SADHU VASWANI MISSION'S

ST. MIRA'S COLLEGE FOR GIRLS

[An Autonomous College Affiliated to the Savitribai Phule Pune University] [ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]

6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail: info@stmirascollegepune.edu.in NAAC 3rd Cycle - A grade

Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

G-18/2022-23/73

KINDLE THE LIGHT

Date: 01.02.2023

CIRCULAR

The College is conducting 'Adventure Sports' Credit Course on 13th and 14th February 2023 @ Kamet Adventure, Maval.

Interested students has to contact Ms. Ekta Jadahv for further details and Registration.

Ms. Ekta Jadhav Director of Physical Education COS VIET & 100 I LA SINGO

Dr Jaya Rajagopalan Principal Incharge

St Mira's College for Girls, Pune

An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education

Adventure Sports Credit Course (2022-23)

Report

The Department of Physical Education had organized an 'Adventure Sports Credit Course', on 13th& 14th February, 2023 under the program Fit India Movement. This credit course was of two credits (30 hours) and was for all the students. Total 50 girls in which 39 girls of credit course and 11 sports girls took the advantage of the activity from different classes and streams. This course or activity was conducted at "Kamet Adventure" camp site, Dahuli, Maval near the backwaters of Dhokalwadi dam. This course was one night stay in tents which including Trekking, River Crossing, Balancing on Rope, Rappelling, Rock Climbing, Camping and Bonfire activities.

The founder and director of "Kamet Adventure", Mr. Rajesh Patade is an Everester (1998) and Shiv Chatrapati Award Winner (2002-2003) was organised the camp very well with the help of Yogesh Ambikar (Instructor) and Ekta Jadhav (Director of Physical Education). They together gave us such a fun experience of challenging and thrilling sports in the most well thought way. They also share their experience and motivate all the girls to participate in adventure sports. Patade sir showed his equipment and photo gallery and explained about all the Peaks, Mountaineering Equipment's and his awards to all the girls. Time spent together was memorable. The other facilities and the food was also amazing. It was a wonderful experience for girls and they were feeling fresh and confident.

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Ekta Jadhav Course Coordinator Dr. Shalini Iyer Credit Course Incharge Dr. Jaya Rajagopalan Principal In-charge



St. Mira's College for Girls, Pune

Autonomus- Affiliated to Savitribai Phule Pune University

Name of Credit Course: Adventure Sports Extra Credit Course

No. of Credits: 2

Period From: 13.2.2023 to 14.2.2023

Name of the Teacher Incharge: Mrs. Suhaile Azavedo Adventure Sports - Trek to Kamet Adventure Dahuli, Maval

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Name	Class & Division	Roll No.	13.2.2023 & 14.2.2023	
Mariya Kakajiwala	FYBA-A	2206	Mary!	1
Navhya Chodankar	FYBA-A	2209	Nhodamkar	1
Priyal Jain	FYBA(A)	2212	House	
Anushka Khemnar	FYBA-A	2223	Amshka	1
Sai Virkud	FYBA-A	2259	Makud	
Sakina Hamid	FYBA-A	2275	asakita	
Tia Bakshi	FYBA(A)	2318	dias	
Shravani Satav	FYBA (A)	2326	Spatar	
Pranali Walunj	FYBA (A)	2327	Panali	
Labdhi Bora	FYBA (A)	2334	laballa.	
Shravani walke	FYBA-(B)	2429	The roward	
Shilpa Deo	FYBA- B	2449	\$100.	
Vaishali gavit	FYBA(B)	2451	Vat	
Vishakha Sonavane	SYBA (B)	2690	AND	
Ashitha Saseendran	SYBA A	2702	A	
Harshal Rapol	SYBA (A)	2706	983	
Khushi Dhariwal	Syba A	2726	<i>Ø</i> /	
Amanda Thalakottur	SYBA A	2860	Amarido	
Charul Hastak	SYBA(A)	2866	Raydol	
Rasoolbi Pothuganty	F.Y.B.com-C	3494	Jasulm	
Akshata Jadhav	SYBCOM (B)	3875	Allsharte	
Siya Ghule	SyBcom-B	3882	Mulo	
Sejal Lokhande	SYBCOM-B	3883	Significant	
Sakshi Bambe	SyBcom-B	3885	Scu'	
Shruti Math	Sybcom [C]	4018	864.	
Shivangee Prajapati	S.Y.B.com (c)	4039	Om,	
Kashish Oswal	SYBCOM-C	4070	Eswerl	
Pratiksha Dhumal	TYBCOM (C)	4658	Physmal	
Diksha Dhumal	ТҮВА В	4811	Manual.	Largal
Shruti Yadav	ТҮВА А	4913	Shorty	Principal Incharge
Manasa Pantula	TYBA(A)	4915	Kangan St.	Mira's College for Girls, Pu
	Mariya Kakajiwala Navhya Chodankar Priyal Jain Anushka Khemnar Sai Virkud Sakina Hamid Tia Bakshi Shravani Satav Pranali Walunj Labdhi Bora Shravani walke Shilpa Deo Vaishali gavit Vishakha Sonavane Ashitha Saseendran Harshal Rapol Khushi Dhariwal Amanda Thalakottur Charul Hastak Rasoolbi Pothuganty Akshata Jadhav Siya Ghule Sejal Lokhande Sakshi Bambe Shruti Math Shivangee Prajapati Kashish Oswal Pratiksha Dhumal Diksha Dhumal Shruti Yadav Manasa Pantula	Name Class & Division Mariya Kakajiwala Ravhya Chodankar Priyal Jain Anushka Khemnar FYBA-A Sai Virkud FYBA-A Sai Virkud FYBA-A Tia Bakshi FYBA(A) Shravani Satav FYBA (A) Pranali Walunj FYBA (A) Shravani walke FYBA-B Vaishali gavit FYBA(B) Vishakha Sonavane Aharshal Rapol Ashitha Saseendran SYBA (A) Khushi Dhariwal Charul Hastak SYBA (A) Rasoolbi Pothuganty FYBA (B) SyBCOM-B Sakshi Bambe SyBCOM-B Shivangee Prajapati SYBCOM (C) Pratiksha Dhumal TYBA A Manasa Pantula TYBA (A) TYBA (A) TYBA (A) TYBA (B)	NameClass & DivisionRoll No.Mariya KakajiwalaFYBA-A2206Navhya ChodankarFYBA-A2209Priyal JainFYBA(A)2212Anushka KhemnarFYBA-A2223Sai VirkudFYBA-A2259Sakina HamidFYBA-A2275Tia BakshiFYBA(A)2318Shravani SatavFYBA (A)2326Pranali WalunjFYBA (A)2327Labdhi BoraFYBA (A)2334Shravani walkeFYBA-(B)2429Shilpa DeoFYBA-B2449Vaishali gavitFYBA(B)2451Vishakha SonavaneSYBA (B)2690Ashitha SascendranSYBA (A)2706Khushi DhariwalSyba A2726Amanda ThalakotturSYBA (A)2866Rasoolbi PothugantyF.Y.B.com-C3494Akshata JadhavSYBCOM (B)3875Siya GhuleSyBcom-B3882Sejal LokhandeSYBCOM-B3883Sakshi BambeSyBcom-B3885Shruti MathSybcom (C)4018Shivangee PrajapatiS.Y.B.com (c)4039Kashish OswalSYBCOM-C4070Pratiksha DhumalTYBA A4913Manasa PantulaTYBA (A)4915	Mariya Kakajiwala FYBA-A Priyal Jain Priyal Jain FYBA-A Priyal Jain FYBA-A Priyal Jain FYBA-A Priyal Jain Priyal Jain Priyal Jain FYBA-A Priyal Jain Priyal Jain Priyal Jain FYBA-A Priyal Jain

Etta Jadhan Course Coordinator

Phaliae eye Dr. Shalini lybr. Co-ordinator.

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Sr.	Name	Class &	Roll No.	13.2.2023 & 14.2.2023
No		Division		10.00
32	Alina Hiroli	SYBBA(CA)	12108	gloria
33	Sakshi Tandale	SY BBA (CA)	12116	Solving
34	Sakshi Shelke	Sybca	12118	fa kshi
35	Frasanr Jaxmi K	SYBBA(CA)	12124	Jun
36	Madhavi Komkala	SY BBA(CA)	12126	madly.
3.7	lnsiyah udaipurwala	sybba(ca)	12127	Insignab.
38	Smriti singh	sybca	12131	fmiti
39	Venkatvani Nannasani	SY BBA(CA)	12137	Mul
40	Muskan Mirpuri	S.Y. BBA(C.A.	12140	1
41	sweta singh	Sy bca	12145	Sweta-
42	Afreen Shaikh	SYBBA(CA)	12164	April
43	Nidhi Dinesh Sharma	TYBBA	22010	With D. Japans
44	Aanchal Sasanani	SYBBA	22135	anchal
45	Diksha Rohida	SYBBA	22158	Rishida
46	Mukti Chawla	SYBBA	22168	Filler
47	Shruti Sangar	FY-BBA	22202	Shrut
48	Yashada Yogesh Ghanwat	FY-BBA	22257	Carract
49	Renuka Sankpal	11th A Comme	1008	Janky M
50	Anushka Jadhav	11th A Comme	1078	Say

Ms. Ekta Jadhav Course Instructor and Coordinator

Dr.Shalini Iyer Coordinaor

Principal Incharge St. Mira's College for Girls, Pune.

St. Mira's College for Girls, Pune (Autonomous, Affiliated to Savitribai Phule Pune University) Department of Physical Education

Adventurous Sports Credit Course Photos



















Dr. Jaya Rajagopalan Principal Incharge