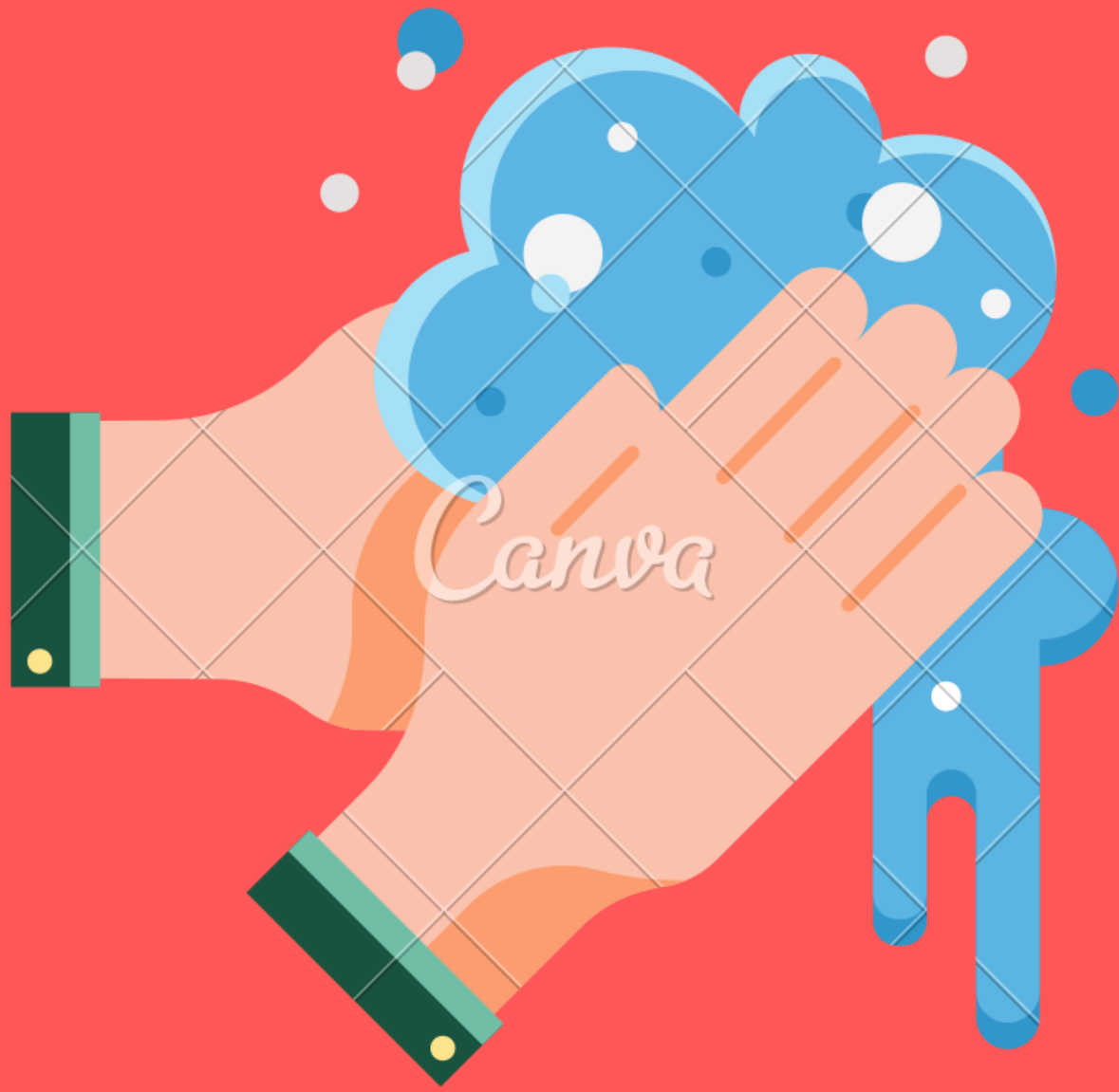
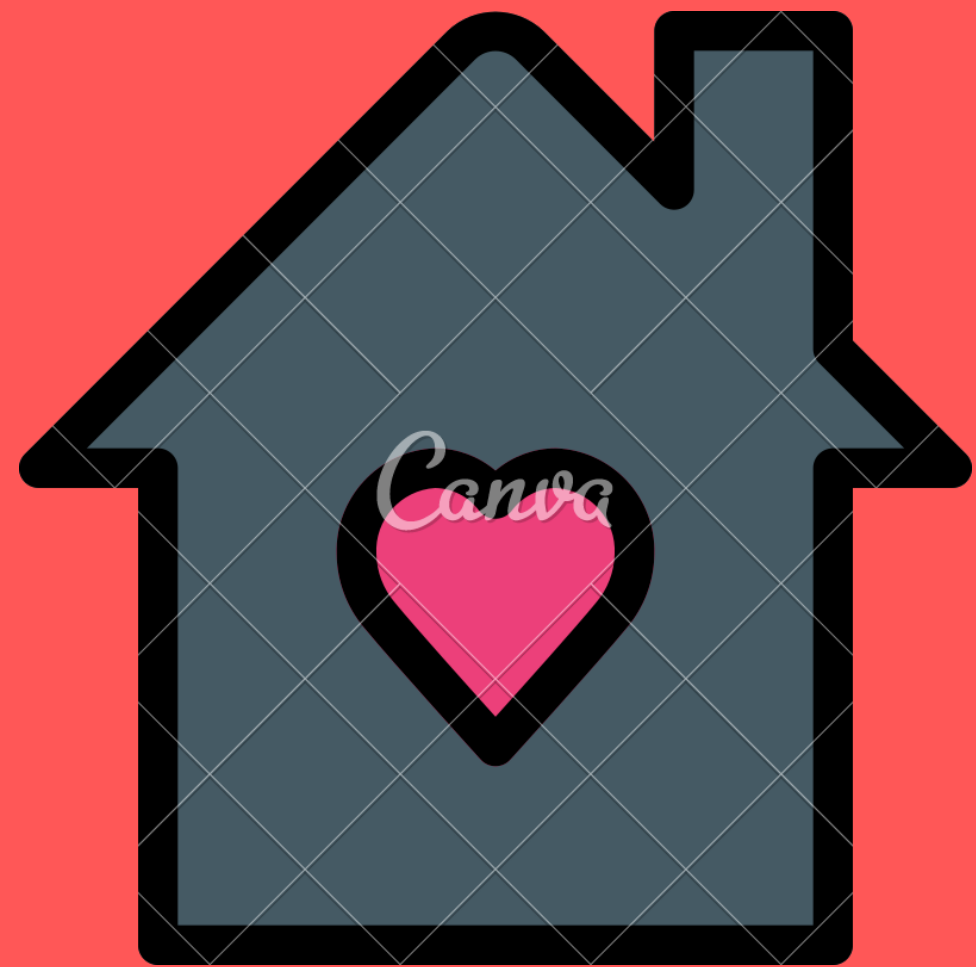


# STOP THE SPREAD



**Wash your hands  
frequently for  
atleast 20  
seconds.**



**Stay at home and  
practice  
Social Distancing**



**Eat Cooked  
Food Only**



**Wear a Mask  
while going out**

**Nandini Mangalore  
St.Mira's College for Girls.**