

**St. Mira's College for Girls, Pune**  
**(Autonomous-Affiliated to Savitribai Phule Pune University)**  
**6, Koregaon Road, Pune 411 001**

**Policies for Sports Facilities & Procedures**

**Sports Facilities**

- A Gymnasium with modern physical exercise and fitness equipments
- A playground for games like Handball, Kabaddi, Throw ball/ Volley ball, Basketball Half court, Badminton open court, Taekwondo, Athletics (Javelin throw, Discus throw, Shot Put, Hammer Throw, long Jump pit, Hurdles, 50 mts running track) 7 aside football ground
- Indoor sports - Table Tennis & Chess with all the facilities and advanced equipments.

**Training**

- Students participating in different sports activities can practice daily for two hours. Special coaches on campus to train these students in their respective events have been appointed.
- In addition, sports grounds facilities outside the college campus for students to practice in other sports activities not available on campus.
- Along with Physical Education, Yoga, Self-Defence, fitness activities & games are also available as a choice.

**Support & Incentives**

- Scholarships, fee concessions, free medical check-up, free nutritious breakfast (Protein powder), vitamins, travelling and refreshment allowances during matches, T-shirts and track suits are provided to students participating in sports activities at all levels - Inter-college/University/State/National.
- Academic support is provided to students participating in sports activities - special concession in class attendance, flexibility in examination schedules, award of extra marks (5 marks to students participating at Zonal level, 10 marks to students participating at National level and 15 marks to students for participating in International level).
- Scholarships, cash prizes and trophies are awarded to the Best Sports Girls every year.

**Additional Credit Course**

Credit Course in 'Adventurous Sports' has been introduced for students; the course is open to students from all streams. The course involves theory, basic training & practical experience on -trekking, wall climbing, rappelling, etc.

**Social Outreach** – The Sports students teach Yoga & other sports activities to Students from the Pune Municipal Corporation schools as part of social outreach.

**Annual Sports day** – An event organized every year that attracts large number of students for participation, fun and enjoyment. Besides, there are special events that attract teaching, non-teaching staff along with the sewakas at the annual event.