special I Psychological disorders and Treatment

Semester IV Subject Code: A41617 Lectures: 60 Objectives: To understand causes and symptoms of various types of psychological disorders To understand various modalities of treatment of psychological disorders Unit 1: Anxiety disorders - Clinical description, Causes and Treatment 12 Separation Anxiety Disorder Specific Phobia • Social Anxiety Disorder (Social Phobia) Panic Disorder Generalized Anxiety Disorder Unit 2: Neuro developmental disorders 12 Autism spectrum disorder ADHD Learning disorders • Remedial Interventions in Neuro developmental disorders Unit 3: Schizophrenia and other psychotic disorders 12 Clinical description of schizophrenia Other psychotic disorders Biological and psychosocial etiology Treatment Unit 4: Mood disorders and suicide 12 • Understanding mood disorders- Unipolar and bipolar mood disorders · Biological, psychological, and socio cultural causal factors Treatments and outcomes. Suicide - Causes, risk factors and prevention.







## Readings:

- Obsessive-Compulsive and Related Disorders
- Trauma- and Stressor-Related Disorders
- Personality disorders

## **Recommended Text Books:**

- 1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. (2012). Abnormal psychology, 13th ed. N.D.: Pearson Edu.
  - 2. Barlow and Durand (2005) .Abnormal Psychology-an Integrative Approach. Thomsun-Wadsworth Learning Inc, New Delhi,4<sup>th</sup> Ed.

#### Reference Books:

- 1. American Psychiatric Association .Diagnostic and statistical manual of mental disorders (5<sup>th</sup> edition) Washington, DC.2013.
- 2. Sarason and Sarason (2002). Abnormal Psychology-Problem of Maladaptive Behaviour. Pearson education, New Delhi, 10th Ed.

