

SADHU VASWANI MISSION'S

ST. MIRA'S COLLEGE FOR GIRLS

[An Autonomous College Affiliated to the Savitribai Phule Pune University]
[ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]



KINDLE THE LIGHT

6, Koregaon Road, Pune - 411001.[INDIA]
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NAAC 3rd Cycle - A grade

Dr. Jaya Rajagopalan
Principal Incharge

PU/PN/AC/015/(1962)
College Code No. : 013

G-18/2022-23/73

Date : 01.02.2023

CIRCULAR

The College is conducting 'Adventure Sports' Credit Course on 13th and 14th
February 2023 @ Kamet Adventure, Maval.

Interested students has to contact Ms. Ekta Jadhav for further details and
Registration.

Ms. Ekta Jadhav
Director of Physical Education



Dr Jaya Rajagopalan
Principal Incharge

St Mira's College for Girls, Pune
An Autonomous- Affiliated to Savitribai Phule Pune University, Pune
Department of Physical Education
Adventure Sports Credit Course (2022-23)

Report

The Department of Physical Education had organized an 'Adventure Sports Credit Course', on 13th & 14th February, 2023 under the program Fit India Movement. This credit course was of two credits (30 hours) and was for all the students. Total 50 girls in which 39 girls of credit course and 11 sports girls took the advantage of the activity from different classes and streams. This course or activity was conducted at "Kamet Adventure" camp site, Dahuli, Maval near the backwaters of Dhokalwadi dam. This course was one night stay in tents which including Trekking, River Crossing, Balancing on Rope, Rappelling, Rock Climbing, Camping and Bonfire activities.

The founder and director of "Kamet Adventure", Mr. Rajesh Patade is an Everester (1998) and Shiv Chatrapati Award Winner (2002-2003) was organised the camp very well with the help of Yogesh Ambikar (Instructor) and Ekta Jadhav (Director of Physical Education). They together gave us such a fun experience of challenging and thrilling sports in the most well thought way. They also share their experience and motivate all the girls to participate in adventure sports. Patade sir showed his equipment and photo gallery and explained about all the Peaks, Mountaineering Equipment's and his awards to all the girls. Time spent together was memorable. The other facilities and the food was also amazing. It was a wonderful experience for girls and they were feeling fresh and confident.

Ekta Jadhav
Course Coordinator

Dr. Jaya Rajagopalan
Principal In-charge



St. Mira's College for Girls, Pune
Autonomus- Affiliated to Savitribai Phule Pune University
Name of Credit Course: Adventure Sports Extra Credit Course
No. of Credits : 2

Period From : 13.2.2023 to 14.2.2023

Name of the Teacher Incharge : Mrs. Suhaile Azavedo

Adventure Sports -Trek to Kamet Adventure Dahuli, Maval



Sr. No	Name	Class & Division	Roll No.	13.2.2023 & 14.2.2023
1	Mariya Kakajiwala	FYBA-A	2206	Mariya
2	Navhya Chodankar	FYBA-A	2209	Navhya
3	Priyal Jain	FYBA(A)	2212	Priyal
4	Anushka Khemnar	FYBA-A	2223	Anushka
5	Sai Virkud	FYBA-A	2259	Sai
6	Sakina Hamid	FYBA-A	2275	Sakina
7	Tia Bakshi	FYBA(A)	2318	Tia
8	Shravani Satav	FYBA (A)	2326	Shravani
9	Pranali Walunj	FYBA (A)	2327	Pranali
10	Labdhi Bora	FYBA (A)	2334	Labdhi
11	Shravani walke	FYBA-(B)	2429	Shravani
12	Shilpa Deo	FYBA- B	2449	Shilpa
13	Vaishali gavit	FYBA(B)	2451	Vaishali
14	Vishakha Sonavane	SYBA (B)	2690	Vishakha
15	Ashitha Saseendran	SYBA A	2702	Ashitha
16	Harshal Rapol	SYBA (A)	2706	Harshal
17	Khushi Dhariwal	Syba A	2726	Khushi
18	Amanda Thalakkottur	SYBA A	2860	Amanda
19	Charul Hastak	SYBA(A)	2866	Charul
20	Rasoolbi Pothuganty	F.Y.B.com-C	3494	Rasoolbi
21	Akshata Jadhav	SYBCOM (B)	3875	Akshata
22	Siya Ghule	SyBcom-B	3882	Siya
23	Sejal Lokhande	SYBCOM-B	3883	Sejal
24	Sakshi Bambe	SyBcom-B	3885	Sakshi
25	Shruti Math	Sybcom [C]	4018	Shruti
26	Shivangee Prajapati	S.Y.B.com (c)	4039	Shivangee
27	Kashish Oswal	SYBCOM-C	4070	Kashish
28	Pratiksha Dhumal	TYBCOM (C)	4658	Pratiksha
29	Diksha Dhumal	TYBA B	4811	Diksha
30	Shruti Yadav	TYBA A	4913	Shruti
31	Manasa Pantula	TYBA(A)	4915	Manasa



Sayali
Principal Incharge
St. Mira's College for Girls, Pune

Ekta Jadhav
Course Coordinator

Shalini Iyer
Co-ordinator

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Sr. No	Name	Class & Division	Roll No.	13.2.2023 & 14.2.2023
32	Alina Hiroli	SYBBA(CA)	12108	<i>Alina</i>
33	Sakshi Tandale	SY BBA (CA)	12116	<i>Sakshi</i>
34	Sakshi Shelke	Sybca	12118	<i>Sakshi</i>
35	Prasanr Jaxmi K	SYBBA(CA)	12124	<i>Prasanr</i>
36	Madhavi Komkala	SY BBA(CA)	12126	<i>Madhavi</i>
37	Insiyah udaipurwala	sybba(ca)	12127	<i>Insiyah</i>
38	Smriti singh	sybca	12131	<i>Smriti</i>
39	Venkatvani Nannasani	SY BBA(CA)	12137	<i>Venkatvani</i>
40	Muskan Mirpuri	S.Y. BBA(C.A.)	12140	<i>Muskan</i>
41	sweta singh	Sy bca	12145	<i>Sweta</i>
42	Afreen Shaikh	SYBBA(CA)	12164	<i>Afreen</i>
43	Nidhi Dinesh Sharma	TYBBA	22010	<i>Nidhi D. Sharma</i>
44	Aanchal Sasanani	SYBBA	22135	<i>Aanchal</i>
45	Diksha Rohida	SYBBA	22158	<i>Diksha</i>
46	Mukti Chawla	SYBBA	22168	<i>Mukti</i>
47	Shruti Sangar	FY-BBA	22202	<i>Shruti</i>
48	Yashada Yogesh Ghanwat	FY-BBA	22257	<i>Yashada</i>
49	Renuka Sankpal	11th A Commer	1008	<i>Renuka</i>
50	Anushka Jadhav	11th A Commer	1078	<i>Anushka</i>

E. Jadhav

Ms. Ekta Jadhav
Course Instructor and Coordinator

Shalini Iyer

Dr. Shalini Iyer
Coordinator



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Principal Incharge
St. Mira's College for Girls, Pune.



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1	Mariya Kakajiwala	FYBA-A	2206	<i>Mariya</i>
2	Navhya Chodankar	FYBA-A	2209	<i>N Chodankar</i>
3	Priyal Jain	FYBA(A)	2212	<i>Priyanshu</i>
4	Anushka Khemnar	FYBA-A	2223	<i>Anushka</i>
5	Sai Virkud	FYBA-A	2259	<i>Sai</i>
6	Sakina Hamid	FYBA-A	2275	<i>Sakina</i>
7	Tia Bakshi	FYBA(A)	2318	<i>Tia</i>
8	Shravani Satav	FYBA (A)	2326	<i>Shravani</i>
9	Pranali Walunj	FYBA (A)	2327	<i>Pranali</i>
10	Labdhi Bora	FYBA (A)	2334	<i>Labdhi</i>
11	Shravani walke	FYBA-(B)	2429	<i>Shravani</i>
12	Shilpa Deo	FYBA- B	2449	<i>Shilpa</i>
13	Vaishali gavit	FYBA(B)	2451	<i>Vaishali</i>
14	Vishakha Sonavane	SYBA (B)	2690	<i>Vishakha</i>
15	Ashitha Saseendran	SYBA A	2702	<i>Ashitha</i>
16	Harshal Rapol	SYBA (A)	2706	<i>Harshal</i>
17	Khushi Dhariwal	Syba A	2726	<i>Khushi</i>
18	Amanda Thalakottur	SYBA A	2860	<i>Amanda</i>
19	Charul Hastak	SYBA(A)	2866	<i>Charul</i>
20	Siya Ghule	SyBcom-B	3882	<i>Siya</i>
21	Sejal Lokhande	SYBCOM-B	3883	<i>Sejal</i>
22	Sakshi Bамbe	SyBcom-B	3885	<i>Sakshi</i>
23	Kashish Oswal	SYBCOM-C	4070	<i>Kashish</i>
24	Shruti Yadav	TYBA A	4913	<i>Shruti</i>
25	Alina Hiroli	SYBBA(CA)	12108	<i>Alina</i>
26	Sakshi Tandale	SY BBA (CA)	12116	<i>Sakshi</i>
27	Sakshi Shelke	Sybca	12118	<i>Sakshi</i>
28	Prasannalaxmi K	SYBBA(CA)	12124	<i>Prasanna</i>
29	Madhavi Komkala	SY BBA(CA)	12126	<i>Madhavi</i>
30	Insiyah udaipurwala	sybba(ca)	12127	<i>Insiyah</i>

Ekta Tadhar
Course Coordinator

Jayesh
Principal Incharge
St. Mira's College for Girls, Pune.

Shalini
Dr. Shalini
Coordinator

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Sr. No	Name	Class & Division	Roll No.	13.2.2023 & 14.2.2023
31	Smriti singh	sybca	12131	Smriti
32	Venkatvani Nannasani	SY BBA(CA)	12137	Venkatvani
33	Muskan Mirpuri	S.Y. BBA(C.A.)	12140	Muskan
34	sweta singh	Sy bca	12145	sweta
35	Nidhi Dinesh Sharma	TYBBA	22010	Nidhi D. Sharma
36	Aanchal Sasanani	SYBBA	22135	Aanchal
37	Diksha Rohida	SYBBA	22158	Diksha
38	Mukti Chawla	SYBBA	22168	Mukti
39	Shruti Sangar	FY-BBA	22202	Shruti

Ms. Ekta Jadhav

Course Instructor and Coordinator



Dr. Shalini Iyer

Coordinaor

Jayesh

Principal Incharge
St. Mira's College for Girls, Pune.

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Name of Credit Course: Adventure Sports Value Credit Course 2022-23

No. of Credits : 2

Period From :13th February 2023 and 14th February 2023

Name of the Teacher Incharge : Ms. Ekta Jadhav

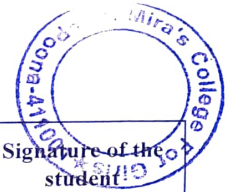
Sr. No	Roll No.	Name	Class	Trek & other Activities	Theory	Total Marks	Credits	Signature of the student
				30 marks	20 Marks			
1	2206	Mariya Kakajiwal	FYBA-A	30	17	47	2	Mariya
2	2209	Navhya Chodankar	FYBA-A	30	16	46	2	Navhya
3	2212	Priyal Jain	FYBA-A	30	17	47	2	Priyal
4	2223	Anushka Khemnar	FYBA-A	30	19	49	2	Anushka
5	2259	Sai Virkud	FYBA-A	30	17	47	2	Sai
6	2275	Sakina Hatim Hamid	FYBA-A	30	15	45	2	Sakina
7	2318	Tia Bakshi	FYBA-A	30	19	49	2	Tia
8	2326	Shravani Satav	FYBA-A	30	19	49	2	Shravani
9	2327	Pranali Walunj	FYBA-A	30	19	49	2	Pranali
10	2334	Labdhi bora	FYBA-A	30	17	47	2	Labdhi
11	2429	Shravani Vijay walke	FYBA-B	30	17	47	2	Shravani
12	2449	Shilpa Deo	FYBA-B	30	19	49	2	Shilpa
13	2451	Vaishali Vasu Gavit	FYBA-B	30	17	47	2	Vaishali
14	2690	Vishakha Sonawane	SYBA-B	30	19	49	2	Vishakha
15	2702	Ashitha Saseendran	SYBA-A	30	19	49	2	Ashitha
16	2706	Harshal Rapol	SYBA-A	30	17	47	2	Harshal
17	2726	Khushi Vikram Dhariwal	SYBA-A	30	19	49	2	Khushi
18	2860	Amanda Thalakottur	SYBA-A	30	19	49	2	Amanda
19	2866	Charul Hastak	SYBA-A	30	19	49	2	Charul
20	3882	Siya Ghule	SYBCom-B	30	19	49	2	Siya
21	3883	Sejal Lokhande	SYBCom-B	30	16	46	2	Sejal
22	3885	Sakshi Bambe	SYBCom-B	30	19	49	2	Sakshi
23	4070	Kashish Ajay Oswal	SYBCom-C	30	17	47	2	Kashish
24	4913	Shruti yadav	TYBA -A	30	17	47	2	Shruti

Ms. Ekta Jadhav

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Sr. No	Roll No.	Name	Class	Trek & other Activities	Theory	Total Marks	Credi'ts	Signature of the student
				30 marks	20 Marks			
25	12108	Alina hirola	SY BBA(CA)	30	19	49	2	<i>Alina</i>
26	12116	Sakshi Tandale	SY BBA(CA)	30	19	49	2	<i>Sakshi</i>
27	12118	Sakshi pradip shelke	SY BBA(CA)	30	17	47	2	<i>Sakshi</i>
28	12124	Prasannalaxmi K	SY BBA(CA)	30	17	47	2	<i>Prasanna</i>
29	12126	Madhavi Komkala	SY BBA(CA)	30	17	47	2	<i>Madhavi</i>
30	12127	Insayah Udaipurwala	SY BBA(CA)	30	18	48	2	<i>Insayah</i>
31	12131	Smriti Singh	SY BBA(CA)	30	17	47	2	<i>Smriti</i>
32	12137	Nannasani Venkatvani	SY BBA(CA)	30	17	47	2	<i>Nannasani</i>
33	12140	Muskan Mirpuri	SY BBA(CA)	30	17	47	2	<i>Muskan</i>
34	12145	Sweta singh	SY BBA(CA)	30	17	47	2	<i>Sweta</i>
35	22010	Nidhi Dinesh Sharma	TYBBA	30	17	47	2	<i>Nidhi</i>
36	22135	Aanchal Sasanani	SYBBA	30	17	47	2	<i>Aanchal</i>
37	22158	Diksha Rohida	SYBBA	30	17	47	2	<i>Diksha</i>
38	22168	Mukti Chawla	SYBBA	30	19	49	2	<i>Mukti</i>
39	22202	Shruti Sangar	FY-BBA	30	19	49	2	<i>Shruti</i>

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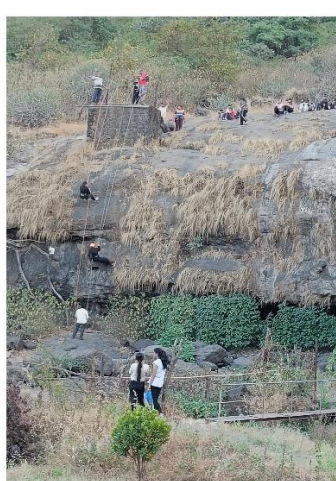


Jayshree

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Department of Physical Education

Adventurous Sports Credit Course
Photos



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