

Psychology Special I
Introduction to Psychopathology

Semester III	Subject Code: A31617	Lectures: 60
Objectives:		
<ul style="list-style-type: none"> To acquaint students with basic concepts of maladjusted behavior and classification systems of abnormality To help students understand various approaches to psychopathology To familiarize students with assessment tools and diagnosis 		
Unit 1: Nature of abnormal psychology		12
<ul style="list-style-type: none"> Understanding psychopathology Science of psychopathology Historical context of abnormal behavior – supernatural tradition Contemporary perspectives of abnormal behavior -biological tradition , psychological tradition 		
Unit 2: Causal factors and viewpoints		12
<ul style="list-style-type: none"> Causes and risk factors for abnormal behavior Biological viewpoint – Genetic and neurobiological Psychosocial viewpoint Sociocultural viewpoint 		
Unit 3: Clinical assessment		12
<ul style="list-style-type: none"> Basic elements in assessment Physical assessment Psychosocial assessment Ethical issues in assessment 		
Unit 4: Classification of abnormal behavior		12
<ul style="list-style-type: none"> Basic elements of classification- Approaches , reliability and validity Historical context of diagnosis- upto the DSM IV DSM V – Classification and changes Problems with classification 		



Recommended Text Books:

1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. *Abnormal psychology*, 13th ed. Pearson Edu. , 2012.
2. Barlow and Durand. *Abnormal Psychology-an Integrative Approach*. Thomsun-Wadsworth Learning Inc, New Delhi, 4th Ed, 2005.

Reference Books:

1. Sarason and Sarason. *Abnormal Psychology-Problem of Maladaptive Behaviour* Pearson education, New Delhi, 10th Ed, 2002.
2. Davar, B.V. *Mental Health from a gender perspective*. Sage publications, New Delhi, 2001.
3. Davar, B.V. *Mental Illness in Indian women*. Economic and Political Weekly. 30 (45):2879-86, 1995.
4. Dhanda, A. *Legal Order and Mental disorder*. Sage publications, New Delhi, 2000.
5. American Psychiatric Association. *Diagnostic and statistical manual of mental disorders* (5th edition) Washington, DC.2013.

***Assignments and library hours – 12 hours**

Readings:

- Mental health from a gender perspective
- Perspectives on prevention
- Legal aspects and ethical issues
- Organized efforts for Mental Health: ---National and international efforts



Psychology Special I
Psychological disorders and Treatment

Semester IV

Subject Code: A41617

Lectures: 60

Objectives:

- To understand causes and symptoms of various types of psychological disorders
- To understand various modalities of treatment of psychological disorders

Unit 1: Anxiety disorders – Clinical description, Causes and Treatment	12
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- Separation Anxiety Disorder
- Specific Phobia
- Social Anxiety Disorder (Social Phobia)
- Panic Disorder
- Generalized Anxiety Disorder

Unit 2: Neuro developmental disorders	12
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- Autism spectrum disorder
- ADHD
- Learning disorders
- Remedial Interventions in Neuro developmental disorders

Unit 3: Schizophrenia and other psychotic disorders	12
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- Clinical description of schizophrenia
- Other psychotic disorders
- Biological and psychosocial etiology
- Treatment

Unit 4: Mood disorders and suicide	12
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- Understanding mood disorders- Unipolar and bipolar mood disorders
- Biological, psychological, and socio cultural causal factors
- Treatments and outcomes.
- Suicide –Causes, risk factors and prevention.

***Assignments and library hours – 12 hours**



Readings:

- **Obsessive-Compulsive and Related Disorders**
- **Trauma- and Stressor-Related Disorders**
- **Personality disorders**

Recommended Text Books:

1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. (2012).
Abnormal psychology, 13th ed. N.D.: Pearson Edu.
2. Barlow and Durand (2005) .Abnormal Psychology-an Integrative Approach. Thomsun-
Wadsworth Learning Inc, New Delhi, 4th Ed.,

Reference Books:

1. American Psychiatric Association .Diagnostic and statistical manual of mental disorders
(5th edition) Washington, DC.2013.
2. Sarason and Sarason (2002).Abnormal Psychology-Problem of Maladaptive Behaviour.
Pearson education, New Delhi, 10th Ed.

