



SADHU VASWANI MISSION'S
St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]
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PU/PN/AC/015/(1962)
College Code:- 013


Circular No:- Q15 | IQAC | 2022 -23/06

Date:- 01. 07. 2022

CIRCULAR

Individual Counselling Sessions will be provided on pre appointment basis by Mental Well-being Program under Department of Psychology between 1st July 2022 to 30th March 2023 for all Degree College Students during college hours.


Ms. Pooja Jain
Coordinator


Dr. Jaya Rajagopalan
Principal Incharge




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Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Psychology
Mental Well-being Program 2022-2023
Individual Therapy Sessions Report
July 2022- August 2022

Students were offered free online individual professional counselling sessions throughout the academic year starting from July 2022 as a part of the college mental well-being program. One full time college Counsellor, Ms. Pooja Jain was appointed to offer psychological support to students during college hours by the Department of Psychology.

In total 8 students reached out for help through taking personal appointments and 13 sessions were offered to these students.

Program Coordinator: Ms. Pooja Jain

Pooja Jain



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Principal in charge
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