

# ST. MIRA'S COLLEGE FOR GIRLS

Koregaon Park, Pune – 411 001

*The Mind Outside its Groove*



**MIRAcles**

Magazine 2019-2020





SAINT MIRA : OUR PATRON SAINT



# St Mira's College for Girls, Pune

Arts, Commerce and Science

First Autonomous College under Savitribai Phule Pune University  
Reaccredited "A" Grade by NAAC



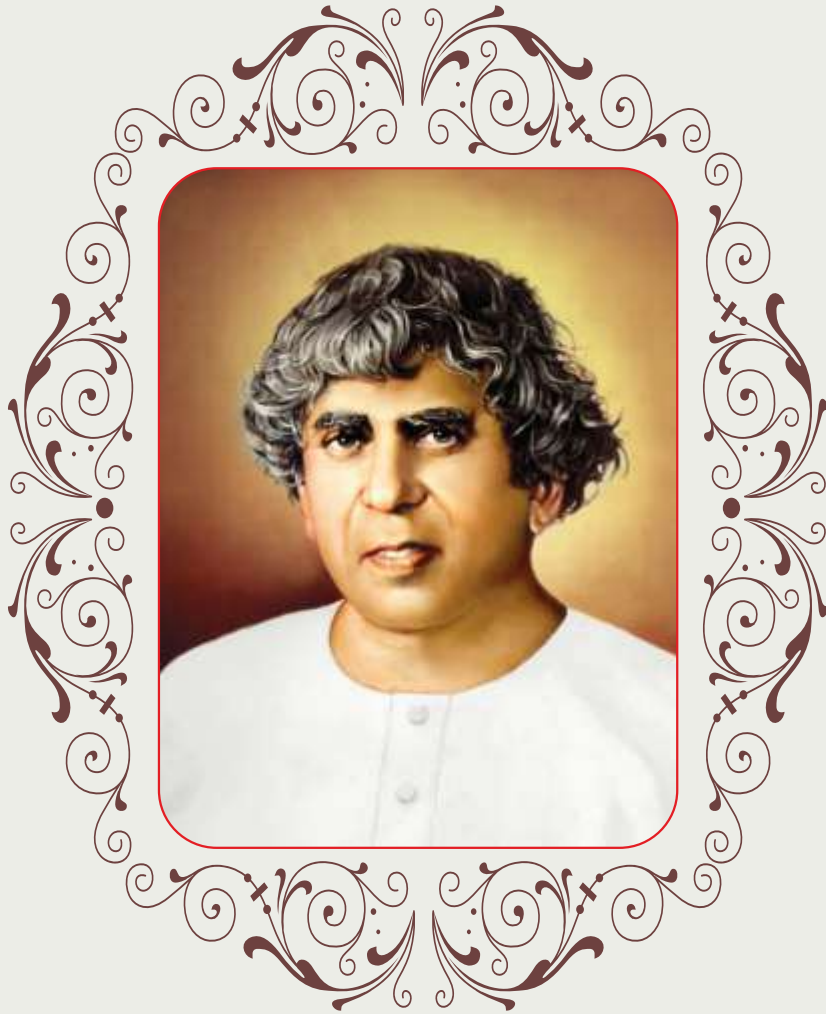
**MIRA *cles***  
**The Mind Outside its Groove**  
**Magazine 2019-20**







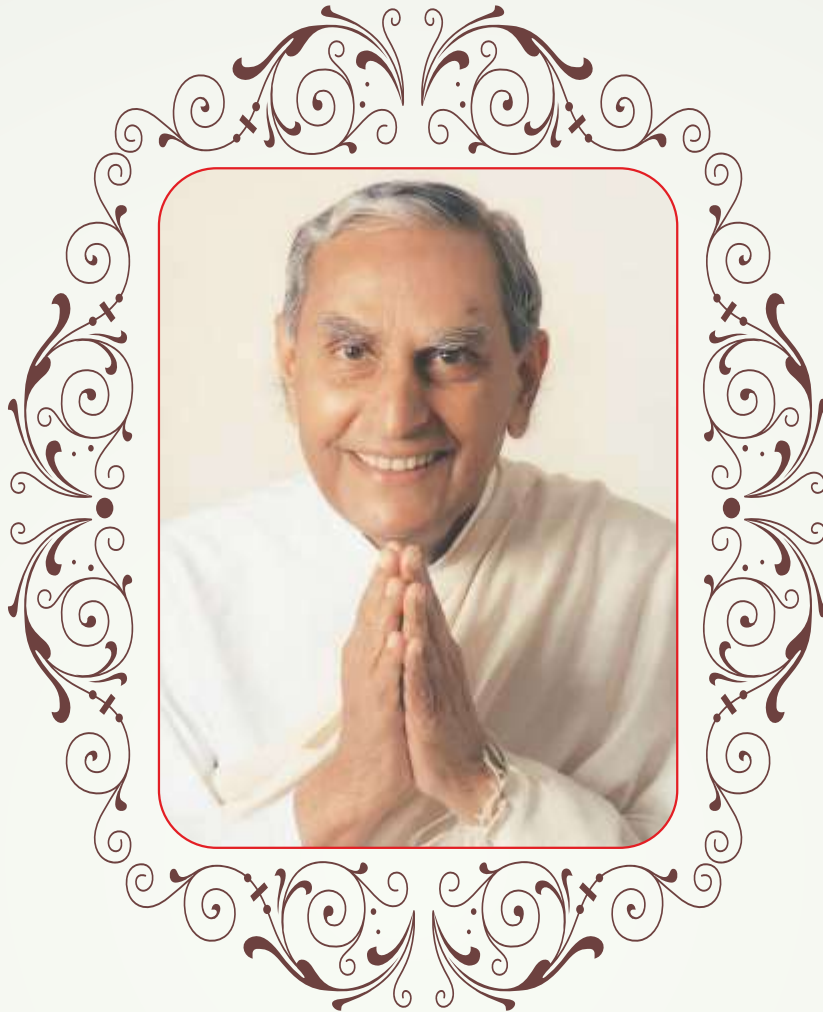




## **Sadhu T. L. Vaswani**

**Lord of Light and Life!  
Fill me every day  
With the Love that may go forth  
From me, in service and sacrifice  
To the poor and lowly  
And the broken ones,  
In this world, which every stone  
And every star doth bless!**





## **Dada J. P. Vaswani**

**A woman met me and said that  
She was 80 years young. I asked  
Her: "What is the secret of  
Your youth?"**

**She answered:  
"I have kept my hopes alive."**



## From the Principal's Heart



To all my beloved students you have indeed been an exceptionally talented and dedicated team! And we are all proud to be your cheer leaders!

You have done very well academically. At the 2019 passing out level we have had an outstanding number of students with first class with distinction! 80% of our BA students, 75.14% of BCom students, 86.67% of our BBA students, 71.79% of our BCA students and 71.11% of our BSc (CS) students have graduated getting a first class with distinction!

Our First rank holders, Ms. Samrudhi Sulakhe from BSc(CS), has graduated with 91.30%; Ms. Anisha Deepchandani from BCA with 88%; Ms. Heena Shaikh from Commerce, with 87.04%; Ms. Amrita

Sinha from BA Sociology with 82.83 and Ms. Radhika Kesarkar from BBA, with 82.46%!

Hearty Congratulations!

When you think about the last five or three years at St. Mira's, you'll probably remember that your greatest lessons may have come from outside the classroom. It's a good reminder that learning doesn't stop just because you received a degree.

Graduating is a milestone. It tells you how far you've come. However, it is just a beginning. Keep learning, keep trying, keep accomplishing, and keep venturing on through your journey. It's not only a milestone for students, it's also a milestone for your teachers, for your family and friends who have supported you. Remember that the hard work has just begun! Your graduation means, in the words of KBC, "ye paddav paar karne ke baad aapki kismet ka dwar khulga yahai." Now you will be left on your own to conquer the real world, "ab tiktikki band ho gayi"...No more hand holding...no more external controls... no more do's and don'ts from the college or your teachers. From now on, Life is your teacher. There is no fixed Core Curriculum. There are only personalized electives for you to choose from. Choose them wisely and well. You have been given the tools and the training of how and when to use—the accelerator and the brakes. Use them wisely and well.

Now is also the beginning of your time to give back to your parents, to your college, to the community that you have been so blessed to come from. One thing we would urge you to do is, listen before you act, think before you react, earn before you spend, count till 10 before you criticize. Start each day believing in your dreams. Know without a doubt that you were made for great things.

Once again, on behalf of your Mira Family, I congratulate each one of you and wish you success in all your endeavours!



**Dr G.H. Gidwani**



## Editorial

### “Changing the world, one article at a time.”



Dear Readers,

To say that St Mira's College for Girls is the powerhouse for women's education and future opportunities would be a real understatement because it is so much more than that. It's a place that encourages women through an excellent education system to achieve self-independence. The institute is an embodiment of proactivity, cultural endeavours, colourful events, and self-growth. These are just a few of the many aspects that make this institution a brilliant one. Mira's teaches us to not blindly conform to set standards, but to think

outside the box—the mind to work outside its groove. These things are only possible because of our lovely students, teachers, and staff who work day and night to make this institution better than ever. We couldn't have achieved this progress without our beloved Dada, who watches us from above and continues to encourage us to think bigger and better, guiding us in the toughest of times to find the light.

We, the editors, indulged in a session of brainstorming for new and fun themes for the magazine this year such as 'Bachpan Muchfun', 'Words Unsaid', and 'Glam Goddess' in order to bring out those 'laugh out loud' moments from our childhood, purge the emotions trapped inside, and to encourage open discussions regarding journeys of self-love and self-care. One of our newest themes, 'Humans of Mira's', further explores the lives of several members of the Mira family. Even themes like 'Penny For Your Thoughts', 'Make It or Break It' and 'The Club Sandwich' make a triumphant return to take you into the world of collective creativity, imagination, and intelligence, conjured up in innovative manifestation by our amazing students.

We felt that the magazine theme, 'The Mind Outside Its Groove', was absolutely perfect to describe the events of this year as we decided to take a several few steps outside our comfy little box. We immersed ourselves into the celebration of international cultures through the mind-blowing KosuFest, socializing and learning through education beyond borders which the Mira COIL interaction can vouch for, breaking the stigma revolving around the topic of mental health through the promotion of counselling therapy provided by the Psychology Department and through the successful play, Log Kya Kahenge, written and put up by the lovely ladies of the Students' Theatre Ensemble for the English Seminar. This year has certainly achieved the epitome of the phrase, 'The Mind Outside Its Groove'.

On a concluding note, we would like to express our heartfelt gratitude to our principal, Dr Gulshan Gidwani, the staff and students of St. Mira's College—and especially our mentor and chief editor, Dr Snober Sataravala, for giving us our incredible 'Make It or Break It' moment.

**Student Editorial Committee,**

Ayushree Nair, Khadija Lokhandwala





## CONTENTS

Editorial committee	6	• Colours Of War	40
Editorial	7	• Curiosity Killed The Cat	43
Convocation speech	8	• Power Of Thoughts	43
<b>SANCTUARY</b>	10	• Taken Away By The Stars	44
LaGuardia Mira COIL:	11	• The Other	45
The Partition of India		<b>WAR OF THE WITS</b>	47
<b>DAYS OF YORE</b>		<b>GLAM GODDESS</b>	
• My Journey	13	• The Voice Of Silence	58
<b>HUMANS OF MIRA'S</b>	15	• Lucky Ducky	60
<b>PENNY FOR YOUR THOUGHTS</b>		• Why Feminism?	60
• A Game	17	<b>WORDS UNSAID</b>	
• A Voyager	18	• Dear Anxiety	61
• Burning Bridges	18	• Black	62
• Critics Theory	19	• A Letter	63
• Introvert	19	• Our Date Night	63
• Depression Feels Like	20	• माँ	64
• Freedom!	21	• कलम	65
• Hush Now	22	• जा रहा हूँ	66
• Hold	22	• गुरु	66
• Night	23	• युवा और आज	67
• Thankful	23	• प्रेमभारत की संस्कृति	69
• Overthinking – A Tragic Being	24	• भारत की संस्कृति	70
• Pause For A Little While...	24	• वादतं वय आणि मोबाईल मैत्री	71
• The Boy In The Red Hoodie	25	• स्वप्न..	72
• The Lark	26	• छत्रपती शिवरायांना पत्र....	73
• You	26	• माझी काटकसर	74
• Untitled	27	• शाश्वत साथ	74
<b>CLUB SANDWICH</b>		• मराठी बोलूया..... संस्कृती जपूया	75
• At The Theatre	28	• ज्यांना मराठीची मजा चाखता येते,	76
• Debating... And So Much More	28	त्यांच्यासाठी खास.....	
• KosuFest 2019	29	• मराठी भाषेचे वैभव जपणे ही काळाची गरज	77
• Mira Bazaar 2019 –	30	• ३७० कलम रद्द करणे योग्य की अयोग्य !	78
Eat! Play! Rejoice!		• तिला काही सांगायचंय....	79
• The Mira's Mental Health	31	• अशास्त्र विभाग / आर्टिकल रिव्ह्यू स्पर्धा प्रथम	81
Wellbeing Programme		पारितोषिक	
• When 21 Girls Let Go of	33	• कातरवेळ...	82
Log Kya Kahenge		• साठवणीतली आठवण	82
<b>MAKE IT OR BREAK IT</b>		<b>ALL ABOUT US</b>	
• Internship With Araatrika –	35	<b>OUR PARENT BODY</b>	93
Unleashing		<b>AWARDS, ACHIEVEMENTS AND</b>	94
The Entrepreneurial Skills Within!		<b>HONOURS</b>	
<b>BACHAPAN MUCHFUN</b>		<b>COLLEGE NEWS</b>	98
• The Sanitary Pad Conundrum	36	<b>EXTENSION ACTIVITIES</b>	105
• A Creamy Story	37	<b>DEPARTMENT REPORTS</b>	114
<b>COMIC STRIP</b>	38		
<b>SCRIBBLES AND SPELLS</b>			
• A Love Letter	39		





## EDITORIAL COMMITTEE

Principal  
**Dr. Gulshan Gidwani**

Co-ordinator (Unaided Section)  
**Ms. Stella Ambrose**

Student Editors  
**Ayushree Nair**  
**Khadija Lokhandwala**  
**Vaishnavi Darekar**

Cover  
**Jaya Tripathi**  
**Aharna Shoghi**

### Faculty

**Ms. Elizabeth Kanade**  
**Dr. Minakshi Wagh**  
**Ms. Shital Jadhav**  
**Dr. Sangeeta Deshmukh**  
**Ms. Suhali Azavedo**  
**Ms. Komal Tujare**

Photographs  
College News  
Hindi Section  
Marathi Section  
English Section

Editor  
**Dr. Snober Sataravala**





## EDITORIAL

### *We're in love with the world*

"We're in love with the world, with our college and our life" has been the college's slogan this year; inspired by the young spoken word poet Megha Rao, who feels rather than focus on negativity, we should celebrate the everyday acts of human kindness and achievement.

So here we go! Our team of student editors, Ayushree and Khadija, have been outstanding. Their creativity, teamwork and dedication is what has given us this delightful magazine which so many students have poured their hearts into. The response of our alumni was equally heart- warming. Thank you girls we love you.

Our year has been a bouquet of many achievements starting with the autonomy review committee who generously gave us rave reviews. However, it is their praise of our students through the interaction with them that made our spirits soar. We are not a college of bricks and stones but passionate, capable, loving beings.

One significant challenge the college embraced this year was destigmatizing mental health. The Psychology department ensured that every single student in the college was part of group awareness sessions dealing with stressors varying from social to academic ones. Three counsellors are available at all times on campus for individual sessions. Healthy minds are as important as healthy bodies. Our dynamic sports department ensures the latter and has brought so many laurels to our college that we fluff up and burst with pride. They are truly power packed and glorious. Equally dynamic are our women entrepreneurs at the CWE!

To support the effort of the Psychology department the English Department had a seminar "Questioning Attitudes and Labels: Mental Health Versus Madness". This culminated in two outstanding performances to a packed auditorium of 500. *Log Kya Kahenge* was a sensitive ensemble theatre performance by our students. The other exciting seminars were the 6<sup>th</sup> Annual International Dance Movement Therapy Conference titled "Movement and other Arts for Well-Being" by the Psychology Department, A National level Interdisciplinary Seminar on "Understanding Indian Cinema" by the Sociology Department and a PG seminar "India 2020: Vision & Reality" by the Economics Department.

We do not exaggerate when we say we are in love with the world. This year over fifty students of our college participate in an international online learning project "COIL: The Partition of India" with New York, Lahore and Dhaka. The hope was that out of narratives of partition we could create narratives of healing. Lifelong friendships were forged and with that the hope perhaps in a small way we made the world a better, kinder more inclusive place. In addition, through the year our girls have volunteered at a number of NGO's to reach out to those in need.

To love and celebrate life one must have fun which we had in abundance with the various college fests, Mira Bazaar, alumni meet, picnics, welcome parties that inevitably were followed by farewell parties. Dressing and dancing merged with tears and embracing. However, at Mira's as we embrace each other we also embrace our role as women. The theme for this year's cover chosen by the editors was "the mind out of its groove". Our role as women is to get out of the ruts in our mind and envision and embrace change. We hope this year has achieved that!

**Dr Snober Sataravala**





## Convocation Speech – St Mira's – 7<sup>th</sup> February 2020

### Chief Guest: RituChhabria

**Non-executive director, Finolex Industries and Managing Trustee,  
Mukul Madhav Foundation**

A very warm welcome to all the dignitaries, guests, teachers and of course all the cheerful students. I take this opportunity to thank Dr. Rama Venkat and the management for inviting me to be the chief guest at this convocation ceremony where students from various streams are graduating today. I am pleased to see young female graduates in front of me who will now be marching to new heights in their studies and careers. Indeed a remarkable achievement in a student's life!

I would like to shed some light on the new journey you will be starting once you step out from college to fulfill and achieve your dreams in further studies and careers in the future years to come. The education which you all have taken till now has not only made you educated but also wise and ready to face the real-life challenges in the world. Combining it with various extra-curricular activities has indeed given you a holistic development which will enable you to be more focused and zealous on pursuing your goal.

You need to be highly focused and disciplined in the approach. You should imbibe good habits like exercising which will keep you active and healthy, punctuality, wherein you value and respect your and other's time. Try and increase your knowledge by growing your connection in meeting people who have excelled in their respective fields which will give you a right direction to your life.

Inculcate the habit of reading books which nowadays I see it declining with the digital media taking over. One must look at exploring the web for information as it is readily available.

We also have parents who always support their children with selfless love and care and teachers and staff who are passionate and tireless in leading and nurturing their students. The management and teachers have made great effort in equipping the students with the best of knowledge and skills to meet the changing needs of the society, exploring the professional potential of the teachers and cultivating a happy and motivating environment.

Once in job or business, you will be facing tough competition from your colleagues or business associates. You need to be best at what you do and how you do, as this makes you different from others and makes you stand apart from the crowd. Similarly, you will meet people who will try and misguide you and try to move away from your aim. Identify and stay away from such people.

While working you need to have a work life balance where you follow your passion, hobbies and live your life to the fullest, which makes you happy and feel rejuvenated.

Remember, a woman can scale heights if they have the will and determination. Women apart from reaching at heights in corporate world, Sports, Politics have also become a Philanthropist, a country leader and much more.

Empowering women is very necessary for bringing gender equality. Most societies flourish well where women are given equal respect and are not taken for granted. Women today have got equal potential provided and they are being trusted and valued. Today's women realize their strengths and





abilities to step out of their comfort zone to contribute to not only their society but also beyond. Women have contributed in every walk of life and have held great positions and brought laurels to our society.

I would like to draw your attention to a few women who have made a mark in our society; some of the examples I would like to quote here are .....

Queen of Jordan, Rania's youth, royal status and glamorous beauty instantly made her an international icon. Queen Rania remained remarkably grounded, using her position to advocate on behalf of a variety of causes she believed to be important. A progressive female voice in the Arab world, Queen Rania became a powerful advocate for reform in education and public health, the development of a sustainable tourism industry in Jordan, youth empowerment and cross-cultural dialogue between the West and the Arab world.

Ms. Chetna Sinha who is an Indian social activist from Mann Taluka, Satara, working to empower women in drought-prone areas of rural India by teaching entrepreneurial skills and providing them access to land and other means of production. She decided to set up the first rural bank named Mann Desi Mahila Sahakari Bank Ltd. for women in India to make them financially confident and independent.

Similarly, Anuradha's Bhosale is a renowned grassroots women's rights and anti-child labor activist based in the Kolhapur district, Maharashtra, India where more than 35,000 children are involved in daily labor for local industries. A former child-laborer herself at the age of six, she has spent the past 20 years fighting for the prevention of child exploitation, labor, trafficking, and female infanticide.

Ms. Arunima Sinha, whose one leg is amputated climbed the Antarctica in spite all the challenges. There are some fields which are dominated by men, Plumbing is one field which was dominated only by men till now. Here, I would like to make a special mention of a unique project which our Foundation – Mukul Madhav Foundation started in association with Government ITI College, Pune where young girls are being trained to be plumbers.

Many positions and fields are always believed to be for a man but here we have women who have scaled too those positions like there are several women sarpanchs, women in the parliament, an engine driver, an auto rickshaw driver and many more versatile positions held by women.

Hence if they are groomed, nurtured and given all the necessary facilities to excel better than any man women will scale newer heights and positions.

So my dear graduates, be strong, confident and courageous and with a will power to excel better than any man! Set your goals to support your dreams, your families your society and ensure you make your country, our India proud!

I believe in giving back to the society much more than what we do. And one of the most apt ways is by nurturing the young minds and bringing out the best in them.

I wish all the very best to the students and teachers of St Mira's college.

I once again thank all the Trustees and School Management for calling me as a Chief Guest for this Convocation ceremony.





## SANCTUARY

### Mapping A Better Tomorrow

**Ayushree Nair**

TYBA

The Community Asset Mapping program at AASRA proved to be an essential tool for community development. Along with identifying potential physical and economic assets of the community, it was an enriching experience for me personally. When I first came to AASRA, I didn't really know what community asset mapping was and I wasn't sure if I wanted to be a part of it because I feel really uncomfortable with new or unfamiliar situations. But I was curious to know more about it so I mentally pushed myself into signing up for the program.

In our first session, I was introduced to Tara Kinra, the main person associated with the CAM activity at AASRA. She began the session with an introduction to CAM including the meaning and what the activity entailed. After the introduction, we started with what the word 'community' means to us and we discussed about assets that a basic community should have and how new assets can be discovered. Following the discussion, Tara suggested an activity where we (the volunteers) had to pick our own community and draw a map of it, listing out all potential assets so as to get a better understanding of how we'll be working with people of the Ishratbaugh community in AASRA. Then we were given a list of the activities that would be conducted as a part of CAM which required us to interact with the younger people of the community. The initial sessions of CAM covered different ways of discovering new assets that could be valuable to the community and coming up with some fun activities for the children so that cooperation would be better. But what I really liked about these sessions was how Tara encouraged us to present our own ideas that could benefit this program and how she was open to any new or different suggestions which prevented any form of one-way communication.

After about three more sessions since the introductory one, we finally set out to explore the community of Ishratbaugh which is located in Mohammed Wadi, Pune. We began to interact with the children through basic conversation about their hobbies, ambitions, education and life at home. Then we told them about the activities we planned for CAM and how it would benefit them. Many of them were interested and they immediately signed up to take part in the activities.

One of the first activities we had planned was the one where we divided the children into groups of five each, along with a volunteer who would keep an eye on their work and then we got the children to draw a map of their entire community on a sheet of paper. In the process of drawing, the children would have to mark out the well-known assets in the community and what they considered to be potential assets as well. We conducted this activity for about 2-3 sessions repeatedly, dividing the areas of the community for mapping in every new session so as to explore more possibilities of new, undiscovered assets. Towards the end of this activity, we noticed that most of the children emphasized on two things as valuable assets : a Chinese restaurant that was located near the entrance of Ishratbaugh and an mosque which was situated between two residential lanes of the





community. One of the girls in my group told me that she felt sewing could be a potential asset for she knew many girls in the community including her sister who can sew really well and they even earn a little money occasionally through it.

There were a few other activities that we planned for the kids such as drawing, craftwork and storytelling through which we tried to find out whether they were interested in increasing the amount of assets in their community. But the most effective way of finding out about their interest in contributing to the community was through a nice, friendly conversation with the children individually. Over the course of these sessions, I became quite friendly with a few children in my group and I would spend some time talking with them about their hobbies, ambitions and how they feel about their community. I got many positive responses regarding their feelings towards their community where they told me that they hope to be valuable to the community in any way possible someday and for that, they will study and work hard to make that happen. Hearing such responses, I was so moved and grateful that I got to witness this great amount of positivity and hope these young children have within them despite the tough circumstances. If you ask me, I think these children are the valuable assets of the Ishratbaugh community.



## LAGUARDIA MIRA COIL: THE PARTITION OF INDIA

### LaGuardia Mira COIL: The Partition of India

Casey Larsen

Course: World Literatures in English (Senior Seminar for the Writing and Literature Major)

LaGuardia Community College, City University of New York, New York, USA

**Teacher: Dr Tuli Chatterjee**

#### The Incredible Opportunity of Learning Partition of India through virtual platforms

Before entering LaGuardia Community College's "World Literatures in English" class, I had never once heard of The Indian Partition. One would figure at the apt age of 24, having completed many levels of history courses, acquaintance about events so horrifically world-altering is expected. However, it seemed quite like myself, my fellow classmates were equally inept. We were instructed that not only would we be learning about The Partition; the class would also be engaging via social media with students who reside in the very countries which were divided. As we read Partition-based literature, COIL (Collaborative Online International Learning) created a platform where we spoke with students from India and Pakistan about their history, culture, and the current status of the countries. Much to mutual amusement, our conversations ranged from historical awareness all the way to hobbies, music, and even zodiac signs. Whilst speaking with a few girls from **St. Mira's College, Pune, India**, I found that a select group of us were all born within the same week of October,





wished each other happy early birthday, and followed one another on Instagram. The significance of COIL is wonderfully overwhelming and having the opportunity to be a part of such an ambitious project is worthwhile, because simply put- we are making history. COIL has offered a sort of multi-cultural sanctuary for diplomatic, deferential, and educated dialogues. By crafting these friendships, we loosen the stigma of bigotry, cognize differentiating point of views, and work towards unveiling a tragedy often left out of history books. The Partition caused 3 wars and 70+ years of animosity unresolved to this day. The history of this event remains orally conveyed and its lack of conspicuous topic in world history is daunting. To omit such tragedy from global courses is not only an outrage to its much obligatory memorialization, but it is equally so, an outrage to overlook the unfortunate overlapping of themes that seep into our modern-day history all over the world. Hopefully through COIL, we are able to one day patch up these historical wounds still bleeding into the present and mold a future that encompasses the peaceful narrative for which COIL was created.



## SCARS RUN DEEP

**Khadija Lokhandwala**

TYBA

I grew up with the same petty, blind dislike for Pakistan that is portrayed so strongly in news channels and the media. A few years ago, one of my friends visited Pakistan and she was surprised by their generous hospitality and love for India. The first thing that a shopkeeper said when he learned that my friend was Indian, was not anything about politics or war but Bollywood! This was the first time when I learned to see Pakistanis as not just a label, but as real people.

The COIL programme initiated by my college St Mira's really interested me as it gave me a chance to personally come in contact with students from Bangladesh, New York and especially Pakistan and hear their point of view on the most horrifying incidents in our shared past—Partition. A land that had shared the same ancient history, same golden prosperity and the same name became violently divided. Generations-owned, lively, loving homes became empty and the ruins in a faraway land, a helpless sanctum for millions of people.

The scars run deep and it is not easy to forget our past. But we must remember that both sides lost an equal number of lives, destroyed an equal number of homes and forced an equal number of people to abject poverty. The thing that made the most impact on me by engaging in this programme, was learning how strikingly similar the two nations are. The Ice Candy Man could be a story written in any Indian city; the characters, their lifestyle, the places—are all essentially the same.

I think it is very important to learn about this similarity, listen to the other side of the same heart-wrenching story, stop blaming each other, and put an end to this cycle of hatred and toxic superiority.





## COIL

**Nikita John**  
MA

The opportunity to interact with students from different countries and talk about The Partition of India and its impact on us as of 2019 is what drew me in and made me want to be a part of COIL. We say the world is getting smaller through social media and globalization, economies are becoming more dependent on each other and yet the majority of the Western world knows very little about this tragic chapter in India's history. Through COIL, in a small but significant way we have been able to create an awareness, which was my main avenue of interest. So far interacting with students from Lahore and New York has been a very educating experience, apart from our academic interests what struck me the most is despite our diverse backgrounds and nationalities what brought us together and set common ground was our mutual interests in the fields of music, literature, TV shows and movies. It reiterated to me the idea of the power of Art and how it can play a significant role in mending bridges and creating a space where peace and mutual respect can be ensured if we choose it. COIL is a very ambitious and important project that deserves to be made a part of education systems throughout the world, never before has such a thing been done and I am beyond proud to be a part of an institution like St Mira's that has given me the opportunity to be a part of COIL, an experience that is academic yet so humane. Learning about each other is what helps free us of our prejudices and brings us closer to accepting people that are different from us and one day establishing a society that is more tolerant and peaceful, this is what I believe being a part of COIL can help us achieve.



## THE DAYS OF YORE



## MY JOURNEY

**Nanda Chaudhari**

Few days back I received a phone call from Snober madam. She asked me to write something about my experience at the St. Mira's college for college magazine. So I started recollecting and jotting down memories of my college life. I know my write-up looks little lengthy but few things are worth mentioning and couldn't cut on those. So kindly bear with me.

My journey at St. Mira's College started in 2007 when I joined the college in 11<sup>th</sup> Class (Commerce). Coming from a Marathi medium school it took some time to adjust in the college but during this phase teachers in the college were very cooperative and helping. Every year some students from vernacular medium join the college. Irrespective of their number in the class teachers never neglected such students. They used different methods to comfort such students like explaining topics in Hindi and Marathi wherever possible, helping in finding reference materials,





giving extra time outside classrooms in case someone needed it. Gradually, with the help of teachers, I started improving and completed my 12<sup>th</sup> class with a good score in 2009.

As I recollect, when I was in 12<sup>th</sup> class, we came to know about St. Mira's becoming autonomous which created doubt in the minds of many as to the validity of the Graduation degree from the college. After guidance from some senior students on this aspect I decided to continue in the college and enrolled for B.Com in 2009. The autonomy of the college indeed was very beneficial for students. It freed students from the old-unrevised syllabus of Pune University and gave flexibility to teachers in evaluating students using different methods, like, online test, assignments, and presentations. And you know what, they even gave marks for attendance motivating students to attend classes.

Good college is not just about well-structured building or amenities but it is the teachers who make it what it is and teachers at St. Mira's are best. All have played a great role in whatever and wherever I am now. The way Bindu madam explained those theories of economics made the subject very interesting to learn. And who can forget those lively and dramatic Accounts classes of Dolly madam. Even English seemed graspable with Banerjee madam. If you are in Meenakshi madam's classes you will have to answer a lot of questions but then at the end you would realize that all those answers had actually covered the bullet points of that topic. After such classes, remembering things used to be very easy. Elizabeth madam, whom all used to call Lizzy, was totally unbiased as for her whether you are a topper or an average student all were equal. Law is considered to be a tough subject but Dimple madam with her examples made it very easy to understand. Shalini madam encouraged to take part in elocution and essay competitions and Shanti madam told us to believe in ourselves. Arwah madam is a person to whom you can approach with any type of problems, academic or others. Deepika madam also gave me strength to deal with some of my personal issues.

Arwah madam was the one who told us about the Young Scholar Award Scheme of Reserve Bank of India (RBI). I appeared for the exam and was selected for this scholarship. Meanwhile I had also appeared for a campus placement. The day I got letter for being selected for the 'internship at RBI, I also got a call for having being selected for the job of accountant. I had heard about people struggling to get job so I was really confused about whether to accept the accountant job or internship at RBI. To get some guidance I made a phone call to Arwah madam and Deepika madam. Both of them told me to go for internship at RBI. They said, "Nanda, you are a bright kid you will get some or other job in future so don't worry about that. But this opportunity to work with RBI will not come again". I followed their suggestion and accepted internship at RBI in 2012. During this period of 3 months at RBI, I came to know about their recruitment process. After internship I waited for RBI's next





recruitment announcement. In 2013 I appeared for RBI's exam and got selected as Clerk. After 3 years, I became eligible for promotion, appeared for another exam, and got selected as Assistant Manager. So in a way, whatever I am today is because of the teachings and wisdom of my teachers at St. Mira's college.

People often say that academic life is the best period of anyone's life and in that 3 years of graduation at St. Mira's was the best period of my academic life. The only thing I didn't like during this period is that college authorities had cleared trees from the big open space that was there to build another building for MBA students. For Post-Graduation, I wanted to continue in the college however, the specialisation subject I wanted was not available there. So I had to move out.

In college I got guidance from many teachers whether or not they were my subject teachers. I could not name all of them but I am really thankful to all of them who directly and indirectly contributed to shaping my life. Thanks to Snober madam for giving me this opportunity to share my feelings. Thanks to all who read such a lengthy write-up. Thank you all.



## HUMAN'S OF MIRA'S

**Friyana Munshi**

TYBA



"I have lived here for as long as I can remember, as a part of this family. This college has provided me with a home, food and loads of love. I have been loyal to this college always for everything it has done for me. The staff here treats me like I were their own dog, they never forget to get me my milk and give me a warm smile every morning. I like to wait on the stairs near the auditorium from where I can get a clear view of the main gate, I like to greet everyone that enters early morning from their long and hard journeys from places I know nothing of and can only imagine. A few would play with me; others tend to get scared when I run towards them, and its fun to see their reactions honestly. I enjoy the creamy kulfi everyone keeps eating at the college gate and when I look at them with my puppy eyes, they always give me some of their kulfi.

This is one of the benefits of being a dog. Well evil thoughts aside, there is this small cat that has entered our college since the past year and takes away half the attention that once belonged only to me, but the cat is scared of me so my dominance still exists here. I came to this college years before it did, after all. I honestly feel so loved here that when I look at the other dogs on the street outside the college whose ribs are now visible due to scarcity of food and the treatment they get from other people.

It just makes me realize how lucky I am. This college has given me a better life and all the necessities I could ever ask for. In the rainy and winter seasons I go inside the building and sleep in the warmth. It's a privilege not many have and I really can think of being anywhere else but here, and therefore I will always be loyal to this college and enjoy my fun life here for the years to come."



**Ritwika Kanungoe**

SYBA



“After I joined St. Mira's College, I have shed tears three times.

The first time I shed my tears was when I read the book *Train to Pakistan* in the first year. Through that book, I could understand the hard times between Pakistan and India and the pain and fear that Indians have in their mind. I wept for those who were killed and those who had to see it.

The second cry was in the third semester in the Compulsory English lecture. In the lecture we talked about how women are treated in their home, especially by their family-in-law. Some students said that when a daughter did great job, the family told her "You are our son" and when they brought huge money as dowry the family-in-law said to them "You are our Lakshmi". I have been hearing many stories about discrimination and

degradation of women in India but these words made my heart break. Because it is the negation of who they are and their identity. God made girls precious and loves them as they are. God values women but their own family ignored their worth, identity and existence. I couldn't sleep for many days because it was too painful to know. What I can do for these precious ladies is look at them with a loving heart, as a precious person like my God looks at me, in the same way.

The third tear was shed when I got to know that more than 90% of students are in favour of abortion rights. It was really a big shock to me. These ladies are fighting for their human rights against discrimination and disrespect especially against the people who have power but misused it in their family and society. However, they do disrespect the life of others because the life is in their body. They fight against power and authority because they're not respectful of women as a human who has equal rights with men, but the same women wield their power toward helpless babies by disrespecting the baby's life and their right as a human.

What an irony it is! How can a person who does not respect another person's life want to be respected?

Is it real feminism? Can we shout for the same rights and opportunity with men while we ignore the rights and opportunity of the life of babies?

I will cry and fight for babies' rights as I cried for the human rights of women.”

**Titiksha Padir**

SYBA

“Today, I can say that I am a happy, satisfied and most importantly an independent woman. I have been working at St. Mira's College for more than 12 years now and it is my work that has made me capable of being in charge of my own life.

A few years ago, when my sister-in-law abandoned her three daughters, my husband and I decided to look after them as our own. We didn't like the thought of giving them away to someone else. Even after I had my own two sons, the girls stayed with me.

The eldest daughter was married to a man who didn't treat her very well. When we saw the pain our daughter was going through, my husband and I brought her home and gave her all our support.





She was in depression for three months and was put under heavy medication. It took her an entire year to recover from the trauma and even after that we didn't send her back. We hired a lawyer and got her divorced. With the principal's help and the teachers' support, she completed her M.A. in Sociology from St. Mira's and is currently doing her Ph.D.

My other two daughters are happily married and my sons are completing their education. I don't have any regrets over what I have done to support my children and they are kind enough to acknowledge it. They are all very happy and I'm glad to have been able to bring smiles on their faces.

My father is no more. I look after my mother and provide her with everything she needs. My mother-in-law is paralyzed, she needs to be looked after too. I have no complaints here and I believe it is my duty to take care of the people who once took care of me.

My job allows me to do all I want and gives me the freedom I deserve. I am very grateful to the principal for supporting me."



## PENNY FOR YOUR THOUGHTS

### A GAME

What if the whole world knew your biggest secret?

What if you posted it online and it became the cause of a stir?

What if it became the talk of talk or even better, the world?

What would that be like?

Here's what it would be like:

When you bury something.

Try to dig, dig, dig deeper

Hide everything somewhere they won't expect

Maybe right under their nose

They'll dig it up one day

They'll pick up on the hints

They'll see those slight shudders of fear

They'll sniff the secret out.

But if they already knew?

But if you took that power away from them!

But if you put yourself out there

But if you left them nothing to create scandals over?

That would be a mystery!

That would be ridiculous

That would be very interesting

That would mean they have no power over you

That would mean you win in giving yourself away

Life's a twisted game

Help yourself

Eat all out

Spill your guts or fill your guts

Sometimes secrets aren't even there

Stuffed away in a pocket of space

They don't exist

They're so tightly kept

What would you do if they knew what you hid?

What would they do if you revealed yourself?

What would the world say when they know?

How knows.

Wanna try and find out?

**Lujain Hussainy**

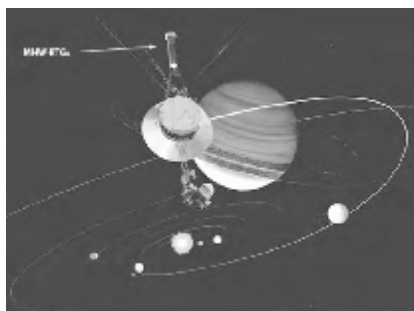
TYBA





## A VOYAGER

**Geetanjali Lachke**  
SYBCom



The heavens turn hellish orange, an ominous evening up close.

My heart racing wild but I stand to confront the storm in the false hopes of "everything will be ok" given by you.

I was never taught well to steer the helm of my own ship. I fall to the wooden floor, clutching my head in fear of sinking. You believe that I'm not trying enough, that it is all a play.

You invalidate my struggles telling me of what great voyages you have been to and under that skeptical gaze of yours I realize there are other ships sailing by with ease, as if descended from the sky.

Trembling I laugh off my insecurities, "I am okay" spill my lips when "help me" I should scream. You believe in my false words, who wants a bothersome truth anyway?

The compass fails to guide me, is it the fatal triangle I see? Or a spiraling whirlpool awaiting me? You have no answers, so you tell me to go ahead. You might have faced numerous storms but no storm is the same. Even experienced navigators get lost at sea then is it not a crime to misguide me?

All equipment to the floor, along with the treasure. You warn me to get it together, pressured beyond what I can take, chains of see-through pearls lower like a 1000 anchors together.

Then it all stops, the thoughts, the trembling, the insufferable panic, your voice fading away. The ocean void of waves, a maddening silence overtaken by a numb blankness. Before I realize I'm falling fathoms at once the darkness surrounds me, the night has finally laid everything to rest.



## BURNING BRIDGES



**Akanksha Balkawade**  
SYBA

We kept burning bridges between us, one after another. But every time we burned them we used so much power that it took a toll on us. It literally shattered us completely. Now the only way to stay alive is to form another bridge because that's not how magic works, you against me. Its works when you're with me. The magic is us, it makes us stronger.





## CRITICS THEORY

**Harshita Masand**

11<sup>th</sup> Arts

Criticism tramples one like grass  
beneath our feet,  
Makes one feel like a nobody,  
Stranded on an isolated island,  
Brain tries to forget yet attracts  
it like a magnet,  
Stuck in the middle but running  
round in circles,  
Echoes like a nursery rhyme in the ears,  
Which shatters us like pieces of glass,  
Yet with bleeding feet we go through it,  
Trying to look for nectar in a dried flower,  
Scars and bruises with words cut deep inside,  
Knots of tangled threads are stuck,  
With one end leading to another end,  
The start is the end or the end is the start,

Can't understand when the mind completely  
falls for it,  
But after the grass gets trampled,  
it grows back again,  
It takes the ray of hope and the elixir and  
stands up tall,  
Criticism is like a strong mountain in our way,  
Which we need to climb with a painful journey,  
Can't move it so we have to face it,  
But enjoy the ride back down from the top  
like a slide,  
Cause remember a mountain has two slopes-  
one is steep and the other is gentle.

## INTROVERT

**Kate Lopez**

TYBCom

Its not that I don't have friends,  
Its not that I'm lonely,  
Its just that I prefer being alone,  
When others want to be with someone,  
Cause I'm an introvert.

Its not that I love the darkness,  
Its not that I'm completely depressed,  
Its just that I admire the moon,  
When others admire the sun,  
Cause I'm an introvert..

Its not that I don't like people,  
Its not that I don't like talking,  
Its just that I prefer reading,  
When others are busy gossiping,  
Cause I'm an introvert...

So no matter what people tell me,  
No matter what people think about me,  
No matter what people talk about me,  
It never really bothers,  
I'll be what I want to be,  
Cause I'm an introvert,  
After all...





## DEPRESSION FEELS LIKE

Arya Gupta  
FYBA

Waking up becomes tiring  
The alarm ring and you  
See the hell ones again  
Now why would you want to wake up  
From a moderate sleep  
But you can, lying there all day  
Even you you are physically exhausted  
The alarm keeps ringing  
So you push yourself out  
Put on a social mask and go  
But where will you go  
Is there with you always  
But you still try to ignore it  
Try to be optimistic  
Say it will be OK  
But will it  
Everything seems fine  
Until someone pushes a button  
And you are a panic attack  
You strike out the four lines  
And realize it was the fifth one this week  
You feel angry hopeless nostalgic irritated all at the  
same time  
Are you ok they ask  
Oh yeah yeah I am totally fine  
But are you fine  
You continue living without a purpose  
Each day asking why

Why me why this why now  
But it does not go away  
You want to feel happy  
You want to smile  
You want to live  
But can you  
When nothing make you happy anyway  
All the things you loved  
Your hobbies, your friends, your time  
Is gone  
You have lost yourself  
You don't know who you are anymore  
At last the day ends  
One again with the same thought  
The never-ending cycle continues  
Giving you Two options –  
Purposeless life or painful death  
You may choose,  
Until I pretend to rest?  
I bet you can't choose  
Try give it your best





## FREEDOM!

**Pooja Mehta**  
MA



*I experienced freedom! A deeper state of rest than sleep, and a constant smile on my lips that only gave way to a broader one, but never less.*

*Their presence spoke louder than their words and it affected me. Their centeredness v/s my nervousness. I realised this in definitive terms, as time passed, than the subtle and unknown realisations that spoke instantly.*

I am part of a generation that is active in pursuing a meaningful life. (Pretty grateful for such surroundings too!) This spirit made me think there may be a better way of living life. A way to grow, overcome apparent problems, but I didn't know how.

I was at that point in life and had been there since some time, where I wanted to desert everything and escape somewhere. Get absent. Suicide. Free from the incomprehensible life.

*A part of me wished he would do something for me- decide for me. He did. He dropped me on the road, facing the society gate in which I had to find the venue.*

This was my uncle, my mother's cousin, who for no reason as such continuously guided and helped me while I was marking my first year in the city of dreams! I went in, found the building and the door, presently opened, and entered a hall seating quiet and happy participants. Although I had missed the intro, the moment I joined in, it felt strangely homely, that too without knowing a single person's name in the hall! It felt home as it had never felt before, not in the nearly eighteen years of my life that I'd actually stayed home, but today it did.

These are the moments when one's life turns around. Two of the best humans and teachers were seated facing the room. These instructors were clad in white kurta-pajama, with warm smiles on their radiant faces. By the end of the course, similar countenance was visible on each participant's face including me! I had never imagined an experience like this was possible. I had cried, laughed, felt free and happy and finally myself after a long long time!

There is something fulfilling about this life. Who am I really? What is the purpose of life? What am I doing and why? I have been blessed to have these questions in my mind, for I started receiving clarity. Intuitively, I sensed this was just the beginning and that there was more to explore.

**(My experience at the Art of Living's meditation programme.)**





## HUSH NOW

**Aharna Shoghi**  
TYBA

Hush now, you're going to be fine;  
Careful now, don't start crying.  
Pitfalls, lone nights  
Mean nothing really  
Just a smiling face, outside.  
Days moving slowly  
Nights as dark as ever  
Never experienced this fate  
Never felt so overwhelmed.  
Hello! Anybody there?  
Wait, it don't even matter.  
No one to hear,  
No one to feel.  
Feelings overtake my soul  
Need to release this stone -  
Resting on the heart that yearns for more;  
More happiness, tranquillity; just calmness,  
Calmness from this madness that is going  
around.  
Chaos, confusion, loudness everywhere.  
Need to be heard  
Need to release -  
This heart wrenching,  
Mind bending sadness.

Losing hope, losing trace -  
Of time, mind, relationships.  
Screaming silently  
Waiting patiently,  
For these clouds to clear.  
No need to fear really,  
Just wait, look out, and dream.  
Dream of what isn't, what's missing, what could  
be. Dream, 'cause that's what'll save you,  
Dream, 'cause that's what'll take you  
To the reality that is awaiting.  
'Cause hope never fails,  
Hope always takes,  
This dreamer to the paradise that awaits.  
Heaven on Earth; not a place, not a town;  
It's kindness, patience, a listening ear, an  
understanding heart.  
Where are you? How do I find you?  
You seem simple, yet hard to find.  
But I shall wait, I shall endure;  
For hope never dies, hope never fails,  
Hope always brings life to the lifeless.



## HOLD

**Ronak Kaur Khanduja**  
SYBSc

Let me bring you back to life,  
Curing heart filled of knives,  
Drought-ing the eyes from cries,  
Whiting the inner eyes.  
Wounding just by looking into eyes,  
Feeling safe by holding hands,

Feeling warm by being in arms,  
Hearing inner voice that's wise.  
Show you what's eternal life,  
Never mind Filling the love file,  
From happiness u never agile,  
Never stable even for a mile.





## NIGHT

**Ronak Kaur Khanduja**  
SYBSc

Be the moon not the night,  
For all that ended within a night,  
Making the impure pure,  
Leaving things uncured,  
Hoping the breeze full of peace,  
Allowing the fact to freeze too fully cease.

Graving the truth into ice,  
Letting the universe criticize,  
Forcing the raw to wrap,  
For the sake of world's crap,  
Allowing the night cries,  
For a scary prize.

Glowing the dark,  
Highlighting the thoughts of berk,  
Blurring the moon light,  
Making inner soul fright,  
For all that ended within a night,  
Be the moon not the night.



## THANKFUL

**Shruti Kharat**  
FYB.Com

Be thankful that you have a dream,  
Be thankful when the dream will come true  
Be thankful when you are going to live your dreams  
Be thankful what you have now  
Be thankful what good things are coming to you and just to fulfill your dream  
Just see how fast it is coming to you  
And you will never know when it happened  
And you will experience amazing magic  
Going in the universe  
And in the world around you  
It will be for us  
And when our dream is fulfilled  
Just be thankful for that  
I am so proud that can I stand with my dreams.





## OVERTHINKING- A TRAGIC BEING

**Bhakti Oza**

TYBA

Think, think hard, Think 10 times before you speak, Filter your words by what you seek. There are plenty of books on why you should think, Think, rationalize, analyse what you hear, see and touch, But nobody taught you the extent, no one told you how much.

My parents boast, "She is very clever and thoughtful" I'd lie if I said it's not nice and flattering. Makes me quite a philosopher, a perfectionist, Fills me with knowledge but wait You know every story has a twist. It is like a Banyan tree rooted in my grooves, Too deep to discard, too deep to remove. It's a blessing or a curse in disguise, I do not know But for me This is my tragic flaw. Overthinking.

It has meddled in all my relationships, driven me internally insane, It has fed thoughts of what will

people say, and has kept me tamed. Bruise, wound, injury, Looking up on Google because my vision has become too blurry.

See, perceive, think and act. But I get stuck at the third step and it holds me back.

Multiple choice questions, choose a correct answer, Don't know if I want to be a writer, a singer or a dancer. What if it is not my cup of tea? Someone climb into my brain and help me please. Because I over think.

Think, overthink, overthink about over thinking, Swimming, drowning, sinking, Dams, river, oceans, My mind will explode with so many notions. It clogs the grooves of my brain, Forms puddles and reeks through the pane.

I wish I could drip the excess from the sponge, I wish I could think just enough!



## PAUSE FOR A LITTLE WHILE...



**Anthea Cardoza**

TYBA

Hustle bustle, hustle bustle, mad rush all it is. Long faces, red eyes, droopy shoulders, grumbling "my life is doomed", nothing is left to be happy about. Going to bed but not without thinking; what to add in that "to-do list" for tomorrow?

**STOP. ENOUGH.**

Pause for a little while. Take a deep breath and look around you. Feel the wind, relax your mind, feel the sun embrace you with it's warmth, see the beauty of colors in the flowers. And then feel that frown turn into a smile. The heaviness of your shoulder lifted with determination and strength. That's the power of nature. So, stop and relax for a bit,

**Coz it's worth it!**





## THE BOY IN THE RED HOODIE

**Shreya Bhide**  
FYBA

Tap, Tap, Tap  
Did you hear that?  
Such a soft knock on the door.  
Who could it be at this hour?

Tap, Tap, Tap  
Creak, Creak, Creak  
There are footsteps coming closer.  
Who could it be at this hour?

The Night is lonely and the shadows long.  
A glance out the window reveals,  
A boy in a red hoodie,  
Staring coldly into my eyes.

Tap, Tap, Tap  
The door knocks.  
Creak, Creak, Creak  
The floorboards walk.

I open the door  
To confront the perpetrator.  
Nothing.  
Nothing but the cold wind  
Blowing in my face  
Sending cold shivers down my spine.

"Delusional!"  
"Lunatic!"  
"Crazy!"  
Society's labels echo in my ears.  
Only I can see him,  
The boy in the red hoodie.

His existence;  
Makes me less human in the eyes of others.

Only I can see him,  
The boy in the red hoodie.  
His existence;  
Forces me to live in isolation  
Away from the world's magic  
Forced to drown in my own desolation.

He sits in the corner of every room  
Listening in on my every conversation.  
Nobody believes me but he's mostly harmless,  
Only appearing in times of extreme stress

My brain might not be best at what it does,  
But I am not dangerous.  
My eyes might see,  
My ears may hear, My skin may feel,  
My nose may smell,  
My tongue may taste,  
That which isn't real,  
But I am still human.

A flawed human at best  
But a human nonetheless.

Only I can see him,  
My lost brother.  
The boy in the red hoodie.

I am not a lunatic,  
I'm just schizophrenic.







## THE LARK

Harleen Kaur Grewal

FYBA

I know her fears. I can see them in her eyes. I can see her mask of bravery, But, I know she trembles inside.

They say, "She's afraid of the dark." Oh, no, she isn't. She's afraid of the monsters That's silence the sweet melody of the lark.

The lark can feel the monster's menacing gaze. She can hear his footsteps come close.

From the corners of her eye, she can see his hand reaching for her. She can feel the gripping cold that numbs her toes.

Her breath feels laboured. Her heart starts to race. The lark wishes to escape, And thus, she quickens her pace.

As a little girl, the lark was told of a knight in shining armour. She was told that he'd save her from peril. She screamed, she thrashed against the monster's grip, But, nobody came... where was her knight in shining armour?

He choked her with her dignity. He stripped her off her feathers. He broke her wings. He burned her dreams into ash...and away... she withered.

Her soul, pristine and pure, stared down at the charred lark. She was free, but, no more. Her spirit was free, But, the memory of her was pain, blood, and gore.

That is my fear, my fear for every single lark that thrives. I fear for every single lark that wishes to fly. Scared that they'll clip her wings with knives.

I fear for all the muffled screams, For all the broken dreams, For all the tears shed, For all the hopes that are dead.

I fear for every single girl that rides back home in the night, For the ones that look over their shoulders as they walk, For the lark who feels dread seep into her being, Because I know it isn't the moon she fears, but the monsters that lurk in the dark.



## YOU

Vanshika Ghag

TYBCA

YOU are the sunshine to my morning,  
The *chai* to my yawns,  
The perfume to my outfit,  
YOU are the lotion to my charms.

YOU are the happiness of my lunchtime,  
The dessert on my plate,  
My annoying, angry face is YOU...  
Oh yes buddy when YOU are late.

When it's evening and the clouds are white  
YOU is all I want beside,  
Sipping our favourite appetite.  
If night brings me darkness and dare,  
Just tap me and say "Hey! I'm there."





**Khadija Johar Cutpiecewala**

TYBA

Two eyes, searching amidst the crowd,  
Looking out for someone, she might fall in love  
with, no doubt, Hunting, to fix her gaze upon  
the one, who is all trapped inside the masked  
crowd, Masks, full of weird faces, which are  
painted with mouths, laughing out loud, Fake  
faces, fake eyes, fake bodies, too proud, But,  
there is no one who resembles a bit, Of whom  
her heart cries out to meet, Maybe, that crowd  
has everything but not, What those eyes want  
to capture, in a moment of thought, Or maybe,  
that someone has its face hidden behind a

mask, Afraid to come out of the heavy cloud,  
But, these eyes are willing To hunt the one  
down, And offer it a hand, to hold and rescue  
itself out, So, to be discovered, It has to  
unleash its true self, and remove The mask of  
artificial face, And shed the surgical skin of  
exquisite fame, So, these eyes may connect  
And help it, to express its pain, Its time for the  
revival of true selves, And unleash the  
forbidden gates of shame.



Everything seems to be slipping from my hands,  
I know, time is like the sands.  
Just then, I recall this one thing about the beach,  
It has always given me that which is beyond my  
reach.

**Rashida Jeewanjee**

TYBA

Though everything seems to be slipping from  
my hands  
I'll continue to make a castle like a child  
And leave a trail, though meagre and mild.  
For even if it is washed away by the sea,  
Within its ambience it will forever be.

And then, there are some who see  
Beyond what's ought to be.  
Their souls, like the sea, so pristine, so pure,  
Such people, how can i not adore?

Today, we are like the foliage on the trees;  
But someday, we will be taken by the breeze.  
I hope it may take us in the same direction  
And unite us in eternal resurrection.

Because i dread going to that place alot  
Where i am, but they are not

For what beauty will be left of the shore  
If the sea does not wet it anymore?  
As i think of my precarious death,  
I cannot sustain the weight of my breath  
With all my heart, when i look at them,  
I fear, i may not see them again!

But these tears rolling down my cheek,  
They tell me, "You are not weak.  
It is not tomorrow that you need to fear;  
Life is all about today, my dear!"





## CLUB SANDWICH

### AT THE THEATRE

**Kareena Narayan**  
FYBA

There were once 21 girls  
Who wished to join the theatre;  
They thought it was merely songs and twirls  
But never thought of befriending each other.

Their director, a scrawny old man  
Yet very wise and learned,  
Came up with a clever plan...  
Ah, how these girls then unfurled!

He thought of an ensemble —  
Everyone was a part of the play.  
But what he didn't like was all the excited mumble  
And so he said "Louder you ought to say!"

They slogged and toiled, and were extremely  
flushed

As they worked hard for the show.  
He even saw one's handwriting with disgust  
And all she could say was "Oh no!"

They complained and groaned, much to his  
anger,  
And he made them poor girls wait for long  
They even witnessed the tears of their fellow  
actor  
When she felt that it would all go wrong.

Today, they staged the play happily;  
The crowd clapping and cheering for them.  
They realised that besides showing the  
abnormality,  
They also cherished their friendship as a gem.

### DEBATING....AND SO MUCH MORE

**Ummesalama Karu**  
SYBA

Debate—I came to know of such a concept during my school years. However, after I came to college, I thoroughly understood what debating actually was. High school debating is so much easier than college-level debating. But, just because something is easy, doesn't mean it is better. How, you ask? Well, in school we were given a speech to memorise and present it as our own. We never understood anything, simply because they weren't our thoughts. We were like parrots who ranted someone else's ideas.





It was after being an enthusiastic participant in the college debate club that I understood that debating is so much more than just memorising a sheet of paper. Not only does the club teach you essential life lessons of confidence, reasoning and persuasion but it also changes your rigid opinions about various issues. For example, I always thought that social media was a total waste of time, until, I took on the challenge to research about a topic completely opposite from my thoughts —“Social media does not make you unsocial”. By the end of the debate, my negative opinion of social media turned into an astonishingly positive one.

St. Mira's Debate Club is a platform for anyone and everyone who believes that thoughts and speech can bring about a major change in the world. At Mira's, help is something that is in abundance. Our wonderful head, Ms. Suhaile Azavedo, along with the entire faculty of the college is ever ready to provide encouragement and support whenever needed. Moreover, the sessions of the club are so enlightening that as a bonus, it also helps with your academics! I truly believe that bookish knowledge and mere marks may get you a job, but it is through dialogue and discussion that you learn to think for yourself, to question and stand up for something you believe in, and eventually become aware of your world. In Suhaile madam's words, “You just cannot zombie your way through life girls!”

So yes, debating is not a piece of cake. It requires dedication and effort, but if you're a Potterhead like I am, you'll know what Argus Filch says, “Hard work and pain are the best teachers if you ask me.”



## KOSUFEST 2019

**Simran Nayak**  
SYBA

This was my second year being a volunteer of this amazing event called Kosufest. Compared to last year, I guess everyone worked thrice than they did in their last year. For all the volunteers, Kosufest began on the day the meeting was held regarding the plan which needed to be executed to make this event a great success. The road is never easy when your goal is to reach success. We all faced difficulties on an individual level as well as in our team. But I guess our trust and our never-ending faith in each other made this event possible. It was not only us, the students, but even the teachers who helped us so much and kept us motivated all the time. After all, a strong leader makes a strong team. As the days went by and the day for Kosufest seemed so near, everyone gave their best despite being tired. There was this constant worry about how the event will turn out or whether anyone will show up for the competitions which were held. However, the end results really shook us to the core. On the day of Kosufest, the volunteers arrived early in college to decorate the entrance, putting up registration tables, looking after stalls, checking the sound system and so many other things which





were being done simultaneously. Gradually, people started coming in and filling up our college premises. Students from various colleges attended our event in great numbers. Many were attracted to the stalls which sold food items, baked goods and jewellery. The auditorium was completely full all the time. There was constant cheering coming from the auditorium. That's when we knew that all our hard work didn't go in vain. We were relieved that we were able to hold such a big event on a big scale. The TYs worked day and night for this event. Compared to second-year volunteers, the TYs did much more work than any of us in the team. Despite experiencing fatigue in their body, they still worked hard and looked after their juniors so well. At the end of the day, when everyone was gone and the volunteers stayed back to have a sigh of relief. That's when I noticed their beautiful smiles. Despite being extremely tired, they flashed their beautiful smiles of satisfaction. Each one of them was not complaining about the back pains but talking so excitedly about the day which has come to an end. If I have to live this day again, then I would do so. It was such a memorable moment. The day might've come to an end but not our excitement. We still talk about our Kosufest. It's something that brought all of us so close and taught us so many things. We learned how to respect each other's opinions and the importance of teamwork. After all, teamwork makes the dream work.



## MIRA BAZAAR 2019—EAT! PLAY! REJOICE!

**Aditi Goel**  
T.Y.B.Com

Memorable events and vivid impressions shape the people we become and give us a sense of self. When we reflect upon these events, we discover ideas and meanings that illuminate our lives. I was fortunate enough to be a part of one such memorable event, 'MIRA BAZAAR 2019'. Mira Bazaar is an annual flagship event of the college. It is an initiative of the Centre for Women Entrepreneurship (CWE), which provides a platform to the students to showcase their entrepreneurial skills and talents and build their confidence.

As this is my last year of college, I wanted to make the most of it. So as soon as the date for the Mira Bazaar was announced, without a second thought, I volunteered to be a core committee member. Being a core committee member has its own triumphs and challenges. One of toughest tasks was sponsorships. At first I was a bit hesitant and anxious, but as it started it built my confidence and taught me to be patient, to communicate effectively and not to lose hope. It also gave me a sense of responsibility and accountability. The next step was to coordinate with the volunteers and set things right for the event. Coordination is an integral part of any event. As part of the organizing committee we ensured that everything was planned well in advance and we coordinated very well as a team.

On 14<sup>th</sup> December, I was both excited and nervous as this was my first experience as an event





organizer of such a big event!! As soon as I reached college, I saw everybody so busy; in a hurry to set up everything before the inauguration. Though everybody was assigned with a particular duty, we all tried to help each other in whichever way possible. All the stall owners started arranging their stalls and did their best to make their stalls look unique and attractive. Looking at them work so enthusiastically made me nostalgic, as I had also put up a stall and was in the same place as them, a year before.

A total of 35 stalls with a variety of delicacies, handmade jewellery, clothes, accessories, tarot card reading, photo booth, nail art etc. were put by the students, NGOs, and alumni. There were mouth-watering delicacies like burgers, sandwiches, panipuri, cakes, truffles, nachos and a lot more. I couldn't help but visit as many stalls as possible and try all the dishes. I also bought some beautiful handmade jewellery for myself as the jewellery stalls had some amazing designs and a variety of products which made me empty my pocket without thinking twice. Last but not the least, was the Green Club jumble sale which had a wide range of clothes and was pocket friendly for all the shopping lovers. An arrangement for the music system was also made. It is not every day that we get a chance to dance with the teachers, so I grabbed this opportunity and danced with the teachers and had a gala time eating, shopping and dancing. There were around 1500+ enthusiastic visitors this year who enjoyed themselves to the fullest.

By the end of the event the stall owners were happy with the sales. The satisfaction was visible on their faces for all the efforts they had put in. Mira Bazaar 2019 proved to be a grand success by providing a platform for young women entrepreneurs to showcase their entrepreneurial skills; it provided an unforgettable time and entertainment to the visitors and gave an experience to the core committee members of what it takes to make an event a huge success!



## The Mira's Mental Wellbeing Programme

**Shreya Humnabadkar**

TYBA

*Shreya Humnabadkar, Ayushree Nair and Khadija Lokhandwala of TYBA in conversation with Ms. Pooja Jain, Mental Wellbeing Co-ordinator of the St. Mira's counselling centre.*

### **Could you introduce us to the St. Mira's counselling centre?**

St. Mira's counselling centre started two years ago, and it goes beyond the counselling services—it's more of a Mental Wellbeing Programme. There're three pillars to this programme—promotion, prevention and intervention. Promotion involves a lot of advocacy related work that's done around the college, a lot of awareness sessions with the students, and talking about mental health and mental wellbeing. Prevention is the introduction of group therapy sessions and a lot of conversations around how mental health can impact your academic life and physical health, as well. The last pillar, Intervention, has a component of counselling services.

There are 3 counsellors in total: two others and I; one is a clinical psychologist while the other is a counselling psychologist. There's one counsellor on campus every day of the week. It's a full time work, not limited to the students just coming and meeting up with their counsellors. It's a





comprehensive holistic mental health work which involves individual counselling services followed with parents meeting, if required, and some documentation with a psychiatrist along with the family members in case of sexual assault, domestic violence or substance abuse.

### **How do you book an appointment with the Counselling Centre?**

I think we're in the process of streamlining this. In the last semester, there was a dedicated time slot during the break time as the faculty members are available in the cubicle during that time. They can come in and just give their name and contact number, in case they miss an appointment or the counsellor is missing. That's all; there are no other questions or formalities, because they give you an idea of getting a special treatment of sorts. It's just like going to a salon or a restaurant and writing your name for a table. (So, hanging out but with a psychologist?) Absolutely!

### **Why is a Mental Wellbeing Programme important on a collegiate level?**

Around 68% of Indian college students were found to have mental health concerns, which is an alarming number. Mental health has direct impact on your academic performance and self-esteem, too. We have data which talks about how our students will have degrees, owing to our highest number of universities across globe, but do we have a generation which is self-confident, has self-esteem, patience, determination and the need to go ahead?

I think being a women's college, it puts more pressures or barriers around as you're either meant to feel special that you're a girl who's getting educated, like a trophy—oh, you're a woman and you're completing your Masters! Or just saying that it's a girls' college, we need to go slow without bombarding them with opportunities that they're not used to. I think talking about mental health here becomes all the more important. It is connected to sexuality, gender, the kind of life-style you want to have, marriage, etc.

I think it's fortunate how the local media is acknowledging the programmes that we're doing in the college. However, they also immediately draw questions around it. We still want to go back and blame social media, the western society, or that women are becoming too modern under the influence...but we're not touching the systemic patriarchal structures which have a direct impact on mental health. If you're scrutinized your entire life, of course you're going to become an adult who's developed anxiety. Working on mental health is flawed if you do not see it from a gender lens. I think this is the highlight of our programme, that it is gendered.

### **A lot of people are unsure about when they should step up to a counsellor or when they require help with mental health.**

When you see anything in your life—not wanting to get up, not wanting to focus—is impairing your professional, personal or social life. Professional would be being unable to concentrate in class, not meeting your goals or following your timetable. Personal might be having frequent fights or being angry, which is seen as something abnormal, or distancing yourself too much, which is seen as culturally appropriate for women to not make many friends and talk to other people. The third would be being too involved in your work, not wanting to take out time for yourself, not wanting to meet friends because you feel guilty for even enjoying a meal.

I've had a lot of students telling me, 'But Ma'am, we shouldn't be wasting time.' When going to a movie feels like wasting time, talking to a friend looks like getting too emotionally attached, when meeting someone new makes you feel that you shouldn't be wasting time meeting new people, it's not safe...when there's a background voice always stopping you from doing something, that is one time to start talking about your mental health.

I think we underestimate the power of our body, which has all the ways of communication with us. It's just that we're too disconnected all the time. Your body will give you signs like not being able to sleep properly, not eating properly, feeling tired all the time, feeling heavy, feeling the need to curl up in a blanket and not go out at all, not because of the cold weather but just because you don't feel the need. So, checking in with your body at any time you feel different helps.





We have a culture of neglect around us. We look at social media, the political scenario...anything at any point you want to talk about, while it might not be impacting you today you see the possibility of being angry at it, or you just want to talk about it, or share something—you need to just come. You don't have to wait for anything extreme to happen, according to me.

**We have one-on-one sessions as well as group therapy sessions at the centre. Could you elaborate on their differences or how they help in different ways?**

Group sessions need to have a common objective and a common concern that brings students together. In group sessions, students are referred to as participants and not as clients. We have two kinds of group sessions: a group support session and a group therapy session. Support groups involve a lot of time to build a safe space to connect with other people going through possibly the same thing or a safe space to vent, especially while talking about parent-child or romantic relationships. We can't do a lot of long-term systemic work in college but these spaces could clarify a lot of myths about relationships. Students come as participants, share in confidential spaces and feel safe talking about it. There's also documentation kept during these sessions; if we identify that a student needs more than just support and requires more individual work, this become a bridge from a group to the individual sessions.

Second is the group therapy. When the word therapy is attached, it involves directive work done by a facilitator (a therapist who's facilitating the group.) These are more directive and focussed towards reaching a solution with intervention. We've run a couple of sessions for examination anxiety, examination stress, which didn't involve venting out but rather advice giving and concrete planning of how we can work on a solution immediately.

There are a lot of myths around individual sessions, but the students of St.Mira's have a very open mind to counselling sessions. Every individual counselling session is carried out for 45 minutes. Appointments are booked prior to the session to check the motivation that students bring when they come for counselling sessions, because there's enough research that talks about if you're motivated to work and aware that something is happening with you, then there's a higher chance of it leading to a better impact. It also creates a boundary setting and makes the students think that they have a space created just for them, to own their story and give it more strength and clarity.

Individual sessions are more in depth, beginning with a lot of processing of memories and psycho-education. In the college, we commonly find students struggling with depression, anxiety, interpersonal concerns, and past experiences which hinder the present. More than intervention, it is a space where the therapist and the client share the same story together.



## WHEN 21 GIRLS LET GO OF LOG KYA KAHENGE...

IshaKarandikar  
SYBA

I am not here to bore you guys by writing a monotonous article about something that most of you have viewed already. No, I am here to tell you a story—of 21 girls, an amazing director, a wonderful guide, a rough script and one cause. Feels random, right?

It's not.

It all started on the Sunday of 17<sup>th</sup> Nov 2019. 21 girls from 4 different sections showed up near the sanctuary at 9:00 where we met our director Mr. Hartman D'Souza and one of our scriptwriters, Ahmed Karim. Well I won't tell you about the acting exercises where he made us do things that we





would've never done in our right minds (He made us introduce ourselves in weird ways with weird actions).

When you join a new group, you are very skeptical about talking in the group and sharing your personal details. It's very daunting. But there was something about these 20 girls that appealed to me. That made me feel like this is a safe place and I can be myself here. That's what we did that day. We talked. Like a group therapy. It was very liberating. Sharing our stories and knowing that we aren't alone in our struggles. A lot of us had the same stories. The same experiences and even if it was different, we could relate to each other. What did we talk about you ask?

Mental Health and our struggles with it. More importantly, the awareness that needs to be spread about mental health. Being in St. Mira's had made us all very aware about mental health and how normal and human it is to struggle with it. I am pretty sure you have had some experiences with mental health issues as well. Even if it was just a doubt, everyone has struggled with mental health issues.

Then why is it a taboo? Over the next 2 Sundays, we went on a quest to find the answer to this question. On the 4<sup>th</sup> Sunday, we got a rough script for our play. After all, we had to perform on 11<sup>th</sup> Jan 2020, right? I'm sure you all have seen it and if you haven't, go watch it on YouTube. But for now, I'll take you behind the scenes.

The auditorium soon became our home. At first, we didn't have a very clear idea what we wanted to do. We divided the 6 scenes in six groups and did what we do best... discuss. New stories came up. New changes were made. Spending days in the auditorium became a habit. We started coming closer. I mean... it's not like we didn't have our issues. We did. Oh God! The drama that unfolded in the group! But I'll spare you the gory details and get to the juicy bits.

We did Secret Santa! And trust me that was my first Secret Santa. We decided we were going to write each other letters and give chocolates. I was so nervous about the letter. It was nerve wracking. But it brought us closer and made us an even stronger team. We finally had the scenes figured out and we were well on our way to practice. (We made 6 scripts!)

Our director Mr. D'Souza—he hates being called Sir, says it's very colonized—gave us all the freedom that we wanted regarding the script and acting. He guided us in our voices and positions. He really appreciated the fact that we were articulate and knew what we were doing. He's really proud of us. (I am not tooting my horn—it's true—you can mail him and ask.) He taught us how to be great actors as well as directors.

We had our fights and we had our arguments. The person who had been there constantly, scolding us when we were wrong and being patient with us idiots, was the amazing Snober ma'am. I think at the end of the day we just didn't want to let her down. We all love her and always will.

There were times when we were done with each other but the only thing that kept us going was the cause. The bigger picture. The one thing that bound us all together. Mental Health and the need to spread awareness about it. We knew that the play was bigger than us. Bigger than all our silly, stupid conflicts.

We did an exercise on the first day. We were told to keep something and take something back. And as I write this—two days before the play—I am proud to say that I am taking back a wonderful family and I am leaving behind a very timid Isha. To all the 20 girls who I know are reading—I love you all and we might never meet again but you are a family that will always stay in my heart and I will take you guys everywhere I go.

And now you know what went behind the play, 'Log Kya Kahenge?'

Thank you for listening to our story.





## MAKE IT OR BREAK IT

### INTERNSHIP WITH ARAATRIKA - UNLEASHING THE ENTREPRENEURIAL SKILLS WITHIN!

**Rashmi. A. Hirwani**  
TYB.Com

Final year of graduation overwhelms you to another level. There was so much to do, I felt like I had not done anything and I was losing on time. I always craved the opportunity to do something more than academics but was too scared to start something on my own because I felt the constant need to gain some experience before. Then one day in my entrepreneurship class (which is also my specialization), we were introduced to an internship opening at Araatrika and I still remember how spontaneously I dived in. Araatrika's mission to sensitize people towards living a more sustainable life by making simple changes in their daily routine really opened my eyes and gave me a reality check. They thrive upon giving back to the society by creating up-cycled and re-cycled products and I was so excited to be a part of it. The internship was to market and sell the eco-friendly products and reaching out to the youth about it. We were a group of girls who put up a stall in college during break time and after college hours. I was so nervous on the first day – distributing flyers, making announcements from class to class, catching the attention of the potential customers, maintaining inventory, keeping a count of cash, understanding customer and buying behaviour and most importantly, working together as a team where everyone was so different. We never interacted in class so much before but we were all so anxious that we learnt to fill in for each other's shortcomings and strike a balance. I learnt so much in those few days and stood way more confident than I was at the beginning of the year.

Initially, our sales weren't high, but we didn't lose hope. It was a new concept to accept and everyone was curious. We kept on improving our methods, reached out to teachers, students and each and every visitor of the college. We familiarized them with the concept we were promoting. I was already doing a content writing internship online so I was very scared if I will be able to balance both. I used to finish up with college, sit back for Araatrika and then stay up late and write at night. It was getting difficult but eventually I started enjoying it. I won't ever forget the day we made a sale of Rs 4000. It was our happy day as a team. Students kept coming back for more fun stationery and got their friends along and slowly, the whole college knew.

Araatrika has played a huge role in shaping me as a person. I am more responsible and confident now and I realized that I need to come out of my comfort zone to grow and try new things. As an entrepreneur and moreover as an individual, this was a wonderful and fun learning experience which wouldn't have been possible if I wasn't given this opportunity. A big thank you to Dr. Rama Venkat for giving us this amazing opportunity!!





## BACHPAN MUCH FUN



### THE SANITARY PAD CONUNDRUM

**Ayushree Nair**

TYBA

The concept of puberty at a very young age can be quite confusing and unheard of. I say unheard because the only time you ever get any kind of information on the topic is when you're able to successfully eavesdrop on hushed conversations passed between your mother and your sister. Or even the girls in class that you're afraid to talk to because your lack of knowledge on the topic will make you the 'stupid one'. But there are visual sources too. Sources like advertisements related to sanitary pads, tampons, menstrual cups and whatnot. But then again, these visual sources don't portray the situation as accurately as you would want it despite the 'visual'. So let me tell you about a ridiculous and embarrassing belief of mine related to sanitary pads.

So it happened when I was seven years old. It was a terribly hot day. I was sitting on the sofa with my sister, waiting for a moment to distract her in order to snatch the TV remote when a sanitary pad commercial comes on. The actress in the commercial goes on to show how one could go on with their normal routine without any leakage or pain (oh yes, apparently a pad with functional wings, being extra soft and absorbent can actually reduce the biological pain of menstruation). But what caught my attention was how they showed the prevention of any leakage or staining while using the product. They poured a blue-coloured liquid on the pad to show how the wings will protect the liquid from going sideways. Now I've seen the same thing in several commercials and I even tried asking my mother, my sister and many other adults about it but they all had the same way of dealing with a question like this, asked by a seven-year old: 'It doesn't concern you yet, why are you asking about this now?', 'You're not old enough' or 'That's completely inappropriate! This is not the time to talk about it!' And then they would dismiss me, ceasing the path for further questions.

After some hard thinking, it just hit me. Diaper commercials! The procedure was pretty much the same. They used the same blue liquid to show how well the diaper works. So the blue liquid = pee. Therefore, sanitary pads are merely just diapers for adults! Feeling so proud about this recent 'discovery', I knew what my next step would be: secretly testing out this theory.

The next day, I patiently waited for my mother to start prepping for lunch. I'd already started to make plans about wearing sanitary pads to schools and during travelling so that I can finally avoid the horror awaiting me in public washrooms. It was just too exciting! As soon as my mother went into the kitchen, I quickly sneaked into her room. Cautiously pulling out the bottom drawer, I took out the haphazardly torn packet of Stayfree pads and pulled out a sanitary pad. Putting everything back in place, I slipped the pad under my shirt and made my way into the bathroom. I took one quick look at my surrounding (the isolated bathroom) and slowly took out the pad from under my shirt. I carefully peeled off the sticker on the wings and squirted a few drops of water on it. Nothing happened. The drops remained intact. Bewildered, I plunged the pad into the bucket. Again, nothing happened. I repeated the same action for a couple of times until I heard a familiar voice ask sharply, 'What are you doing? Is that a sanitary pad?' I looked up to see my mother's shocked expression, her head poking into the bathroom. In all of the excitement, I forgot to lock the door.

After explaining the situation, my mother wasn't furious as I had expected her to be. Yes, she chided me for ruining the pad but then she went on to tell me that the purpose of the sanitary pad was something quite different. When I asked her about the real purpose, she gave me her usual 'I'll tell you when you're older' and walked away. So I was left with more questions than before. They were answered over the next few years, but then again, it wasn't as easy as it could be. Typical.....





## A CREAMY STORY

**Lujain Hussainy  
TYBA**

My best friend Yasmin (AKA Yazi) and I had a knack for imitation. Although that hasn't changed much on occasions when we put up fake accents or speak made-up languages while walking on the streets, it's a very different from what we used to do as kids.

When we were around 9/10 years old, Yazi and I would gather our ingredients and start cooking. Oh! Not food, something on the extreme left of it. Our ingredients consisted of cream, powder, tissue or paper mache and when we felt glamorous, glitter amongst many other available options.

In our desperation to create something unique and different, we discovered that this mixture looked very much like bird waste, ahem, poop, if we threw it at things or well, people. Delighted, we put some into a re-sealable packet and head for the garden in our society. Dumping a little but significantly visible and artistically laid-down amount on both the kid swings (as we called them in comparison to their white and longer adult counterparts) in the sandy playground area, we skedaddled away to spread more elsewhere.

On returning to the playground, we giggled wondering who would fall for it. On my suggestion, Yazi and I sat atop the monkey bars that are adjacent to the kid swings.

A woman with her 2 children, a small daughter and a bit older son, came to play. The son, innocently, sat on the kid swing aloof of any details whatsoever. But Yazi and I had to clasp our mouths shut with our hands to stop us from laughing when the woman ripped the boy off the kiddie swing and shouted "Tumko dikhta nahi kya! Uspe kabootar ka chichi pada hai!" while dusting his pants to clean them. Yazi and I ran away, laughing with tears dropping out of our eyes. Till date I wonder why no one thought it was weird that both kiddie swings had splotches of poop right at the centre. And even though we did it a bit differently many times after, that one was the most memorable!





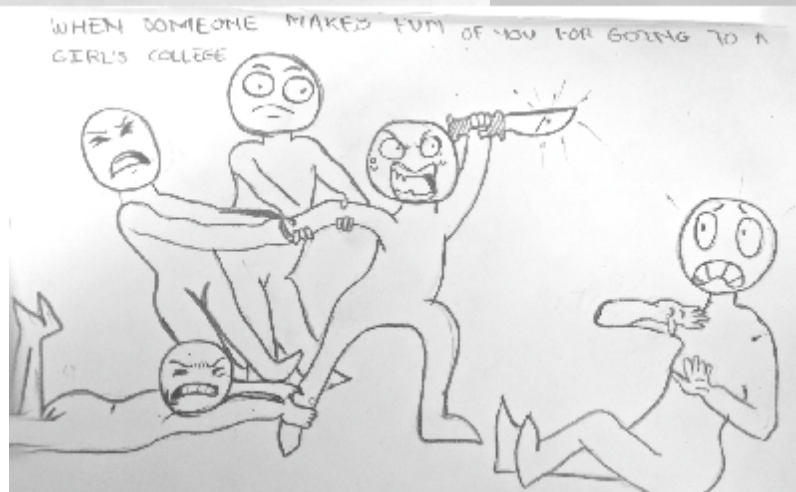
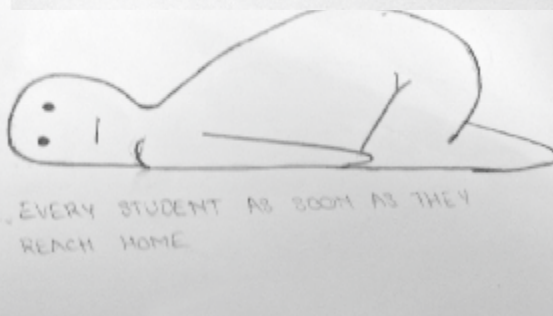
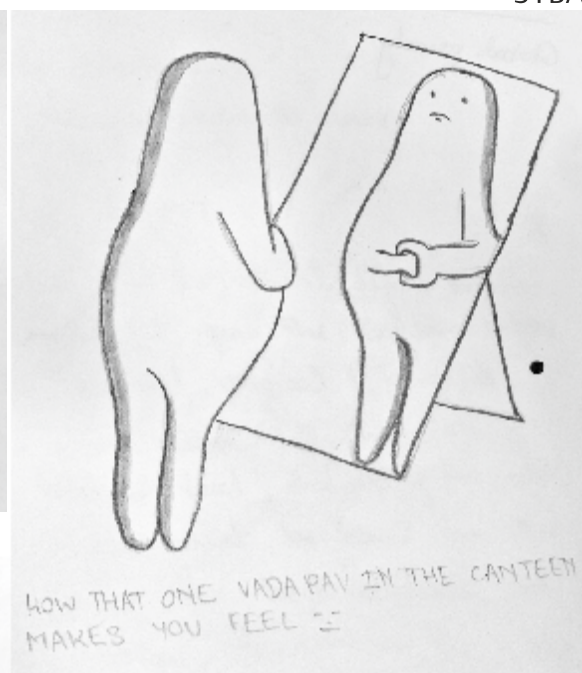
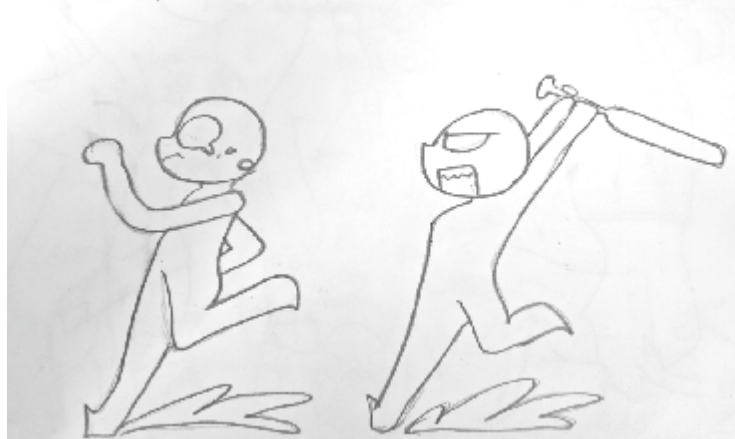


## COMIC STRIP

Zoya Kapadia  
SYBA



"STOP COPYING MY ASSIGNMENT!"







## SCRIBBLES AND SPELLS

### A LOVE LETTER

**Maitrayee Sangitrao**  
FYBA

Dear Smirnov,

Ever since I was a little girl, my father would take me to star gaze on hot summer nights at the park. There would be so many people, children, couples and of course little girls lying on their mattresses looking at the night sky. Staring, promising and wishing upon a star.

As for me, I used to look at those people and see them as satellites, moons, planets and stars. In a constant course of something with one desired instinct. But my assumed universe seemed to be at fault. It wasn't about how the earth revolved around the sun and how night would always roll over to let me dream of love. It wasn't how stars always promised to shine and fall just to make a wish come true. And how strongly and strangely it held on to one another till the time came to collapse; how our once beloved would make a hell of a fine star to look upon just for the sake of old times. But most importantly, the satellite wouldn't dare disturb its peace or the most possessive of comets would fall and crash over and still make it feel worth it.

Here yet again, I dispossessed myself without it. Without love.

I was daisies, wattle and iris which were beautifully grounded, guarded and possessed in his calm meadows. Whereas I wanted to be this wild bird flying in the hysterical lands of undying truth; where love, honor and respect prevailed, and a certain someone I could count on, fall upon and stand with. I'll always need to know that you'll choose me over and over, without a halt, without a thought, in a heartbeat.

I do not know if this future is even promised to us. But I do know this—the universe will end in about a trillion years from now. All the atoms will grow so far apart that there will be nothing left—all the laughter, lies, tears and every human existence will be wiped off this surface. Just like that, the feeling of your lips on mine convinced me for a split second, that some of the things do not have a beginning or an end, even if the world flattens out to complete nothingness, there will still be that kiss. And no matter how it ends or how it will begin again, that moment will stay. And I'll fathom the forever of our divinity and its absurdly terrifying reality.

Love,

H.I Popov





## COLOURS OF WAR

**Shreshtha Pattadar**  
SYBA

Have you ever wondered where colours come from? What makes the world so colourful and appealing to the eye? Here is the answer for those who want to believe it; a tale contemporary to the time when the humans on Earth had just invented fire.

Regnbogus is a dwarf planet not very far away from the solar system. Its natural features are quite similar to earth, but it is the people—or Khromons—that make it a unique planet. Each Khromon is blessed with the skin colour and superpower of one of the colours of the Rainbow God Polychromas. Sometimes arguments did break out between the differently coloured Khromons, but there was no war, simply due to the lack of destructive weapons. The only weapons allowed were temporary-blinding colour bombs and laughing deodorants. Overall they lived a very civilised life, thanks to their efficient and admirable King Coloris. He was aware of the dangers of not having weapon and militia, so he took help from the most brilliant scientists of the planet and developed an invincible robot army. He then personally programmed and trained the strongest robo-commander Robolocus.

It was an exciting day for King Coloris. After the hard work of 8 years and several failed attempts, he had finally developed a microchip which would give Robolocus all the superpowers of their Rainbow God Polychromas. Although making technological gadgets was his favourite pastime, the extra shine in his rainbow coloured eyes implied that he was really very proud of his work. As he was admiring his latest creation, his 22 year old son threw a fidget spinner at Robolocus. “Pingarius, you should thank the Gods that only your fidget spinner broke into pieces. If Robolocus was not powered off, you would have been in great trouble”. “I apologize, Father, I only came here to inform you that Rubius and Goren have had another dispute and you are called upon to help them out”, he said in a stern voice. As soon as King Coloris went out of his laboratory, Pingarius' eyes fell on the microchip. “Year after year, I have tried to prove to my father that I am worthy to inherit his throne. Today I will show him that I am as intelligent as he is and eligible for ruling Regnbogus”. As soon as he finished his internal monologue, he fixed the microchip into the brain of Robolocus.

Hearing the loud beeping of the alarm, King Coloris came back to his laboratory and stood baffled. Robolocus along with the entire robot army had fled the palace. “What have you done now, Pingarius?” asked King Coloris in an unusually calm voice. “I just put the microchip into Robolocus' CPU. It charged up, gathered the army, commanded 'Mission Earth' and marched out of the palace”, said Pingarius. “Are you out of your mind?” bellowed the King. “I had programmed only the power of red, which is anger and aggression. On his recent visit to Earth, Robolocus saw how the humans hunted down animals for their survival including the mammoth, his best friend on Earth. I'm sure he has gone to destroy Earth to take revenge. The only way to stop him is to declare war on the robot





army." Everyone's feet went cold.

An emergency meeting was held among the King, the scientists and the Governors of each coloured group of Khromons. "This is ridiculous", said the irritated Governor of Green Khromons, Goren. "It's those blood thirsty humans who need to be worried. Even if Robolocus doesn't destroy the earth, the humans themselves would do it in the future." Geolus, Governor of Yellow Khromons said with teary eyes, "So an entire planet and its people will be destroyed due to our negligence and we must do nothing about it?" Indictus, Governor of Indigo Khromons said, "We must not forget that earth is the only planet which supplies fire to us. Even our hi-tech gadgets would have failed to give us warmth without fire." Rubius, Governor of Red Khromons roared, "We all know that the weapons of humans are nothing when compared to the weapons of our robots! How are we expected to fight the war without weapons?" Bluliet, Governor of Blue Khromons calmly replied "Our army may be invincible when it comes to strength and power, but we must note that it lacks the power to think and plan out." Orangia, Governor of Orange Khromons sprang up on the chair excitedly and said, "She is right. Robots do not have instincts and innovation as they only do what they are told to do. We need to brainstorm and come up with a foolproof plan to defeat them. After all it is we who have made them". "It's easier to say than to actually do something", said Viola, governor of Violet Khromons, who nervously asked, "do we have a fool proof plan?"

King Coloris, who was listening intently to the whole discussion, finally spoke. "I have a plan. Bluliet, gather your team members at my laboratory. We cannot change the program of Robolocus, but we can still change the program of his spaceship. Swap the location of earth with the location of Pluto on the GPS. The rest of you must prepare your spaceships to reach Pluto. Do not forget to carry the Colour bombs and laughing deodorants. I will tell you about the rest of the plan on the way".

After reprogramming the spaceship, the Blue team went hurriedly to the spaceship which soon took off after the other teams. On reaching Pluto, the Khromons saw something that was unexpected. The robots were so angry about landing on the wrong Planet that they had destroyed their own spaceship. Some robots were even fighting against one another. Robolocus started to shoot fire cannons which had already melted a quarter of the Robot army. Geolus shrieked, "We should not have come here so early, their anger will burn us down!" King Coloris said confidently, "This is the best time. Let the war begin!"

It was the Green team which first stepped out. Goren and his team-mates created an indestructible shield around Pluto. This would serve two purposes; none of the robots would get to escape and no other planet would feel the impact of the war. Rubius along with his team created several fire rings around the groups of robots. This completely broke the unity of the army and prevented the robots from moving around freely due to the fear of melting. After Robolocus became aware of what happened, he commanded, "Infinity rifles out!" The Red and Green teams were forced to go back to their spaceships. After a minute or two, Geolus and her team mates stepped out with a huge torch-like device, which flashed beams of sunlight. One of them flew up and switched it on which turned the rifles into water in no time.





Orangia's team sprayed the laughing deodorant on the robot army due to which they started malfunctioning. Furious, Robolocus commanded, "Lasers on!" The robots started shooting lasers from their eye sockets in all directions. Indictus and his team came to the rescue and dropped tons of colour bombs on the robots. Their Lasers switched off leaving them completely unarmed. Since Robolocus could not think of an alternate plan, the robot army was now helpless. At that very moment Viola and her team created a virtual image of Robolocus in front of the robot army. Since the real Robolocus was hiding somewhere, the army got easily deceived by the virtual image which then commanded, "Switch off!"

Everything happened just as per the plan. All the robots were switched off and transported back to Regnbogus. Robolocus finally came out and stood before the Khromons. He enlarged his size so much that one fire canon would be enough to kill all of them. Just when it was about to shoot a canon, a Fidget spinner went into his eye. It was none other than Pingarius, son of king Coloris. Now that the one eyed Robolocus' anger reached its peak, it gave a loud roar. Immediately, Pingarius went into its CPU and removed the microchip. The war ended finally. The Khromons were able to save Earth.

The atmosphere became ecstatic. All the Khromons were singing and dancing together irrespective of their colour. There were intermittent chants of "Hail King Coloris!" and "Hail Prince Pingarius!" At Regnbogus, King Coloris and the brave Khromons received an honorable welcome. The sky was decorated with vibrant, sparkling colours. Everyone celebrated the occasion like a family, unlike other festivals where they celebrated only among their colour groups. Amongst these celebrations, the golden bells started ringing and all the Khromons stood at attention in front of the king's palace to hear his victory speech, looking like a colourful ocean.

"Ladies and gentlemen, as we celebrate this tremendous victory over our own robot army, we must acknowledge the effort of the governors Rubius, Orangia, Geolus, Goren, Bluliet, Indictus, Viola as well as my honourable son—Pingarius. Son, you have made me proud today. It is due to these esteemed Khromons that our diplomatic ties with Earth will get stronger. I thereby declare that we will be engaging in a beneficial trade pact; we will supply the Earth with all sorts of colours in exchange for fire. In addition to this, a publishing house will be set up in Regnbogus which would publish stories about our history, culture, adventures including the one we just had and will have in the future. These stories would be exported to the people on Earth once they learn how to read and write. It's possible that many people will think of us as only a fairytale, but there will also be some people who will hear us out. Let the children know where their favourite colours came from. Let the adults know how we fight the evil with courage. Let the humans know how we have broken our physical and mental barriers and now live with a spirit of unity. Let Earth become even more beautiful than Regnbogus."

As the king concluded his speech, the entire planet echoed with cheers and applause for King Coloris. There was a huge colour splash by the clouds and the Khromons drenched in multiple colours sang their Anthem of Appreciation for Regnbogus. They all lived happily ever after.





## CURIOSITY KILLED THE CAT

**Geshna Laffrey**

SYBCom

Smell of moss, dirt, and trees  
The silent forest in darkness deep  
Faint outlines can barely be seen  
Courtesy of a full moon's beam.  
Quiet, enigmatic, peaceful, eerie  
A frozen scene;  
Save for the occasional breeze.  
A curious cat came to see  
The picturesque charm of this scene.  
She sat and stared at it dreamily  
For a moment eternal, it seems,  
Engrossed as if thrice a dream.  
As she soaked in the tranquility,  
To possible dangers she paid no heed.  
Again and again, repeatedly,  
She returned to the magical, moonlit scene.  
One night, there was a creak.  
Trapped in her mystical scene,  
She heard the sound as if half asleep.  
Nearby a predator had been,  
Proud, powerful and hungry.  
He smelt a smell oh-so-sweet  
And sought it out instinctively.  
The shy moon shed some light to see;  
As soon as his sharp eyes took a peek,  
He spotted the dreamy cat near a tree.  
Adjusting his paws minutely,  
Upon the sweet cat he sneaked,

Calculating conscientiously,  
Tensed and ready, he leaped.  
The unsuspecting cat could only squeak  
(Although normally would hastily retreat),  
Fearfully as she tried to flee,  
Yet it was too late to be free.  
Around her neck the predator's teeth  
Found purchase and breached  
Like a knife through butter, so easily.  
Even as she thrashed and shrieked,  
As she gave a last meek plea,  
Her last weak weep,  
The predator showed no mercy  
Until she no more could breathe,  
For he was not to be beseeched  
By the cat that was now his meal.  
As he gazed at her corpse beneath—  
The cat that should have been napping safely  
The cat that he had kissed to sleep—  
He thought coldly and haughtily,  
“If tonight this cat did bleed  
On her own head it would be  
For never would she otherwise have been  
Near the dangers and thus, me,  
Had it not been for her cursed curiosity.”



## POWER OF THOUGHTS

**Akanksha Balkawade**

SYBA

How liberating is it to settle in your own space?  
A room in your head filled with mirrors reflecting your underface  
Attending every thought as it fleets away like the wind  
These spirit-like creatures crawl under your skin  
Every thought a different emotion  
Every thought a different notion  
Some settle like dust, some shy away  
Others scar your heart, and forever they stay  
I find myself lucky as I can trap them in my ink bottle  
I spill it on my canvas and add magical potions to make it settle.  
There you can see my words — some swimming, some drowning and others floating.  
Look closely it's an ocean full of them, for some suffocating, but for others, it's liberating.  
Now these glittery and glowy thoughts are bursting into shades of pink, blue and red.  
Oh my God! These colours are all the shades in my head.  
But beware it can only be seen through the eyes of your heart.  
So I close my eyes tightly to open my real eyes, just to witness the most serene piece of art.





## TAKEN AWAY BY THE STARS

**RutujaDambre**

MA

Once I knew a boy who used to wake up at 3 am in the dark to bleed poetry. He even had a cactus in his house and he gazed at it like it held all the secrets of the universe.

One time I saw him kiss his lover like his life depended on it. I had forgotten that people still do that. that were crowded with people and street hawkers. "These little gullies have an ethereal beauty," he used to tell me, while his eyes imagined how they would look on a fresh canvas. These paintings of his haunted me as if they had a life of their own. "Sell them," I used to tell him. He would just smile sadly at me and put them in his attic.

Once he cried a whole river of tears and told me about a girl who had broken his heart. She came to him in his dreams and talked about the night when she stole a beer bottle from her dad's room and sat drinking with him under the starry sky on her roof. He always talked about painting her but never had the courage to do so. He wrote a poem once about how he missed sleeping on his mother's lap and even I wept like a baby when I read it.

But one day he suddenly disappeared with all his things and no forwarding address or number. Some of his friends say that he went back to his village, some say that he got a job abroad so he left. But his lover has a whole different tale to tell. She keeps saying that the world wanted to kill his extraordinary soul so he fled to the stars. Nobody believes her but she doesn't care. She keeps repeating the same thing over and over and over.

Sometimes when I am too overwhelmed, his face flashes in my mind and then I play a game with myself, and imagine what he must be doing at this exact moment. But once in a while some bizarre ideas come to my head, and I wonder whether he really fled to the stars or did the stars take him away to shield his soul from this cruel world?





---



---

## THE OTHER

---

**Shreya Bhide &  
HarleenKaur Grewal**  
FYBA

*A poem inspired by Train To Pakistan by Khushwant Singh.*

He kept his eyes trained on that last shred of rope, That last shred of hope. The glaring lights of death fast approached. Around him, time floundered; thoughts in his mind encroached.

Wandered this man to brighter days. His heart warm like the radiant sun. Soft tickles of tall wheat trailed against his skin. His joy like one whose life had just begun.

His head nestled in her voluptuous bosom: bodies entwined. He looked into her gazelle eyes with his heart hammering in his chest. The black antimony of her eyes, her muslin skin roused a fire in him. But it was her innocence that had his heart acquiesce.

Sweat mixed with breath, Bodies a mess of limbs, Heartbeats left astray, As the flame of carnality slowly dimmed.

A hand triggered a bullet in the dark. Five fingers ceased their fate in their cruel fists. Feet kicked a man to death, A death which promised to return in midnight mist.

Hands bound in cuffs at the break of dawn. Fingers of a stranger gripping the reins of his destiny. Feet walking away from a promise. Body pushed into the cold confines of devilry.

Her gazelle eyes at dawn held no antimony Only blaring resignation, wrenching his heart. Never had he felt such remorse for the skeletons of his sins. To pet his gazelle he yearned, but they willed he may not depart.

The world at large on fire Sizzled with the blood of brothers. The ones we shared our roof with Quite suddenly became "the other".

Worlds swept away with a flood of tears. Neighbourhoods torn apart with the hands of blind rage. Motherhood snatched, children orphaned. The streets littered with broken dreams as a nation came of age.

In amidst of turmoil and his absence A tiny dream blossomed. In the warm cocoon of a mother's womb,

The only witness to their love thrived with caution.

"He vowed to marry me! I have his child inside me!" "Oh, stop whining! He will get you as soon as he is out." "Please, mother, don't let him take too long." "Of course, he won't. He is pinned to you like





an arrow to a clout.”

Many a week later, fresh air finally filled his lungs. The winds strong, wafting with the essence of wet mud. His eagerness to see his love unbridled, But, the words uttered by the old dame froze his blood.

“Your young dame came by, bearing the news of a babe.” “A babe! My babe! Tell me, mother, where is she now?” “Much like the others, gone to never return.” “Oh, what a mother you are! Now watch your son be gone without a bow.”

As he parted for the last time from his birth giver, He could feel the pleasant weight of a little life soon to be in his arms. He could see a little toothless grin and gazelle eyes he fell for all over again. The little shrieks of joy and soft gurgles made him chortle with their charm.

And just like that, the perfect canvas of his dreams torn apart, By a stranger who told him that his love was to depart. The mangled fingers of death were a hair's breadth away from her. He had to jump to action before the cold hands get to her.

And here he was, led by his resolve. No harm to reach her or their' child. At the image of his loves giggling with glee, The pain of death suddenly turned mild.

So, as he clung to that last shred of rope, That last shred of hope, He was ready. Prepared to forever lose his breath and heartbeat.

Shot, injured and struggling, he gnawed at the last tendrils of life. He screwed his eyes shut and found himself staring into gazelle eyes. The bosom he rested his head on fed a little love they made. He imagined a little body atop his, snoring away, on his chest it laid.

Agonizing pain thrashed his being as it ran over him. But nothing compared to the relief of believing that his loves lived on. Death was pain, but freedom,

And what a shame that death was a knowledge he couldn't impart. But, alas! Belief need not necessarily be reality, For agonizing pain came to a halt to let monsters in, Monsters ready to kill, ready to rape, ready to taint, Ready to taint the perfect canvas a dying man made.

“Oh, fair maiden, strip down to the bone for me to ravish ye!” “Strip down, I will, for my last bath in death.” “Ravish you, I will, no care for alive or dead.” “Finish me now; let me not know of shame.”

Stabbed, injured and struggling, she wept tears of blood, But nothing compared to the relief of believing that her love lives on. Death was pain and agony. And what a shame that their little love passed on.

In the small world was pain. In the world at large “diplomacy”. Mighty men played games With innocent lives that could have been saved.

The world at large on fire Sizzled with the abomination between brothers. The ones we share our roofs with Quite constantly stayed “the other”.





## War of the Wits



# CAN ARTIFICIAL INTELLIGENCE REPLACE HUMAN INTELLIGENCE?

**Muskaan Khan**  
SYBCom

Gokhale Cup  
Winner Team

### FOR

If someone from the 1950s travelled through time and arrived in 2020, they would marvel at the way we use our smartphones to navigate around town, how virtual digital assistants such as Alexa and Siri respond to our queries, and would be baffled by our involvement with social media channels such as Facebook, Instagram and Twitter. What is normal to us and powered by artificial intelligence, would be utterly foreign to our friend from the past. There is no doubt that artificial intelligence is an integral part of our daily lives.

A very good morning to one and all present here. I, Muskaan Khan of St. Mira's College stand here to strongly support the motion.

"Can Artificial Intelligence replace Human Intelligence?" Definitely, it can.

According to a World Economic Forum report AI refers to computer systems that "can sense their environment, think, learn and act in response to what they sense and their programmed objectives."

AI has helped researchers achieve 89 to 99 percent accuracy in identifying the onset of natural disasters like tropical cyclones, earthquakes, tsunamis and wildfires. The onset of these are often difficult for humans to identify on their own. The damage that they leave in their wake is irreparable.

Microsoft believes that AI, often encompassing machine learning and deep learning is a "game changer" for climate change and environmental issues.

Those keeping abreast of the latest medical developments may be aware of the buzz surrounding applications of AI to medical tasks. To date, these have mainly involved application of computer algorithms to clinical data to diagnose a disease. The impact of artificial intelligence in medicine has largely arisen due to the fact that in many instances, these have met or exceeded the capabilities of a specialist physician.

Surgeons marvel at the "AI Revolution", as to how a device can perform a heart bypass or remove a brain tumour.

In 2016, the Star Tissue Robot, an autonomous surgical robot, underwent experimental trials in animals. It utilized "smart sensing" apparatus including cameras and mechanical sensors, along with AI control algorithms to perform a certain task like joining an intestine in a living animal.





It had to perform multiple real time tasks simultaneously, while minimizing the risk of damage by "seeing" the environment in which it was working, "sensing" the features of the tissue and "reacting" to environmental changes as they occurred. This robot outperformed human surgeons in both skill and judgement.

Another example is as early as in 1985. The Kawasaki Puma 560, a manufacturing robot was converted into a surgical device to insert a biopsy needle into patients at calculated angles, which it did more accurately than surgeons' unaided hands, arriving at the coordinates of a tumour deep in the brain.

The whole point of artificial intelligence is to think of things we humans can't. Asking artificial intelligence to restrict its reasoning to what we can understand is a bit like asking Einstein to prove the theory of relativity using only addition, subtraction and a box of crayons.

Even if the artificial intelligence isn't necessarily smarter than us—by whatever measurement of "smart" we use—it's definitely different from us, even though it thinks with magnetic charges on silicon chips.

AI frequently comes up with effective strategies that no human would conceive of and—in many cases—that no human could execute.

Garry Kasparov, a Russian chess grandmaster was out manoeuvred by Deep Blue, a chess playing computer, whom he accused of cheating. (Cheating? No, Deep Blue was not cheating—it was smarter.)

Most of us already engage with AI on an everyday basis via virtual assistants, smart cars, music, video games, Netflix, Google maps, ride sharing apps or a rocket launch into space.

If you aren't yet convinced by the real world potential of artificial intelligence, Microsoft's chief envisioning officer, Dave Coplin has a few words for you. "AI is the most important technology that anybody on the planet is working on today. This technology will change how we relate to technology. It will change how we relate to each other. I would argue that it will even change how we perceive what it means to be human."

According to Elon Musk and president Obama, AI has the power to do great harm or great good, depending on how carefully we craft and regulate the technology. As we advance the software, creating stronger and smarter systems, we would be wise to recognize the technology's presence and consider what roles we want it to play in our lives.

Gary Marcus, "It's likely that machines will be smarter than us before the end of the century- not just at chess or trivia questions but at just about everything, from mathematics and engineering to science and medicine."

To conclude, I would like to add, artificial intelligence will enhance us and augment our intelligence. We should embrace it and not be threatened by it.

I rest my case here.

Thank you.





---

## St. Mira's Article Review Competition First Prize

---

**Ummesalama Karu**

SYBA

### SUMMARY

The fastest growing economy of the world – India! Fastest growing.....only till 2017. The article by Udit Misra, dated first February 2020, highlights some important aspects, advantages and limitations of the Union Budget for 2020-21. The article talks mainly about the decisions taken by the government to ensure a 'supposed' boost to the slowly declining economy of India, the effect of these decisions, and also poses a serious question to the readers- will India become the fastest growing economy of the world once again?

### ARTICLE REVIEW

#### UNION BUDGET 2020-21: A BOOST OR A SETBACK?

Reviewing an article, that too on the Union Budget is indeed a task. However, this provides a means for expression of constructive criticism and a hope in finding meaningful solutions to the problems faced by the Indian economy.

The date of the article itself – 'February 1' 2020- provides its relevance. A budget is the basis of the functioning of any organisation; consequently a Union Budget also forms the defining structure on which the Indian economy will stand or fall as a building. The article provides an insight to the readers about the current problems of the economy, what events have brought on these problems, solutions to these problems, and the effects of these solutions. Hence, a reader can easily understand what to expect, at the national, as well as at the regional and individual level as far as his/her money is concerned.

The language of the article is understandable. The language and the style points out that this article isn't only written keeping in mind an economic audience, rather, it explains several economic terms so that even a lay person knows the economic condition of his society. Concepts such as real GDP, consumption, demand, and many others have been briefly, yet aptly explained. However, the tone of the article seems more in opposition to the budget than in favour of it. No doubt it definitely highlights the positives, but the negatives are greater. Perhaps, that is a fact that Udit Misra wants us to acknowledge.

The structure of the article is highly scannable. Even if a person does not wish to read the entire article, the important points are well-placed so that a thorough gist of the article is made available to the reader. The posing of the different questions- 'What was the context of the Budget?', 'What else has been done?' and so on- draws the reader into the text and makes him/her think about the economic and subsequently the political environment of India, resulting in responsible citizenship. Each question also provides a background to the topic and connects it to the present scenario, and also shows a glimpse of the future.

The various economic concepts, their explanations and impact also add to the relevance of the article. As it is a Union Budget, it draws mainly from Macro Economics, pointing towards the





following: the effect of the different sectors and their fluctuations on GDP, the role of consumption of private individuals, demand for goods from the government, investments from businesses and the net demand from exports and imports, in the economic functioning; outcomes of incentivising start-ups, building capital and revenue spending; and the limited options that the government had.

To assume that the Budget will not affect us is a farce, since the purview of the Budget does cover all the classes of the society, including the middle- and upper-classes. It also covers national and individual incomes and savings, tax regimes and revenue generation, which ultimately has to work in co-operation with the citizens as it boils down to individual consumption and demand.

Overall, the article points out to the fact that several small yet meaningful changes have been introduced, yet the age-old problem of implementation has to be overcome. It also provides alternatives the government could have used, and ultimately provides food-for-thought to the citizens, especially the youth, who will take the economy forward.....or backward?! Only time will tell.

RATING - 3.5/5




---

**WINNER OF BEST TEAM AND BEST SPEAKERS  
(FOR AND AGAINST) AT THE SADHU VASWANI DEBATE  
“Mahatma Gandhi: A Man of His Times, Not Ours.”**

---

**Muskaan Khan**  
SYBCom

**FOR**

Civil war in Syria, CAB and NRC protests in India, conflict in Ukraine, criminal violence in Mexico, Islamist military in Pakistan, political instability in Iraq and conflicts between the US and Iran are just a few of the numerous present day conflicts going on around the world.

A very good morning to one and all present here. I stand here to strongly support the motion. Mahatma Gandhi was a man of his times, NOT OURS.

Each of these conflicts is born in very different circumstances and has radically different nuances, expecting them all to be resolved through a common principle of ahimsa and satyagraha is impractical.

Powerful nations like the United States of America, China, Japan and Russia have always had some advantage that has posited them against the weaker nations. However, a nation like North Korea will never allow for nuclear armed nations to dictate nuclear disarmament to it, or Saudi Arabia will never allow America to gain control on its oil supply or interfere with its culture or Iran will not sit back without avenging the death of its leader Quassem Soleimani. These nations cannot afford to be peacefully passive. Their very existence depends on their aggressive stance.

In this conflicted environment, Gandhi's mode of satyagraha and ahimsa will not work.





Every age has its own new ideals. Before Mahatma Gandhi, we as a nation believed and upheld the lessons from the Manusmriti, which was a religious text to us. This was then superseded by the Gandhian thought and teaching. Every new age always brings with it new thoughts, new crisis and new leaders to supersede the previous.

The climate crisis that we are in today has called for a young leader like Greta Thunberg, also called the "Climate warrior".

Many world leaders have had a problem with the 17 year old's aggressive stance. Had she subscribed to Mahatma Gandhi's proverbial turn the other cheek stance, she would not have been able to bring thousands of people onto the streets to rally for the climate. The world today had dug in its heels and is expecting governments to do something about climate change because we have climate warriors like Greta out there.

The world has been brought to the brink of economic, social and political crisis. We don't have the time or the place to practice Gandhian teachings. We are staring at anarchy. All nations have to be in a state of readiness to withstand assault from others. The cost of practicing Gandhi's philosophies is very high. Who is to pay this cost?

Furthermore, for a nation that is so deeply rooted in the Gandhian ethos, we are not practicing it ourselves. Why are we not practicing it? Why is it that we aren't allowing Pakistan or Bangladesh to do as they please, because after all satyagraha and ahimsa is our way?

If we are going to endorse these teachings, then all these surgical strikes and boundary battles that have been happening would be a travesty of our national Gandhian policy. We are doing these things because the times have changed, because the old way of handling it is no more effective.

China was all about its eternal leader, Chairman Mao, who could bring China only so far. Today, it has become a world power only because it has adopted a new ideology. The whole world looks up to China for its flourishing economy, technology and infrastructure. China has embraced this change.

In a nation where the power dynamics are changing all the time, we have to be even more than ready. Peaceful resistance only allows for increasing aggression by the enemies.

We are living in the Age of Diplomacy, an age of strategy, where just like the game of chess, we have to be keenly aware of our enemy's power and be empowered to counter it so that we don't give in because of our weaknesses. Today, we have to negotiate our relationships with everyone. We cannot adopt a single ideology to provide solutions to every problem.

To conclude, I would like to quote Mandy Hale, an American author, "Change is painful, but nothing is as painful as staying stuck somewhere you don't belong."

I rest my case here.

Thank you.





Ummesalama Karu  
SYBA

## Against

Our times, what is our time? A world torn apart by strife, our time is of environmental crises, our time is of societal crisis, and the state of equality hasn't been achieved. Our time is of extreme right wing politics. Our time is the time of fear, terrorism poses a serious threat to humanity. What were Gandhiji's times? Pretty much the same.

A very good morning to one and all present here. I, Ummesalama Karu stand here to oppose the motion. Mahatma Gandhi was a man of his time? No, Mahatma Gandhi IS a man of all times.

Things that have become a part of our every day vocabulary—simple living, high thinking, living in harmony with the environment, self reliance—were advocated by him so many years ago. Satyagraha, the force of truth and Ahimsa, non violence are amongst his greatest teachings. My worthy opponents may say that it was because India was ready for Independence that these could be implemented. But I say, even if he were here in Free India today, his teachings, his ways, his thoughts would still be effective, simply because Mahatma Gandhi was more than a man; he was a Messiah of Goodness, a Deliverer of Justice for his people, who led the people out of bondage, out of slavery not only from the British but also from the deep rooted evils of untouchability, of caste and class systems. He is the leader we will always require till these injustices remain.

1974, women in the Himalayas successfully executed the Chipko Movement. 2011, Anna Hazare non violently pressurised the government to enact stringent anti-corruption laws, [2019-20](#), Anti-CAB and NRC protests. All deeply rooted in the Gandhian Ethos. The objective with which he pursued his goals was the greater good. With unshakable perseverance, with unwavering strength Mahatma Gandhi achieved his goals and these people practiced exactly these teachings of his, then how can we say that he is irrelevant today? For everything we do we hark back to this strength, this strife for the greater good.

And it isn't only about India, Gandhiji has universal appeal, he surpasses all boundaries of time and space. He inspired multitudes of people globally. We already know Nelson Mandela and Martin Luther King, but we also have Ho Chi Minh, Pearl S Buck, Dalai Lama, John Lennon and the list is endless, diverse and awe-inspiring. As recent as 2009 when Barack Obama was asked by a high school student that if he could have dinner with anyone dead or alive who would it be? He answered and I quote "Gandhi, who is a real Hero of mine". This shows the relevance of Gandhiji where world leaders like Barack Obama are invoking him and endorsing his ways. Besides these famous names, I would like to add a few other names - yours and mine. Why? Because we are the people that Mahatma Gandhi believed in, you and I have grown up listening to his ideals, you and I are aware of his relevance today.

Times may change, but there is one variable that definitely remains constant—humanity. Humanity binds us all and it is this humanity that Mahatma Gandhi's teachings are rooted in. Whether it is environmental concerns, whether it is self-reliance, whether it is peace, economics,





politics, society, it is humanity that he puts at the apex of everything, and humanity is something for all time, not only Mahatma Gandhi's or ours.

My worthy opponents have indeed put forth their views on how Mahatma Gandhi is a man of the past, but I say he is an ideal, he is hope. No matter what difficulties we face, the fact that we keep turning back to his ideologies is proof enough of his relevance today. We have government policies like "Swachh Bharat Abhiyan", "The Sansad Adarsh Gram Yojna" and many others that have given results. Mahatma Gandhi was the inspiration behind them. And you may also say that being 'Idealistic' is very different from being 'Realistic' but if we don't aim for the ideal, our harsh realities will not change. They will continue to be like stagnant, reeking ponds, rather than fresh, life-giving rivers.

I would like to end by quoting a defining leader in modern Ethiopian history, Haile Selassie, "Mahatma Gandhi will always be remembered as long as free men and those who love freedom and justice live." I rest my case here.

Thank you.



## ROLE OF A MODEL CITIZEN IN INDIAN DEMOCRACY

**Ummesalama Karu**  
SYBA

Winner -AD Shroff Elocution Competition

So, who's gonna win? NaMo or RaGa? A few months back the entire country was in a state of chaos, not that we are free from it now, but it's still better. When you think about it, chaos and politics usually go hand in hand; they're like burger and fries, aren't they? But there's one thing that has the potential to remove the chaos from politics and make it thoroughly efficient—Ketchup!

A very good morning to one and all present here. I am Ummesalama Karu and today I will present my views on the topic—ROLE OF A MODEL CITIZEN IN INDIAN DEMOCRACY.

India, like most emerging economies has faced every problem known to most nation states. It's faced political corruption scandals, natural disasters, rampant poverty, malnutrition and crime, but India still finds the resilience to go on. Do you know what makes India Indian? The citizens, we are the ketchup to the burger and fries of our country.

So how is it that a nation with no one language, no one religion, no one ethnicity, plagued by all woes indigenous to emerging economies can actually survive and thrive as a chaotic fraction and simultaneously as a robust democracy that is being spoken about as a potential superpower?

We, especially the youth, need to be well aware of our role towards this great nation. As humans we are so used to complaining and not doing anything about it that in our microcosm we defeat the





entire purpose of being in a democracy. There are so many responsibilities we have as Indian citizens that a five-minute speech would definitely not be enough. So I would want to talk about two roles that are very close to me and have an incredible effect on the youth.

With the advent of social media, we think we are well informed and know about things that go around us. But in actuality we aren't. How many of us diligently understand and read the newspaper every day? And by newspaper I don't mean Pune Times. I truly believe that only if you are well-informed can you bring a change. As Mahatma Gandhi says, "Be the change that you wish to see in the world." Don't complain about the mainstream media failing to inform people. Become the media. Become a walking, talking distro of quality information. Information that your friends can trust. Because if you have the knowledge, you will have an objective, tolerant view of life. When there's any turmoil in the nation, be it strikes/ riots, it's the state infrastructure that gets destroyed which is ultimately built from the taxpayers', i.e our, money. When you know what is going on, the least you can do is stop people from believing fake news and adding fuel to the fire.

The next thing that I believe is our role, and that has the potential to bring large scale change, is voting. India, especially its youth needs incentive and inspiration to vote. You can't criticise anything if you are not willing to contribute towards its betterment. If we believe in democracy, then voting is a must. We need inspirational personalities like Shyam Sharan Negi, independent India's first voter in 1951, and at the age of 102, he is likely to be the oldest voter and a believer in democracy since the past seven decades. Irrespective of what side of the political aisle you find yourself on, voting remains the elementary job of every citizen of the country.

I may have mentioned only two roles of Indian citizens, but I believe that if these two are in place, the recognition and execution of all the other roles becomes far easier. I would like to end by quoting the father of our nation once again, "In a gentle way, you can shake the world."

Thank you.



## Winner of Intercollegiate Debate Competition, AbedaInamdar Senior College Comm Fest'19 SOCIAL MEDIA: GOOD OR BAD

**Samrita Guha**  
SYBA

### Good

How can you spend even one more day not taking advantage of the greatest shifts of our generation? How can you settle for less when the world has made it so easy for you to be remarkable? The value of being conducted and transparent is so high that the privacy issue is just a minor road bump that must be overcome.

A very good morning respected judges, teachers and my dear friends, I Samrita Guha, from St.





Mira's College for Girls, stand here to support the motion. Is social networking good? Absolutely yes! In real life there are no magic wands, no hidden tracks and no secret handshakes that can bring you immediate success but with a little time, energy and determination on your channels, accounts and sites you can get there.

You know the old saying, a picture is worth a thousand words, but did you know it is also worth a boost in personal happiness? A 2018 research published in the journal “Health” suggests that taking and posting a photo each day on social media can improve your well-being. People who share a photo a day experience an overall better mood. Researches from the University of Lancaster and University of Sheffield also discovered that this daily engagement provided social media users with the means for self-care interaction with a like-minded community and an opportunity to remember good times.

Who wouldn't like to remember college days, school days and even kindergarten days? Or catch up with friends whom we have not met for ages? Today we can reach out to our long lost friends, are able to connect to our childhood buddies, tell teachers about our accomplishments and virtually talk and see our grandparents and parents when we are away from them.

Small and large businesses can now stand on the same ground and reach out to the audiences. Giving small businesses, in particular, many more opportunities, entrepreneurs are able to connect to almost the entire world through apps like LinkedIn and Facebook, through which they receive valuable guidance and hence are able to expand their businesses.

Social media gives everyone an equal voice. As Mark Zuckerberg said “When you give everyone a voice and give people power, the system usually ends up in a really good place.” This can be seen by a small example of a YouTube channel named “Grandpa's Kitchen” where a man from Telangana, India, Narayana Reddy cooks to improve the lives of orphans with the statement of “loving, caring, sharing—this is my family”. Along with three other men, he cooks meals and donates all of it to the local orphans or those in need. By posting these cooking videos on social media, they collect funds which allow them to serve more people. Their YouTube channel has already crossed 5 million subscribers and amazed more than 451 million viewers, showing that if you really want to bring a difference in society, social media is your tool.

The University of Minnesota had conducted a research on social networking sites like My Space and Facebook, and found out that social networking sites have a great impact on educational growth of students in High School. Christine Greenhow, the principal investigator, studied the students aged from 16 to 18 in urban schools located at the Midwest; the study showed 94% of the observed students use internet, 77% had accounts on social networking sites, and 82% went online at home. The students said that they had learnt important technological and communication skills, creativity and being open to diverse opinions and views which are very important for the 21<sup>st</sup> century. Greenhow concluded that social networking sites actually offer a wider opportunity and support to the learners. A recent survey says that millions of people are accessing social networking sites for educational requirements. The field of education has undergone a drastic shift and gained a whole new dimension in the past decade. All thanks to social media today anyone in any corner of the world can study in a prestigious University elsewhere.

The reach and scope of news and information on social media is unprecedented. Incidences which are often overlooked on traditional media are brought into light by sites and apps. Like the





recent outbreak of forest fire in the Amazon which got no slot of display on TV news, had been tweeted and retweeted about, and posted and acted upon by the Twitter users to make a difference by collecting funds are redirecting expert attention.

Whether it is steps to protect women, help the needy, save our earth, bring about transparency, educate the youth, stand against injustice, all of these are coming into function through social media. Online business ventures bringing in complete transparency and posts on social media against any injustice has truly made a difference.

David Meerman Scott, bestselling author and speaker once said “You can buy attention (advertisement), you can beg for attention from media (PR), you can bug people at a time to get attention (sales), or you can earn attention by creating something interesting and valuable and then publishing it online for free.”

Finally after saying all this, I want you all to imagine a world today without social networking, you simply can't. With this I rest my case.



**Namrata Datta**  
SYBA

## **Bad**

I was once asked “How much time per day do you think you spend on social media?”

“Me?” I shot back, feeling defensive already about something I knew I was so guilty of. “Not much.”

On your phone is an embedded feature called “screen time”: a beautiful and colourful bar graph that showcases just how much your eyes, your mind, your heart, your free time were all attached to one thing: your social media accounts.

My average daily screen time was recorded at — 6 hours and 26 minutes, with 95 percent of that time being used on different social media accounts, and the other 5 percent equally distributed between messages, phone usage and email.

A warm good morning to respected judges, teachers, worthy participants and my dear friends. I, Namrata Datta, from St Mira's College for Girls, stand here to strongly oppose the motion. Is social media bad? Bad? It's the worst thing in the world today! Social media users grew by 202 million between April 2018 and April 2019. That works out at a new social media user every 6.4 seconds.

Social media has become an addiction, a drug – worse than even cigarettes or alcohol. People addicted to this drug can sometimes lose touch with reality, are very moody and have really short attention spans. These people don't sleep well, constantly fidget, are easily distracted and rejoice at the most inane things. The worst part about this addiction is that people don't believe it's addictive. They believe it to be a harmless distraction.

We are constantly connected to the whole world through social media – we can video call, voice call, or face -time any person sitting in any corner of the world any time. But are we interested in face





to face conversation anymore? No! All we are interested in is texting, posting, liking and commenting. Rather than going out for movies with friends or family dinners, we prefer sitting alone in our living rooms with our headphones on watching Netflix. We tend to avoid social gatherings and get-togethers, to finish our serials. Thus, social media which aimed at reconnecting people is making social creatures even more unsocial.

A study published in the American Journal of Preventive Medicine last year surveyed seven thousand 19-32-year-olds and found that those who spend the most time on social media were twice as likely to report experiencing social isolation, which can include a lack of a sense of social belonging, engagement with others and fulfilling relationships.

According to researchers, social media can increase feelings of depression and loneliness by creating a feeling of FOMO or a “fear of missing out”. This idea is best encapsulated by a quote of Steve Furtick, “The reason we struggle with insecurity is because we compare our behind-the-scenes with everyone else's highlight reel.”

With apps like Instagram and Facebook, we love sharing our personal life with the world, not realising that we are giving an open chance of to privacy encroachment. “Privacy is dead, and social media holds the smoking gun.” says Pete Cashmore, Mashable CEO. Hackers prowl the social networking sites looking for victims. Most of the social media sites have personal information like emails, birthdays, shopping information etc., which are food for the identity thieves.

Another striking disadvantage of social media is the spread of fake news and rumours. India, being a country of diverse culture, is extremely prone to social sentiments. Every time there's a social unrest in the country, social media acts as fuel to the fire. Social media offers a platform for people who want to create social unrest in the nation. We see it every single day.

Over years, fake news has emerged as a big challenge in India both for the government and the civil society. It leads to violence and tension in the society, at times even killings. Recently, “awareness” about kidnappers is continuously spread on social media. This has lead people to suspect any person who looks unfamiliar or shows affection towards a child on the road. Innocent people have been killed due to this “belief”, created by social media.

Social media has also risen as a platform for comparison and self hatred. Social media seems to have set pseudo standards for ideal body structure, looks and style. People who don't seem to fit in those 'standards', start hating themselves and many times go into depression.

“Selfies” are a common self-presentation strategy on social media. Duck face, peace sign, wacky poses, mirror and candid shots, all of these are associated with the word “Selfie”. However, this fever proves to be extremely harmful for individuals as well as for the society. Many times to show-off people try to click selfies in dangerous situations and have died. Recently, a 27 year old woman in Australia died falling from a cliff while taking selfies, which was locally known as a selfie hotspot.

Have you ever thought why suddenly commodities like green tea, skin whitening creams and all sorts of hair products have become so popular? Why each morning you wake up with notifications of





how to get glowing skin or how to lose weight in a week? Celebrities have always existed but why this trend now? Every day, our favourite celebrities post their picture perfect selfies, one after waking up, one having brunch, one in the evening and one good night. All these, have made women, especially teen girls, see themselves as ugly and unworthy.

There will be many who tom-tom the benefits of social media. Often, they've got the bull by the tail. By highlighting the disadvantages of social media one is not negating the importance of communication especially telecommunication or e-communication. One is simply urging the need to recognise the difference. Social media is predominantly only entertainment, excessive entertainment. It is most detrimental to human growth and evolution – physically, emotionally and intellectually—to dwell in an unreal inactive digitally replicated version of real life.

Every coin has two sides, however in this case, the negative side outweighs the positive one. Social media has eventually turned into an evil. Wake up and smell the real coffee! I rest my case.

---

•(((•)))•

## Glam Goddess

### THE VOICE OF SILENCE

---

**Medha Ghosh**  
SYBA

*All women are valuable, strong, capable and powerful of doing anything they want; only if they have self-recognition.*

Most of us are familiar with the experience of silent talking and not really striving for what we want and deserve as the “women” of this glorious world. This article will attempt to help uplift the living of women where it would make a difference and change in every woman's life. I would also like to spread a very heartfelt yet strong message to the women all around the world and prove the society wrong for their belief about women being weak, that they are good only for looking after their family and can't work or earn enough money “as they say”. Most importantly, we need to change society's and humanity's thoughts about being orthodox about women. Every woman could become a great human being and they must always believe, have faith and confidence in whatsoever they want to do in their life, and say to themselves, “I can and I will”.

Mother Teresa once said “I alone cannot change the world, but I can cast a stone across the waters to create many ripples”







Women, if they are determined, have the power to do anything in their life. They do face day-to-day challenges but this helps them to build up their confidence. Every woman must be healthy and strong but most importantly, happy. That's what will help them grow into independent women in the future. Writing this article will hopefully help each and every woman to stand up for what they want in their life and accomplish it as well. This article will also help me become strong, maverick, responsible, and a writer who could motivate and spread awareness and a message to all the women around the world; wanting and wishing for more opportunities for women because they deserve it. Harriet Tubman, an American abolitionist and political activist, once said, "Every great dream begins with a dreamer. Always remember, you have, within you, the strength, the patience, and the passion to reach for the stars, to change the world."

This is what I'm going to convey to women to make them reach their aim and ambition that could not only change the world but their living standard as well. The kind of opportunities that needs to be created for women that could help them reach their target and fantasy, are like creating more jobs for women to make sure they grow in their life into becoming independent.

Women and girls need to be in a safer environment where they shouldn't be afraid of any darkness while stepping outside their homes. Women should also have the freedom of going out at any time, have the right to make their own decisions and have equal opportunities like men. Every woman must get respect; they must speak up for that because they deserve it, especially men should respect every woman. They shouldn't have to ask for it, they are worthy of getting respect from men not by force but by their own will and should be treated equally. If you see 70% of women suffer and only 30% of them speak up about it, it is because the rest are hiding behind the society's judgmental thoughts and opinions about women.

As compared to men, women are more hardworking, focused and disciplined. They have to manage both—work and home. Every woman must be respected, and treated like they deserve rather than being bullied and having no say in things. Life is like an elevator; on your journey sometimes you have to stop and let some people off. Now that we are in 21<sup>st</sup> century, things must change and that includes the society's thinking.

No one should force women and make her go against her own will. Why do they want men to work rather than women? According to society, men can earn more money than women, companies prefer men because they think men are hardworking and flexible with timings. Remember, life is like cooking. It all depends on what you add and how you mix it. Sometimes you follow the recipe and at other times, you're creative; so it all depends on you and how you want to handle yourself and what you want to mix it with. "The most alluring thing women can have is confidence."

If you want something in life, you have to work really hard to achieve it. Life is a journey with many ups and downs. But one thing you should always remember is that when you walk up the mountain, your legs get stronger. We as women need to believe in our abilities. Never let your courage down; carry it along with you in whatever you want to do in your life. I am writing this article to help make a difference in women's lives, lifestyle and also encourage them to speak up for themselves. If you want something, you can achieve it, without letting anyone discourage you. I want to give a message to all the women who believe in themselves, and in fact they should know that they are capable and have the abilities of running the world if they want to and have a very successful and powerful life.





## Lucky Ducky

**Shruti Nimkar**  
SYBA

When life turns sour  
And the hill is steep  
When goals seem far  
And pain runs deep  
Chin up duckie.  
You're actually very lucky

You turn around  
You're lost again  
The night creeps in  
You don't realise when  
Trees all around  
Cast shadows long  
And you start to wonder  
What went wrong?  
But look up duckie  
The stars say you're lucky!

Come back again  
The night is young  
The lake is yours  
So why not jump

You can waddle in  
And you swim real well  
So what if you're scared  
No one can tell

This is your place  
This is your land  
In this shimmery silence  
Kick off the sand  
Why question your grace?  
Who cares who doubts you  
This is your realm  
Now swim right through

Why do you flinch  
You beautiful duck  
You're meant to shine through  
Of course you don't suck  
Just look at the stars  
All shining for you  
When life turns sour  
Little duckie paddle through.

## Why Feminism?

**Sriradha Gupta**  
SYBA

Slowly sipping the coffee in my hands, earphones plugged in, I peacefully listen to one of my favourite songs. Thinking about one question—"why feminism?" I proudly call myself a feminist, for I believe in equal opportunities and rights of each individual. Recalling a conversation with my friends, I realised that people have plenty of misconceptions regarding it. Feminism does not mean hating men, it doesn't mean bullying others just because we have the 'X-chromosome', and neither does it mean that women get a special privilege and status in the society. Feminism doesn't demand for any special treatment towards women, neither does it wish to glorify any issues that women have. Feminism means "the theory of the political, economic, and social equality of the sexes."





The word 'feminism' definitely has a female in it, but the small word of 8 letters strives to fight for equality for everyone in the society who is deprived of his/her rights. The patriarchal society has imposed strong notions about 'how a girl/guy should be', 'how men can't be emotional' or 'how a woman can't be a sole bread-winner for the family' and a countless number of imperatives onto each person right from their birth. The stereotyped society has forced an individual to be what they don't wish to. Most of the people out there have internalised the norms so well that they themselves are unaware about the importance of demanding their rights.

I believe that now in the modern age of development, science, and technology; we ought to have a neutral society, not a 'patriarchal' or a 'matriarchal' one. A society where each individual is respected for their identity and the essence of equality is not something to strive for. The prejudice that society holds towards each person due to the different chromosomes they possess is hindering the development and real progress of society.

---



---

## Words Unsaid



---

### Dear Anxiety

---

**Sneha Joeel**  
TYBA

Dear Anxiety,

You have been a frequent visitor nowadays. You have already taken the keys to my head dominantly, slaving me to your personal desires.

Tell me, how is it going on in there? I bet you are enjoying the classic horrifying terrible show with that smirk on your face which you never get tired of.

You have been tearing me apart quiet lately with your proper manicured hands.

Oh, you like them dirty, Don't you?

You have been puncturing my lost box of memories nice and slowly, making me remember the pain, the fear of holding onto and loving someone.

Telling me, how I always have been an adverse gross effect on the people I love.

You always make sure I strive to leave them.

You always have different ways to get me paranoid, where do you get all these ways from? Do you have your own Google mate hanging around you?

You always give me those unknown jitters, where the blood rushes out of my veins and my heart beats at an abnormal pace.





Thinking you would be my last scope of get-away goodie, I ask if I should get myself consulted and the way you laugh out loud makes me go back to thinking where you had almost carved my heart out with your well-groomed nails, feeding on my not so natural thoughts.

I know you will be visiting me more often now; you have caught me in your favourite trance.

But here's something I got to tell you while I'm yet in my conscious state,

You're a visitor, I'm a survivor.

You can say hello to my demons while they will be the ones to rip your soul apart.

And yes of course, one last thing before I ask which flavoured popcorn would you like with your special low sugar coffee is that, I'm a warrior and you won't last forever.

Signing off,

Your favourite,

Sneha Joeel



## Black

**Friyana Munshi**

TYBA

When will you see me  
When in my sleep my favourite song plays  
When in white I shall dance with grieving joy  
Or when you in black will play with  
pleasant despair

All the responsibilities in that light will fade  
All those promises in the dark will glow  
And every soul I ever wronged will right me  
As the song in my praises will grow

A soft tune will be played  
That will match the tolling as well  
A boxed chariot will arrive, filled with  
Fallen angels that seem too wise  
That tune is not of farewell

But it's the tune the larks heard everyday  
It's the tune the nightingales sang for  
the owls

It's the tune the stars and the  
moons felt in everyway  
That final word, that final song  
Not of sounds but memories made  
Knitted deep within your thoughts  
On loop it shall always remain

For I may resemble the ravens  
Dark, deep and common  
But songs were never meant to blame  
For man was never given that power  
To blame the clouds for the heaven's game





## A LETTER

**Gracey Gaware**

11<sup>th</sup> Arts

Dear World/ Murderers,

I, Sulli, 25 years old, a K- Pop idol and a victim of cyber bullying am writing this letter to tell the world of how it felt going through it alone and how it affected me.

I began my career as a child actress. I still remember the happy tears in my mom's eyes; now I can imagine the same tears but for a different reason. The bullying began with a braless picture. Was it my fault that I was living the life I wanted? Was it my fault that I posted a picture in which I felt I looked good? I thought it would stop. But it didn't. They kept going on and on. Each and every thing I did became a reason I was bullied for. I couldn't sleep at night. The harsh words which people left under unknown accounts for fun were hurtful to me. It hurts us too when a person we love feels hurt. In this way, those people didn't only hurt me but also my family, my friends, my fans. I ignored them for 4 years. But I couldn't take it anymore as it kept on becoming harsher day by day. I tried to believe that this was a bad dream and it would get over soon. I wished it would all just disappear; I know it couldn't, but I CAN. I can go to a different place where none of this exists. Now when I go please don't cry over me and let this be an eye opener to y'all to never do the same thing to another person.

Yours Faithfully,

Choi Jin RI

## OUR DATE NIGHT

**Kasinam Lucy Dabi**

Syba

Date night with candles burning down,  
I thought you would pull out a ring on your  
knees down,  
But as you started this date night with your  
talks,  
I felt like you were asking for the key to our  
lock,  
As you continued to talk more,  
I knew what you were for,  
You wanted to end this up,  
But dear, I wanted to really start it all up,  
With each passing minute of hours I felt that  
coming,  
I realised it was only I who wanted our

relationship running,  
As you hold my hand,  
I knew it was going to end,  
And then a cool breeze blew,  
I realised how all these years just flew,  
I felt how hard you were trying to say,  
Because it was finally our time to part away,  
But with efforts when you said "baby it's  
time we end"  
I felt that you never realised what precious  
things I had lent,  
But I guess it is time to say good bye,  
And whenever we meet, wherever we meet,  
there will always be a silent "HI!!"





## माँ



सय्यद फिजा  
१२ वीं कला शाखा

एक छोटी सी दुनिया,  
एक छोटा सा घर  
एक छोटा सा परिवार,  
यह कहानी जब की है,  
तब सात साल की थी,  
एक दिन घर आके,  
कोने में जा बैठी,  
कुछ सोचते हुए रोने लगी,  
रोते रोते बोलने लगी,  
आय मिस यू, आय मिस यू,  
सोचती की काश होती माँ दूर,  
तो ना होती ऐसे उदास,  
सोचती की माँ होती आज,  
तो जाकर लिपट जाती,  
और सारा दर्द बता देती,  
सोचती की माँ होती आज इधर,  
तो ऐसे खुद में ना घुटती,  
सोचती की काश होती माँ आज  
तो दुसरो की चोटियाँ देखकर  
तो कभी दुसरो से तुलना न करती,  
सोचती की होती माँ आज,  
तो रोज डब्बा ले आती,  
दुसरो के पास झाकना नहीं पडता,  
सोचती की काश माँ होती आज,

मेरी हर कामयाबी पर खुश होती,  
तो सुनना नहीं पडता पापा का  
की कुछ एहसान नहीं किया है।  
सोचती थी कि काश होती आज माँ  
तो मेरे पास ऐसा कोई होता  
जो मेरे लिए भी सोचता  
मेरा भी कोई होता जो पूछता  
बेटा, खाना खाया कि नहीं,  
जब बुखार में भी रोने लगती हूँ  
तो साचेती कि काश होती माँ  
तो अपने कलेजेसे लगाकर रखती,  
और पूरी रात मेरे फिकर में गुजारती  
माँ, जब से तू गई है  
ये दुनिया अब अजनबी लगने लगी है  
अब धीरे-धीरे सबसे नफरत होने लगी है।  
माँ ये लोग छोटी सी भी गलती के लिए,  
दस बातें सुनाने लगते है,  
क्योंकि उन्हें मालुम है कि मेरे तरफ से  
बोलनेवाला कोई नहीं है।  
माँ बस एक बार आजा,  
तुझे गले से लगाकर रखना चाहती हूँ  
तेरे कंधे पर सर रखकर रोना चाहती हूँ,  
जब तक मैं अपने सारे दर्द भूल ना जाऊँ  
बस एक आखरी मौका दे मुझे,  
तुझे कभी सताऊँगी नहीं,  
तुझे कभी रूलाऊँगी नहीं,  
तेरी हर बात मान जाऊँगी।  
बस माँ एक बार आजा  
कभी दूर नहीं जाऊँगी तुझसे,  
बस माँ एक बार आजा।





## कलम

आज कलम उठी है तो  
 बात हो ही जाने दो  
 विचारों के बीच विवाद हो ही जाने दो  
 उठेंगी कमलें झुकेंगी नें  
 आत्मसन्मान को उठ जाने दो  
 बरसों क सवालों के जवाब  
 है छुपे इन किताबों में  
 आज इनकी खोज हो ही, जाने दो  
 अकेले ही सही  
 इन अँधेरी अकेली रातों में  
 साहस से खुद को मिल जाने दो  
 डरता है जमाना सच लिखने से  
 हर लेखक सच को एक परत लगाकर अपनी  
 भाषा में ढालता है।  
 आज सच से सामना हो जाने दो...  
 बात कोई इतनी बड़ी नहीं  
 बरसों से चली आ रहीं इसलिए छोटी भी तो नहीं  
 बात की बात हो जाने दो...  
 गरजनेवाले बादलों ने कहा की बारिश  
 सूखे है खेत खलिहान  
 चलो आज स्याही बरस जाने दो  
 रक्त से सींची है धरती  
 पसीने से तुम्हारा रोम रोम  
 उस विधाता से एक हो जाने दो  
 कितनी जानें ही जाती बिना जन्म लिए ही  
 क्या तुम भी  
 अपने अंदर के इंसान को जक्षा दो  
 भरी है तुम्हारी कापियाँ  
 तो उनके पन्ने खाली क्यों  
 उनकी जिंदगी से रूबरू हो जाने दो.....  
 कलम की नोक की तरह धारदार  
 स्याही की तरह सुडौल सुगम  
 अपने किरदार को आकार लेने दो  
 आँखों को गड़दे, कानों को डिजाइन

प्रियंका चौरसिया  
 XXXXXXXXX



हाथों को अपंग मत  
 बिल्कुल मत होने दो  
 उठाओ कलम  
 हल्की है वजन, भारी इसका प्रभाव  
 अपनी सोच, सामान्य समस्याओं से  
 उनको भी परिचित होने दो.....  
 जब तक स्याही, जब तक चलती है कलम  
 पन्ना भरता है, सोच की डगर सँवरती  
 अपने जोश के एहसास,  
 जिंदादली को खुदको जी लेने दो...  
 बहुत हुआ खोखला शोर  
 कहो उन्हें भी लिखने  
 आओ आज सोच का खुद्ध होने दो।  
 केस नया आयेगी  
 टूटेंगी पुरानी कलमें  
 इस रियासत / विरासत को चलने दो....  
 तलवारे छोड़ो, हाथों में कलमें हो.  
 लड़ते-झगड़ते है तो झगड़ने दो...  
 ये इंसान है, मानवता  
 को कलमों से ऊपर उठने दो....





## जा रहा हूँ

प्रियंका चौरसिया

समय को धुएँ में उड़ाएँ  
जिंदगी की कश लगाएँ जा रहा हूँ  
जो जिंदगी मेरी आमदनी ही  
नहीं उसे बेफिजूल खर्च किए जा रहा हूँ  
ख्वाहिशों की चादर बड़ी है जरूरतों से  
फिर भी पैर फैलाये जा रहा हूँ.....  
टूटा हूँ भीतर से दिलों को जुड़ना है जरूरी  
फिर भी दिल लगाए जा रहा हूँ...  
गमों-दर्दों, दिल्लगी से भरी है जिंदगी  
फिर भी खुशियों के नगमें लिखे जास रहा हूँ.  
फँसना नहीं इस मुहब्बत के दलदल में  
फिर भी कमल देख पैर बढ़ाये जा रहा हूँ  
बाँटने को बचा ही क्या अब  
दिल के टूटेहिस्से बाँटकर, अभी आ रहा हूँ  
माना फेल हुआ हूँ कई बार

जिंदगी के पाठ सीखे जा रहा हूँ  
मौन को तो काफी आसान है  
जबरदस्ती तो है जीने की, इसी वजह से जीने की  
रस्म निभाये जा रहा हूँ...  
ठहरा तो समय है, धड़कने नहीं  
उसके आगे हाथ बढ़ाये जा रहा हूँ  
मन्नतों को लगा आया ताले  
कोशिशों की चाभी ढूँढने जा रहा हूँ..  
खोए है कई अपने तो कभी रिश्ते  
दुश्मन कमाये जा रहा हूँ  
इसी छोटी सी उम्र में इतने बड़े  
पाठ ना सीखा.  
ना रहना सदियों मुझे जिंदा मुझे  
जिंदगी मुझे जिंदा लाश बनाये जा रही है।

## गुरु

ईशिका गुप्ता  
१२ वी विज्ञान

विधाता ने यह धरती बनाई,  
पर गुरु ने हमें जीना सिखाया ।  
गुरु: देवों कहने में नहीं कोई बुराई,  
उन्होंने ही हमें प्रगति का मार्ग दिखाया ।

गुरु है तेजस्वी प्रकाश,  
जिससे है सबका भविष्य उज्ज्वल ।  
गुरु के समक्ष है छोटा आकाश,  
उन्हीं के प्रसाद से है संसार तेजल ।

जिस तरह बढ़ाई मार - काटकर,  
देता है लकड़ी को उचित आकार ।

उसी तरह शिष्य को समझकर,  
गुरु करते हैं उसका जीवन साकार ।

गुरु का करे हम दिल से आदर,  
होनी चाहिए हमारी यही धारणा ।  
सम्मान से ओढ़ ले ज्ञान की चादर,  
जीवन व्यर्थ हो जायेगा वरना।

यह दिन न होता आज इनके बिना,  
जो बसे है आज हमारे अंतःकरण में ।  
जय हो गुरु की, गुरु देव की जय हो,  
आपके कारण धन्य हुई हूँ मैं ।





## युवा और आज

प्रियंका चौरासिया

जो देश काम न आए, वो बेकार जवानी है,  
अब भी ना जो खौला, वो खून नहीं पानी है।

भगतसिंह की ये पंक्तियाँ हमें युवा जिंदादिली को बरकरार रखने का संदेश देती हैं। भारत एक ऐसा राष्ट्र है जिसने आजादी अपने संघर्षों से हासिल की है और उसे कायम रखने की जिम्मेदारी अब आज के युवाओं पर है। आज हम २१ वीं शताब्दी के आधुनिक युग में तेजी से दौड़ती जिंदगी में रफ्तार से कोशिश करने में लगे हुए हैं।

देश इतना विशाल है, इसके इतिहास, भूगोल राजनीति और न जाने कई मुद्दों की बात करने बैठे तो जिंदगी कम पड़ जाएगी। लेकिन आज देश के सामने एक सुनहरा मौका है कि वो अपने युवाशक्ति के सामर्थ्य और शक्ति को पहचाने। विश्व के अन्य देशों जैसे चीन में वृद्ध जनसंख्या युवाओं से अधिक प्रमाण में है।

यदि अर्थशास्त्र की भाषा में देखे तो भारत में रहनेवाले युवा देश की आर्थिक प्रगति कर सकते हैं। विश्व सूचकांक \*\*\*\* - ह्यूमन डेवेलपमेंट इंडेक्स, जो कि मानवीय गुणवत्ता पर आधारित है इस धारणा का मुख्य आधार है। युवा तो हर पीढ़ी, समयबधि हुए हैं किंतु अब के युवा अपने जिम्मेदारियों को किस प्रकार निभाते हैं एवं अपने देश के अस्तित्व को ऊपर उठाते हैं ये मायने रखता है।

युवावस्था जहाँ एक ओर जिंदगी के चार खुशी के पल है तो दूसरी ओर एक कश्मोकश उलझनो-सी, पहेली-सी अवस्था भी है। बाल्यावस्था से वयस्क आयु की ओर बढ़ते हुए यह सफर कई शारिरिक एवं मानसिक, हार्मोनल बदलावों से गुजरता है। इस अवस्था से जुड़े कई पहलू हैं जिन्हे समझना बेहद आवश्यक है।

इस पड़ाव पर युवाओं से अपेक्षा की जाती है कि वे समझदारी का परिचय दे। अपने परिवार एवं दोस्तों की अपेक्षाओं को पूरी करें। यहाँ पर स्वयं के मतों एवं अपनों के अपेक्षाओं/उम्मीदों के बीच जद्दोनहद हो जाती है। हमारे देश में प्रति वर्ष १०,००० से अधिक विद्यार्थी डिप्रेशन (तनाव) के फलस्वरूप आत्महत्या के शिकार होते हैं, जो कि चिंताजनक विषय है।

इस उम्र में मन का बहकाव अधिक होता है, यह समय संयम एवं धैर्य की परीक्षा लेता है। विद्यार्थी/बालक-बालिकाएँ बहुत ही कम आयु में नशेबाजी, मद्यपान करना शुरू कर देते हैं। नया जमाना है, तकनीक सुविधाओं के संग संकट भी लाती है। उत्सुकतावश अथवा दोस्तों के दबाव के कारण बालक पोर्न के आदी हो जाते हैं। अब तो पबजी एवं टिकटाक जैसे कई सारे सोशल मिडिया एप्स हैं जो विद्यार्थियों/युवाओं एवं उनके समय को शिंकजे में कसते जा रहे हैं। वास्तविकता से दूर भागने के ये उपाय शुरू में सस्ते लगते हैं किंतु जिंदगी की कसौटी में बड़े ही महंगे पड़ते हैं।

युवा अपने करियर की नींव रख आगे बढ़ने की आकांक्षाएँ रखते हैं। महाविद्यालयों में छात्र संगठन उन्हें कम या ज्यादा रूप से प्रभावित करने का पूरा प्रयास करते हैं। मात्र कुछ रूपों किसी एक विचारधारा या पार्टी। इल के समर्थन में युवा अपनी जान खीर में डालते हैं। जेएनयू, एबीवीपी छात्र संगठन केसरिया प्रभाव से तो पूरा भारत अवगत है।

युवाओं में महिलाओं का अलग विवरण अत्यावश्यक है। किसी भी देश की प्रगति में एच.डी.आय के साथ जेंडर डेवेलपमेंट इंडेक्स भी काफी मायने रखता है। महिलाओं के साथ होनेवाले बलात्कार, हॉनर कीलिंग (परिवार के सम्मान हेतु हत्या), घरेलू हिंसा, शादी के लिए दबाव, दहेज न जाने कितने अपराध प्रति दिन दर्ज होते हैं। युवा महिलाओं का इन परिस्थितियों में आगे आना एवं स्वयं को साबित करना काफी मुश्किल लक्ष्य लगता है।

वैश्विक तौर पर युवाओं की पहुँच बढ़ना और उनके संपर्क एवं नई राहें मिलना भी आवश्यक है। कई भारतीय विद्यार्थी अनेक विदेशी विश्वविद्यालयों में रंगभेद का सामना करते हैं। वुहान विश्वविद्यालय में कोरोना वायरस फैलना हो या अन्य समस्याएँ (जैसे





वीजा की समयावधि) ऐसी परिस्थितियों में युवाओं को मदद की आवश्यकता लगती है। अभी वैश्विक मंदी के दौर में बेरोजगारी एक बहुत बड़ी समस्या बन गई है। कई बार हमारे देश की शिस्त शैली वास्तविक संसार की कुशलताओं के पैमाने पर खरी नहीं उतर पाती। जहाँ संपूर्ण विश्वभर में शाश्वत विकास की बात होती है, हमें ज्ञात होता है हमसे पहले की पीढ़ियाँ पर्यावरण का इतना ज़्यादा नज़र कर चुकी हैं इनके दुष्परिणाम हमें भुगतने पड़ रहे हैं।

जिस प्रकार हर सिक्के के दो पहलू होते हैं उसी प्रकार इस विषय के भी हैं। युवाओं के जीवन में समस्याएँ हैं तो दूसरी ओर आशाओं, उमंगों की नई किरणें भी हैं। जहाँ टेंशन हो ऑल इज वेल कहकर युवावर्ग अपना दिल बहलाना भी जानता है। बदलते हुए समय के साथ युवाओं ने स्वयं को भी ढाल लिया है। छत्रपती शिवाजी महाराज के वचनों को अपने इंस्टाग्राम का बॉयो रखा है तो स्कायप से दूर रहकर भी माँ-बाबा का आशीर्वाद लेते हैं। नेटवर्क ३ जी से ४ जी हो गया तो अनजाने लोग या कहें तो दुनिया करीब हो आई। लिफ्ट, शूटिंग, कॉम, एप्प के इस्तेमाल से जिंदगी आसान हो गई।

गूगल और इंटरनेट के इस संसार ने जानकारी का भंडार उपलब्ध करा दिया। युवाओं ने अपने विचारों से ऑनलाईन क्रांति लाने का प्रयास किया। देश में यदि कोई घटना हो तो उसे ट्वीट कर। हैशटैग का इस्तेमाल कर सरकार को जगाने का भी काम किया। डिजिटल एज्युकेशन के तहत कई युवा सीखते और सिखाते भी हैं। ओलंपिक हो या अन्य कोई स्पर्धा युवा देश के लिए जी-जान लगा देते हैं। कई युवा कलाकार, विशेषज्ञ अपने स्तर पर दुनिया बदलने में कार्यरत हैं। नौसेना हो या थलसेना पुरुषों संग महिलाएँ भी राजपथ पर पहल करती हैं। ग्रेटा थनबर्ग जैसी युवा बालिका पर्यावरण हेतु विश्व के बड़ी बड़ी ताकतों से जंग छेड़ देती हैं। युवा एक जागरूक नागरिक बनने की कोशिश में लगे हैं।

युवाओं की जिंदगी उनके कॉलेज कैम्पस से शुरू होती है, हिंग्लिश में बातें हाती हैं, दोस्तों के संग परीक्षाओं की तैयारी होती है। कभी ट्रेकिंग (चढ़ाई) तो देश के विवादों पर शब्दों की लड़ाई होती है। समाज का एक जिम्मेदार पक्ष होने के कारण सामाजिक कार्यों में अगुवाई भी होती है। यहाँ विराट कोहली देश की धड़कन तो दीपिका पादुकोण ठपाक से देश को जगाती हैं। गीतों, कबालियों से रंग पार युवाओं के कदम थिरकते हैं और यहाँ युट्यूबर्स युवाओं के ज्ञानगुरु बन बैठे हैं। यह आज के युवा की संस्कृति है।

युवा समाज का हिस्सा, देश का आज है जो कि कल को लिखने की काबिलियत रखता है। युवा ज्यादा कुछ नहीं बस थोड़ा वक्त और संयम चाहता है समाज से। शर्मा जी के बेटे को चाहे कितने ही क्यों न मिले माँ-बाबा से विद्यार्थी थोड़ा स्नेह और संयम माँगता है। हमारे समय के बी.वी. का आकार छोटा हुआ है लेकिन दिल और जोश हम अब भी आजाद भारत का रखते हैं। बरसों से पड़ी ये जात पात की बेड़ियाँ, धर्मों का अलगाव, वोट बैंक की राजनीति इससे ऊपर उठने में तो थोड़ा वक्त तो लगेला। महिलाएँ उड़ाने लगी हैं विमान लेकिन उन्हें घर-परिवार में भी ऊँचा स्थान मिलना जरूरी है। सरकार बदलती है, पाठ्यक्रम बदलता है लेकिन बेरोजगारी के आँकड़े इतने सालों से नहीं बदले वे तो शायद केवल बढ़ ही रहे हैं।

आज का युवा देश को विश्वास दिलाता है कि वो अपने देश के सम्मान की रक्षा अपने प्राणों से भी ज्यादा करेगा और अपने कर्तव्यों को निभाने के लिए हमेशा तत्पर रहेगा।

कुछ पल की जिंदगी जी भरकर  
जी लेती है,  
समस्याओं से ऊपर उठ  
मंजिल तक की दूरी तय करनी है  
केसरिया और हरा क्या  
तिरंगे की आन है प्यार  
कलम से कलाम तक की दूरी तय करनी है  
कल हो चुका न जाने कल क्या आएगा  
ये युवा आज बदल कर दिखाएगा।





## प्रेम

देविका मनोज चव्हाण

सबसे पहली बात से ढाई अक्षर का शब्द प्रेम क्या है. क्या प्रेम केवल निकटतम लोगो से ही हो सकता है नहीं।।

प्रेम तो परिवार से हो सकता है, माता-पिता, भाई-बहन से हो सकता है, सखा-मित्रों से हो सकता है, देश और जन्मभूमि के लिए हो सकता है, मानवता के लिए हो सकता है, किसी कला के लिए हो सकता है ख इस प्रकृति के लिए हो सकता है।

प्रेम ये शब्द कितना सरल है, परंतु इसकी डगर बहुत ही कठिन सरलता है प्रेम होने में, परंतु कठिन है उसे निभाने में, समझाने में। अब यदि मैं कहूँ कि प्रेम केवल भाव है, सभी सेहमत होंगे या फिर होंगे ही नहीं परंतु मेरा मानना है कि प्रेम याद है। यदि प्रेम याद नहीं है, तो फिर जब भी कभी किसी के प्रेम का उपहास होता है, या फिर उन्हें प्रेम में छल मिलता है, तब वे क्या प्रयत्न है वे यही प्रयत्न करते हैं कि अपने प्रेम को भूल जाएँ। क्यों भूल जाएँ क्यों कि पहले याद तो किया ही होगा ना मेरे विचार से हम उसे ही याद करते हैं, कि हमने मतलब के लिए याद किया, मतलब से याद किया। परंतु सत्य तो यह है कि हमने न भूलने के लिए, हमेशा याद रखने के लिए इस मतलब का सहारा लिया। अरे प्रेम करते हैं, इसीलिए तो अनेको मतलब ढूँढा करते हैं।

राधा ने भी कृष्ण से प्रेम किया, सच्चा प्रेम।। परंतु वो एक नहीं हुए। क्यों क्यों कि प्रेम में कोई बंधन नहीं होता, प्रेम में तो यादों का संबंध होता है। देखिए ना, हम आज भी वही राधेकृष्ण को प्रेम की मूरत मानते हैं या नहीं उन्हें प्रेम से याद करते हैं या नहीं क्योंकि प्रेम याद है। विलग ही प्रेम की परिभाषा है। प्रेम का दूसरा नाम ही विरह है, अर्थात् अलग।।

प्रेम हमें हँसना, रोना, साथ होना सिखाता है। जब हम अपने प्रेम से दूर होते हैं, तब हमें याद करना सिखाता है। प्रेम कभी स्वार्थी नहीं होता, प्रेम तो निःस्वार्थ होता है। इस मन की भावनाएँ निःस्वार्थ होती हैं।

प्रत्येक जीव को, मनुष्य को स्वतंत्रता प्रिय है। ऐसा कौन है यहाँ, या इस संसार में जिसे स्वतंत्रता नहीं है प्रिय कोई भी नहीं अर्थात्, जो हमसे प्रेम करते हैं वो हमें स्वतंत्र छोड़ेंगे, वो हमें कोई बंधनो में नहीं बाँधेंगे, चाहे वो बंधन वचनों के हो, या फिर भावनाओं के। परंतु जो केवल प्रेम का दिखावा करते हैं, या फिर प्रेम हीन ही करते, वे हमें बंधनो में बाँधेंगे, वे हमें स्वतंत्र नहीं छोड़ेंगे। जब प्रेम में मोहक प्रभाव अधिक पड़ जाता है, तब वो प्रेम स्वार्थ कहलाता है। हम स्वार्थी कहलाते हैं। स्वार्थी होना कोई बुरी बात नहीं है, क्योंकि स्वार्थ ये शब्द बना है हम स्वयं से। यदि हमारे स्वार्थ में हमारे स्वयं का अर्थ, हीत सम्मिलित है, तो हम आवश्यक स्वार्थी हैं। परंतु यदि हमारे स्वार्थ में दूसरों का आनंद, हीत सम्मिलित है, तो हम निःस्वार्थी हैं। यह आवश्यक नहीं है कि जिसे हम प्रेम करते हैं, वे भी हमसे प्रेम करें, आवश्यकता है तो केवल निःस्वार्थ भाव की है। इसीलिए तो प्रेम को निःस्वार्थ भाव कहा जाता है। कोई भी प्रेम सच्चा या झूठा नहीं होता, केवल उसे निभाने वाले का हृदय सच्चा होना चाहिए।

प्रेम का घड़ा केवल विश्वास रूपी जल से ही भरा जाता है। यदि भक्त का अपने भगवान के प्रति विश्वास ही ना हो, तो वो भक्ति ही क्या यदि मीराँ का अपने गिरिधर के प्रति विश्वास ही ना हो, तो वो प्रेम ही क्या इसीलिए अपने प्रेम पर विश्वास होना चाहिए। क्योंकि जहाँ विश्वास है, वहाँ प्रेम है और जहाँ शंका है या संदेह है, वहाँ प्रेम अंशभर भी हो नहीं सकता। इसीलिए अपनी सारी शकाएँ त्याग कर शंकर बन जाइए। सारे मोह के पाश तोड़कर मोहम बन जाइए।

प्रेम भले ही विचित्र कृति है, परंतु सबसे सुंदर स्मृति भी है प्रेम। अंत में केवल यही कहूँगी कि प्रेम वो है, जिसका ना कभी आरंभ हुआ ह ना अंत होगा। प्रेम वो है जो ईश्वर की तरह अनंत है, अमर है। प्रेम वो है, जो अमिट है, जिसे मिटाया नहीं जाता। प्रेम वो है, जहाँ समझाना नहीं, समझना पर्याप्त है। प्रेम वो नहीं, जो आज है कल नहीं, प्रेम तो वो है, जो कल भी था, आज भी है, और कल भी रहेगा।।





## भारत की संस्कृति

तनु मिश्रा

प्रथम वर्ष कला शाखा

तटस्थता और सूक्ष्मता से भारत का अवलोकन करनेवाले किसी भी निष्पक्ष व्यक्ति को दो परस्पर विरोधी विशेषताएँ अवश्य दिखाई देगी अनेकरूपता के साथ-साथ एकता।

यहाँ कि असंदिग्ध विविधता आश्चर्यजनक प्रायः बेमेल जान पड़ती है। वेश-भूषा, भाषा, लोगों का शारीरिक रंग-रूप, रिती-रिवाज, जिवन-स्तर, भोजनख जलवायु, भौगोलिक विशेषताएँ - सभी में अधिक से अधिक भिन्नाएँ दिखाए देती हैं। धनी भारतीय लेग या तोयुरोपीय पोशाक में दियाए देगे अुवा भारतीय रंग के रंग-बिरंगे, खिले-ढाले किमती परिधान में। दस रूपए के नोट पर दर्जन-भर भाषाएँ और लिपियाँ दिखरई देती हैं। विशिष्ट प्रकार का कोई भारतीय भोजन भी नहीं, यद्यपि युरोप कि अपेक्षा यहाँ भारत, भात मसाले तु साग-सब्जियाँ अधिक खाई जाती हैं। कुछ लोग मास, मछली और अंडे को छुते तक नहीं। बहुत से लोग मर जाएंगे लेकिन गोमास खाना पसंद नहीं करेंगे। पर ऐसे भी लोग हैं जो दल पाबंदियों को नहीं मानते। भोज संबंधी ये रिवाज रूचि पर नहीं, बल्कि धार्मिक भावना पर आधारित हैं। देश की जलवायु भी सतरंगी है। हिमालय में सदा बर्फ जमी रहती है। काश्मीर में उत्तर युरोप - जैसा मौसम रहता है। राजस्थान में तप्त रेगिस्तान है, दक्षिण प्रायद्विप में बेसाल्ट की पर्वत-श्रेणियों और ग्रेनाइट के पहाड़ हैं, दक्षिणी क्षोर पर उष्णकटिबंधीय गरमी और पश्चिमी घोट की कंकरीली मिट्टी की चौड़ी और उपाजाऊ घाटी में महान गंगा जलोर उसकी सहायक नदियों का समुह, छोटे समुह वाली अन्य बड़ी नकदयाँ, कुछ प्रमुख झिले, कच्छ और उडीसा के दलदल महाद्वीप का मानचीत्र पुरा हो जाता है। भारत की संस्कृति बहुआयामी है जिसमें भारत का महान इतिहास विलक्षण, भूगोल और सिन्धु घाटी की सभ्यता के दौरान बनी और आगे चलकर वैदिक युग में विकसित हुई, भारत में बोध धर्म का धर्म एवं स्वर्ण युग फली-फुली अपनी खुदकी प्राचीन वीरासात शामिल है। इसके साथ ही पड़ोसी देशों के रिवाज परम्पराओं और विचारों का भी इसमें समावेश है।

भारत कि इसी एकता के कारण हम कहते हैं कि वसुधैव कुटुम्बकम् मतलब सारा संसार एक परिवार है।

यह संसार की प्राचीनतम संस्कृतियों में से एक है। भारतीय संस्कृति कर्म प्रधान संस्कृति है।

सर्वांगीणता, विशालता, उदारता, प्रेम और सहिष्णुता दृष्टि से अन्य संस्कृतियों कि अपेक्षो अग्रणी स्थान रखती हैं।

भारत में बोली जाने वाली भाषाओं कि बड़ी संख्या ने यहाँ १००० (यदि आप प्रादेशिक बोलियों और प्रादेशिक शब्दों को गिने तो, जबकी यदि आप उन्हें नहीं गिनते हैं तो संख्या घट कर २९६ रह जाती है।) भाषाएँ ऐसी हैं जिन्हें १०,००० से ज्यादा लोगों के समुह द्वारा बोला जाता है। जब कि कई ऐसी भाषाएँ हैं जिन्हें १०,००० से कम ही बोलते हैं। भारत में कुल मिलाकर ४१४ भाषाएँ उपयोग में हैं।

धर्म - अब्राहमिक के बाद भारतीय धर्म विश्व के धर्मों में प्रमुख है। जिसमें (हिन्दु, मुस्लिम, जैन धर्म, बौद्ध धर्म, सिख धर्म आदि जैसे धर्म शामिल हैं। आज हिन्दु धर्म और बौद्ध धर्म क्रमशः दुनिया में तिसरे और चौथे सबसे बड़े धर्म हैं, जिनमें लगभग ९.४ अरब अनुयायी साथ हैं। विश्व भर में भारत में धर्मों में विभिन्नता सबसे २ ज्यादा है, जिनमें कुछ सबसे कट्टर धार्मिक संस्थाओं और संस्कृतिया शामिल हैं। ८०.४ से ज्यादा लोगों का धर्म हिन्दु धर्म है।

परम्परा एवं रीति - नमस्ते, या नमस्कार या नमस्कारम् भारती उपमहाद्वीप में अभिनयन या अभिवादन करने के सामान्य तरिके हैं। भारतीय और नेपाली संस्कृति में ये शब्द लिखित या मोखिक बोलचाल कि शुरुआत में प्रयोग किया जाता है।

त्योहार - भारत एक बहु सांस्कृतिक और बहु धार्मिक होने के कारण विभिन्न धर्मों के त्योहारों और छुट्टियों को मनाता है। भारत में तीन राष्ट्रीय अवकाश हैं (स्वतंत्रता दिवस, गणतंत्र दिवस और गाँधी जयंति) और तीनों का हषो उत्साह के साथ मनाया जाता है और इनके अलावा कई राज्यों और क्षेत्रों में वहाँ के मुख्य धर्म और भाषाजन जनसंख्या के पर आधारित स्थानी त्योहार हैं लोकप्रिय धार्मिक त्योहार में शामिल हैं हिन्दुओं का दिवाली, नवरात्री आदि





कुंभ मेला १२ साल में ४ जगहों पर लगता है और एक बहुत बड़ा सामुहिक तीर्थ यात्रा उत्सव है जिसमें करोड़ों हिन्दु हिस्सा लेते हैं। भारत में कुछ त्योहारों कई धर्मों द्वारा मनाया जाता है।

भोजन - भारतीय व्यंजनों में से ज्यादातर में मसालों और जड़ी बुटियों का परिष्कृत और तीव्र प्रयोग होता है इन व्यंजनों के हर प्रकार में पकवानों का एक अच्छा-खासा बिन्यस और कई तरीकों का प्रयोग होता है। यद्यपि पारंपरिक भारतीय भोजन का महत्त्वपूर्ण हिस्सा शाकाहारी है लेकिन कई परंपरागत भारतीय पकवानों में मांसाहारी भी शामिल हैं।

विविधता भारत के भूगोल, संस्कृति और भोजन की उच्च पारिभाषिक विशेषता है। भारतीय व्यंजन अलग-अलग क्षेत्र के साथ बदलते हैं और इस महाद्विप की जनसंख्या की

वस्त्र-धारण - महिलाओं के शामिल पारंपरिक भारतीय कपड़ों में शामिल हैं (साड़ी, सलवार कमीज, और घाघरा चोली और पुरुषों के लिए धोती, लुंगी और कुर्ता) पुरुषों के पारंपरिक वस्त्र हैं बॉम्बे, जिसे मुंबई के नाम से भी जाना जाता है भारत की फैशन राजधानी है, भारत के कुछ ग्रामीण हिस्सों में ज्यादातर पारंपरिक कपड़े ही पहने जाते हैं। दिल्ली, पुणे, मुंबई और अहमदाबाद ऐसी जगहें हैं जहाँ खरेदारी करने के शौकिन लोग जा सकते हैं। परंपरागत रूप से लाल बिंदी (या सिंदूर) केवल, शादी शुदा हिंदु महिलाओं द्वारा ही लगाई जाती है, लेकिन अब यह महिलाओं के फैशन का हिस्सा बन गई।

भारतीय साहित्य कि सबसे पुरानी या प्रारंभिक कृतियाँ रूप से प्रेषित थी। संस्कृत साहित्य कि शुरुआत होती है ५५०० से ५२०० ईसा पूर्व के बीच संकलित ऋग्वेद से जो कि पवित्र भजनों का एक संकलन है। संस्कृत के महाकाव्य रामायण और महाभारत पहली सहस्राब्दी ईसा पूर्व के अंत में आये।



## वाढतं वय आणि मोबाईल मैत्री

स्नेहा मच्छिंद्र आरणे

S.Y.B.A.(B)

आजकालच्या मुलांचा नवा मित्र आला आहे. हा कोणत्याही गावावरून किंवा शहरातून आलेला नाही.

हा मित्र म्हणजे कोणते पुस्तक किंवा ग्रंथ असेही नाही, हा मित्र कोणते आई-वडील किंवा कोणतेही नातेवाईक नाही. हा मित्र कोणता निसर्ग निर्मित नाही किंवा प्राणी नाही किंवा जनावरही नाही, हा मित्र म्हणजे एक यंत्र, एक डिजिटल यंत्र, एक मानव निर्मित यंत्र, यालाच आपण स्मार्ट फोन असे म्हणतो.

मानवाच्या प्रगतीच्या उद्देशाने तयार केलेले हे फायदेशीर यंत्र नवनवीन पद्धतीने बाजारात प्रवेश करू लागले आहे. अगोदर टेलिफोन, साध्या बटणाचे लहान फोन असेच प्रगती करता आता स्मार्ट फोन. या सर्व यंत्रांद्वारे बाजारात तसेच मानवाच्या मनात प्रवेश केलेले एक आकर्षक यंत्र होय. साध्या बटणाच्या लहान फोनमध्ये सुद्धा एकमेकांशी संपर्क करणे, एकमेकांना निरोप देणे तसेच त्यांची खबरदारी घेणे या सर्व गोष्टी शक्य होत होत्या, पण जसे यामध्ये प्रगती होत गेली तसे हे लहान फोन सुधारत गेले व ते अधिक आकर्षक होऊ लागले. तसेच ते आजकालच्या युवकांची गरज व व्यसन बनत चालले आहे. हे व्यसन लहान मुलांपासून ते वयस्कर व्यक्तींना सर्व लोकांना आहे. संपूर्ण जग जणू त्या मोबाईलच्या स्क्रीनवर आहे. असे सर्वाना भासते व आपण त्या जगात फार खुश आणि आनंदी आहोत असे समजून त्या मोबाईल मध्ये खुश राहतात व तासन्तास वेळ त्या मोबाईल सोबत घालवतात.

या सर्व मोबाईलद्वारे तसेच टेक्नॉलॉजीद्वारे नवनिर्मितीस आलेले अजून एक क्षेत्र म्हणजे सोशल मिडिया होय. या सोशल मिडियाचे जाळे आज सर्वत्र पसरले आहे आणि त्या जाळ्यात सर्व अडकले आहेत अशी परिस्थिती निर्माण झाली आहे. तरूणांमध्ये सोशल मिडियाची फार नवलाई आहे. व्हॉट्स अॅप, फेसबुक, इंस्टाग्राम, ट्विटर या सोशल मिडियाचा उपयोग कामासाठी व माहिती तंत्रज्ञानासाठी केला पाहिजे. त्याचाच वापर आता फक्त गरजेसाठी केला जातो. जेवढ्या प्रमाणात आपण





याचा वापर करतो तेवढ्या प्रमाणात आपल्याला तो कमीच वाटतो. सोशल मिडियाच्या नवनवीन ॲपमध्ये प्रत्येक मिनिटाला काहीतरी नवीन दिसत असते. म्हणून आजची तरूण पिढी यात हरवलेली दिसते. तसेच या गोष्टींकडे जास्त आकर्षित होते.

मोबाईलमुळे कुठे ना कुठे जवळची नाती दुरावत चाललेली आहे. मोबाईल ॲपमुळे जवळची नाती दूर व दूरची नाती जवळ अशी परिस्थिती निर्माण झाली आहे, व्यक्ती समोरासमोर येऊन एकमेकांना ओळखू शकत नाही. मात्र ती मोबाईल ॲपमुळे एकमेकांचे मित्र-मैत्रिणी किंवा फॉलोअर्स असतात. त्यांच्या मोबाईलच्या ॲपमुळे ते एकमेकांबद्दल नेहमी अपडेट असतात. मात्र समोरासमोर आल्यावर सध्या परिस्थिती काय आहे हे तर तुम्हाला माहितीच आहे.

या मुलांना आपल्या घरच्या किंवा जवळच्या व्यक्तिसाठी वेळ नसतो. परंतु या सर्व गोष्टींमध्ये ते तासन्तास व्यस्त असतात. सोशल मिडियाच्या या ॲपमध्ये त्यांच्या नवनवीन ओळखी होतात. त्यांचे ग्रुप बनू लागतात. तसेच नेहमी त्या ग्रुपवर आपण अपडेट राहून प्रसिध्द व्हावे अशा त्यांच्या मनाची परिस्थिती असते व त्या आभासी नात्यांमध्ये ते जगत असतात ही आभासी नाती त्यांना हवी-हवीशी वाटतात. माणूस हा समाजप्रिय प्राणी आहे. तर आपण समाजात प्रसिध्द व्हावे इतरांना आपण हवे-हवेसे वाटावे, अशी भावना त्यांच्या मनात येते. किशोर-वयीन मुलांमध्ये ही भावना अधिक प्रमाणात दिसून येते.

मोबाईलचे रूपांतर आता व्यसनात होवू लागले आहे. तसेच अनेक आजार वाढू लागले आहेत. यामुळे शरीराच्या अनेक भागावर परिणाम होतात. नो मोबाईल फोबिया अर्थातच मोबाईलपासून दूर जाण्याची सतत वाटणारी भीती. फूबिंग अतरांबरोबर असताना डोके फोनमध्ये घालून बसणे यामध्ये जेवढ्या प्रमाणात मुलांचा दोष आहे तेवढ्याच प्रमाणात पालकांचा दोष आहे. लहान मुले शाळेत जात नाहीत तेव्हा त्यांना मोबाईलबद्दल लालूच दिली जाते व त्याच्या मनात याबद्दल आकर्षण निर्माण होते. लहान मुलांना मैदानी खेळ खेळण्याऐवजी आता त्यांना मोबाईल मधील गेम अधिक आवडतात. या गेमच्या ते इतके आहारी जातात की त्यांना कोणत्याही प्रकारचे बंधन राहात नाही. या अशा अनेक आकर्षक गेम-मध्ये हरवलेली असतात. यामुळे अनेक मुले आपल्या जीवाशी खेळतात व जीव सुध्दा गमावून बसतात.

मोबाईल वापरामुळे फक्त माणसांवरच नाही तर प्राण्यांवर सुध्दा परिणाम होतो. नेटवर्क न मिळाल्यामुळे कंपनीवाले टॉवरचे रेडीएशन वाढवतात त्यामुळे पक्ष्यांना हानी निर्माण होते व त्यांना जीव गमवावा लागतो.

तंत्रज्ञान ही अतीशय चांगली किंवा अतीशय वाईट गोष्ट आहे असे नाही वापर करणाऱ्यासाठी चांगली व अतिशयोक्ती करण्यासाठी वाईट आहे.



## स्वप्न..

आकांक्षा अशोक टोपे  
S.Y.B.A. (B)

स्वप्न पाहिले मी त्या ध्येयाशी,  
होईल पूर्ण ते एके दिवशी,  
विश्वास, जिद्द मनात होती,  
स्पर्धेच्या या जगाची भीती मात्र वाटत होती,  
हेतू अनेक असले तरी मार्ग एकच आहे,  
या ध्येयाच्या शेवटापाशीच  
माझे स्वप्न आहे.

मार्ग जरी खडतर असला तरी प्रयत्न  
हे त्याचे उत्तर आहे, या दोघांचे समीकरण  
कराल तर मिळेल ते स्वप्न आहे.  
स्वप्न पूर्ण करण्याची ही स्पर्धा नसून  
एक सुखकर प्रवास आहे.  
या प्रवासाचे प्रवासी मात्र वेगवेगळे आहेत.





## छत्रपती शिवरायांना पत्र....

आदरणीय महाराज,  
तुम्हांस मानाचा मुजरा

रमा श्रीमंत नागटिळक  
T.Y.B.A.

विषय - आपले स्वराज्य पुन्हा धोक्यात आले आहे.

नमस्कार महाराज मी आपल्या स्वराज्यातील एक मुलगी तुमच्यापर्यंत पोहचण्यास खूप भाग्य लागते. अजून तरी लाभले नाही, म्हणून मी या पत्रव्यवहारातून आज तुमच्याशी संवाद साधणार आहे. आपण ती परवानगी दिली आहे हे मला माहीत आहे.

महाराज तुम्हाला खूप काही सांगायचे आहे. खूप बोलायचे आहे. महाराज तुमची गरज आपल्या स्वराज्याला खूप आहे. कारण स्वराज्यामध्ये पुन्हा मुघलांचे विचार डोकावत आहेत. वाढत आहेत. तुमची रयत माणूसकी सोडून जातीत, धर्मात व जुन्या रूढींमध्ये अडकत आहे. अधर्म वाढत आहे. गुन्हेगारी गुंडगिरी वाढली आहे. महिलांची इज्जत पुन्हा धोक्यात आली आहे. सत्य हे राहिलेच नाही. सत्याला असत्य केले जात आहे. जागोजागी बेरोजगारी, आत्महत्या, बलात्कार, गरिबी, भ्रष्टाचार, गुंडेगिरी वाढत आहे.

माणूस पैशासाठी काहीही करायला तयार होत आहे. माणूसकीपण विकली जात आहे. आजची मुले तुमची मावळे म्हणून घ्यायला लाज वाटेल कारण नको ती कृत्ये करत आहेत. नको त्या वळणाला वळत आहेत.

तुम्ही निर्माण केलेले हे सुंदर स्वराज्य धोक्यात आहे. तुमचेच मावळे माणसांवर अन्याय करत आहेत. प्रामाणिक माणसांना जागीच शांत केले जात आहे. आजच्या युवा पिढीला तुमची आठवण तुमच्या जयंतीलाच येते. जयंती दिवशीच शिवविचार केले जातात. त्या एकाच दिवशी तुम्ही आठवता. अशी ही पिढी आहे. तो एकच दिवस भगव्याची किंमत केली जाते. स्वराज्य निर्माण करण्यासाठी अनेक जणांनी प्राण पणाला लावले. परंतु त्याची किंमत कोणालाच नाही. इतके स्वार्थी लोक तुमच्या स्वराज्यात आहेत. स्वार्थी पणाला महत्त्व दिले जात आहे. जे किल्ले तुम्ही प्राण पणाला लावून जिंकले त्याच किल्ल्यांची वाईट अवस्था झाली आहे. किल्ल्यांची स्वच्छता राखली जात नाही. मुले दारू पिण्यासाठी किल्ल्यावर जातात.

तुम्ही नेहमी रयतेचा विचार केला. रयतेसाठी लढलात, रयतेसाठी जगलात परंतु आज हिच रयत तुमच्या बलिदानाला विसरली. आपल्या स्वराज्यात शेतकऱ्याला अत्यंत महत्त्व होते. शेतकरी हा देव माणूस आहे. आज जर पाहिले तर शेतकरी हा सुखात नाही, कर्जापोटी आत्महत्या वाढत चालल्या आहेत.

शेतकरी, गरीब जनता, महिला सुखात होत्या कारण तुमचे शासन कडक होते. आताचे शासन निष्काळजीपणाने चालत आहे.

महाराज खूप प्रश्न आहेत. तुमच्या उत्तरांची वाट पाहत आहे. क्षणाक्षणाला जाणवत आहे. तुमची आपल्या स्वराज्याला अत्यंत गरज आहे.

देवा चरणी प्रार्थना आहे. हे पत्र तुमच्यापर्यंत पोहचावे. खूप काही सांगायचे आहे महाराज लवकर माझ्या विनंतीला उत्तर द्यावे ही नम्र विनंती.

कळावे,

तुमच्या स्वराज्यातील एक मुलगी  
(रमा श्रीमंत नागटिळक)





## माझी काटकसर

आकांक्षा टोपे

S.Y.B.A. (B)

खरे म्हणजे आजचा विषय तसा अवघडच म्हणावा लागेल..... कारण माझा स्वभावच मुळात काटकसरी नाहीये.... पण हो!

काटकसरीच्या नावाखाली मन मारून जगणाऱ्या अनेक स्त्रिया मी पाहिल्या आहेत.... घरात कामवाली न ठेवता ते पैसे वाचवणे..... स्वतःची गाडी असताना... नको बाबा! पेट्रोलवर किती पैसे उधळायचे! म्हणून त्रास सहन करणं.... इस्त्रीवाल्याला का पैसे द्यायचे म्हणून स्वतःच तासन्तास ते करत बसणं.... यासारख्या कितीतरी गोष्टी स्त्रिया करत बसतात..... ज्याला महत्त्व तर आहेच पण तुमच्या जिवापेक्षा ती काटकसर नक्कीच जास्त नाही....

परवा एका पोस्टमध्ये मी वाचलं.... मुलांसाठी एवढंच कमवून किंवा साठवून ठेवा की ते माजोरे होणार नाहीत..... आणि ते बरोबरच आहे.... मग एवढा काटकसरीचा अट्टाहास कशासाठी....?

वेगवेगळ्या मेडिकल पॉलिसिज.... थोडंफार सोनं.... एखादं छोटंसं घर.... झालं!

हे सुंदर जग बघावं.... पुस्तकांचा खजिना पाहिजे तेवढा वाढवावा.... आणि काटकसर करून वाचवावा तो वेळ.... स्वतःसाठी.... स्वतःच्या आरोग्यासाठी.... ज्ञानार्जनासाठी

दिवसभर सगळी घरकामं करून जर मुलांवर, नवऱ्यावर आपण चिडचिड करणार असू तर घरकामाला बाई न ठेवता वाचवलेल्या पैशांचा उपयोग तो काय?

स्त्रियांनी तर चाळीशीनंतर फक्त काटकसर करावी ती वेळेची.... आणि जपावं ते आरोग्य.... आणि मानसिक आरोग्यासाठी छंद....

वयाच्या या टप्प्यावर येणारा एकाकीपणा, निरनिराळे मानसिक आजार.... हे वेळेत काटकसर न केल्याचेच संकेत आहेत. आवडीची साडी घ्या.... आवडतं ते खा.... आवडतं ते वाचा.... छानसे सिनेमे बघा.... शेवटी आपल्यालाही एकच मानवी जन्म मिळणार आहे.... तेव्हा याची जाण ठेवून जगूया....

शेवटी काय गं मैत्रिणींनो.... सर सलामत तो पगडी पचास.... तसंच.... आपण आहोत तोवरच जग आहे.....

## शाश्वत साथ

जीवनपथ सारताना साथ माझी देशील का?  
खाचखळगे अन् संघर्षातही जरा धिराने घेशील का?  
काटेरी वाटेवरून संथ पावली जाशील का?  
जीवनाच्या वाटेवर साथ माझी देशील का?  
दुःखाचे डोंगर पार करून सुखाची वाट शोधशील का?  
व्यस्त जगाच्या मग्न गर्तेत  
माझ्यात तू रमशील का?  
जीवनपथ सारताना साथ माझी देशील का?

शीतल महाडीक

F.Y.B.Com.





## मराठी बोलूया..... संस्कृती जपूया

जुई कुलकर्णी  
F.Y.B.A.

इये मन्हाटिचीये नगरी ब्रम्ह विद्येचासुकाळू करी

अशा शब्दांतून संत ज्ञानेश्वरांनी मराठी भाषेचा उल्लेख केला आहे. मराठी भाषा ममतेचे, वात्सल्याचे बोल आहेत. जसे आईचे बोल लेकरांसाठी हळुवार, प्रेमळ असतात आणि प्रसंगी मुलांच्या भवितव्यासाठी कठोर शब्द बोलू शकणारी ही आपली मराठी भाषा आहे.

ज्याला तुकोबाचा एकतरी अभंग येतो, तोच आचार्य अत्रेंच्या मते खरा मराठी. पूर्वी स्त्रिया जात्यावर दळण दळताना ओव्या म्हणत. आपल्या मराठी साहित्य संस्कृतीचा वापर महानुभावांनी आणि ज्ञानेश्वरांपासून संतकवींनी केला आहे. ज्ञानेश्वरी एका साहित्यिक सांस्कृतिक प्रक्रियेचा कळसबिंदू होता. संत ज्ञानेश्वर, संत तुकाराम, संत एकनाथ अशा संतांनंतर वि. वा. शिरवाडकर म्हणजेच कवी कुसुमाग्रज, ना. सी. फडके, ग. दि. माडगूळकर, साने गुरूजी, जयंत नारळीकर, वि. स. खांडेकर, प्र. के. अत्रे, शिवाजी सावंत, इरावती कर्वे, गडकरी, पु. ल. देशपांडे, दुर्गा भागवत आदी लेखकांनी साहित्यातून मराठी भाषा समृद्ध केली आहे.

स्वराज्य हा माझा जन्मसिध्द हक्क आहे आणि तो मी मिळवणारच.

या सुपरिचित, निर्भयी आणि बाणेदार वाक्यांनी क्रांती केली. ने मजसी ने परत मातृभूमीला.... सागरा प्राण तळमळला. स्वातंत्र्यवीर सावरकरांनी या काव्यपंक्तीतून परदेशात राहणाऱ्या आपल्या आजच्या तरूण पिढीला मातृभूमीला दुरावलेल्या भारतीय संस्कृतीच्या भेटीआड येणाऱ्या सागरावरचा रोष प्रकट केलाय.

२७ फेब्रुवारी १९८७ पासून दरवर्षी, ज्ञानपीठ पुरस्कारप्राप्त प्रसिध्द मराठी कवी विष्णू वामन शिरवाडकर यांच्या जन्मदिनानिमित्त सर्वत्र मराठी भाषा गौरव दिन साजरा केला जातो.

मराठी ही निव्वळ भाषा नाही तर एक संस्कृती आहे. मराठी भाषेचा इतिहास अगदी राष्ट्रकूट राजांपासून अस्तित्वात आहे. स्वराज्य पूर्णपणे स्विकारायचे असल्यास राज्यातील प्रजेला ते अगोदर समजायला हवे हे छत्रपती शिवाजी महाराजांनी ओळखले होते. त्यामुळेच पूर्ण स्वराज्याच्या मजबूतीसाठी महाराजांनी मराठी भाषेला प्राधान्य देऊन राज्यव्यवहार कोशाची रचना करून मराठी भाषेला मोठेच महत्त्व प्राप्त करून दिले. शिवाजी महाराजांनंतर संभाजी महाराजांनी देखील याचे महत्त्व जाणून मराठी भाषेला राजकीय भाषेचा दर्जा दिला. अगदी याच काळापासून मराठी भाषा जगातील इतर लोकांना समजली आणि मराठी संस्कृतीचा खऱ्या अर्थाने उदय झाला. संतवाङ्मय, गद्य, पद्य, नाटक, चित्रपट, पटकथापर्यंत मराठी भाषेतील साहित्यरचना उत्कृष्ट दर्जाची असून आजही आपल्याला प्रसन्न अशीच भासते. राजाहरिश्चंद्र ते धुरळा या चित्रपटांमुळे मराठी भाषेचा झेंडा सातासमुद्रापार जाऊन तिचे महत्त्व दशपटीने वाढलेले आहे.

मधल्या काळात मराठी भाषेचा दर्जा खालावला गेला होता खरा. त्याची कारणेही बरीच आहेत. परकीय भाषेतून शिक्षण, तंत्रज्ञानात परकीय भाषेचा वापर, भारताचे प्रगतशील देशासाठीचे प्रयत्न, जर्मन, फ्रेंच बाह्य संस्कृतीचे महाराष्ट्रात आगमन, बॉलीवूड फॅशन, स्टेटस् आणि बरच काही.. त्यात मराठी साहित्य, चित्रपट, नाटक, संगीतनाटक मागे पडले हे खरे.

त्यानंतरच्या काळात मराठी भाषेने मुसंडी मारून स्वतःचे महत्त्व व अस्तित्व कमी होऊ न देता वाढवलेले आहे. याचे श्रेय मराठी चित्रपटसृष्टीला, मराठी साहित्याला, मराठी तरूणाईला जाते. मराठी भाषेला नवा साज चढवण्याचे कार्य काही मराठी बहादुरांनी हाती घेतलेले आहे. त्यात राहूल देशपांडे, महेश काळे यांच्या गायनाने तरूण पिढी मंत्रमुग्ध होत आहे. पु. ल. देशपांडे चित्रपटामुळे तरूणाई नारायण, म्हैस ऐकण्यास उत्सुक आहे.

मराठी नाटकांनाही सुगीचे दिवस आले आहेत. श्री. देवेंद्र फडणवीस ते माननीय मुख्यमंत्री उध्दव ठाकरे प्रखर मराठीत भाषणे





देत आहेत. चिल्ली पिल्ली सूर नवा ध्यास नवामुळे मराठी गायनाचा आस्वाद घेत आहेत. पुरूषोत्तम करंडक स्पर्धेमार्फत तरूणाई साहित्य आणि संस्कृतीशी पिढ्यान्पिढ्या जोडली जाते आहे.

गावस्कर, हर्ष भोसले आपला सचीन मराठीच बोलतो. या सर्व युवकांनी मराठीपण जपलेलं आहे.

काही लोकांच्या अनन्यसाधारण कार्यामुळे आज मराठी भाषेचा वर्तमान अतिशय सुंदर, असल्याचेच दिसते आणि यावरूनच तसेच वर्तमान पिढीचे कार्य विचारसरणी मुळे मराठी भाषेचे भविष्य उत्कृष्ट दर्जाचे राहणार यात शंका नाही. मराठी भाषेचा उद्धार करण्याचे काम आपल्या सर्वांनाच एकत्र येऊन करावयाचे आहे ते करताना भाषेचा उपयोग जास्तीत जास्त करणे आवश्यक आहेच परंतु त्याहीपेक्षा महत्त्वाचे आहे मराठी भाषेसाठी असणारा आदर, प्रेम तसेच तिची समृद्धी वाढविण्याची प्रामाणिक इच्छा.

मराठी भाषा ही प्रत्येक सुप्रसिद्ध व्यक्तिमत्त्वांनी वेगवेगळ्या प्रकारे हाताळली आहे. शेवटी मला संत ज्ञानेश्वरांनी रचलेल्या काही ओळी आठवत आहेत.

माझा मराठीचे बोलू कौतुके ।  
परि अमृतातेही पैजासी जिंके ।  
ऐसी अक्षरे रसिके मेळवीन ॥



## ज्यांना मराठीची मजा चाखता येते, त्यांच्यासाठी खास.....

### बघा तुम्हाला या प्रश्नांची उत्तरे मिळतात का?

१. पगाराला दोनने गुणले तरी भागत का नाही?
२. लग्नाची बेडी नक्की कोणत्या गुन्हासाठी पडते?
३. अक्कल खाते कोणत्या बँकेत उघडता येते?
४. भाऊगर्दीत बहिणी नसतात का?
५. बाबा गाडीत लहान बाळांना का बसवतात?
६. तळहातावरचा फोड किती मोठा होईपर्यंत जपावा?
७. मनाचे मांडे भाजायला तवा का लागत नाही?
८. दुग्धशर्करा योग मधुमेहीना वर्ज्य असतो का?
९. आटपाट नगर कोणत्या जिल्ह्यात येते?
१०. तिखट प्रतिक्रिया गोड मानून घेता येते का?

आकांक्षा अशोक टोपे  
S.Y.B.A.

११. सतत मान खाली घालायला लावणारा मित्र मोबाईल असावा का?
१२. काहीही या पदार्थाची रेसिपी मिळेल का?
१३. चोरकप्पा नक्की कोणासाठी असतो?
१४. पालक चुका दाखवून मुलांना माठ ठरवत असतात का?
१५. पैशाचा पाऊस असेल तर छत्री उलटी धरावी का?
१६. भिंतीला कान असतात तर बाकीचे अवयव कुठे असतात?





## मराठी भाषेचे वैभव जपणे ही काळाची गरज

माझा मराठाचि बोलू कौतुके ।  
परि अमृतातेहि पैजासी जिंके ।  
ऐसी अक्षरे रसिके मेळवीन ।

दिपाली भामरे  
F.Y.B.A.

मराठी भाषेचा उदय संस्कृतच्या प्रभावाखाली निर्माण झालेल्या महाराष्ट्री या बोलीभाषेपासून झाला, असे मानले जाते. पैठण म्हणजेच प्रतिष्ठान येथील सातवाहन साम्राज्याने महाराष्ट्री भाषेचा प्रशासनात सर्वप्रथम वापर केला. मराठी ही भाषा देवनागरी लिपी वापरून लिहीली जाते. इ.स. १२९० मध्ये ज्ञानेश्वरी या ग्रंथाची रचना संत ज्ञानेश्वरांनी केली. मातृभाषेचे महत्त्व ओळखून संत ज्ञानेश्वरांनी संस्कृत भाषेतील भगवद्गीता प्रकृत भाषेत अनुवादित केली. महानुभाव संप्रदायाने मराठी साहित्यात मौलिक भर घातली. संत एकनाथ यांनी या भाषेत भारुडे लिहिली आणि एकनाथी भागवत, भावार्थ रामायण आदि ग्रंथांची भर घातली. छत्रपती शिवाजी महाराज यांनी मराठी साम्राज्याची मुहूर्तमेढ रोवली आणि पेशव्यांनी या साम्राज्याचा विस्तार केला. हजारो वर्षांपूर्वी लिहिला गेलेला श्रवणबेळगोळ येथे गोमटेश्वराच्या पुतळ्याखाली मराठी भाषेतील पहिला शिलालेख आढळतो. असा आपल्या मराठी भाषेचा इतिहास आहे.

मराठी ही इंडो-युरोपीय भाषाकुलातील एक भाषा आहे. भारतातील प्रमुख बावीस भाषांपैकी मराठी एक आहे. महाराष्ट्र आणि गोवा ह्या राज्यांची मराठी ही अधिकृत राजभाषा आहे. मराठी मातृभाषा असणाऱ्या लोकसंख्येनुसार मराठी ही जगातील पंधरावी व भारतातील चौथी भाषा आहे. महाराष्ट्रात पंथ, जाती, धर्म, संप्रदाय याची विविधता आहे. यामुळे मराठीची प्रादेशिक रूपे साहजिकच अनेक आहेत. अभिजन, बहुजन, भटके, आदिवासी, दलित अशा विविध समाजांच्या विविध भाषिक रूपांनी महाराष्ट्र ध्वनीत होत असतो. मूळ भाषिक रूपांनी महाराष्ट्रातील परंपरा आणि तिच्यात वेळोवेळी होत असलेले बदल व त्यातून संक्रमित झालेली आजच्या पिढीची बोली आढळते. परंतु आजच्या काळात मराठी भाषेचा वापर कमी झालेला दिसतो.

आपला भारत देश इंग्रजांच्या गुलामगिरीतून मुक्त झाला. तरीही इंग्रजी भाषेने आपल्या देशात भक्कम पाय रोवले आहे. आज अनेक पालक मुलांना इंग्रजी शाळेत घालतात. उच्च शिक्षण मराठी भाषेतून उपलब्ध नाही. खरंतर, मातृभाषा हे शिक्षणाचे माध्यम असावे. कारण लहानपणापासून शिकल्यामुळे आपले विचार व्यक्त करणे सोपे जाते. मातृभाषा ही ज्ञानभाषा झाली तर शिक्षण सुलभ होते. याचा अर्थ असा नाही की परकीय भाषा शिकू नये, परकीय भाषा जरूर शिकाव्यात, त्या भाषांचा आदर करावा, पण आपण आपल्या भाषेसमोर उभ्या असलेल्या आव्हानांना सामोरे जावे. आजचे युग हे माहिती-तंत्रज्ञानाचे युग मानले जाते. संपर्क-क्रांतीचे युग मानले जाते. अशा वेळी आपण आपल्या दैनंदिन जीवनात छोट्या कृती भाषेचा प्रसार करण्यासाठी केल्या पाहिजे.

मराठी भाषा शिकताना आपल्याला काही अडचणींना सामोरे जावे लागते, कारण भाषा संमिश्र होत चाललेली आहे. ती अधिकाधिक इंग्रजाळलेली आहे. इंग्रजीचे वाढते प्रस्थ आणि त्या भाषेला मिळणारा सन्मान, त्यामुळे इंग्रजीकडे संगळ्यांचा ओढा असतो. अमराठी शब्दांचा अस्खलितपणे वापर केल्याने आपल्याला तेच शब्द शुद्ध आहेत असे वाटते. उदाहरणार्थ - तक्रार, टेबल, खुर्ची, महसूल हे शब्द मराठी नाहीत, हे आपल्याला खरे वाटणार नाही. उत्तम मराठी येत असणाऱ्यांना देखील इंग्रजी येत नसल्याने त्यांचा आत्मविश्वास कमी होतो. आपल्या भाषेची वृद्धी होण्यासाठी आपल्याला त्या भाषेचा वापर करणे गरजेचे आहे. काही दैनंदिन कृतींतूनही आपण आपली भाषा जपून ठेवू शकतो.

२७ फेब्रुवारी या दिवशी आपण कविवर्य कुसुमाग्रजांचा जन्मदिवस मराठी भाषा दिवस म्हणून साजरा करतो. भाषेचे महत्त्व जाणून आपण तो दिवस उत्साहाने साजरा करतो. भाषेची वृद्धी होण्यासाठी आपण रोज किमान मराठीचा वापर केला पाहिजे. दररोज आपण दहा तरी फोन कॉल हाताळतोच. तसेच त्या संभाषणाची सुरवात हॅलो बोलून करतो. परंतु हीच सुरवात आपण नमस्कार बोलून





केली तर आपल्या भाषेबद्दल प्रेम व्यक्त होईल. आपण मोबाईलवरून बरेच संदेश पाठवतो. ते सगळेच इंग्रजीतून नाहीतर इंग्रजी लिपी आणि मराठी भाषा अशी असतात. परंतु काही संदेश आपण मराठीतून पाठवले पाहिजेत. मित्र-मैत्रिणींशी संवाद मराठीतून केला पाहिजे. भारतीय महिने आपल्याला माहित असणे गरजेचे आहे. प्रत्येकाला चित्रपट पहायला आवडतात. तर चित्रपटदेखील मराठीतून पाहिजे तर दिग्दर्शकांना प्रोत्साहन मिळते. आपण हल्ली सरास पुस्तके वाचतोच. अशावेळी किमान दोन मराठी पुस्तके विकत घेऊन वाचणे ही कृती सुद्धा आनंद देणारी ठरू शकेल. आपली स्वाक्षरी शक्य असल्यास मराठीतून केली तर मराठी भाषेविषयी आपले प्रेम दिसून येईल. घरात आपल्या पालकांशी मराठीतून चर्चा केली पाहिजे. शाळेतील कार्यक्रमांमध्ये मराठीतून भाषण केले पाहिजे. मराठी भाषा टिकवणे हे आजच्या तरुण पिढीच्या हातात आहे. त्यामुळे आपण प्रयत्न केले पाहिजेत. तेव्हाच आपण हे बोलण्यास समर्थ असू -

लाभले आम्हास भाग्य बोलतो मराठी।

जाहलो खरेच धन्य ऐकतो मराठी ॥



## ३७० कलम रद्द करणे योग्य की अयोग्य !

आकांक्षा अशोक टोपे

S.Y.B.A. (B)

भारताच्या इतिहासातील सर्वात मोठी घोषणा त्या दिवशी राज्यसभेत बोलताना अमित शहा यांनी जाहीर केली - १९५० पासून काश्मीरला विशेष दर्जा देणारं, कलम ३७० रद्द. या निर्णयाचे पूर्ण भारतभर नव्हे तर जगभरात स्वागत करण्यात आले.

स्वातंत्र्यानंतर आणि अगदी काल परवापर्यंत असलेल्या भारताच्या ठसठसत्या जखमेवर ठाम पाऊल खऱ्या अर्थाने ५ ऑगस्ट २०१९ ला उचलण्यात आले. या पावलाचे पडसाद तर पुढील वर्षात आपल्याला दिसणारच आहेत पण या वाटचालीतील ही घटना सुवर्णाक्षरांनी लिहून ठेवावी इतकी ती महत्त्वाची वाटते. कारण स्वातंत्र्याच्या क्षणापासूनच काश्मीर ही भारताची समस्या होती. या समस्येवर कायमस्वरूपी उत्तर शोधताना कितीतरी सरकारे आली आणि गेली पण याचे उत्तर मात्र कोणालाही सापडले नाही. मुळात हे कलम अस्तित्वात आलेच का आणि कसं. तर या सर्वांची सुरवात १९४७ ला झाली. जेव्हा पाकिस्तानने २४ ऑक्टोबर १९४७ ला काश्मीरवर हल्ला केला आणि तेथील राजा हरिसिंग यांनी मदतीसाठी भारताकडे धाव घेतली आणि त्यांच्यात जो करार झाला त्या दरम्यान हा कलम अस्तित्वात आला आणि तो कायमचाच राहीला. माहित नसल्यास आश्चर्य होईल की १९५५-५६ मध्ये काश्मीरसाठी वेगळी राज्यघटना व ध्वज होता. या ध्वजासाठी भाजपचे ज्येष्ठ अध्यक्ष डॉ. श्यामाप्रसाद मुखर्जी यांनी सत्याग्रह केला. घोषणा केल्या. त्या घोषणा होत्या की, एक देश में दोन निशान, दोन विधान नही चलेंगे, नही चलेंगे.

अर्थात काय तर हे कलम रद्द करण्यासाठी कितीतरी प्रयत्न केले गेले. पण त्यावेळच्या सरकारने त्याकडे दुर्लक्ष केले. याचा फायदा भारताला झाला असो वा नसो पण या कलमाचा फायदा काश्मीरच्या नेत्यांना मात्र होत होता हे नक्की. या सगळ्या राजकारणाचे दुष्परिणाम काश्मीरच्या जनतेला ७० वर्षे भोगावे लागले याची खंत वाटते. काहींना हा देखील प्रश्न पडला की, कलम रद्द केल्याने काश्मीरमध्ये काय बदल होईल - तर सर्वात प्रथम भारतातील इतर राज्यांना असलेले स्थान आता काश्मीरलाही प्राप्त होईल आणि सर्वात महत्त्वाचे म्हणजे गेली ७० वर्षे कोणत्याही कंपन्या काश्मीरमध्ये जाऊन व्यवसाय करू शकत नव्हत्या. ते





आता शक्य होईल. मुलीने दुसऱ्या राज्यातील मुलाशी लग्न केल्यास तिला संपत्तीवरील हक्क गमवावा लागत होता. म्हणजे हे कलम महिला व बालक यांच्यावर अन्यायकारक भेदभाव करणारे होते. काश्मीरचा विकास होत नव्हता कारण - तिथे लोकशाही आपले स्थान बनवू शकली नाही. दिवसेंदिवस भ्रष्टाचार, दारिद्र्य वाढत गेले. सामाजिक, आर्थिक प्रगती अस्तित्वातच येत नव्हती आणि हेच दहशतवादाचे मूळ बनले आणि या दहशतवादाने भारतालाच नाही तर संपूर्ण जगाला वेड लावून सोडले. कितीतरी हल्ले, बॉम्बस्फोट, अपहरणे.... किती हे विनाशकारी दृष्य.... देव करो आणि पुन्हा असे न घडो.

या निर्णयाचे जेवढ्या जल्लोषात स्वागत झाले तसेच त्याच जल्लोषात त्याचा विरोध देखील करण्यात आला. विरोधकांनी अगदी शिरा ताणून याचा निषेध केला. महबुबा मुफ्ती तर बोलल्या की, लोकशाहीसाठी हा काळा दिवस आहे. कारण भारताने काश्मीरसोबत विश्वासघात केला. हा विश्वासघात कोणी कोणासोबत केला असा जर त्यांना प्रश्न विचारला तर मात्र त्यांच्या तोंडचे पाणी पळेल. आज भ्रष्टाचार कोणत्या राज्यात जास्त असतो तर काश्मीरचे नाव समोर येते. आता हे कलम रद्द केल्याने काश्मीर भ्रष्टाचारमुक्त होईल अशी आशा आहे. असो.

इतिहासाला पालटून टाकणारा हा निर्णय अविस्मरणीय असा आहे. काश्मीरच्या नागरिकांना त्यांचा हक्क, अधिकार मिळाला याचा संपूर्ण भारतीयांना आनंद आहेच. त्याच बरोबर आता विसरून चालणार नाही की, काश्मीर हा भारताचा अविभाज्य भाग होता, आहे आणि कायम राहणार. आपला भारत विविध संस्कृती, भाषा, प्रांतांनी नटलेला असला तरीही सर्व भारतीयांचे ध्येय एकच आहे ते म्हणजे - एक असा बलवान देश.... महान भारत जो विश्वावर राज्य करेल, ज्याच्याकडे वाकड्या नजरेने बघण्याची इतर राष्ट्रांची हिंमत होणार नाही आणि भारत सर्वच क्षेत्रांत अव्वल राहील.

चाणक्यांनी पाहिलेल्या अखंड भारताचे स्वप्न आज पूर्ण होताना दिसत आहे. ही त्याचीच सुरवात आहे असे म्हणण्यास हरकत नाही. चला तर मग एक जबाबदार नागरिकाच्या नात्याने या स्वप्नाला पूर्ण करण्यासाठी आपल्या देशाला मदत करूया आणि एक नवीन अखंड भारत घडवूया.



## तिला काही सांगायचं....

Aadya G. Ghalsasi  
S.Y.B.A.

स्त्री-शक्ती, स्त्री-वाद (feminism) या विषयावर एक ज्वलंत व बंडखोर नाटक. तिला काही सांगायचं.... अप्रतिम दिग्दर्शन, संवाद, सुंदर अभिनय व थोडक्यात पण नेमके केलेले भाष्य हे या नाटकाचे वैशिष्ट्य.

अगदी तुमच्या-आमच्या घरामधील गोष्ट- नवरा (आस्ताद काळे) यश पटवर्धन Corporate office चा प्रमुख आणि बायको (तेजश्री प्रधान) मिताली सहस्त्रबुद्धे एका समाजसेवी आणि प्रामुख्याने स्त्रियांची प्रगती करणाऱ्या संस्थेमध्ये काम करणारी. दोघांचा पहिला-वहिला लग्नाचा वाढदिवस आणि अर्थातच रात्री बारापासूनच साजरा करायचा असा प्लॅन. नवरा-बायकोचे नाते हे आरशासारखे व सावलीसारखे असावे. कारण आरसा कधीच खोटं बोलत नाही व सावली कधीच साथ सोडत नाही, पण हे बोलण्यात आणि तसं वागण्यात काय फरक आहे हे ह्यांच्याकडे बघून कळते.

काहीशा मॉडर्न कपड्यांमध्ये दिसणारी मिताली हिच्या नावावरून व एकूणच राहणीमानावरून कळते कीती कीती स्त्री-वादी





आहे. कारण लग्नानंतर सुद्धा तिचं माहेरचंच आडनाव ती लावत असते आणि मंळसूत्र, कुंकू असे काहीच नसते. खूप दिवसांनी या जोडप्याला एकत्र वेळ मिळतो आणि मग आपण गप्पा मारू असे ते ठरवतात. पण विषय काय.

राजदीप हे या नाटकातलं महत्वाचं पात्र. ते दिसत कधीच नाही पण बहुतांश वेळा त्याचं अस्तित्व जाणवतं. राजदीप हा मितालीचा मित्र आणि अर्थातच यशचा संशयित. एकमेकांच्या कामाबद्दल, आपली पहिली भेट, लग्न या विषयांवर बोलून त्यांच्यातला तो सुखी, आनंदी, गोड जोडप्यामधला संवाद वेगळीच कलाटणी घेतो. जेव्हा यश आपल्या मनातील शंका बोलून दाखवतो व काही तुटपुंजे पुरावे देतो की कसं-कसं, कुणी-कुणी मिताली व राजदीपला एकत्र पाहिले आहे, आणि त्यातच या विवाहीत स्त्रीला, जिचा उद्या लग्नाचा वाढदिवस आहे तिला रात्री अकरा वाजता राजदीपचा फोन येतो.... यशच्या तळपायातील आग मस्तकात जाते आणि रागाच्या भरात तो आपल्या बायकोला वाटेल ते बोलतो....

पण मिताली सर्वच गोष्टी शांतपणे घेते आणि यशला गीताबद्दल विचारत, गीता जी यशची जवळ जवळ office wife असते. यश ते फेटाळून लावतो. पण मग मिताली त्याला लग्नाच्या वाढदिवसाची भेट देते. ती सांगते की ती प्रेझेंट आहे पण .... राजदीपमुळे. यश पूर्णपणे कोसळतो आणि मग ही गोष्ट मी स्वीकारू शकत नाही असं निश्चून सांगतो. त्यावर मिताली आपल्या आयुष्याचं मोठं सत्य त्याला सांगते.... की ती कशी विवाह-बाह्य संबंधातून जन्माला आली आहे व हे कसे तिच्याच वडिलांनी तिच्या आईला करायला सांगितलेले असते.

पुढे ती हतबल होऊन आत जाते, ती दुसऱ्या दिवशी बॅगांसमवेत बाहेर येते. ती सांगते.... आपल्या मनातलं.... ती म्हणते की संशयाचं पाखरू एकवेळ डोक्यावर उडू द्यावं पण त्याला डोक्यात घरटं करू देऊ नये. राजदीपशी तिचा काहीही संबंध नाही हे ती पुराव्यांसकट पटवून देते व ते मूल कसं तिचं आणि यशचंच आहे हे सांगते. नवऱ्याची त्याच्या सहकारीणीशी असलेल्या मैत्री स्वच्छ व तीच आपल्या बायकोची तिच्या सहकाऱ्याशी असली तर प्रश्न विचारले जातात असं ती म्हणते.

सीता, सावित्री, अरुंधती ह्या पतीव्रता म्हणून नावाजलेल्या आहेत पण पाच-पाच नवरे असून सुद्धा द्रौपदीला एकानेही वाचविले नाही असा ठोस प्रश्न ती विचारते. मग सरते शेवटी सुखांतिका होते. यशला आपली चूक कळते व आपली बायको फक्त आपल्यावरच प्रेम करते हा विश्वास त्याला वाटतो व आपणच सतत असा संशय घेऊन असल्या गोष्टींना खतपाणी घालतो हे त्याला कळतं.

एकूणच शेवट पर्यंत खिळवून ठेवणारं हेमंत एदलाबादकर दिग्दर्शित व लिखित हे नाटक एक नवा दृष्टिकोन व बोध देऊन जातं. दोन अंकी व दोन पात्री हे नाटक अतिशय बोल्ड पण हार्श नसलेलं नाटक. दोन्ही कलाकारांनी आपल्या भूमिका चोख बजावल्या आहेत. मितालीची शांत व संयमी वृत्ती शिकण्यासारखी आहे. आपल्या नवऱ्याचे सगळे समज-गैरसमज शांतपणे ऐकून घेते व त्याला तोडीसतोड उत्तर देते. यशच्या भावनांचा होणारा उद्रेक व नंतरचा पश्चाताप अतिशय सुंदर व मनाला भावणारा आहे. फार सुंदर असं हे नाटक आजच्या पिढीने आवर्जून पहावे.







## अर्थशास्त्र विभाग / आर्टिकल रिव्ह्यू स्पर्धा प्रथम पारितोषिक

स्नेहा आरणे

S.Y.BA

दुष्टचक्र भेदण्याची हुकलेली संधी

आपली अर्थव्यवस्था आव्हानात्मक संक्रमणाच्या स्थितीतून जात आहे. गेल्या तीन महिन्यांमध्ये आर्थिक वाढीचा दर ४.५ टक्के इतक्या खालच्या पातळीवर पोहचला होता. आर्थिक घट झाल्याशिवाय मंदी येत नाही असे म्हणतात. पण ७-८ टक्के वाढीची अपेक्षा असणारा देश ४.५ टक्क्यावर घसरतो तेव्हा त्याला मंदीची परिस्थिती जाणवू लागते. या दुष्टचक्रातून बाहेर पडण्यासाठी भरीव व ठोस उपायांची गरज असते.

सरकारच्या उत्पन्नापेक्षा सरकारचा खर्च अधिक होतो त्याला वित्तीय तूट म्हटले जाते. ही वित्तीय तूट या वर्षी ३.३० टक्के व २०२०-२१ साठी तीन टक्के करणे आवश्यक होते. अर्थमंत्र्यांनी अनुक्रमे ३.९० टक्के व ३.५० टक्केपर्यंत जाण्याचा निर्णय घेणे अपेक्षित होते आणि त्यांनी हा निर्णय घेतला.

मंदीसदृश परिस्थितीमुळे आधीचे सेवा व वस्तूकर रोडावले आहे. जुलै २०१९ मध्ये सादर केलेल्या प्रस्तावांमध्ये कंपन्यांवरील कर कमी करून रु. १ लाख ४० हजार कोटींचा स्टिम्युलस ही दिला असल्याने या शक्यतेवर अगोदरच मर्यादा पडली होती. रिझर्व्ह बँकेचा मोठा लाभांश आणि टेलिकॉम कंपन्यांवरील जुन्या दराची आकारणी या दोन्ही गोष्टी अनपेक्षित धनलाभ सरकारच्या मदतीला धावून आले. ३.८० टक्क्याची तोंडमिळवणी करता आली.

२०२०-२०२१ च्या अर्थसंकल्पाला मुरड घालणे आवश्यक झाले आहे. उत्साहाचे वातावरण पुन्हा आणण्यासाठी काही उपाय आवश्यक आहेत. ते म्हणजे क्रयशक्ती वाढविणे, लाभांश आणि शेअरवरील नफ्याला करमुक्त करणे, बांधकाम क्षेत्र आणि त्यामध्ये भांडवल अडकलेल्या वित्तकंपन्यांना त्या मगरमिठीतून सोडविणे, परदेशांतून कमी दरात भांडवल उभारणी करणे, निर्गुंतवणुकीच्या प्रक्रियेला अधिक वेग आणून व्यवस्थापनाचे नियंत्रण बिनसरकारी उद्योजकांकडे देणे. अशा अनेक उपाययोजनांची चर्चा करणे.

यातील ठळक बाजू म्हणजे परदेशी सार्वभौम वित्तनिधींना प्राप्तिकरात दिलेली सवलत ही सर्वात महत्त्वाची बाब आहे. रस्ते, बंदरे, विमानतळ, जलमार्ग, रेल्वे यामध्ये मोठ्या गुंतवणूकीची गरज आहे. आयएलएफएस ही वित्त कंपनी अडचणीत आल्यावर अनेक ठिकाणचे मार्ग प्रकल्प विक्रीला आले आहेत. यातून दीर्घ मुदतीचे भक्कम पैशांचे बळ या मार्गामधून मिळू शकेल.

धाडसी पाऊल -

आर्युवीमा महामंडळाची (एलआयसी) शेअर विक्री करून बाजारात नोंदणी करण्याची घोषणा. भारत पेट्रोलियम, कंटेनर कॉर्पोरेशन, शिपिंग कॉर्पोरेशन, एअर इंडिया यांच्या विक्रीच्या प्रयासांना अजून फळ मिळताना दिसत नाही. आजच्या अर्थसंकल्पातील आणखी एक मुद्दा म्हणजे आयडीबीआय बँकेच्या सदर्भात असा निर्णय घेतला आहे सरकारी बँकांच्या एकीकरणानंतर त्यांच्यातील निवडक बँकांच्या बाबतीत भविष्यात हा मार्ग अवलंबण्याची शक्यता आहे.

काही प्रश्न अनुत्तरित -

सरकारी खर्चामध्ये केलेली वाढ ही सुद्धा मंदीसदृश परिस्थितीवर उपाय असतो. शेती, सिंचन, ग्रामीण उद्योग, व्यापार, गुंतवणूक, इन्फ्रास्ट्रक्चर यावर भर देण्याचा प्रयत्न केला आहे.

उत्साहावर पाणी -

उद्योजकांना प्रोत्साहन मिळण्याऐवजी विरजन टाकल्याची भावना यातून दृढ झाली तर नवल नाही. गुंतागुंतीची रचना आणि एका हाताने देताना दुसऱ्या हाताने काढून घेण्याचा प्रयत्न यामुळे हा अर्थसंकल्प उत्साहवर्धक न ठरता त्यावर पाणी टाकणारा ठरेल.

अर्थव्यवस्थेचे रूतलेले चाक





संबंध -

ही जाहीरात आपल्या रोजच्या जीवनाशी संबंधीत आहे. रस्ते, बंदरे, विमानतळ, जलमार्ग, रेल्वे यामध्ये किती पैसे गुंतवलेले आहेत. किती कर आपल्यावर, कंपन्यांवर लादला आहे यातून आपल्याला कळते. उद्योग, शेती, सिंचन, महिला व बालविकास, सांस्कृतिक, पर्यटन आणि पर्यावरण यांच्यासाठी व विकासासाठी सरकारने किती रक्कम बाजूला ठेवली आहे हे कळते.

भाषा -

भाषा ही कळण्यासाठी अवघड आहे. शब्द जे आपण जास्त वापरत नाही ते वापरले आहे.

स्ट्रक्चर -

मुद्देसूद मांडणी केली आहे. सर्व मुद्दे हे उपयुक्त आहे.

इकोनॉमिक कन्सेप्ट -

अर्थशास्त्रीय संकल्पाचा जास्त वापर केला नाही. सर्वसामान्य वाचकाला समजतील अशा संकल्पना वापरल्या आहे.

सरकारचे वार्षिक उत्पन्न किती आहे व ते कसे व किती टप्प्यामध्ये वाटायचे.

आर आर बी - कडे किती गुंतवणूकी आहेत.

विमाकंपन्या (एल.आय.सी.)

टॅक्स - किती कर कोणावर लादला हे यावरून कळते.

मंदी - आर्थिक मंदी हे ही यामध्ये दिलेले आहे.

समाविष्टता -

दुष्टचक्र भेदण्याची हुकलेली संधी.

मंदीपासून कसे आपण वाचावे. आर्थिक मंदीपासून आपल्या देशाने कसे वाचावे व आपला बचाव कसा करावा यासाठी काही उपाय सुचवले आहे.



## कातरवेळ...

दिक्षा आळल्ली  
T.Y.B.A.

सायंकाळी कातरवेळी

आठवणींची होय दाटी

प्रेमभरल्या हृदयांच्या पडती नाजूक गाठी.

शब्दांच्या सहवासात नात्याचा ओलावा

सहवासाची ओढ अन् आठवांचा गिलावा

अंतरलेल्या तना-मनाला भावनांचा मुलामा.

सायंकाळी कातरवेळी स्वैर विचारांना मुभा

शब्द मिलनाचा ऐवज नजरेसमोर सतत उभा

गोंधळलेल्या मनामध्ये शाश्वत प्रीतीचा धागा.

सायंकाळी कातरवेळी सताड उघड्या हृदयावर

केलेल्या टकटकीचा निनाद उमटतो केवळ

प्रेमभरल्या हृदयावर.

## साठवणीतली आठवण

शीतल नागनाथ महाडीक  
F.Y.BCom.(A)

एक आठव जुनी मला आठवते आहे.

पाहता मी तुला पाहतच राहें.

जग विसरून सारे दंग तुझ्यातच आहे.

दिसतेस की भास होतो क्षणोक्षणी

मन वेडे हे तुझ्यातच दंग आहे.

फुलले सारे आयुष्य, रंगले हर निमिष

जुनी पाने, फुले, झाडे भासे नवतारी

निःशब्द राहून तुला गुज सांगते आहे.

आभास की सत्य मनी आठवते आहे.

माझ्यात मग्न, तुझ्यात दंग भोवतीचे सारे विरून जाये.





**Reiterating the teachings and illustrious life  
of our founder through Dada Leela enacted by our Students**







## Hosting 6th Annual International Conference

CMTAI and St. Mira's College in Association with  
ARTS SPHERE presents Movement and other Arts for Well-Being







## National Conference and Seminar

UNDERSTANDING INDIAN CINEMA,  
23-24 JANUARY, 2020



QUESTIONING ATTITUDES AND LABELS: MENTAL HEALTH  
VERSUS MADNESS – 10th AND 11th JANUARY, 2020







## Events at St. Mira's

### TED X- HALF WAY THERE



### CENTRE FOR WOMEN ENTREPRENEUR'S- MIRA BAZAAR







## Hosting Intercollegiate Events

### TECKLOGICA



### KOSU FEST 2019, WHERE REALITY MEETS IMAGINATION







## Sports Stars







## Sports Stars







## Our Academic Toppers for 2018–2019







## Our Academic Toppers for 2018–2019







## Best Girls for Academic year 2019–2020



**Pradnya Vijayan** (XII Commerce)



**Diksha Allali** (TYBA)



**Poonam Dube** (TYBCom)



**Sonam Tiwari** (TYBBA(CA))



**Doyita Mazumdar** (TYBSC(CS))



**Pooja Singh** (All Rounder)



**Vaishnavi Jawale** (Sports Degree College)



**Anushka Sarade** (Sports Junior College)







## ALL ABOUT US

### OUR PARENT BODY

The Sadhu Vaswani Mission is a world renowned humanitarian service organisation with an international presence across four continents. Founded originally in Hyderabad-Sind before the partition of India as the Brotherhood Association, it was renamed after its revered founder Sadhu Vaswani when the Sindhi community was forced to leave Pakistan. Sadhu Vaswani chose to make Pune his headquarters, and from here the Mission and its activities have grown by quantum leaps. Today, the Sadhu Vaswani Mission is a non-sectarian institution which believes in the unity of all religions and reveres the Great Ones of all faiths. The Mission serves all sections of society with no prejudice relating to caste, creed or community. Its service activities today embrace several spheres that influence people's lives - social, educational, medical, environmental and spiritual.

The Sadhu Vaswani Mission is registered as a 501(c)(3) tax exempt charitable corporation. The objects of the Trust are:

- (I) To spread the message of brotherhood, unity and harmony.
- (ii) To promote cultural and spiritual development by starting centres of training in concentration, character building and social service.
- (iii) To provide triple training of Head, Hand and Heart through education in Arts, Fine Arts, Commerce and Management Science, Health Sciences, Engineering and Technology, Home Science, Teachers' Training, Law, Veterinary and other areas of education to meet the needs of the time.
- (iv) To serve the poor and sick, irrespective of caste, colour or creed. The members of the college management committee, are:

(v) Dada J. P. Vaswani	Mrs. R.A. Vaswani	Ms. Krishna Kumari Thadani
Dr. Basant Ahuja	Ms. N.T. Jotwani	Ms. Piya Uttamchandani
Maj. Gen. G.H. Israni	Mr. Mohan Chainani	Mr. Prakash Sadhwani
Ms. Rajni Ahuja	Dr. Gulshan Gidwani	Ms. Gulshan Dudani
Ms. Renu Wadhwa	Ms. Nuri Vaswani	

The family is served by a dedicated team of staff members - teaching as well as non-teaching - who all work in a spirit of total devotion to duty and love for the student community.

For the Mira Management, Education is not a commercial enterprise, but part of its highly idealistic programme of service to society. Therefore, no capitation fee is charged for admission to any of its courses. Every paisa received from the students, every rupee received as grant from the government, is scrupulously accounted for. We have come a long way since our inception, when we





began by adding one class each year, with the predegree course - a small group of eager learners and a handful of dedicated teachers and staff who did not even expect remuneration for their efforts! Today, the college is veritably the jewel in the crown of the prestigious and exclusive Mira Family of nine institutions located across India in New Delhi, Baroda, Rajkot, Ahmedabad and Jaipur.

The Mira Movement's headquarters is located in Pune, and the institutions flourish under an enlightened and supportive management headed by none other than Dada J. P. Vaswani, a world-renowned spiritual leader and messenger of India's spiritual heritage.

It is no coincidence that the Sadhu Vaswani Mission chose to make Dr. Gulshan H. Gidwani, Principal of St. Mira's College, the Director of the Mira Education Board, to oversee the functioning of all the Mira institutions across the country. She has proved to be dynamic and energetic and has led from the front to translate her vision for the college into reality. But then, as now, the stars in our eyes remain. Our vision, our ideals are still fresh in our minds. And we are determined to strive for them.

Year after year, hundreds of young and bright-eyed students enter our portals. In each one, we see the potential that we can draw out—for that is what true education is. To each one, we offer the best that we are capable of, for that is what the MIRA ideal is all about.

Our courses keep abreast of the changing times. Our young charges are tomorrow's citizens. We ourselves are growing, evolving. But our ideals remain the same. Nor have they grown old or faded. Ever fresh, ever constant, our sights remain focused on the dream and vision on which they were founded. For we truly believe that perfection is not a destination, but the journey; excellence is not a goal, but a process. And this perfection, this excellence is what we aspire to! To strive, to seek, to find and not to yield.



## AWARDS, ACHIEVEMENTS AND HONOURS

At St Mira's striving for excellence is not an option it is a given. What better role model than the principal of the college. Dr G H Gidwani visited several autonomous colleges across the country as the UGC nominee on the Autonomy Review Committee during the current academic year. She also presented a paper on 'Autonomous Colleges In India: The Road Ahead' at B.K. Birla College of Arts. Science and Commerce, Kalyan.

We are proud to announce that a doctorate in Business Economics was awarded to Ms. Meenakshi Waghmare of the Degree College and Ms. Suwarna Pundle of the Junior College, Dept of Hindi. Ms. Sawni and Ms Abhradita Nahvi completed their MPhil degrees.

**RESOURCE PERSON:** Several of our faculty were resource persons at prestigious events: Dr Jaya Rajagopalan and Ms. Elizabeth Kanade at a "Training for Student Induction Programme" organized by the UGC and MHRD. Dr. Vaishali Diwakar conducted a workshop, organised by the SPPU, on how to use cultural studies in teaching and research. Dr. Rama Venkatachalam led workshops in





entrepreneurship at Indira College of Commerce, Allana Institute of Management and SCMHRD. She was specially invited by the Swiss Consul General Mr. Othmar Hardegger, to meet a delegation of Swiss Women Entrepreneurs to India on Monday, 4th November 2019, at the Swiss Residence, Mumbai. She was also a special guest at the Decade of Impact-Idobro 'Celebrating Citizenship, Entrepreneurship & Partnership – 3 layered approach to achieve Sustainable Development Goals and Release of White Paper'. She was a panellist at admissions (MBA)-SCMHRD, Pune and an expert for the Speed Networking for Entrepreneurs at the 7<sup>th</sup> Edition of RISE World Summit, Pune on 21<sup>st</sup> January, 2020.

Dr Arwah Madan was a resource person at an Interdisciplinary National Conference at Goa and at a Capacity Building Workshop where she conducted a session on Research Avenues. She spoke at the Dept. of Economics, SPPU, the Dept. of Politics & Public Administration, SP College and at the 7-Day training course on “E-content Development: Techniques, Issues and Challenges” sponsored by the MHRD, TLC, SPPU. She was invited as external evaluator of research projects at the World Peace University.

Ms. Pooja Jain was invited at EDUFEST, to conduct a workshop on Understanding Pedagogies - Theory and Application. Mrs. Anita D'Cunha was appointed as Trainer at the State level workshop conducted by Balbharati.

#### **PAPER PRESENTATIONS/ PUBLICATIONS OF BOOKS, RESEARCH PAPERS AND ARTICLES:**

Dr. Soniya Chavan contributed articles on 73rd and 74th Constitutional Amendment, Convertible Rupee and Outsourcing in the Marathi Encyclopaedia. Dr. Jaya Rajgopalan presented a paper at the Annual Convention of National Academy of Psychology at Pondicherry. Dr. Vaishali Diwakar, and Dr. Vaishali Joshi, authored a Balbharati textbook on Sociology for Std. 11, which received much acclaim. Dr. Snober Sataravala's paper was published in a book titled *Interpretations of Literature: Theory and Practice*. She is also a Peer reviewer for the International Journal- *Indian Journal of Gender Studies*. Suhaile Azavedo's paper was published in the book “Representing the Exotic and the Familiar: Politics and Perception in Literature. Ms. Veena Kenchi published a Research Paper titled “Is Non-violence relevant in the age of violent politics?: Reference to violent Identity politics in India”. Dr. Manisha Pimpalkhare contributed a chapter: in the book titled “Women in Informal Workforce: Patterns of Exclusion and Inclusion”. Dr. Sandhya Pandit published a Research Paper in the UGC Approved Journal- “Research Journey” and Abhradita Chatterjee Nahvi presented a paper at the HR Conference in association with National Institute of Personnel Management.

**SWAYAM:** Devinder Kaur, Deepa Krishnamurthy, Swatee Sarvate, Hasina Shaikh, Dr. Snober Sataravala, Suhaile Azavedo, Komal Tujare, Rekha Kankariya, Kajal Jaishinghani, Abhradita Nahvi, Bindu Nair - all successfully completed online FDPs and Refresher courses with Swayam and obtained outstanding results.

**AWARDS AND RECOGNITIONS:** Sawani, the English teacher from the Junior College received the IIHM – BEST TEACHER AWARD 2019. Vibha Rathod of the Junior College was felicitated for her contribution to the Hindi language on the Rashtra Bhasha Diwas. Dr. Sangeeta Deshmukh has been selected on the BARTI Fellowship expert committee.

**GUIDING DOCTORAL RESEARCH:** Under the able guidance of Dr. Arwah Madan three of her students were awarded their doctorate degrees.





## OUR STUDENTS HAVE HAD THEIR SHARE OF SUCCESS AS WELL!

### AWARDS AND LAURELS AT INTERCOLLEGIATE EVENTS

#### Inter-collegiate Event Winners /Achievers:

1. Srushti Kulkarni & Anushree Ambavale of S.Y.B.Sc.(CS)- First Prize in Electronics Quiz Competition held at MIT College, Alandi.
2. Ishika Sarode & Bhakti Shah of S.Y.B.Sc.(CS)- Third Prize for the topic "Recent Innovations in Green Technology" in Electronics Poster Competition held at MIT College, Alandi.
3. Talat Kudsi & Janhavi Jetla of S.Y.B.Sc.(CS)- Second Prize in Electronics Quiz Competition held at MIT College, Alandi.
4. Andrea Belsher & Shainy Misal of S.Y.B.Sc.(CS)- Second Prize in Electronics PPT Competition held at MIT College, Alandi.
5. Avantika Ghante & Shraddha Surve of F.Y.B.Sc.(CS)- Third Prize in Electronics Project Competition held at Sarhad College.
6. Rutuja Malav & Pooja Gaikwad of S.Y.B.Sc.(CS)- Third Prize in Electronics Project Competition held at Modern College.
7. Akshita Negi of F.Y. B.Com.-First Prize in the K-Pop Dance (Solo) Competition at Kosufest, St. Mira's College for Girls. She has also won the Runner-up position in Solo Dance at Rays 2020, SVIMS.
8. Varsha Gupta, Vinita Tolani, Umesalma Barodawala, Akshita Negi, Inara Bhayani, Aditi Sonawane, Poonam Waghmare, Amisha Singh and Nuzrat Shaikh- Winners in Group Dance at Rays 2020, SVIMS.
9. Varsha Gupta of M.Com. organised Self Defense Workshops for the Women at Senate Business Centre and Lila Poonawala Foundation.
10. Priyanka Palkar of M.Com.- First Prize in Mehendi Competition at Rays 2020, SVIMS.
11. Ummesalama Karu(S.Y.B.A.) and Muskaan Khan(S.Y.B.Com) - Best Team-Runner-up in Waxing Eloquent-Debate Competition at Symbiosis College of Arts, Science and Commerce. Ummesalama Karu has also won the Best Answer Prize in the Competition.
12. Ummesalama Karu(S.Y.B.A.) - Third Prize (individual) in Late Shri. Shankarrao Wakalkar Debate Competition organised by Indira College of Commerce and Science.
13. Shweta Kshirsagar of T.Y.B.Com. - First Consolation prize in Presentation Competition organised by Department of Commerce, Savitribai Phule Pune University.
14. Anushree Gujar of T.Y.B.Com.-First Prize in Solo Dance Competitionorganised by B.J. Medical College.
15. Namrata Datta(S.Y.B.A.) and Muskaan Khan(S.Y.B.Com)- Best Team Award in the Raja of Sangli's Gokhale Cup Elocution Competition organised by Nowrosjee Wadia College. Muskaan Khan has also received the Best Speaker Award where as Namrata Dutta was the Fourth Best Speaker.
16. Yiter Gadi from T.Y.B.A.- First Position in the Essay Competition at 'Astitiva', organised by Brihan





Maharashtra College of Commerce.

17. Samrita Guha and Namrata Datta of S.Y.B.A. - First Prize in Debate Competition at 'Comm Fest', organised by Abeda Inamdar College.
18. Namrata Datta of S.Y.B.A. - Second Prize in the Elocution Competition at 'Reflexion', Maghanmal Udharam College of Commerce.
19. Elizabeth Thomas of F.Y.B.A. - First Prize in Cosplay Contest at Kosufest, St. Mira's College for Girls.
20. Aparupa Sinha and Isha Bhagwat of F.Y.B.A. - Runners-up in Fandom Quiz at Kosufest, St. Mira's College for Girls.
21. Ankita Jagtap and Hastodia Via of T.Y.B.Com. - Second Prize in 'Snapped' Competition at Exodus, St. Mira's College for Girls.
22. Simran Bhatia from SYBBA(CA) - Second in Power Point Presentation Competition in Reflexion, organized by Maghanmal Udharam College of Commerce.
23. Mansi Rathod, Mazhi & Rutuja from T.Y.B.Com. - winners of Vijay Chavan Memorial Moot Court Competition held at Brihan Maharashtra College of Commerce, with a Trophy, Cash prize of Rs.5000 and Certificates.
24. Simran Bhatia from SYBBA(CA) stood Second in Power Point Presentation in REFLEXION 2019-20 organized by MUUC on 14<sup>th</sup> December 2019

#### Research Papers by Students:

1. Namrata Datta of S.Y.B.A. and her guide and co-author, Dr. Soniya Chavan were awarded the Second Prize for a Research Paper titled, "SWAYAM's three Cardinal Principles of Education Policy: Access, Equity and Quality: Reality or Dream", at the 7<sup>th</sup> State Level Research Paper Competition organised by MES Garware College of Commerce.
2. Shruthi Praveen & Safia Khatun from T.Y. B.Com. under the guidance of Dr. Dimple Buche, contributed a research paper titled 'Impact of National Education Policy on Indian education System' in the 7<sup>th</sup> State level research paper competition at Garware College of Commerce.
3. Alisha Francis & Shrishti Yadav from T.Y. B.Com. under the guidance of Dr. Dimple Buche, contributed a research paper titled 'Comparative Advertising and Trademark Law: Insights from case analyses' in a National Conference on Intellectual Property Rights and GST organised by Sidharth College of Commerce and Economics, Mumbai.
4. Alisha Francis from T.Y. B.Com. under the guidance of Dr. Dimple Buche, contributed two Research Papers titled 'Repercussion of Article 370 In Present Political Scenario' and 'Competitive Role of Information in Business to Consumer Services' at the 4th Indira Student Research Conference which were published in 'Revelation' an In-house Publication of Indira College of Commerce & Science.
5. Chandni Mohnani, Kate Lopez & Pooja Singh from T.Y. B.Com., ably guided by Dr. Arwah Madan, presented a research paper titled "An Analysis of feasibility of Mega Bank Mergers in Indian





Banking System” and secured the Consolation Prize at the 7<sup>th</sup> Inter-Collegiate Research Paper Competition on the theme 'Bank Mergers, a Boon to Banking and Economy?' organized by Indian Institute of Cost and Management Studies and Research (INDSEARCH), Pune.

6. Chandni Mohnani, Kate Lopez and Priti Verma of T.Y.B.Com. ably guided by Dr. Arwah Madan secured the Third Place for their research paper titled: 'Modern day Sources of E-Finance: Case Studies on Angel Finance, Crowd Funding and Bootstrapping in India' presented at the Student Research Conference on the theme 'Digital Transformation' organized by Department of Commerce and Management, Indira College of Commerce and Science.
7. Srishti Yadav of T.Y.B.Com. ably guided by Dr. Arwah Madan presented a paper on 'A Study of Implications of E-business on different Payment Modes' at the Student Research Conference organized by Department of Commerce and Management, Indira College of Commerce and Science.
8. Yiter Gadi (T.Y.B.A.), ably guided by Dr. Arwah Madan, presented a paper titled 'A Review of Slowdown in the Indian Economy through macro-economic indicators' at the Inter-Collegiate Research Paper Competition for Students on 'Slowdown in Indian Economy: Reasons, Effects and Remedies' organized by the Shri Shiddhivinayak Mahila Mahavidyalaya.
9. Pooja Kumari Verma (M.Com.), ably guided by Dr. Arwah Madan, presented a paper titled, 'Acceptance of GST: One Tax, One Nation' at the National Seminar on 'Economic Challenges to Economic Growth' organized by the Department of Economics, Poona College of Arts, Science and Commerce.



## COLLEGE NEWS

The academic year 2019-20, as usual, was a year brimming with a plethora of exciting events. Here goes a quick round up of the college activities for this year:

### I. Our Quality Initiatives:

The various special programmes which form a part of our quality initiatives during the academic year include the following:

- A Mental Well Being Programme comprising of group counselling for all students and individual counselling for attending to students specific needs, has been introduced, with three counsellors available on the campus round the clock.
- In collaboration with Just Being Centre the College conducted a Certificate course in Mindfulness Based Counseling – Listening with Embodied Presence.
- An innovative teaching methodology involving an international online collaboration learning - COIL between New York, Lahore, Dhaka and the College was undertaken where the students were taught narratives of partition to create narratives of healing. The outcome of this programme was one of our students Friyana Munshi is writing an academic paper with Khadija Tasmia from Dhaka and





Kathryn Berlin from New York which is to be published as a chapter in a book tentatively titled: The Guide to COIL Virtual Exchange. It is co-written and co-edited by Jon Rubin and Sarah Guth and will be published in the spring of 2021 by Stylus Publishers.

- Mentoring sessions for all the students across all streams have been introduced, where teachers will work as mentors for a group of students assigned to them.

We continue to strengthen and maintain our earlier collaborations with institutions of excellence like the Women's Studies Centre, Savitribai Phule Pune University.

In addition to the above programmes, the College has introduced the following:

- A credit course on editing led to the launch of an editing cell with a twin objective of helping students to earn an income as well as experience along with consultancy for the College.
- Two Faculty Development Programmes were organized - One for the teaching faculty by Dr Sameer Terdalkar, AQAR Co-ordinator Fergusson College, and the other for non teaching faculty by Dr Manju Nichani and Sister Smita on "Change your Attitude, Change your Altitude".
- The College has entered into collaborations with TISS Mumbai, Tata Consultancy and ATS learning solutions for Microsoft certifications.

A variety of certificate and extra credit courses have been introduced with an aim to develop skills and enhance employability of the students like - Civil Commando Training, Adventurous Sports, Laguardia Mira COIL, Editing, Content Writing, Theatre, Android Programming, Master of Threads (Embroidery), Scilab, Latex, Social Wellbeing, Tally 9, Mathematics and Statistics For Economic Analysis, Foundation of Kathak dance, Reiki, Foreign languages (Spanish, Japanese, German), Spoken English, Insurance Practices, Early Childhood Care And Education, Quantitative Aptitude, Listening Skills. Credit courses in Human Rights, Cybersecurity and Yoga have been launched for the PG students. Diploma in Dance Movement Therapy and PG Diploma in Clinical Music therapy and Certificate Course in Mindfulness Based Counseling – Listening with Embodied Presence, School Counseling and Disability: Awareness and Inclusion have also been introduced.

## II. Green Initiatives

The Green Club a voluntary initiative of faculty and students promoted to advocate to the latter and engage them in activities based on the principles of 3Rs: 'Reduce, Reuse and Recycle' conducted following activities:

- Students Orientation and Newspaper Bag Making Activity: On 6<sup>th</sup> July 2019, the Club organised this event for the first year students of all streams, as a part of the Student Induction Programme. 670 newspaper bags made by students with a Red Dot inscribed on it were placed in all the washrooms for sanitary napkin disposal.
- Rakhi making: On the occasion of the 101<sup>st</sup> birthday of our Spiritual Mentor revered Dada J.P. Vaswani, the volunteers of the Club made Rakhis. After seeking the blessings of revered Founder Sadhu T.L Vaswani and our Spiritual Mentor, revered Dada J.P. Vaswani at their samadhis at Sadhu Vaswani Mission, 25 volunteers accompanied by 3 teachers visited the Southern Command 's Artificial Limb Centre (ALC), Pune on 8<sup>th</sup> August 2019, where they presented a huge Greeting Card and sweetmeats, performed Aarti and tied rakhis to our Fauji brothers.
- Eco-friendly Ganpati idol-making and Visarjan: The volunteers of the Club headed by Suman and Poonam Kumari made a 6 kg Ganesh idol out of 'shaadu mitti', and decorated it with vibrant colours, which was installed in the Sanctuary on Ganesh Chaturthi. On the 5<sup>th</sup> day, after the Arati, the staff and students proceeded for an eco-friendly Ganesh Visarjan by immersing Bappa in a water tub. This water was utilized for watering the flower beds in the garden thereby passing on





the message of avoiding pollution of any water body.

- **Jumble Sale:** The Club organized a Jumble Sale of pre-owned apparels at the annual Mira Bazaar held on 14<sup>th</sup> December 2019, emphasizing the importance of the principles of “Reduce, Reuse and Recycle” and the act of Giving. Clothes in good condition were collected from the staff and students, which were then sorted and priced accordingly at nominal rates ranging from Rs 10/- to Rs 50/- per piece. The sale proceeds of Rs 6660/- were used for the green initiatives of the college like campus cleanliness, making of Eco-friendly Ganpati Idol, Newspaper Bags, hand-made Rakhis and a Green trek to clean Parvati Hill.
- **Green Trek-cum-Cleanliness Drive:** For the second year in succession this event was organized by the Club which was supported by the Adar Poonawala Foundation, Pune in the form of gloves, masks and access to their waste disposal vans at Parvati Hill, Pune on 22<sup>nd</sup> December, 2019. It aimed at sensitizing students about the importance of a clean environment by keeping their surroundings plastic-free, thereby paving the way for a civic and environmentally conscious society and a trash free Pune City. 25 volunteers accompanied by three faculty members, Dr. Manisha Pimpalkhare, Ms. Deepanjali Mazumdar and Ms. Komal Tujare participated in this event and collected 25 bagfuls of garbage. This event received a media coverage from Hindustan Times titled “Tryst with Responsible Citizenship”.
- **Swachhata Pakhwada:** To commemorate Mahatma Gandhi's 150th birth anniversary and to sensitize the staff and students about the importance of cleanliness, a Swachhata Pakhwada was observed by the Club in co-ordination with the NSS department from January 16-31, 2020.

The activities of the Club under Swachhata Pakhwada included:

- Mr. Niranjan Upasani, Sustainability Consultant, was invited for a Guest Lecture on “Innovative Techniques for Waste Recycling & Energy Conservation” and “Water Conservation”. He spoke of challenges posed by e-waste, inorganic, bio- medical, human (menstrual and fecal) waste and also offered solutions to solve these problems in the form of awareness drives, waste segregation, effective treatment of toxic liquid and fecal waste and promotion of Red Dot Campaign.
- Hindi Slogan Competition on “Forest Conservation” and a Marathi slogan writing Competition on “Water Conservation” was organised.
- A Best-out-of-Waste workshop on Godhadi Making was conducted in co-ordination with the Centre for Women Entrepreneurship Cell.
- The students of Divyang were interviewed to get their response regarding Barrier free access to drinking water and toilet facilities.
- The in-house faculty - Mrs. Shanthi Fernandes, Mrs. Hasina Shaikh, Mrs. Veena Kenchi and Ms. Elizabeth Kanade were invited as panelists for a discussion on Swachhata. They highlighted the various aspects of swachhata like personal and physical hygiene, environmental and societal cleanliness and mental cleansing through moral values. Dr. Manisha Pimpalkhare summarized the essence of cleanliness through her poem.

Poster making Competitions on the theme “Swachha Bharat” by the Department of Economics, Business Economics and Banking and on Slogan Writing on the theme - Water and Forest Conservation in Marathi and Hindi respectively were conducted by the Club.

These activities were followed by a Prize Distribution held on 31<sup>st</sup> January 2020.

### III. Centre for Women Entrepreneurship (CWE)

The CWE - an initiative of the Department of Business Studies and Department of BBA, organized





the following activities:

- On 18<sup>th</sup> July 2019 in an inaugural talk, Ms. Mousami Nilakhe, a certified NLP Master Practitioner and Coach, shared her experiences as an employee of the IT industry and her journey as an entrepreneur. Through diverse examples and case studies she highlighted the various qualities and skills required by an individual as well as the challenges posed by the environment to become a successful entrepreneur.
- On 29<sup>th</sup> July 2019, in connection with the Global Tiger Day, the CWE in collaboration with Footloose Journeys, organized an interactive session on Responsible and Sustainable Tourism. Mr. Paresh the Co-founder of Footloose Journeys, discussed insightful clippings on the Royal Bengal Tiger of India like the various jungles of India where these tigers are found, their population, ecosystem and habitat as well as the different threats to which they are exposed. Speaking about the efforts initiated by the forest department and wildlife enthusiasts to save this species and increase its population, he provided information on volunteering opportunities in the areas of Wildlife.
- For promoting sustainable development and environmental consciousness among students a competition titled - 'Waste-O-Mania' was organized on 31<sup>st</sup> August 2019, in connection with the World Entrepreneurs' Day. The competitors came up with excellent products like home decoration, Ganpati decoration, wall hangings, photo frames, paper baskets, pen holders and the like.
- A Day at Midas – An Entrepreneurship Workshop was conducted by Coach Mr. Vishal Shah and his team on 26<sup>th</sup> November, 2019. 35 participants were exposed to the core skills essential for becoming a successful entrepreneur through case studies, in addition to the challenges faced by an entrepreneur. Novel concepts of effectuation and tools to measure entrepreneurial skills among the students were elucidated.
- An Incubation Centre, an initiative of CWE in collaboration with Centre for Social Entrepreneurship, TISS Mumbai was inaugurated on 28<sup>th</sup> November 2019, by Dr. Apoorva Palkar, Director - Innovation, Incubation and Linkages, of Savitribai Phule Pune University, which aims at creating and developing an entrepreneurial ecosystem in the social impact space. On this occasion, Dr. Palkar emphasized and illustrated the significance of philosophies, passion and entrepreneurial spirit as the necessary inputs for a successful start-up. The programme concluded with a vote of thanks by Dr. Rama Venkatachalam, Program Manager, Incubation Centre.
- Mira Bazaar - The grand gala annual event 'Mira Bazaar' organized by the CWE on 14<sup>th</sup> December 2019 was co-sponsored by Suyog Life Care, Diagnostic Centre headed by Mrs. Monika Shah. The event provided a platform for students to showcase their entrepreneurial skills by putting up stalls of delicacies, handmade jewellery, clothes, accessories, Tarot Card, photo booth, nail art etc. The Chief Guest for the event was Mrs. Anuja Deshpande, Deputy Director of MCCIA and the Guest of Honour Mrs. Pushpa Shah of Suyog Group. A total of 35 stalls were put up by the participants comprising of students, entrepreneurs, NGO's, Alumni and the Green Club of the College. The event saw 1800 visitors comprising of parents, faculty and students.

#### IV. SANCTUARY

Our aim at St. Mira's, is women empowerment through value-based education as believed by our founder Sadhu T.L. Vaswani. Our day begins with an effort to cultivate the soul. This interlude with the spiritual commences every morning with a visit to the Sanctuary, a special place where we spend a short time devoted to prayer, reflection, introspection and narrations on the **ART OF LIVING**.





Some of the topics covered during this year in the Sanctuary were - the significance of balancing personal aspirations and community well-being, motivation, Reiki as a healing technique, mental well-being, dedication, Silence, teachings of Swami Vivekananda, Environment Awareness, Compassion, Meditation, Palki – the significance of Pandharpur Yatra, etc.

### Visitors to the Sanctuary

- Dr. Leena Chandorkar, member of the Autonomy Review Committee while speaking on the importance of Sanctuary said that value-based education is important in shaping the life of the students through development of their thought processes.
- Mrs. Manju Nichani, ex-Principal of K.C. College, Mumbai shared her experiences of being a student of Dada J.P. Vaswani and the values she learnt like selfless love, giving, service and forgiveness.
- Sister Smita from Brahmakumaris emphasized the importance of positive thinking and reaffirming the same throughout the year as a new year resolution. She spoke of the need to inculcate five virtues – no comparison, no criticism, no correction, no complaints and no competition and also shared the formula for inner peace – Avoid, Adjust and Accept.
- Swami Shrikantanand from Ramakrishna Math elaborated on the great virtues of Swami Vivekananda like Truth and Devotion and on the significance of spiritual education of women in addition to general education.
- Mr. Niranjana Upasani from Jivit Nadi Foundation spoke on the importance of water conservation.
- Dr. Jyoti Shirodkar in her talk highlighted the importance of Food and Food Habits, nutrition of body and mind as 'Jaise Khave Anna, Waise Hove Mann'.
- A weekly visit by Dr. Shanti from the Sadhu Vaswani Mission, gives students insights into the thoughts and events from the life of the founder Sadhu T.L. Vaswani.
- The students are also taught to recite the *Gayatri Mantra* and sing *Bhajans* in praise of the Almighty. A weekly '*kirtan*' is conducted by the students.

### Important Days

Tribute is paid to noble souls of humanity and important dates and events are commemorated:

- International Yoga Day was celebrated on 21<sup>st</sup> June 2020. Ms. Suvarna Pathak explained the significance of this day, which was followed by Shiv Tandav by our Sports students and asana demonstrations by Ms. Ekta Jadhav.
- A special sanctuary was organized on the occasion of the first Mahayagna of Dada J.P. Vaswani on 12<sup>th</sup> July 2020 by singing bhajans and kirtans in Dada's memory followed by prayerful silence.
- On 30<sup>th</sup> July 2020 a special sanctuary was organized on the occasion of the first Mahayagna of Dada J.P. Vaswani at Sadhu Vaswani Mission. A recorded question-answer session with Dada was played to enlighten the students and faculty with wisdom
- On 14<sup>th</sup> July, Sadhu Hiranand's *Punyathithi* was observed in solemnity. Sadhu Hiranand - the Holy Man of Hyderabad (Sind) was a teacher to young T.L. Vaswani.
- *Gurupoornima* was celebrated by the students and staff by visiting the Sadhu Vaswani Mission to pay their respects to our revered Founder-Sadhu T.L. Vaswani.
- Anjali Week was observed from 30<sup>th</sup> July to 08<sup>th</sup> August 2020 in connection with the 101<sup>st</sup> birthday celebrations of Dada J.P. Vaswani. The highlights of this week were:

- a) The *Anjali Geet* Competition for both Degree and Junior College





- b) Declamation Competitions in English, Hindi, Marathi for the Degree College
- c) Students also submitted pledges for the Moment of the Global Forgiveness, which was observed on 2<sup>nd</sup> August 2020
- d) A special Sanctuary was organized to celebrate Rev. Dada J.P. Vaswani's 101<sup>st</sup> birthday on 30<sup>th</sup> July, 2020. On this occasion the college magazine was released.
- One of our student participated in the Speech Competition on Sri Krishna organized by the Sadhu Vaswani Mission on 19<sup>th</sup> August, 2020.
- An open-house *Prashnamanch* - Quiz was organized by the College on 16<sup>th</sup> August, 2019 in connection with Janmashtami celebrations based on the “Life of Lord Krishna after Sandipani Ashram”, which saw active participation of the students from Degree and Junior College, along with a separate team from the St. Mira's School, Sadhu Vaswani College of Nursing and SVIMS.
- On 29<sup>th</sup> August 2020 the students and the staff participated in the Fit India Movement through Zumba followed by Prime Minister's speech.
- Former Chairperson of the Sadhu Vaswani Mission Baba Gangaram's *Punyathithi* was observed on 14<sup>th</sup> September, 2020. Baba will always be remembered for his dedicated service to his master and mentor – Sadhu Vaswani.
- In connection with the Thanksgiving Week the College organized Social Service programmes from 17<sup>th</sup> – 23<sup>rd</sup> February 2020.
- A Silent Sanctuary was observed on three occasions – July 12<sup>th</sup> (Mahayagna day of Dada J.P. Vaswani), January 16<sup>th</sup> (the Mahayagna Day to pay homage to our Founder, Sadhu T.L.Vaswani) and also on January 30<sup>th</sup> (Martyr's Day) – to pay homage to Mahatma Gandhi - the Father of the Nation.
- Poster making, Rangoli, Sketching, Folk Dance, Collage making, Patriotic song and Bhajan competitions were conducted during the Ganesh Festival, Janmashtami, Christmas, Independence Day and Republic Day celebrations.

### **Sadhu T. L. Vaswani's 140<sup>th</sup> birthday celebrations**

November is another sacred month in the Mira Calendar. The 140<sup>th</sup> birth anniversary of our Founder is celebrated with great enthusiasm. The highlights of the Nuri Week include:

- The Meatless Day Campaign
- The college visited the Mission on 21<sup>st</sup> November, 2019. The programme commenced with bhajans followed by tribute by students and a recorded question-answer session with Dada J.P. Vaswani.
- A Rath Yatra was organized by our parent body on 23<sup>rd</sup> November, 2020.
- The College organized a Poster Painting Competition to commemorate the birthday of Sadhu Vaswani on the theme – “MEN HAVE RIGHTS, HAVE ANIMALS NO RIGHTS?”
- To celebrate Sadhu T.L Vaswani's Birth Anniversary a One Act Play titled, “ Jay Dada, Jay Dada, Jeevan Sanjeevani”, based on the life and teachings of Sadhu T.L. Vaswani was presented at Sadhu Vaswani Mission on 24<sup>th</sup> November 2020. The play was encouraged by Principal Dr. Gulshan Gidwani and conceptualized, written and directed by Sawani Antarkar.

### **54<sup>th</sup> Mahayagna of Sadhu Vaswani**

- A special sanctuary was organized in connection with the 54<sup>th</sup> Mahayagna of Sadhu Vaswani on 14<sup>th</sup> January 2020.





- On 17<sup>th</sup> January 2020 a satsang was organized which was followed by Langar. Week long social service programmes were organized in memory of Sadhu Vaswani.
- *Prashnamanch* – A quiz was organized by the Sadhu Vaswani Mission and conducted by the College on 18<sup>th</sup> January, 2020 based on the “Life and Teachings of Sadhu Vaswani Post Renunciation Period”. There was active participation from the students of degree and junior college, St. Mira's School, Sadhu Vaswani College of Nursing and Teachers Training Institute.
- **Ibaadat...An offering of Love!** A fusion of poetry, music, dance and recital was presented in collaboration with Neerja Creations as a spiritual tribute to our revered founder Sadhu T.L. Vaswani on the occasion of the Mahayagna. The offering opened with a Guru Vandana by Mrs. Sawani Antarkar and Ms. Deena.

Social-Service programmes were organized to commemorate the Hero Days and also during the Anjali Week, Nuri Week, Mahayagna Week and the Thanksgiving Week.

### FESTIVITY GALORE

- *Ganeshotsav* is always celebrated with a lot of enthusiasm. A bedecked Lord Ganesh presided over our Sanctuary for five days.
- *Janmashtami* was celebrated through a play based on the life of Lord Krishna.
- Christmas Programme was organized on 23<sup>rd</sup> December, 2019 in the Sanctuary, by the students under the guidance of their teacher Mrs. Shanthi Fernandes, comprising of a Christmas play, Carol Singing, and Christmas message followed by the arrival of Santa claus.
- The festival of Sankrant was celebrated in the College by exchanging 'til-gur', emphasizing the virtue of speaking sweetly.
- 18<sup>th</sup> December, 2019 was dedicated to the helper's - to honour their hard work and pure dedication. The Student Council invited them as special guests to the Sanctuary. The event commenced with a short video highlighting their contribution to the College. Further our principal Dr. Gulshan Gidwani welcomed each one of them through attractive greetings, along with a few special lines of appreciation.

### V. Student Induction Programme (SIP)

The SIP was organized for all the first year students across all streams from 04<sup>th</sup> July to 10<sup>th</sup> July 2020 through active participation from different faculty of the College, by conducting various activities. It commenced with an address by the Principal - Dr. Gulshan Gidwani and an introduction to the College by Vice-Principal - Dr. Shalini Iyer. A session on Introduction to Autonomy, Curriculum, Examination and Evaluation was conducted by - Dr. Shalini Iyer and Dr. Sonia Chavan, Knowing the Mira family and Forming of Mentor Groups by Ms. Elizabeth and Mrs. Veena Kenchi, Introduction to Skill Based Courses in college by Mrs. Suhaile Azavedo, Social Outreach programmes of the college by Dr. Vaishali Joshi, Session on Film Appreciation by Mrs. Sawani Antarkar, Alumni Interaction by Dr. Dimple Buche, Yoga and Meditation by Ms. Ekta Jadhav, Environment Initiatives of the College by Green Club, Indian Constitution- My rights and my duties by Mrs. Veena Kenchi, Scholarships, Grievance Redressal Mechanism and Anti Ragging cell by Dr. Jaya Rajgopalan, Introduction to NSS activities by Dr. Meenal Sumant, Student Development Cell by Mrs. Hasina Shaikh, Library Orientation by Mrs. Devinder Kaur, Introduction to Pune's Culture and Heritage by Dr. Sandhya Pandit, Session on Classical Music by Dr. Vaishali Joshi, Session on Health and Hygiene by a student's parent, visit to Darshan (Sadhu Vaswani Mission Campus) in batches, Library and Laboratories in the campus, This programme concluded with a Cultural Programme by students and Valedictory Session with feedback from them. Mentoring Sessions were also conducted for the students.





## VI. Extension Activities

### 1. Social Service

Social service is an integral part of our co-curricular activities which aims at a gradual transformation of students to responsible and committed citizens by sensitizing them towards their social responsibilities essential for character building. To further this goal our students from Junior and Degree College, along with their class teachers, visited various organizations like - Bharatiya Samaj Seva Kendra, SOS Balgram, Isha Prem Niketan, Old Age Home, Pune Audyogik Kanyashala, Jeevanjyoti Home for special children and adults, Sandhya Old Age Home, Socio-Economic Development Trust and Animal Rescue Trust. They distributed grocery items, stationary, hygiene care products, warm clothes and blankets to the needy. On 22<sup>nd</sup> February 2020 the TYBCOM students offered their services to DeepGriha Society by arranging one day picnic; preparation and serving of food and donation of grocery items and goodies for the children from their crèche.

### 2. Social Outreach and Internship Programmes

The college is committed to evolve long-term dedicated initiatives as part of Social Outreach Program in collaboration with various NGOs in Pune to connect knowledge and skills in a socially fruitful way.

On 10<sup>th</sup> January, 2020, 24 girl students of Class IX accompanied by 2 teachers of the Kanyashala and 3 trustees of 'Majhi Maitrin Charitable Trust', an NGO working for the empowerment and upliftment of women from underprivileged sections of society through 'Project Pandita', in Kanyashala, Dehu, Pune visited our institution. They toured our campus, were served lunch and given some return gifts as mementos. The visit concluded with an interaction and photo session with our Principal Dr.G H Gidwani.

Students of the Accountancy Department joined hands with Spherule Foundation for conducting awareness drives on menstrual hygiene in PMC schools. 25 students of the department enrolled for a free 'Certificate Course in Community Engagement' launched by social outreach partner NGO Spherule Foundation towards conducting awareness drives on menstrual hygiene in PMC schools. Volunteers also trained students of other areas of community engagement in prevention of child maltreatment by conducting sessions on 'My Body is My Body' as 'Global Goodwill Ambassadors' in PMC schools.

They helped in raising Donations in kind for Adult Education Program of Deep Griha Society. Skill building workshop on cloth-bag making was conducted by a student as an initiative towards Income Generation Program. Students volunteered for an eye check up camp at Ovhale, Hinjewadi, organized by Deep Griha. Stationery collection drive and donation was undertaken for adult education program at Deep Griha Society. A Mega Collection Drive of pre-owned clothes was undertaken by the Law Club under the aegis of the Dept of Accountancy in collaboration with SWaCH - as a part of its curriculum under Corporate Sustainability. They also had an orientation on waste segregation.

The English Department worked with Aasra, an NGO that engages with the children in a low income area, to mentor students and work with community mapping in Kondhwa. Their annual Seminar concluded with a fund raiser for the NGO Connecting that works for suicide prevention. The entire proceeds from the sale of tickets for the show *Umeed: Colors of Hope* by Sunena Gupta from Singapore went to the trust. The students also performed a play "Log Kya Kahenge?" to destigmatize mental health which they will perform in other colleges and Gyan Adab to spread awareness about mental health.

The Department of Economics & Business Economics supported a stall for the NGO "Prayatna-for





people with special Needs” at the Annual Mira Bazaar on 14<sup>th</sup> December 2019. The students helped sell various products made by inmates of Prayatna such as incense sticks, scented candles, scarves, masalas, etc. The stall generated a sale revenue of Rs.3500.

Students of Sociology department are working with an organization called Open Links Foundation on preparing digital lesson plans for school teachers and with *Mitti ke Rang* an NGO working for empowering widows and their children. They also work with the Jeevit Nadi foundation for clean rivers.

55 Students from the Marathi Department assisted as writers for the school for the visually impaired.

As part of their Political Science Activity, students geared up to the task of making cards for our soldiers in Jammu & Kashmir. These cards were then sent to them for which students received appreciation from the Army personnel. The students of the department participated in the Save Water Campaign, “JAL- MITRA, Save Water- Save Future” at the Amanora Township conducted by Firefly Productions, Pune. 10 Students participated in this 10 day awareness drive, where they had to explain the water cycle model and the impact of changing environment on this cycle.

As a part of the social outreach activity the Psychology department organized an orientation session by Connecting - an NGO on 16<sup>th</sup> July 2019 during the Sanctuary facilitated by Ms. Barkha Nanwani and Ms. Zahra Shetranjiwala. Connecting is actively working for awareness on Mental Health and prevention of Suicides. They also conducted a session on 19<sup>th</sup> August, 2019 facilitated by Ms. Liyaan Sataravala, Ms. Arva Kapasi and Ms. Zahra Shetranjiwala. The College collaborated with Safe Stories, a counseling centre in Pune for JIVA Career Guidance program at St. Mira's Secondary School for the academic year 2019-2020.

Departments of BBA and BBA(CA) collaborated with INDIES a NGO for feeding, nurturing and medical aid of stray dogs in the Koregaon Park, Kalyani Nagar and Wadgaonsheri area. The volunteers of the Animal Rescue group of the College collaborated with Team Indies and Wadgaonsheri Animal Saviours to conduct a census for the stray dog population. Data of more than 1000 dogs collected from the areas were uploaded on the Indies app. Along with the Har Mahina Har Mahila Foundation, the students promoted sustainable and eco-friendly Menstrual solutions at “Pune Monsoon Market”. An Old Clothes Donation Drive was conducted where students collected over 500 pre-owned apparels which were handed over to Manav – an NGO.

From the current year the College is participating in “Global Opportunity Youth Initiative” - a collaborative project along with Tata Strive, Centre for Youth Development and Activities, Centre For Advocacy and Research (CFAR), Yardi Vasti Vikas Prakalpa and Lighthouse, Pune City Connect. It aims at building sustainable and dignified entrepreneurship and employment opportunities for the youth. To further this goal, the preliminary task of understanding youth livelihood challenges was accomplished through a pilot survey of a neighborhood in Yerwada. 22 students of the College across disciplines of Psychology, Sociology, and Economics participated in this rigorous task involving – (a) Three-day training on strength-based approaches to engage with community, collect data and conduct digital mapping of community; (b) Data collection in groups of three each and (c) Data analysis and report writing.

## VII. Conferences and Seminars

- “Questioning Attitudes and Labels: Mental Health Versus Madness” was the students' seminar organised by the English Department on the 10<sup>th</sup> and 11<sup>th</sup> of January, 2020. The seminar was opened by Connecting Trust an NGO for suicide prevention that acknowledged the huge role art plays in the engagement with mental health. This was followed by a presentation of a paper on the





history of mental health written by Prof. Radika Seshan. Dr. Kamalakar Bhat spoke on the role of cinema and Mr Hartman D'Souza introduced the students to various dramatic representations and ways of portraying mental health. Students presented papers on a variety of subjects ranging from cinema, to Harry Potter, novels, anime and K-pop songs. On the 11<sup>th</sup> of January, the seminar concluded with two performances. The first was a dramatic representation of mental health related to women's issues and it ended with a Kathak performance by Sunena Gupta who charted out her own heroic battle with mental health through her dance.

- Department of Psychology in association with CMTAI - Creative Movement Therapy Association of India and Artsphere organized over 2 days the 6<sup>th</sup> Annual International Dance Movement Therapy Conference titled "Movement and other Arts for Well-Being" on 30<sup>th</sup> November and 1<sup>st</sup> December, 2019 which included speakers all the way from Canada.
- Films and media are always the thrust areas of Sociology department. The department had conducted a first International seminar on Understanding Sindhi cinema in the College. This year the department conducted a National seminar on 'Understanding Indian Cinema' on 23-24<sup>th</sup> January 2020. The keynote address was delivered by Prof. Ravi Vasudevan, New Delhi. The aim of the seminar was to learn how to incorporate films in our pedagogical and research practices and to understand the role of films in advocacy and activism.
- An inter-collegiate P.G. students' seminar in Economics co-ordinated by Dr. Manisha Pimpalkhare on "India 2020-Vision and Reality", revisited Dr. A.P.J. Abdul Kalam's Vision 2020, with respect to India's position as a global super power, issues and challenges, policy imperatives. In this Seminar held on 22<sup>nd</sup> February 2020, Dr.Girija Lagad, an academician-cum-researcher, shed light on the "Policy Perspectives for Enabling Vision 2020". A total of 18 research papers comprising of 4 from other colleges were received and presented in a Research Paper Competition conducted for the UG and PG students, covering diverse issues ranging from agriculture, poverty, education and the like. These were evaluated on the criteria of content, methodology, language, presentation and relevance to the theme. Yiter Gadi and Iris Lobo won the first prize for their paper titled: "An Analysis Of Indian Education System and Dr. Kalam's Vision Of Education For New India"; Namrata Datta second prize for her paper on "India 2020: Health Care Cognizance" and Shreshtha Pattadar third prize for her paper on "Tourism Industry- A Boon For Indian Economy In 2020". The seminar concluded with welcoming observations by the judges - Dr.Malati Roy, Retd (HoD), Dept. of Economics, S.P. College, Pune and Dr.Saili Belsare, Asst. Prof., Economics, Cummins College of Engineering, Pune, motivating students to make research as an integral part of their academic and personal development.

### **VIII. Inter Disciplinary/Inter Departmental Student Enrichment Programmes**

The College believes that meaningful learning can take place through a fusion of formal education and practical experience. This was demonstrated through our stunning TEDx event "Halfway There" organised by Prof. Abhradita Chatterjee Nahvi of the BBA department with the help of co-curator Falak Baig on 07<sup>th</sup> September 2019. This was a 2<sup>nd</sup> edition of TEDx graced by eminent speakers like Dr. Suresh Devnani an author and a motivational speaker also known as "Happy Doctor", Geetika Saigal an entrepreneur, author and speaker, Major Mohammad Ali Shah an Army veteran and actor, Nabomita Mazumdar an entrepreneur, tech expert and HR influencer, Aditya Kriplani a screen writer, director, producer and novelist, Thomas Dalan architect, transport designer, design innovator, Malcolm Raphael a strategist, innovator, brand storyteller and Kanishk Priyadarshi an anchor, actor, youtuber. The event concluded with performances by We Fuse Music (WFM) - an alternate Hindi Rock Band and a contemporary dance performance by - Tribe Vibe Dance Company added to the amazing experience.

A variety of internships were provided to students for content writing, editing, with Chartered





Accountancy firms in Pune, at the Intelligence Plus Pvt Ltd, iTeach School and the Borderless World Foundation in Kashmir. On behalf of the Forum for Free Enterprise, Mumbai, the Department of Economics and Business Economics hosted the 54<sup>th</sup> A.D Shroff Memorial Elocution competition. An exhibition titled “Amazing Facts on Mathematics” was organised on Pi approximation day.

**Other Activities:** The Students' Development Cell introduced the year long “Earn while Learn scheme” assisting students to be placed in the College office and library.

Students of Accountancy were encouraged to enrol for the National Accounting Talent Search. In addition, 40 students attended a workshop organized by the Institute of Chartered Accountants of India on GST. In a Career Counselling session organized for the Commerce and Arts students Ms. Ashwini Singh, a counsellor from Lila Poonawala Foundation, spoke on “Careers after Graduation”. The Library organised an author-student interaction on Reading Inspiration Day and also initiated an EBSCO Database Training for staff and students.

**Inter-department Lectures:** Ms. Sharmin Palsetia from the Department of Psychology conducted a guest lecture on Myers-Brigg Type Indicator (MBTI) for TYBCom students on 8<sup>th</sup> August, 2019 and a workshop on “Leadership and It's Emerging Trends” for T.Y.B.Com Business Entrepreneurship students on 16<sup>th</sup> and 17<sup>th</sup> January, 2020. 'Speaking on the “History and concept of MBTI (Myers and Briggs Type of Indication), she explained the history and its relevance in today's world. She also conducted a workshop on Leadership concentrating on traits, theories of leadership, emerging trends in leadership through interactive modes like case studies, PPTs and group activities and exercises. Dr. Vaishali Joshi conducted a lecture on the Theory of Socialism for SYBA History students in September 2019 and on Classical music for TYBA History students in December 2019. Dr. Vaishali Diwakar conducted a lecture on Postmodernism and theory of Baudrillard for TYBA English special students. Miss Komal Tujare gave insights on understanding of the contents of the paragraph and skills of writing a paragraph. She explained how one can use the phrases in a right way with small exercises and examples.

The college also organised Workshops by - Mr Sridhar Rangayan along with a screening of the film Evening Shadows; Ms Tehnaz Ragi, Nayi Disha Resouce centre to introduce the students to the directory for special needs children; Department of Education on mind maps and Cooperative learning; Nausheen Qidwai on Corporate training; Journalists Mr Gopal Joshi, Mr Swapnil Pore and Dr Snehal Tawre; Barclays and National Skill Development Centre for 3 days on “Access to Employability”; Mrs Madhu Jagadeesh (founder of Conservation of Humanity) and Ms Kavita Ghoran (founder of project STEER), Arun Prasad on Industrial Revolution 4.0, Zainab Kapadia and Dhwanika Shah on Graphology and Timsi Rajpal on Financial Statement Analysis; Mechatron Robotics a two-day workshop on “Arduino and IoT”.

**Dr. M. R. Jayakar Employability Skills Programme:** The Savitribai Phule Pune University has initiated various skill development programmes to be conducted by the colleges. One of them being the Dr. M. R. Jayakar Employability Skills Programme which was organised by the College from November 2019 to February 2020. A total of 20 sessions were organised, as per the requirements of the programme by the Programme Co-ordinators, Asst. Prof. Jyoti Chintan and Asst. Prof. Shanthi Fernandes. These sessions comprised of - “Interview Skills” and “Leadership and Teamwork” by Mr. Manoj Pamnani, a Corporate Consultant, “Entrepreneurship: Concept, Introduction and Characteristics of Entrepreneurs” by Dr. Rama Venkatachalam, “Business Plan: Concept and Elements of Business Plan” by Ms. Rajni Singh, “Success & Failures in Entrepreneurship” by Ms. Mousami Nilakhe, an Entrepreneur, “Public Speaking” and “Sensitivity towards Specially Abled in Different Environments” by Ms. Sophy Alex, a Corporate Trainer, “Concept of Money and Savings” and “Investment, Insurance and Taxes” by Dr. Meenakshi Wagh, “Goal Setting” and “Effective





Resume Writing” by Mr. Thomas Kuriakose, a Corporate Trainer, “Health & Hygiene” by Dr. Niharika Virkar from Sancheti Hospital, “Social Citizenship” by Prof. Veena Kenchi, “Online Banking” and “Safe Baking Tips and Guidelines” by Mr. Kiran Patole, a Banker, “Preparation for Entrance Examinations” by Mr. Jawwad Kazi, Director, Unique Academy, “Bank Finance: Concept & Formalities” and “Government and Bank Schemes for Entrepreneurs” by Mr. Shripad Pendse, a Banker, “Searching Data over Internet” and “Cyber Security” by Ms. Swati Pulate. This programme concluded with a valedictory function and feedback from students.

With an objective of making Unity in Diversity a reality, the UGC has initiated the **Ek Bharat Shreshta Bharat (EBSB) Programme** (EBSB), which focuses on strengthening inter-State relations and creating a bonding between them. Following events were organized under this initiative by the College:

- Formation of the EBSB Club - The Club has representation of staff (comprising of the Principal - Dr. Gulshan Gidwani; Vice-Principal - Dr. Shalini Iyer; co-ordinators - Dr. Arwah Madan and Ms. Veena Kenchi) and students (Pooja Singh, Vaishnavi P, Alisha Bagh, Namrata Dutta and Simran Nayak).
- Annual Socials – The theme for this event was unity in diversity. The students showcased various dance forms from different States of India.
- Traditional day – was celebrated showcasing the Maharashtrian and other cultures of different States.
- Marathi and Hindi Bhasha Diwas - was celebrated by the Club in co-ordination with the Marathi and Hindi department.

#### **The Civil Service Guidance Cell organized following activities -**

- Mr. Vikrant Gaikwad, owner of the V-Score Academy was invited by the Cell on 20<sup>th</sup> September 2019, to conduct an orientation session for various State Government conducted Competitive exams like Bank PO, PSI, STI and the like.
- With an objective of creating awareness about the RTI - process for filing appeals and petitions and its impact, the Cell organized a session on Right to Information on 10<sup>th</sup> February 2020. This session was conducted by Mr. Satish Khot, member of the 'Public Concern for Governance Trust' and Mr. Shardul Deshpande, a student and member of the trust who has filed more than 300 RTIs.

The Dept. of Politics and Public Administration and the Student Development Cell of the College celebrated the 15-day programme - **“Lokshahi Pandharawada”** from 26<sup>th</sup> January 2020 to 5<sup>th</sup> February 2020 by organizing following events:

As a celebration of democracy, the Music Circle of the College conducted a Patriotic song programme in the Sanctuary on 25<sup>th</sup> January 2020. Staff and students participated in the flag hoisting ceremony on Republic Day followed by the rendition of Vande Mataram by our student, Ms. Sakshi Gulwani. Mrs. Neena Dutta of the English department in her lecture on 27<sup>th</sup> January 2020 for junior college students discussed the idea of 'Hindu' in the historical context and the usually misinterpreted concept of 'Dharma' leading to social conflicts. Stressing on unity of the nation she appealed to the students to be socially and politically informed, an ingredient essential for the functioning of the largest democracy of the world. On 27<sup>th</sup> January 2020, Dr. Meenal Sumant co-ordinator, NSS department discussed the rationale for the establishment of Election Commission and the importance of celebrating 25<sup>th</sup> January as the Electoral Day. Highlighting the role the younger generation can play in making democracy a true people-led governance, she guided the students to take the Voter's Pledge highlighting the significance of voting fearlessly without any religious, caste or regional considerations. On 28<sup>th</sup> January 2020, Mrs. Anita D'Cunha from the Department of Politics and Public Administration discussed the role of people's participation in a





democracy. Speaking of “Swachha Bharat Abhiyaan” she stressed that policy implementation devoid people's participation is futile. On 29<sup>th</sup> January 2020 Mrs. Pallavi Gandhi of the department of Accountancy, elaborated on the significance of protests and movements as a medium to put forth their demands by the civil society and also emphasized the precautions to be taken by the youth while participating in the same.

Martyrs' Day was observed on 30<sup>th</sup> January 2020 to commemorate Mahatma Gandhi by reinstating his ideals of unity and spirituality - 'Sarva Dharma Sambhav'. An all-religion prayer was organised in the Sanctuary through a prayer recital and its explanation by the second year Arts and Commerce students, thereby passing on the message of love and compassion reiterated by all religions. Naznin recited a muslim prayer, Sakshi presented a sindhi prayer; Dilshin Kaur sang a sikh prayer; Sanchi recited and explained a Buddhist prayer and the session concluded with Gandhiji's bhajan 'Vaishnav Janato' by Sakhi Kulkarni. This was followed by a minute's prayerful silence in remembrance of the father of the nation.

## IX. Vibrant Campus Life

### The college was host to three Inter College Fests:

- **TEKLOGICA** - the annual fest of the Department of Computer Science saw participation of students from various city colleges in events like Electronics Project, Poster-making Competition, C Code Warrior, HTML web designing, Kaun Banega Mathematician, Snapchat, marketing and movie making competitions.
- **RapItUp** - an intercollegiate rap competition based on the theme of Social Inequality was organised.
- **KOSUFEST** - An Inter-collegiate cosplay competition was organised, with a poetry slam, a fandom quiz and a K-pop dance competitions and entrepreneurs selling products at stalls and excellent performers exhibiting their talents. The costumes varied from the joker to Harley Quin . MJ Bandya from 95 Big FM yet again participated in the competition, The fest also witnessed some jaw-dropping performances by the indirock band Rohflix, the rap artists' group -StreetBeats, dancers and our very own girl band with Jake and Iris.
- **Marathi and Hindi Day Celebrations**  
The Marathi department observed the Marathi Bhasha Sanvardhan Pandharwada, with activities like Group reading and discussion, Marathi signature campaign, traditional day, Abhivachan, play screening and discussion, poster making, article writing and a storytelling competition. The Hindi department celebrated Hindi Week, by discussing great literary texts followed by competitions on social advertising, essay writing, Hindi poetry and Puzzles.
- **Sadhu Vaswani Inter College Annual Debate Competition**  
This event was organised by the Department of English in January 2020. The topic was “Mahatma Gandhi: A man of his times, not ours.” The judges were Ms Meena Murdeshwar and Ms Poonam Arora. The debate was well attended by 22 participants from colleges across Pune. The St Mira's debate team consisting of Ummesalama Karu and Muskan Khan bagged prizes.
- **Constitution Day**  
The department of Politics and Public Administration in association with the department of NSS celebrated the 70<sup>th</sup> Constitution Day on 26<sup>th</sup> November 2019. The activities conducted on this occasion were: Live Telecast of the proceedings of the Parliament – where more than 150 students witnessed the President, Prime Minister and Vice- President of India speaking about the importance of Samvidhaan, contribution of Dr. Babasaheb Ambedkar and Fundamental Duties





enshrined in the Constitution. The junior college students presented a skit in the Sanctuary under the guidance of their teacher Mrs. Anita D'Cunha, emphasizing the importance of fundamental rights and laws in the Constitution, by depicting small incidents from day-to-day lives relating to domestic violence, right to equality and right to education. All Staff members and students participated in the reading of the Preamble in the Sanctuary.

#### **X. General Knowledge Test**

This test was conducted on 13<sup>th</sup> January 2020 in both English as well as Marathi in which a total of 126 students participated. The test comprised of 30 questions on mathematical aptitude, logical reasoning, general knowledge, current affairs and English language. Owing to a tie for the second position for English medium, an oral test consisting of 5 questions was conducted and the results were finalized.

This year all the winners were from English medium Arts stream:

Ist Prize: Ms. Veda Mahambre- FYBA - 2242

IIInd Prize: Ms. Shreshtha Pattadar-SYBA - 2701

IIIrd Prize: Ms. Bhakti Kambale- SYBA - 2778

#### **XI. Career Counselling and Placement Cell:**

"Avoid putting square pegs in round holes" is the mantra followed by this Cell. It attempts to match the students' interests, abilities and potentials with the requirements of the hiring companies. To further this goal it organized an orientation program on 24<sup>th</sup> July 2019 for final year and PG students to introduce them to: the role of the current student placement representative and the student placement coordinator, the companies and types of jobs they offer and various internship opportunities available through online platforms. An aptitude test "MaTPO aptitude Idol-2019" was organized for the final year students conducted by the Maharashtra Association of TPOs on 22<sup>nd</sup> July 2019 to assess them on English, Quantitative Aptitude, and Analytical reasoning skills. Prof. Subramanyam Degala M. from ISB&M, an alumnus of Andhra University, Delhi School of Social Work with an MBA in Marketing and number of courses to his credit from IIM Ahmedabad, IIM Calcutta and Administrative Staff College, Hyderabad conducted a soft skills session for the final year students by giving insights on Group Discussion, Personal Interview and Women Empowerment.

In a Soft-Skill Development session organized on 10<sup>th</sup> August 2019, Miss. Pooja Kashid, HR operation, consultant at MNC - All Script, a holder of SHRM-CP Certification, Master of Science (Msc); Human Resources Management from University of Southampton (UK) spoke on "S.P.O.T. yourself", highlighting the significance of appearance, presentation skills, communication, Gravitas and public speaking. A mock aptitude test comprising of language proficiency, quantitative and data analysis was organized for the final year students on 24<sup>th</sup> August 2019 which was conducted by Mr. Yogesh Borse, Area Manager, ICFAI Business School. Associate Director - Forensic - Mr. Anuj Singh of KPMG, India, conducted a Campus Placement drive for the job of an Analyst, Risk Consulting Forensic, Pre-Employment Background Checks, (PEBC) on 7<sup>th</sup> December 2019. Out of 30 students seven were selected - 05 from Commerce, 02 from Arts and 01 from BBA.

A pre-placement talk was conducted by Mr. Amit Kanade and Mr. Nilesh Sonu, members, TCS HR team, explicating the importance of understanding details like the company's work environment and employee policies like recruitment, hiring and remuneration. In a lecture on 'Corporate Expectations', organized on 11th January, 2020, the speaker Mr. Prashant Somani, Corporate Trainer, PIBM, Pune, gave insights into ways to match up to the corporate expectations from potential employees. On 13th February 2020 a placement drive for the final year students across all streams was conducted by Mr Sarfaraz Khan, Senior HR and Mr Ashraf, Senior Delivery Executive, Mphasis. 16





students were selected (11 for the non-voice process and 5 for the voice process).

## **XII. Medical Check Up:**

A Compulsory Medical Check-up was conducted for all the FYBA, FYBCOM, FYBCS, FYBBA, FYBCA students and hostelites on 10<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> August 2019. Dr. Medha Sarasambi from HealthPlus conducted a medical check-up for around 660 students of the college.

## **XIII. Alumni Meet:**

The Alumni Association since its formal constitution in December 2018 is actively involved in the welfare of the College and fellow students and has instituted awards and cash prizes to be given to the deserving students on the occasion of the Annual Prize Distribution Day thereby expressing immense gratitude to its alma mater. It has launched an e-registration facility for joining the Alumni association. The Alumni Committee is headed by Dr. Gulshan Gidwani as the Chief Patron followed by Mrs. Kashmira Parekh as President, Mrs. Asha Panicker as Vice President, Ms. Rupal Gesota as Secretary, Mrs. Gauri Mhalgi as Treasurer, Dr. Soniya Chavan, Ms. Elizabeth Kanade, Ms. Treta Lulla and Ms. Heshma Daryanani as Committee members.

The Association organized various events, workshops and guest lectures during the year. Ms. Prerans Polekar, a prestigious alumna, (2009-10 batch) an Application Development Lead at Accenture, was invited for an interactive session with the students on 25<sup>th</sup> January 2020 under 'Know Your Alumni', an initiative of the Department of Computer Science. She shared her career experience in addition to the ten motivational lessons inculcated in the college. The eminent sports personality and the Shiv Chatrapati awardee, Ms. Aparna Prabhudesai, a proud alumna from the Commerce stream, 1990 batch was the Chief Guest for the Annual Sports Day Celebrations organized on 19<sup>th</sup> December 2019. She has to her credit more than thirty half marathons and half a dozen full marathons. She is the first woman from the State of Maharashtra to have summited Mount Everest from the North side and holds the distinction of being India's oldest woman to summit Mount Everest. Ms. Rupal S. Gesota, alumna of 1995 batch -Arts, Economics, conducted a compulsory credit course on Yoga for the Post-Graduate students across all streams. After completing her Yoga Therapist course from the SKY Institute, Pune she is working as Yoga Teacher and a therapist since 2013.

The Alumni Meet was organised on 29<sup>th</sup> February, 2020. On this occasion, our eminent sports alumni Ms. Gurbans Kaur (the Shiv Chatrapati awardee), Ms. Aparna Prabhudesai and our ex-librarian Ms. Indra Parwani were felicitated. Two of our alumni turned faculty members – Mrs. Dolly Pundol and Ms. Rama Balakrishnan were also felicitated for their contribution to the College. The main attraction of the Meet was the Ms. Alumni Contest which was won by Kavita Desarda (1973 batch), Ashwini Motadu (2005 batch) and Afreen Sabooni (2019 batch). The title of Dillon ki Rani was won by Mrs. Dolly Pundol. The Alumni Association Annual Report was presented by the President of the Association, Ms. Kashmira Parekh. The event was a grand success owing to the relentless support of our volunteers, Student Council and the staff members.

## **XIV. Annual Socials**

The Cultural Committee in coordination with the Student Council organized the Annual Social Gathering on 20<sup>th</sup> December 2019, on the theme Indian Culture. The event started by lighting of the lamp by the Principal, Dr Gulshan Gidwani, Vice-Principal Shalini Iyer and Mrs. Stella Ambrose. This was followed by a Ganesh vandana.

The event promoted different Indian cultures in the form of dance and songs like Bhangra, Bharatnatyam, Kathak, as well as tribal dance forms. The highlight of the event was the North-east performance which was well appreciated and applauded by the audience representing the culture of





the 7 North-eastern States. The event concluded with a fashion show depicting outfits of different States in Indian.

### **XV. Student Farewell**

This year various farewells were organized at the departmental level for their students.

### **XVI. The Student Council**

The college has an active Student Council constituted as per the Savitribai Phule Pune University norms representing students across all streams. The Council organizes a number of events throughout the year, with an aim to unite the students for different activities. The Student Council 2019-20 was an active, enthusiastic and highly motivated team comprising of 12 members who were involved in activities like Ganesh festival, Christmas, Janmashtami, Teachers Day, Helpers Day, and the like.

### **XVII. Annual Prize Distribution**

The event was organized on 12<sup>th</sup> February 2020. The esteemed Chief Guest for the event was Dr. Rajan Welukar (Ex Vice-Chancellor, Mumbai University). The Chief guest in his inspiring address opined that the need of the hour for colleges was to introduce learning with focus on gender equality, reflective and application based learning through adoption of an inter-disciplinary orientation. This would give the students a more holistic perception of life and living and make the education process more impactful.

The students received the academic and non-academic prizes at the hands of the Chief Guest. Best Girl Trophies and Prizes were also given for exhibiting qualities of leadership, reliability, resourcefulness, academic proficiency and love for Mira Ideals. These Best Girls included:

Best Girl in Junior College – Miss. Ms Pradnya Vijayan

Best Girl in B.Sc (Computer Science) – Miss Doyita Mazumdar

Best Girl in BBA(CA) – Miss. Sonam Tiwari

Best Girl in Degree College (Arts) – Miss. Diksha Allali

Best Girl in Degree College (Commerce) – Miss. Poonam Dube

Award for putting into practice ideals of Sadhu T.L.Vaswani – Miss. Sanchari Sinha

The Best N.S.S. Volunteer – Miss. Pooja Yadav

Best All Rounder Student – Miss. Pooja Singh

### **XVIII. Graduation Ceremony**

The fifth Graduation Ceremony was organized on 7<sup>th</sup> February, 2020 on behalf of the Savitribai Phule Pune University. Ms. Ritu Chhabria (Non-Executive Director, Finolex Industries and Managing Trustee, Mukul Madhav Foundation) was the Chief Guest of the function. Speaking on the importance of social responsibility which is a critical component of community engagement and development, she encouraged students to be socially responsible citizens. 383 students received their certificates at the hands of the chief guest in this ceremony graced by the members of the Sadhu Vaswani Mission, parents and friends.

**Dr. Meenakshi Wagh**





## DEPARTMENT OF ENGLISH

**Dr Snober Sataravala (HoD), Suhaile Azavedo, Komal Tujare, Viveka Singh, Elizabeth Varkey  
Junior College: Sawani Vinita, Neena Dutta, Zoha Peerbhoy, Sushma Roy**

The English Department embraces each year with excitement and exuberance hoping to achieve something new, and each year we surprise ourselves as we exceed our expectations. This year our aim was wrecking walls, those that divide us on the inside and tear us apart on the outside. We also focussed on enhancing our students' education with various skill-based credit courses like Editing, Content Writing, Spanish and Spoken English.

### • Talks and Guest Lectures:

Dr Mohini Khot took her annual guest lecture with the SYBA on the 6<sup>th</sup> of February 2020 to discuss the novel *Pride and Prejudice* and made the delightful novel come alive as only she can. Dr Jayant Das Gupta talked about his documentary *Persepune* and related it to the graphic novel *Persepolis* on 13<sup>th</sup> February 2020 allowing the students to enter into the culture of the novel in a very personal way.

Dr. Vaishali Diwakar of the Sociology Department took a guest lecture with the TYBA English Special students on the 4<sup>th</sup> of March 2020 on Postmodernism.

### • Field Visits:

The Department of English attended a live theatre performance of —*The Island* by Athol Fugard at Raah on 2nd November 2019.

The students attended the Pune Literature Fest and enjoyed engaging with the writers, musicians, politicians and actors, their favourite being Shashi Tharoor.

### • Faculty Improvement:

With SWAYAM, Dr Snober Sataravala did a course “Appreciating Linguistics: A Typological Approach” and “English Literature of the Romantic Period 1798-1832”, Suhaile Azavedo did a course “Applied Linguistics” and “English Literature of the Romantic Period 1798-1832”, and Komal Tujare did the courses “Short Fiction in Indian Literature” and “Modern Indian Drama”.

### • Paper Presentation:

#### Teachers

Dr Snober Sataravala's paper “The Power of Narrative: An Analysis of Stories and Re-positioning Identity” was published in a book titled *Interpretations of Literature: Theory and Practice* published in memory of her great professor Dr Iyer. Dr Sataravala also peer reviews for the International journal Indian Journal of Gender Studies (SAGE). Suhaile Azavedo's paper “No tiger in the tale: Effacing Otherness in Yann Martel's *Life of Pi*” was published in a book titled *Representing the Exotic and the Familiar: Politics and Perception in Literature*. Komal Tujare has registered for her PhD and the title of her research is *A Study of Gender Conditioning in Contemporary Children's Literature in India*.

#### Students

Several students presented and published papers at the Two-day State-Level Seminar organised by the English Department on 10<sup>th</sup> and 11<sup>th</sup> January, 2020, titled “Questioning Attitudes and Labels: Mental Health Versus Madness”.

### • Counselling:

#### Career

**A lecture on Corporate Training-** Department of English organized a guest lecture on





Introduction to Corporate Training for the S.Y.B.A and T.Y.B.A (Eng Spl) girls of St. Mira's on 23<sup>rd</sup> July 2019 by Nausheen Qidwai, who holds an experience of 14 years in the field of Corporate Training.

### ● **Student Enrichment:**

#### **Intra-department:**

The department organised the annual English Declamation Competition on the 7<sup>th</sup> and 8<sup>th</sup> of August 2019 as part of the Anjali Week celebrations in memory of Dada J. P. Vaswani.

Apart from academics, St Mira's provides the students with a fun filled time at college. On 24<sup>th</sup> August 2019, the MA Part 2 students had a welcome party for the freshers. The theme of the party was Casino and the students danced, partied and made new friends.

The SYBA A class created a semester long series of wall newspapers titled 'The Mira Mirror' covering news from, in and around the campus with diverse themes. The students also created a page on Instagram titled Humans of St. Mira's.

The department prides itself in its experimental alternate ways of teaching through performances and creative assignments which truly enrich the students' learning experience.

### ● **Extra-Curricular Activities:**

The Debate Club was reconvened for the entire college by the Department of English. The college Debate Club was created in 2017- 18 to hone the talents of young debaters from all streams. The club was beneficial to the students as it introduced them to trending topics, extempore debates with rebuttals, the formal aspects of competitions, dos and don'ts of good debating.

The JNK (Japanese and Korean) group is a dynamic part of the LitWits club of the department. This year the club kick started with an introductory session. This was followed by sessions on Detective fiction in anime, Japanese Culture, games like Mafia, Jenga and Hide and Seek. The LitWits hosted events like the *Sexist Cine Saga*, creative writing and poetry slam competition, screenings from the orient and *Marvels of Musicals*.

The annual fest titled Kosufest was organised on the 11<sup>th</sup> of December 2019. The fest invited participants from across the city to compete in a cosplay competition, a poetry slam, a fandom quiz and a K-pop dance competition with entrepreneurs selling products at stalls and excellent performers like Rohflix and Streetbeats exhibiting their talents.

### ● **Movie Screenings:**

This year the department got its own smart board and hence audio visual aids became an intrinsic part of their teaching with too many to name.

### ● **Contribution of Dept to Corporate Life of the College:**

Dr Snober Sataravala is the editor of the magazine, on the IQAC committee and responsible for Category II i.e. Teaching, Learning and Evaluation. Under this category her department and team has implemented the learning management system Moodle and set up an all-inclusive feedback system. Suhaile Azavedo is part the magazine committee, college website committee, prize distribution committee, and additional credit course committee. She is also the coordinator for the Annual Sadhu Vaswani Intercollege Debate Competition.

Ms. Komal Tujare is a member of the Green Club of the college. She is the coordinator of the LitWits Club. She is also a member of the Magazine Committee and aids in the IQAC Criterion on Student Support and Progression.

The Department of English's editing cell went from strength to strength editing two more PhD theses thereby bring consultancy to the college.





## अहवाल - हिंदी विभाग

### सेंट मीरा कॉलेज फॉर गर्ल्स हिंदी विभाग की गतिविधियों का वृत्तान्त

सन २०१९ - २०२०

प्रा. शितल जाधव - (हिंदी विभाग, वरिष्ठ महाविद्यालय)

प्रा. विभा राठोड - (हिंदी विभाग, कनिष्ठ महाविद्यालय)

डॉ. सुवर्णा पुंडले - (हिंदी विभाग, कनिष्ठ महाविद्यालय)

सन 2019 - 20 के शैक्षणिक वर्ष में हिंदी विभाग में विभिन्न कार्यक्रमों का आयोजन किया गया। इसका विवरण निम्न प्रकार से दिया जा रहा है -

#### 1) अतिथि व्याख्यान (Talks and Guest Lectures)

दिनांक 21 सितम्बर, 2019 शनिवार के दिन हिंदी विभाग की ओर से 'हिंदी दीवस एवं सप्ताह' के उपलक्ष्य में 'हिंदी के विशेष साहित्यकार : चर्चा एवं संवाद' इस कार्यक्रम का आयोजन किया गया। इसमें प्रमुख अतिथि के रूप में हिंदी की प्रसिद्ध साहित्यकार तथा मुख्य प्रबंधक एवं राजभाषा अधिकारी, बैंक ऑफ महाराष्ट्र (लोकमंगलम), पुणे के 'डॉ. राजेन्द्र श्रीवास्तव' जी को आमंत्रित किया गया था। इस कार्यक्रम में प्रथम, द्वितीय एवं तृतीय वर्ष कला शाखा तथा प्रथम वर्ष वाणिज्य शाखा की हिंदी विषय की छात्राएँ सम्मिलित हुई।

#### 2) कार्यशाला (Workshop)

दिनांक 11 दिसम्बर, 2019 बुधवार के दिन हिंदी विभाग की ओर से 'हिंदी मानक वर्तनी कार्यशाला' का आयोजन किया गया था। गरवारे महाविद्यालय के सहायक प्राध्यापक डॉ. सचिन जगताप सर ने इस कार्यशाला में हिंदी विभाग के प्रथम वर्ष एवं द्वितीय वर्ष कला शाखा की छात्राओं को लेखन कौशल में सुधार हेतु विभिन्न नियमों की जानकारी देते हुए मार्गदर्शन किया।

#### 3) छात्र संवर्धन (Student Enrichment)

1) 03 अगस्त, 2019 के दिन दादा जे.पी. वासवानी जी के जन्म दिवस समारोह पर हिंदी विभाग की ओर से हिंदी कथोपकथन प्रतियोगिता (Hindi Declamation Competition) आयोजन किया गया था। इसमें महाविद्यालय की 07 छात्राएँ सम्मिलित हुई थी। इसमें द्वितीय वर्ष कला शाखा की छात्रा दिव्यानी चकोले को प्रथम पुरस्कार प्राप्त हुआ। द्वितीय पुरस्कार क्रमशः प्रियंका चौरसिया (syba) एवं गौरी राजे (fyba) को प्राप्त हुआ। इस प्रतियोगिता में महाविद्यालय की प्राध्यापिका वीणा केंची और प्राध्यापिका मंजीी कुलकर्णी जी परीक्षक के रूप में उपस्थित रही।

2) 14 सितम्बर, 2019 को हिंदी दिवस के उपलक्ष्य में हिंदी विभाग की ओर से 'सामाजिक विज्ञापन पोस्टर प्रतियोगिता' का आयोजन किया गया था। इसमें प्रथम वर्ष वाणिज्य शाखा की छात्राएँ सम्मिलित हुई।





3) 16 सितम्बर, 2019 को हिंदी सप्ताह के उपलक्ष्य में हिंदी विभाग की ओर से 'हिंदी निबंध प्रतियोगिता' का आयोजन किया गया था। इसमें प्रियंका पालकर (M.COM) ने प्रथम पुरस्कार प्राप्त किया। द्वितीय एवं तृतीय पुरस्कार के रूप में क्रमशः कुसुम मौर्या (SYBCA), और दिक्षा आळल्ली आदि ने पुरस्कार प्राप्त किए। इस प्रतियोगिता में प्राध्यापिका हसीना शेख जी परीक्षक के रूप में उपस्थित रही।

4) 18 सितम्बर 2019 को हिंदी सप्ताह के उपलक्ष्य में हिंदी विभाग की ओर से 'हिंदी काव्य प्रतियोगिता' का आयोजन किया गया था। इसमें द्वितीय वर्ष कला शाखा की दिव्यानी चकोले ने प्रथम पुरस्कार प्राप्त किया। द्वितीय एवं तृतीय पुरस्कार के रूप में क्रमशः प्रियंका चौरसिया, विशाली शर्मा आदि ने पुरस्कार प्राप्त किए। इस प्रतियोगिता में प्राध्यापिका विभा राठोड़ जी परीक्षक के रूप में उपस्थित रही।

#### 4) दृश्य-श्रव्य माध्यम (Movie Screenings)

1) 9 सितम्बर, 2019 को हिंदी विभाग की प्रथम वर्ष कला शाखा की छात्राओं को 'महादेवी वर्मा की कहानी नीलकंठ दृश्य-श्रव्य रूप में दिखाई गयी।

2) 27 फरवरी, 2020 को हिंदी विभाग की द्वितीय वर्ष कला शाखा की छात्राओं को हिंदी महिला लेखिला मन्नू भंडारी जी के कहानी 'यही सच है' पर आधारित फिल्म 'रजनीगंधा' दिखाई गयी।

#### 5) प्राध्यापक उपलब्धि-

अगस्त 2019 में सेंट मीराज कॉलेज के वाणिज्य विभाग और इंडियन मिलट्री ट्रेनिंग सेंटर की ओर से अयोजित क्रेडिट कोर्स के अंतर्गत सहायक प्राध्यापिका शितल जाधव जी ने कमांडो ट्रेनिंग कोर्स में सहभागिता दर्शायी।

## अहवाल - मराठी विभाग

डॉ. संगीता देशमुख (विभाग प्रमुख),  
आशा भावेकर (कनिष्ठ महाविद्यालय)

२०१९-२० या शैक्षणिक वर्षात मराठी विभागात अनेक उपक्रम राबविण्यात आले. मराठी विषयाच्या अभ्यासक्रमाची उद्दिष्टे साध्य करणे, विद्यार्थिनींच्या कलागुणांना अधोरेखित करण्यासाठी व्यासपीठ उपलब्ध करून देणे, मातृभाषा आणि विषयाबाबत सजगता निर्माण करणे या हेतूने आयोजित केलेल्या उपक्रमांचा अहवाल खालीलप्रमाणे -

#### व्याख्यान -

- १) मंगळवार, दिनांक १६ जुलै २०१९ - पुस्तक परीक्षण या विषयावर मॉडर्न महाविद्यालयाच्या डॉ. वैजयंती जाधव यांनी व्याख्यान दिले.
- २) सोमवार, दिनांक २६ ऑगस्ट २०१९ - एफ. वाय. बी. ए. च्या विद्यार्थिनींसाठी आयोजित केलेल्या व्याख्यान सत्रात मॉडर्न शिक्षणशास्त्र महाविद्यालयाच्या प्रा. शुभांगी जोशी यांनी वक्तृत्व कौशल्य या विषयावर मार्गदर्शन केले.
- ३) सोमवार, दिनांक ६ जानेवारी २०२० - मराठी भाषा संवर्धन पंधरवड्यानिमित्त वाडिया महाविद्यालयाच्या डॉ. उमा काळे यांनी मराठी कार्यक्रमांचे संयोजन या विषयावर व्याख्यान दिले.
- ४) मंगळवार, दिनांक ७ जानेवारी २०२० - मराठी भाषा संवर्धन पंधरवड्यानिमित्त सावित्रीबाई फुले पुणे विद्यापीठाच्या डॉ. गजानन अपिने यांनी प्रशासनिक मराठी या विषयावर मार्गदर्शन केले.
- ५) जागतिक मराठी भाषा गौरव सप्ताहानिमित्त गुरवार, दिनांक २० फेब्रुवारी २०२० - वाचनातून महिला सबलीकरण, वाचाल तर टिकाल





या विषयावर मॉडर्न महाविद्यालयाच्या मराठी विभाग प्रमुख डॉ. निशा भंडारे यांनी व्याख्यान दिले.

### कार्यशाळा -

- १) बुधवार, दिनांक ३१ जुलै २०१९ -  
वृत्तपत्रीय समीक्षा या विषयावर आयोजित कार्यशाळेत वरिष्ठ पत्रकार श्री. गोपाळ जोशी यांनी ग्रंथ, चित्रपट, नाटक यावर समीक्षापर लेखन कसे करावे याबाबत उद्बोधन केले.
- २) सोमवार, दिनांक १९ ऑगस्ट २०१९ -  
वृत्तपत्रीय लेखन - अग्रलेख आणि पुरवणी या विषयावर केसरी वृत्तपत्राचे श्री. स्वप्निल पोरे यांनी मार्गदर्शन केले. अग्रलेख, साप्ताहिक पुरवणी, वृत्तपत्रासाठी लेखन या मुद्द्यांवर कार्यशाळेत भर देण्यात आला.
- ३) मंगळवार, दिनांक १७ सप्टेंबर २०१९ -  
प्रमाण भाषेच्या लेखनाचे नियम आणि विरामचिन्हे या विषयावर आयोजित कार्यशाळेत स्नेहवर्धन प्रकाशन संस्थेच्या डॉ. स्नेहल तावरे यांनी मार्गदर्शन केले.
- ४) दिनांक ६ आणि ७ डिसेंबर २०१९ -  
मराठी भाषेच्या संदर्भात इंटरनेटचे उपयोजन या विषयावरील कार्यशाळेत शीतल दोरगे यांनी मार्गदर्शन केले.

### स्पर्धा -

- १) दादा जे. पी. वासवानी यांच्या जयंतीनिमित्त बुधवार, दि. ३१ जुलै, गुरुवार दि. १ ऑगस्ट २०१९ -  
आयोजित डेक्लमेशन स्पर्धेत एकूण १४ मुलींनी सहभाग घेतला. डॉ. मनीषा पिंपळखरे आणि डॉ. मिनाक्षी वाघ यांनी परीक्षण केले.  
प्रथम क्रमांक - अभिरामी मिसाळ (एस.वाय.बी.ए.)  
द्वितीय क्रमांक - आदया घळसासी (एस.वाय.बी.ए.)  
तृतीय क्रमांक - आकांक्षा टोपे (एस.वाय.बी.ए.)
- २) सोमवार, दि. २६ ऑगस्ट २०१९ -  
आयोजित वक्तृत्व स्पर्धेत एकूण ११ विद्यार्थिनींनी सहभाग घेतला. शिक्षणशास्त्र, महाविद्यालयाच्या प्रा. शुभांगी जोशी यांनी स्पर्धेचे परीक्षण केले.  
प्रथम क्रमांक - आकांक्षा टोपे (एस.वाय.बी.ए.)  
द्वितीय क्रमांक - प्रियंका सुतार (टी.वाय.बी.ए.)  
तृतीय क्रमांक - दिपाली पोटावळे (टी.वाय.बी.ए.)  
उत्तेजनार्थ पारितोषिक - दिपाली भामरे (एफ.वाय.बी.ए.)
- ३) मराठी भाषा संवर्धन पंधरवड्यानिमित्त जानेवारी महिन्यात घेण्यात आलेल्या निबंध स्पर्धेत १९ मुलींनी सहभाग घेतला. प्रा. मंजिता कुलकर्णी, प्रा. दिपा क्रिष्णमूर्ती यांनी परीक्षण केले.  
प्रथम क्रमांक - वैष्णवी दरेकर (एस.वाय.बी.ए.)  
द्वितीय क्रमांक - आकांक्षा टोपे (एस.वाय.बी.ए.)  
तृतीय क्रमांक - दिप्ती पोटावळे (टी.वाय.बी.ए.)
- ४) गुरुवार, दिनांक ९ जानेवारी -  
संपन्न झालेल्या नाट्यस्पर्धेत एस.वाय.बी.ए. चा गट विजयी ठरला. आशा भावेकर, अश्विनी खैरे यांनी परीक्षण केले.
- ५) स्वच्छता पखवाड्यानिमित्त मंगळवार, दि. २१ जानेवारी -  
मराठी घोषवाक्य लेखन स्पर्धा घेण्यात आली. ग्रंथपाल देवेंद्र कौर, क्रीडा विभागाच्या एकता जाधव यांनी परीक्षण केले.  
प्रथम क्रमांक - दिशा विश्वंभर (एफ.वाय.बी.कॉम.)  
द्वितीय क्रमांक - प्रतिमा शिरोडकर (टी.वाय.बी.ए.)  
तृतीय क्रमांक - भक्ती कांबळे (एस.वाय.बी.ए.)

नाट्यप्रदर्शन - गुरुवार, दि. १९ सप्टेंबर २०१९ -

अभ्यासक्रमातील घटकाची दृकश्राव्य अध्ययन अनुभूती देण्याच्या उद्देशाने गुंतता हृदय हे या नाटकाचे प्रसारण करण्यात आले.

### सामाजिक भान -





- १) संत गाडगे महाराज विद्यालयातील अंध विद्यार्थ्यांसाठी शालेय परीक्षेदरम्यान लेखनिक म्हणून ५५ मुलींनी जबाबदारी घेतली. सोमवार, दि. १९ ते गुरुवार, दि. २२ ऑगस्ट २०१९ या कालावधीत ही सेवा पुरविण्यात आली.  
दि. २५ ते २९ नोव्हेंबर २०१९ तसेच दि. ३ आणि ५ फेब्रुवारी २०२० या परीक्षा कालावधीत एकूण ४३ विद्यार्थिनींनी लेखनिक म्हणून काम केले. शैक्षणिक वर्ष २०१९-२० मध्य शालेय परीक्षांसाठी अंध विद्यार्थ्यांना एकूण ३ परीक्षांसाठी ही सेवा पुरविण्यात आली.
- २) शासन आदेशानुसार मराठी भाषा संवर्धन पंधरवडा आणि मराठी भाषा गौरव दिन - दि. १ ते १५ जानेवारी तसेच २७ फेब्रुवारी २०२० या कालावधीत मातृभाषा मराठीचे संवर्धन करण्याच्या प्रयोजनार्थ अनेक उपक्रम राबविण्यात आले.

#### मराठी भाषा संवर्धन पंधरवडा -

दि. १ ते १५ जानेवारी २०२०

- ग्रंथालयाद्वारे पुस्तक प्रदर्शन
- विविध स्पर्धा - निबंध लेखन, कथाकथन, पोस्टर, नाट्य
- मराठी स्वाक्षरी अभियान
- मराठी भक्तीसंगीत
- भीतीपत्रके
- व्याख्याने

अशा विविध उपक्रमांचे आयोजन करून मातृभाषा पंधरवडा साजरा करण्यात आला.

#### मराठी भाषा गौरव दिवस -

१) दि. ४ व ६ फेब्रुवारी २०२० -

नटसम्राट नाटकातील स्वगत आणि संवादांचे तसेच कुसुमाग्रजांच्या कवितांचे गटवाचन आणि चर्चा.

२) सोमवार, दि. १७ फेब्रुवारी -

कुसुमाग्रजांच्या कवितांवर आधारित काव्यकुसुमांजली हा कार्यक्रम संपन्न झाला.

३) वाचनातून महिला सबलीकरण, वाचाल तर टिकाल या विषयावर गुरुवार, दि. २० फेब्रुवारी -

डॉ. निशा भंडारे यांचे व्याख्यान आयोजित करण्यात आले.

४) गुरुवार, दि. २७ फेब्रुवारी -

- मराठीचे अभिमान गीत - टुक-श्राव्य प्रसारण
- कुसुमाग्रजांचे मराठी साहित्यातील योगदान या विषयावर भाषण
- काव्यवाचन आणि काव्य गायन
- पोवाडा
- नाट्य प्रयोग - आम्ही सावित्रीच्या लेकी, मंगळागौर
- प्रश्नमंजूषा
- अस्खलित मराठी संभाषण आणि उत्स्फूर्त वक्तृत्व स्पर्धा

असा विविधरंगी साहित्यिक उपक्रम आयोजित करून मराठी भाषा गौरव दिवस साजरा करण्यात आला.

#### महाविद्यालयाच्या कामकाजातील सहभाग -

१. महाविद्यालयाच्या वार्षिक अंकासाठी मराठी विभागाचे संपादन.
२. सांस्कृतिक समिती सदस्य.
३. एन.एस.एस. सल्लागार समिती सदस्य.
४. महाविद्यालयातील अंतर्गत स्पर्धा समिती सदस्य.
५. आंतरमहाविद्यालयीन स्पर्धा समिती सदस्य.

#### विशेष उल्लेखनीय यश -

१. डॉ. संगीता देशमुख यांची BARTI मार्फत फेलोशिप तज्ज्ञ समितीवर निवड करण्यात आली.
२. डॉ. संगीता देशमुख यांना मॉडर्न महाविद्यालयात External Reviewer For Paper Setting म्हणून आमंत्रित करण्यात आले.





## DEPARTMENT OF SOCIOLOGY

**Dr. Vaishali Diwakar (HoD), Dr. Vaishali Joshi, Ms. Manjita Kulkarni**  
**Junior College: Mrs. Jyoti Joshi**

### • Talks and Guest Lectures

An orientation session on “Building Student Volunteering” was delivered on 7<sup>th</sup> September by Mr. Dalmia who explained the Saarathi initiative which trains the students in video making and preparing digital library resources.

Ivan John from Mumbai spoke to students about the spectrum of sexuality on 29<sup>th</sup> January 2020. In his lecture, Ivan clarified various terms on this spectrum and elaborated on the hierarchy implied in this terminology. He also highlighted the issues of the LGBTQ+ movement and a need for the visibility of the same.

Mr. Stalin, the Managing Trustee of video volunteering addressed the FYBA students on 24<sup>th</sup> January 2020. Every year, the documentary India Untouched made by him is screened. In his address, he explained the journey of making this documentary and the challenges faced. He talked about inequality in society and made the students think out of the box and understand small issues more carefully. It was an interactive session and he encouraged students to express their opinions and doubts fearlessly. The session gave a lot of insights into caste reality today.

Mr. Niranjan Upasani from Jeevitnadi Foundation spoke on 'the need for water conservation' on 28<sup>th</sup> January 2020. It was a very informative lecture which helped students understand practical ways to conserve water resources.

### • Public event

St. Mira's College for Girls, Dept. of Sociology and Mira Film Society organized a film screening of the film Evening Shadows directed by Mr. Sridhar Rangayan on 21<sup>st</sup> September 2019. The screening was followed by a discussion with the director. The film challenges many of our taken for granted notions- primarily heterosexuality but also regional purity/pollution, rural-urban binary, gender roles and particularly the notions of motherhood.

### • Field Visits

On 24<sup>th</sup> August 2019, the TYBA students of the Department of Sociology participated in the river walk. Through this walk, they were introduced to the historical background of the river and of Pune city, the biodiversity factors of the river and surrounding environment and the importance of preservation of water bodies.

The SYBA students visited Phule Wada which is considered as the cultural heritage of Pune. This place depicts various incidents from the life of Jyotiba and Savitribai Phule

The SYBA students visited Dr. Babasaheb Ambedkar Museum which helped them understand the life and works of the visionary and the sculptor of our Constitution.

The Department has organised a field trip of MA students to Dibrugarh, Assam from 23-28 March





2020. This field trip is conducted to study sociologically the social and cultural patterns of tribes and ethnic groups and the ethnic identity formation in the Department has organised... North Eastern region of India

- **Mira's Film Society**

FFSI, established in 1959 by Satyajit Ray in Kolkatta, promotes the development of a film society movement across regions, particularly for young college students. This year Department of Sociology, St. Mira's College got affiliated to FFSI, western region and established "Mira's Film Society" through which the college will be conducting regular film screenings, film festivals, and short term film appreciation courses. It conducted a two day festival on gender issues. On 20th August the film society was inaugurated with the screening of Neel Batte Sannata. On 21<sup>st</sup> August, a screening of the internationally famous documentary "The World before her" was held which was followed by a discussion with Dr. Sneha Gole, Women's Studies Centre, SPPU.

- **Research Projects and Paper Presentation:**

The Department of Sociology and Jiveetnadi foundation are undertaking a collaborative research on the Changing Nature of Mula & Mutha River and its Effects on the various communities in Aundh and Baner (2019-20).

- **Movie Screenings**

Documentaries- Modern Europe, Du Bois's and Sociology of Blacks in America, Cold war, India Untouched

Movies- The Help, The Stepford Wives, Ki and Ka, Uri, Life in Metro, SaathSaath.

- **Contribution of Dept to Corporate Life of the College**

The anti-ragging committee, RTI Committee, College Development Board, Purchase Committee, Cultural Committee, Sanctuary Committee, Research Coordination Committee, Students Welfare.

## DEPARTMENT OF PSYCHOLOGY

**Dr. Jaya Rajagopalan (HOD), Ms. SharminPalsetia, Ms. Pooja Jain**

**Junior College: Revati Pandhare**

The Department of Psychology initiated a one of its kind **Mental Well-Being Program** this year which has received an enthusiastic response from the students, faculty members and media. The program has a 3 tier structure which includes awareness sessions, group therapy and individual counselling.

### **Workshops-**

Ms. Tehnaz Ragi, Member, Nayi Disha Resource Centre introduced the students to Directory Building for Special Needs Children on 22nd August, 2019. The students of St. Mira's will be the volunteers to generate the lead data and conduct surveys for creating the directory in Pune.

### **Field Visits-**

The students of SYBA (Psychology) visited Mukhtangan De-addiction Centre on 24<sup>th</sup> August 2019





and Schizophrenia Awareness Association (SAA) on 29<sup>th</sup> August 2019.

### **Research Projects and Paper Presentations-**

Dr. Jaya Rajagopalan was invited as a speaker at a three day Training for Student Induction Programme organized by University Grants Commission (UGC), Ministry of HRD at IISER, Pune on 8<sup>th</sup> June, 2019. She also attended a one-day workshop organized by IQAC cell in collaboration with IQAC Cluster India titled 'Filing AQAR under new NAAC Process' in Smt. P.N. Doshi Women's College, Mumbai on 28<sup>th</sup> June, 2019, and a national level workshop on 'Evaluation Refors in Higher Education' organized by University Grants Commission (UGC) at IISER, Pune on 20<sup>th</sup> August, 2019. Dr. Jaya Rajagopalan was a resource person during the two days 6<sup>th</sup> Annual International Dance Movement Therapy Conference titled "Movement and Other Arts for Well-Being" and presented the topic titled "What Does Research has to do with Dance Movement Therapy? Understanding the Why and How of DMT Research" held on 30<sup>th</sup> Nov and 1<sup>st</sup> Dec, 2019 at St. Mira's College for Girls Pune. She attended and presented a paper titled "Dance Movement in the Elderly: Promoting Meaningful Engagement with Life" during the 29<sup>th</sup> Annual Convention of National Academy of Psychology (NAOP), India, "International Conference on Making Psychology Deliverable to the Society" held on 20<sup>th</sup> to 22<sup>nd</sup> December, 2019 at Pondicherry.

Ms. Pooja Jain was invited as a speaker at EDUFEST to conduct a workshop on Understanding Pedagogies - Theory and Application by early Childhood Association of India, Pune on 6<sup>th</sup> July, 2019. She participated in a joint conference hosted by TISS, IHMP, NIMHANS and De Montfort University (DMU) on Mental Health, Migration and Resilience, in Pune on 17th and 18th September 2019 and was invited as a speaker by Mahaveer Jain Vidyalyaya, Pune to address the parents on 'Mindful parenting with adolescence and Gender differences' on 25th January, 2019.

Ms. Disha Dhankani, a student of TYBA Psychology special attended a three day conference organized by Fortis Hospital, Gurgaon titled "Fortis 3<sup>rd</sup> Annual Psychology Conference, 2019" from 13<sup>th</sup> to 15<sup>th</sup> September, 2019.

Few of the SYBA psychology special students attended presented the papers at a two-day student seminar titled "Questioning Attitudes and Labels: Mental Health versus Madness" on 10<sup>th</sup> and 11<sup>th</sup> January, 2020.

### **Counselling-**

An orientation to the Counselling Cell was organized on 16<sup>th</sup> July, 2019 during the sanctuary, wherein all the students were informed about the functioning of Counselling Cell and the launch of Mental Well-Being Program.

### **Students Enrichment-**

As a part of student's enrichment we provide various internship opportunities to our students.

### **Movie Screening-**

'One Flew over the Cuckoo's Nest' was screened for the SYBA Psychology students on 5<sup>th</sup> August 2019 and 'Legally Blonde' on 28<sup>th</sup> August 2019.

### **Contribution of Department to Corporate Life of the College-**

Dr. Jaya Rajagopalan- Co-ordinator- IQAC, Member of Exam Committee, Anti-Ragging Committee, Sports committee, Grievance Redressal Committee.

Ms. Sharmin Palsetia- Member of Placement Committee- Placement Officer for B.A. students, Member of Consultancy Committee.

Ms. Pooja Jain- Coordinator, Mental Well-Being Program.





## DEPARTMENT OF EDUCATION

**Mrs. Hasina Shaikh (HoD)**

- Workshops:**

On 8<sup>th</sup> August 2019, Dr. Gargee Mitra conducted a workshop on “Mind Mapping”. 20<sup>th</sup> August 2019, Dr. Sunanda Roy conducted a workshop on “Cooperative Learning”. 27<sup>th</sup> January 2020, Dr. Archana Chaudhari conducted a workshop on “Models of Teaching”.

- Field Visits:**

On 15<sup>th</sup> July 2019, the TYBA students visited Dr. Babasaheb Ambedkar Museum, as a part of an assignment. 16<sup>th</sup> August 2019, the FYBA students visited Sadhu Vaswani's International School, Pradhikaran, as a part of their extra credit course. 29<sup>th</sup> February 2020, the SYBA students visited Special Schools in Pune.

- Contribution of Dept to Corporate Life of the College:**

Mrs. Hasina Shaikh is the Coordinator for the Student Development Cell, NSS Advisory Committee member. On 10<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> August 2019, she organized a Medical Check-Up Camp for FYBA, B.Com, BBA, BCA, BCS and Hostelites.

She has contributed as a judge for the Hindi Essay Writing Competition and Elocution Competition on the occasion of Gandhi Jayanti for junior college students. She was invited as a guest speaker on Social Skills at Christ College and has attended a two day International Seminar organized by H.G.M. Azam College of Education, Pune.

---

## DEPARTMENT OF POLITICS AND PUBLIC ADMINISTRATION

**Ms. Veena Kenchi**  
**Mrs. Anita D' Cunha (Junior College)**

- Field Visits**

- 30 students from 12<sup>th</sup> Arts visited The National War Memorial Southern Command in commemoration of Kargil Diwas to pay their homage to the brave martyrs who gave their lives protecting our Motherland.
- The students of Std. XII, visited the Mahatma Gandhi Museum at the Aga Khan Palace for





better understanding of Gandhiji's life and teachings.

### • Research and Faculty Improvement

- Ms. Veena Kenchi- Research Paper- “Is Non-violence relevant in the age of violent politics?: Reference to violent Identity politics in India” in the UGC Approved Journal- “Research Journey”; ISSN-2348-7143; pp-175-179.
- Ms. Veena Kenchi- participated in the three- day Training of Teachers for Student Induction Programme conducted by University Grant Commission, Ministry of HRD, New Delhi at Indian Institute of Science Education and Research, Pune. 6th June 2019 to 8th June 2019.
- Ms. Veena Kenchi- participated in a seven- day training course on- “E-content Development: Techniques, Issues and Challenges” (25<sup>th</sup> September to 1<sup>st</sup> October 2019) organised by SPPU.
- Ms. Veena Kenchi participated in the one day workshop of “Understanding Pedagogy in Cinema” conducted by the Dept. of Sociology, St. Mira's College for Girls, Pune.
- Mrs. Anita D'Cunha was appointed as Trainer for junior college teachers at the State level training workshop conducted by Balbharati, Pune for the STD XI- new syllabus textbooks.

### • Student Enrichment

- Discussion of Abolishment of Art 370 in Jammu and Kashmir- 6<sup>th</sup> August 2019.
- Poster making activity on the occasion of Gandhi Jayanti by the students of Junior College. Group poster presentations were made by the students depicting life and teachings of Mahatma Gandhi.
- Elocution Competition for Junior College on the occasion of Gandhi Jayanti. The theme for this competition was- “Gandhian Values”.
- **Constitution Day Celebrations-** Following activities were conducted on this occasion-
  - Live Telecast of the proceedings of the Parliament
  - Under the guidance of Mrs. Anita D'Cunha, the students of Std XI performed a short skit emphasizing the importance of fundamental rights and laws in the Constitution.
  - All Staff and students participated in the reading of the Preamble in the assembly hall of the college.
- **Human Rights Day-** The department telecasted the, 'Story of Human Rights' and 'Know your Rights' - documentaries by United Nations to create awareness about human rights and the violations that we observe around the world followed by a discussion on various constitutional provisions for protection of Human Rights in India.
- **SYBA Presentations-** The students of SYBA as part of their curriculum study contemporary





issues of conflict and world security. The students made AV presentations on various terrorist attacks in the world.

- **Programme on All India Radio-** 'Mei Aur Meri Kavitaen'- Two SYBA students of the dept, Divyani Chakole and Priyanka Chourasia participated and conducted this programme for Akashwani, Pune. They recorded their own Hindi poems reflecting on the socio-economic conditions in the country and their dreams for a better future. The programme was broadcasted on 1<sup>st</sup> February 2020.

- **Intra-departmental Activity**

- **Electoral Day-** 25<sup>th</sup> January 2020- The Department of Politics and Public administration and the Department of National Service Scheme (NSS) conducted various activities to celebrate Electoral Day on 25th January 2020 and 27th January 2020.

- The Students of Junior College(Politics Dept) participated in the Essay Writing Competition organised by the department. The students of English medium (23 students) and Marathi medium (24 students) participated in this competition and enthusiastically penned their thoughts about the topic, "Elections". The students were guided by Mrs. Anita D'Cunha. The best essays were submitted to the Zilla Parishad Office. The winners of this competition are- English Medium – 1st- Harshita Sanjay Masand, 2nd – Zenab Arif Mistry and 3rd – Aditi Kuldeep Misra. Marathi Medium-1st – Jayashree Madhukar Naravade, 2nd – Disha Ramesh More and 3rd- Diya Basuraj Chavan
- Lecture for FYBA students- Mrs. Veena Kenchi conducted a special lecture on "Electoral Process in India" for the FY students for emphasizing the importance of free and fair elections.

- **Lokshahi Pandharawada-** The Lokshahi Pandharawada was celebrated from 26<sup>th</sup> Jan 2020 to 5<sup>th</sup> Feb 2020 in collaboration with the Student Development Cell of the College.

- **The Civil Services Exam Cell** jointly run by the Departments of Politics and Public Administration and History organized the following activities for candidates aspiring to clear the Civil Services Examination-

- **A guest lecture** for the students aspiring to clear the Civil Services Exam. The lecture on "Competitive Exams for Government Posts in India" was conducted by Mr. Vikrant Gaikwad of the VScore Academy Pune.
- As part of the Soft Skills programme for the third year students a guest lecture was organised for students who are enthusiastic to join civil services by Mr. Jawwad Kazi from the Unique Academy, Pune. The lecture on-"Introduction to Civil Services" gave students an insight into the posts in Indian Administration.
- **RTI Workshop-** The Cell, in association with the student campus ambassadors from





St. Mira's of Pune Concern for Governance Trust,organised a workshop on Right to Information on Monday 10th February 2020. The workshop was conducted by Shardul Deshpande, a third year ILS, law college student. A member of PCGT who has filed 300+ RTI's. It was conducted under the guidance of Mr. Satish Khot. The workshop was attended by 50+ students and a members of PCGT

- **Electronic references-** The Cell also has NCERT books and other references available to students for preparatory exams.

- **Movie Screenings**

- *Article 15-* 7<sup>th</sup> July 2019- The movie was an attempt to make students aware the gap between theory and reality and how Constitutional provisions have to be used effectively or they tend to lose their meaning.
- *Uri-* The Surgical Strike- 26<sup>th</sup> July 2019, Mrs. Anita D Cunha organised the screening of the movie for the students of the department to make the students understand the political, social, psychological and economic aspects of war. The screening was to commemorate Kargil Diwas.
- “Beating the Bomb” documentary was screened on the occasion of Hiroshima and Nagasaki Day to raise awareness and encourage a dialogue about nuclear warfare and nuclear weapons.

- **Contribution of Dept to Corporate Life of the College**

- Ms. Veena Kenchi Coordinated the Student Induction Programme for all first year students jointly with Ms. Elizabeth Kanade.
- Ms. Veena Kenchi conducts the Human Rights Credit Course for the Post- Graduate students of the college

- **Faculty Achievements**

- Ms. Veena Kenchi delivered lectures on “Policy Making and Implementation” and “Politics of Public Policy in India” at the Certificate Course on Public Policy organized by Dept. of Politics & Public Administration, SP College, Pune.
- Ms. Veena Kenchi conducted a lecture on “Social Responsibility” for the Third Year students of B.A. and B.Com under the Soft Skills Programme of the Savitribai Phule Pune University.
- Ms. Veena Kenchi was the judge for the Annual Article Review Competition organised by the Dept. of Economics.
- Ms. Veena Kenchi participated in a talk show organised by the college during the Swachhata Pakhwada in January 2020. The topic of discussion was- “Social and Ethical Cleanliness”.





## THE DEPARTMENT OF HISTORY

**Dr. Sandhya Pandit (HoD)**

### • Talks and Guest Lectures

26.07.2019–F.Y.B.A, S.Y.B.A. and T.Y.B.A. – Guest Lecture on 'Visuals as Sources of History' by Dr. Radhika Seshan, Professor and Head, Dept. of History, Savitribai Phule Pune University, Pune. Through this lecture the speaker enthused the students with paintings of the Mughal era and how one procures information from such paintings of the contemporary times. This lecture left the students asking for more.

20.08.2019 – F.Y.B.A. – an Audio-visual presentation on 'Life in Ancient Egypt' by Rimsha Qureshi, an ex-student showed a movie on the life of their Prophet, which was shot in Egypt. Rimsha, very meticulously added commentaries to help the students understand the Egyptian culture through their lifestyle, monuments, paintings, working of the spinning of cloth, etc. as shown in the movie. This gave the students an opportunity to witness the contemporary realities of life in Ancient Egypt.

31.08.2019 – S.Y.B.A. - Guest Lecture on 'Socialism' by Dr. Vaishali Joshi, Dept. of Sociology, St. Mira's College for Girls, Pune

18.12.2019 - T.Y.B.A. - Guest Lecture on 'History of Hindustani Classical Music' by Dr. Vaishali Joshi, Dept. of Sociology, St. Mira's College for Girls, Pune – to introduce the students to the rich culture of India in a performing art like Music. This lecture helped students understand the nuances of classical music and the tradition and contribution of different gharanas to Indian culture.

14.02.2020 – F.Y.B.A. – Guest Lecture on 'Legacy of Ancient Greek Architecture' by Dr. Vaishali Latkar, Conservation Architect, Department of Conservation Architecture, Sinhgad College of Architecture, Pune. Dr. Latkar introduced the civilization to the students through its geography. She brought out the manner in which the topographical features of this region supported the development of this rich ancient culture and brought out the technical architectural details used by the Greeks in creating such long lasting classical buildings like the Parthenon.

### • Field Visits

08.12.2019 - Educational Visit to a Shankara Temple of Chhatrapati Shivaji's era at Kondhavale village, Mulshi Taluka. There the students witnessed the simplicity and beauty of the structure which is a place of pride for the villagers. The students could also see the beautifully carved 'Veergals' known as martyr's stones which were erected between the 5th and 13th centuries AD under the Yadava and Shilahara dynasties. These were built either by the families or local villagers in memory of slain unsung soldiers.

16.02.2020 - The third year students of the Department of History participated in a Heritage Walk called 'The Historical Journey of the Pataleshwar Caves' on 16<sup>th</sup> February, 2020 organised by Sahapedia as a part of the 'Indian Heritage Walk Festival 2020'. In the two hours spent in the serene surroundings of the Jangli Maharaj Mandir and the Pataleshwar caves which was a stark contrast to the hustle and bustle of the busy Jangli Maharaj road, the students were transported back by 1200 years when these caves were perhaps carved out. Through this walk the students were able to trace Pune's history back to the early human settlements that sprawled along the riverbank of Mula-Mutha.





### • Research Publication:

Dr. Sandhya Pandit - Research Paper- "British Policies during Transition: A Study of the Social Policies in 19<sup>th</sup> Century Western India" in the UGC Approved Journal- "Research Journey"; Special Issue – 189, ISSN-2348-7143; pp-77-83

### • Counselling

Career: A few F.Y. and S.Y.B.A. students were informally counselled regarding the career choices available, help with their specialisations and other qualifications they could acquire to help them with a successful profession. Students of FYBA were mentored based on their performance in the First Semester of the F.Y.B.A. course and the other challenges they faced in academics and the social setup of the college.

### • Student Enrichment

#### Intra-department–

26.06.2019–Orientation and Demonstration for TYBA and 12<sup>th</sup> standard History students on 'Study of Numismatics as a Source of History' was conducted. This activity helped the students understand how to study coins as a source of information, the different types of information that can be gathered from the details of the coins.

February, 2020 – T.Y.B.A. students made presentations on rare heritage structures in India with special emphasis on its architectural features. Through this the department contributed to the Ek Bharat Shreshtha Bharat activity of the college where monuments of Maharashtra and Orissa were presented.

### • Movie Screenings

F.Y.B.A. – Screening of E-Pathshala module on 'Periodization and Pre-Historic Cultures', Two documentaries on 'The Egyptian Civilization' by BBC titled 'Discovery of Tutankhamen's Tomb' and 'The Rosetta Stone', and Documentary on 'Rise of the Roman Empire'.

S.Y.B.A. – A Documentary on 'The French Revolution' by BBC, Screening of the movie 'Modern Times' by Charlie Chaplin was an interesting way to bring out the conditions, problems and difficulties faced by the labour class as a result of the Industrial Revolution in a light-hearted manner, Two Movies 'The Boy in the Striped Pyjamas' and 'The Book Thief' – These movies are set against the horror of the Holocaust. A documentary on 'Hitler and Nazism', A documentary on 'History of the Cold War', 'Fall of the Berlin Wall' and 'From World War II to the European Union' against the recent background of 'Brexit' were shown.

T.Y.B.A. – Screening of E-Pathshala module on 'Pre-Historic Cultures in India' to help them understand visually the different developments that took place in the different stone ages, and Documentary screening of 'Mysteries of 5000 Years old Mohenjodaro' to show the students the excellence of town planning and draining system accomplished by the Indus Valley people.

### • Contribution of Dept to Corporate Life of the College

- o Dr. Sandhya Pandit is in charge of the Academic Calendar Committee, a member of Curriculum Design and Compilation Committee and is appointed as the NSS Programme Officer this year. She was appointed as a Judge for the 55<sup>th</sup> A.D. Shroff Memorial Elocution Competition 2019-20 organized by the Departments of Economics (Arts Stream) and Business Economics (Commerce Stream) on behalf of the Forum of Free Enterprise on Aug 23, 2019





## DEPARTMENT OF ECONOMICS & BUSINESS ECONOMICS

**Dr. Shalini Iyer, HoD, Business Economics,** Dr. Arwah Madan, Ms. Meenakshi Wagh  
**Dr. Soniya Chavan, HoD, Economics.** Dr. Manisha Pimpalkhare, Dr. Meenal Sumant  
Ms. Amrita Narke, **Junior College:** Dr. Bindu Nair and Ms. Bincy Devasia

### • Talks and Guest Lectures:

The students of TYBA attended a Symposium on 'Budget 2019: A populist slogan or sluice gates for economic development' organized by the Sadhu Vaswani Institute of Management Studies on August 11, 2019. The Panellists, Mr Ganesh Natarajan and Mr. Robin Banerjee discussed budgetary aspects relating to the automobile sector, NBFCs, foreign borrowings, fiscal deficit, GDP growth rate, demographic dividend, agricultural and educational sectors.

A Lecture Series on "Development Economics" was organized by the Department of Economics on 3<sup>rd</sup> and 6<sup>th</sup> February, 2020. This lecture series was conducted by Ms. Arundhati Agate, Assistant Professor, SP College, Pune. While highlighting the historical development process, Ms. Agate presented a SWOT analysis of the four countries China, South Africa and Brazil along with India. Students of TYBA, TYBCOM and SYBA attended the lecture series.

The Department of Business Economics and Banking organized a workshop for the First year and Third year students of BCom, specializing in Banking and Finance on Personal Financial Planning. The workshop was conducted by Mr. Atul Gaikwad, a Certified Financial Planner and a SEBI registered Investment Advisor on March 3<sup>rd</sup>, 2020. The objective of the workshop was to impart financial education to the students and to comprehend the nuances of Personal Financial Planning, highly crucial for one's financial health. The workshop was organized by Dr. Meenakshi Wagh.

### • Field Visits:

The Dept of Business Economics and Banking organized a field visit to a Mutual Fund Company for the FYBCOM Banking & Finance students on 11<sup>th</sup> March 2020, to equip them with an understanding of Mutual Fund investments and create awareness about new career options in the Mutual Fund sector.

### • Counselling:

A Counseling session was organized for the BCOM and BA students on 'Careers after Graduation' on Aug. 12, 2019. Ms. Ashwini Singh, Counsellor at the Lila Poonawala Foundation emphasized the need to have focus and perform well at the under-graduate level. She also enlightened the students about scholarships provided by various organizations.

### • Student Enrichment:

#### Intra-department:

Exhibition: A Poster Exhibition on the theme: "Explore Demography" to observe World Population Day was organized by 40 SYBA Economics General students on July 11, 2019. The themes included Census, Reproductive and Child Health, Family Planning, Women, Education and Skill Development in English and Marathi.





The 55<sup>th</sup> A.D. Shroff Memorial Elocution Competition (Intra-collegiate) 2019-20 was organized by the Depts. of Economics and Business Economics on behalf of the Forum of Free Enterprise, Mumbai on Aug 23, 2019. The 5 best speakers were I. Ummesalama Karu (SYBA), II. Mansi Rathod (TYBCOM), III. Namratta Datta (SYBA), Consolation Prizes to Abhirami Misal (SYBA) and Naina Gaikwad (FYBA).

Intra-collegiate Poster Competition: The Department of Economics, Business Economics and Banking organized a Poster-Making Competition on the theme "Swachh Bharat" on Jan 20, 2020. BA, BCOM and BBA(CA) students participated in the same. The students were judged for Content/Theme, Presentation, and Creativity. The prize winners were I Samrita Guha (SYBA), II. Namrata Datta (SYBA), III. Madhavi Bhosale (SYBCom). There was an Exhibition of the Posters on 2st Jan, 2020. The Competition was a part of the Swachhata Pakhwada (Jan 16<sup>th</sup>-31<sup>st</sup>, 2020) along with the Green Club, NSS and the Student Council of the College.

Intra-collegiate Article Review Competition: This Competition, based on newspaper articles in English and Marathi, was held on Feb 4, 2020 on the theme of 'Budget 2020'. A total of 67 students participated of whom 47 and 20 attempted the article reviews in English and Marathi, respectively. The prize winners for the English Articles were: I Ummesalama Karu (SYBA), II. Kamini Sah (TYBA), III Priyanka Pillay (SYBA) who were chosen from amongst 47 participants. The prize winners for the Marathi Articles were: I Sneha Arnev (SYBA), II Rinkal Shilawane (TYBA), III Vaishnavi Darekar (SYBA) who were selected from amongst 20 participants.

#### • Contribution of Dept. to Corporate Life of the College

The faculty are represented on important College Committees like IQAC, Examinations, Website, Research, NSS, Medical Check- up, Prashnamanch, Credit Courses, College Magazine, Green Club, General Knowledge, Annual Prize Distribution, Forgiveness Pledges, Library.

## DEPARTMENT OF COMMERCE

**Dr. G. H. Gidwani (HoD), Dr. Rama Venkatachalam, Ms. Jyoti Chintan,  
Ms. Rajni Singh, Ms. Shanthi Fernandes, Ms. Deepa Krishnamurthi**

### 1. Department of Business Entrepreneurship

- o As part of Social Entrepreneurship, the students of Business Entrepreneurship in collaboration with Araatrika, an Eco-friendly Venture, put up a stall for sale of Eco-friendly products from July 8-17, 2019. This initiative has been a stepping stone for students interested in beginning their entrepreneurial journey at the same time learn various business techniques of selling and learning.
- o Miss Ravina Jagtiani, an aspiring entrepreneur in nail art, artificial jewelry, handmade items and our own student, conducted a guest lecture on Entrepreneurial Skills for FY B Com students on 27th July 2019. She highlighted how passion and hobby can be converted into entrepreneurship.
- o TIME Institute, Pune conducted Orientation sessions on Career opportunities for the students on 9th and 10th August 2019. The sessions covered the different tests/exams that





the students can appear for, admission/selection criteria, tips on preparation for GDs and Personal Interviews, Mock Tests, Scoring pattern etc.

- o A field visit was organized for FY B Com BE students to 'Bhimthadijatra' on 20<sup>th</sup> December 2019. This fair gives the rural villagers a platform to exhibit their products and increase their options of employment. This visit gave the students, insights of Functioning of Self Help Groups. Students could interact with the group members and understand the process of functioning of Self Help Group, challenges faced such as funding and issues related to formation of Self Help Groups.
- o Mr. Harshad Bhagwat, an Edupreneur, CEO & Co- Founder of Wordsmaya shared his journey as an entrepreneur on 3<sup>rd</sup> January, 2020 for the TY B.Com BE students. He gave tips on how every problem in the outside world can be converted into an opportunity from the lens of an entrepreneur. Start small and scaleup is his mantra for success.

## 2. Department of Mathematics

On the occasion of Pi Approximation day, a Mathematics Exhibition "Puzzalogy" was organised on 3<sup>rd</sup> August 2019. The main aim of this exhibition was to create interest about Mathematics in the minds of students and make them realize that Mathematics is fun if learnt by logic. Different puzzles like number puzzles, chess puzzles, birth date puzzles, crossing bridge puzzle, time puzzles, Banana puzzle etc were put up by the students.

## 3. Department of Business Communication

- o The students of SY B Com attended a guest lecture organised on 4<sup>th</sup> January, 2020 on Resume Writing. The speaker Mr Thomas Kuriakose a Corporate Trainer gave inputs to students how to write an effective resume, with finer points for effective presentation. He also clarified the difference between a resume and a CV.

## 4. Department of Marketing and Business Administration

- o On 27<sup>th</sup> Nov. 2019 F. Y. Marketing 'B' students along with Asst. Prof. Rajni Singh visited Mahatma Phule Mandi to gain insights into functions of Marketing and tools and techniques of salesmanship as applicable in case of vegetable and fruit wholesale and retailing. 100 students reported at the Mandi at 6:30 am in the morning to observe in detail the activities carried out by the sellers from initiation of the day to the time the Mandi gets crowded. The visit turned out to be a great learning experience for the students as they carried out a small-scale survey with the sellers in the Mandi.
- o A field visit was organized for FY B Com Marketing Students to Burger King and McDonald's Outlet on Monday 2<sup>nd</sup> of December 2019. This visit gave students insights on the selling process adopted by both these outlets. Students could understand how the Salesmen actually handle, serve their customers, manage their work load in rush hours. Students got an opportunity to interact with the customers.
- o On 9<sup>th</sup> March 2020, Asst. Prof. Rajni Singh and Asst. Prof. Manjita Kulkarni along with 44 students of M.Com and T.Y.B. Com Marketing specialization went on an Industrial Visit to SheruAgro Tourism Resort – an agri- tourism picnic spot located at Bhuleshawar Payatha near Yavat on Pune Solapur Highway. The objective of the visit was to make students study the Services Marketing Mix of a SheruAgro Tourism Resort with a special emphasis on physical evidence. The visit helped students to learn the marketing mix of a service firm and sustainable marketing.





- o Department of Business Studies, St. Mira's College for Girls had organised an Industrial Visit to Katraj Dairy on 2<sup>nd</sup> March, 2020. Forty three students of TYBCOM-Business Administration along with their subject teacher, Asst. Prof. Shanthi Fernandes visited the dairy and gained practical exposure about the dairy farming to processing, packing and distribution of milk and milk products through a presentation provided by the Dairy staff and the explanation given inside the processing units.

#### o Internship Programme

Department of Business Studies of St. Mira's College for Girls, Pune has organised an Internship Programme in Marketing of Financial Services and Human Resource with DNS Integrated Consultancy Services Pvt. Ltd. which was offered to B.Com students for a duration of three Months starting from 1<sup>st</sup> December 2019 to 29<sup>th</sup> February, 2020. The students were offered a stipend of Rs. 2000/- per Intern. Nine students of SYBCOM have opted for the Internship Programme.

Interns in Marketing were provided training on the Financial Services [investments, loans, life and general insurance including income tax benefits] of organisations like HDFC, IDFC, ICICI, Religare, Star Health, Manipal-Cigna and are supposed to approach customers and cater to their financial requirements. Interns in Human Resource are trained in performing duties like analysing the Bio-data of candidates, finding suitable jobs as per their requirements, conducting preliminary interviews, handling data and mails of the Employer. The students who interned in Marketing were Fizza Babul, Navalaxmi Bandaru, Priti Kolte, Blessy Varghese, Shimoni, Poonam Gurnani, Pooja Singh, Deepti Bhujbal and Shirin Shaikh in HR.



## DEPARTMENT OF COMMERCE - DEPARTMENT OF ACCOUNTANCY

**Dr. Gulshan Gidwani - (HoD), Ms. Elizabeth Kanade - HoD,  
Accounts Department, Dr. Ms. Meenakshi Wagh, Dr. Mrs. Dimple Buche,  
Mrs. Deepanjali Mazumdar, CA Vikas Maloo, CA Abhay Gundecha and CA Jeenal Mistry**

#### Guest Lectures:

“Cost Accounting Standard Board and Cost Accounting Standards-Methodology of Issue” by CMA Neeraj Joshi, the present chairman of the Cost Accounting Standard Board, WIRC, ICWAI, was organized for TY and SY BCom Costing students.

“Road map for clearing the NET and SLET” for postgraduate students aspiring to take teaching as a profession. The speaker for the topic was Mr. Y. Mithare, former Associate-Dean, faculty of Commerce & Management– SPPU.

“Securities Markets and Investor Sentiments” was organized for the post-graduate students specializing in Accountancy. The speaker was the dean of the National Institute of Securities Market (NISM), Prof K.Sukumaran, who guided the students on the role of securities markets, the wide investment avenues it offers to the investors and the precautions to be taken while investing in this market.





### **Workshops:**

The department initiated a 3-day workshop on 'Access to Employability' jointly organised and sponsored by Barclays and National Skills Development Centre. 190 students of TY BCOM underwent training on the preparation of a Resume, effective interview skills and group discussion.

### **Industry Visits:**

Industry visits for T.Y. B. Com [Costing Specialization] students, were organised on 24<sup>th</sup> December 2019, to two processing industries-Kutwal Foods Ltd. [milk processing industry] and Ghodganga Sahakari Sakhar Karkhana, Shirur [sugar factory] to gain practical insights into processing, as a part of their curriculum.

### **Student Research:**

Alisha Francis, a TYBCOM Mercantile Law student, contributed a paper titled 'Repercussion of Article 370 in Present Political Scenario' in the 4<sup>th</sup> Indira Student Research Conference held on December 20<sup>th</sup>, 2019, published in 'Revelation' and was guided by Dr. Dimple Buche.

Shruti Praveen and Safia Khatun (TYBCOM) Mercantile Law students, contributed a paper titled 'Impact of National Education Policy on Indian Education System' in the 7<sup>th</sup> state-level research paper competition at Garware College of Commerce, Pune and were guided by Dr. Dimple Buche.

Alisha Francis and Shrishti Yadav (TYBCOM) Mercantile Law students, contributed a paper titled 'Comparative Advertising and Trademark Law: Insights from Case Analyses' to a National Conference on Intellectual Property Rights and GST at Sidharth College of Commerce and Economics, Mumbai on 22<sup>nd</sup> February 2020 and were guided by Dr. Dimple Buche

### **Inter - College Competition:**

Mansi Rathod, Majikamliu and Rutuja Pathare from TYBCOM participated and were adjudged winners in the Vijay Chavan Memorial Moot Court Competition on 25<sup>th</sup> January 2020 held at Brihan Maharashtra College of Commerce, Pune. The prize consisted of a Trophy, Cash prize of Rs.5000 and a Certificate.

### **On - going Paid Internship Project with reputed CA firms:**

16 students are engaged in paid and mentored internship programmes of 6-12 months with different chartered accountancy firms like – Hemant Shah and Associates LLP; Jitesh Telisara and Associates LLP (Chartered Accountants); Agrawal DhandMotwani and Co. (Chartered Accountants), MKGN & Associates and the like.

### **Consultancy:**

The College has signed an MOU with KrishaEducare under its Board for Industry-Academia Interface for conducting Investor Awareness Programmes. This aims at enhancing the financial literacy essential for effective financial decision making. The maiden session on financial literacy under this partnership was conducted on 28<sup>th</sup> November 2019, in coordination with an NGO – Deep Griha, for women of low-income groups in the adjacent community. The session covered the basic aspects of personal financial planning including investments in mutual funds.

### **Contribution of the Dept. to the corporate life of the College:**

Ms. Elizabeth Kanade, Dr. Ms. Meenakshi Wagh and Dr. Dimple Buche are the members of the Examination Committee. Ms. Elizabeth Kanade is a member of the Academic Council and the IQAC.





She is the placement coordinator for the Commerce stream; the Student Council Coordinator, the Student Induction Programme Coordinator and handles the Float decoration and RathYatra. Ms Kanade also handles the NSS Accounts. She is also a member of the College Magazine Committee along with Ms Meenakshi Wagh. Ms. Meenakshi Wagh is the co-ordinator of Prashna Manch. Ms. Deepanjali Muzumdar is the coordinator for the Retail Analytics Credit Course (MOU with TCS). She is also a member of the Green Club and handles Inter-Collegiate Competitions. Dr. Dimple Buche is the coordinator of the Alumni Committee. She is also a member of the NSS Advisory Committee along with Ms. Meenakshi Wagh



## DEPARTMENT OF BBA and BBA-CA

**Course Coordinator – Mrs. Stella Ambrose; Department Members – Mrs. Amrita Basu, Mrs. Abhradita Chatterjee Nahvi, Mrs. Deepali Agarwal, Mrs. Divya Chitre, Mrs. Kajal Jaisinghani, Mrs. Monika Rajguru, Mrs. Rekha Kankariya**

### Guest Lectures:

“Recent trends in HRM” – A guest lecture conducted by Nishant Khandelwal from Symbiosis College of Management Studies for BBA on 18<sup>th</sup> August 2019.

“Business Ethics” – A guest lecture conducted by Ms. Hiral Desai (corporate trainer, freelance facilitator) to impart practical insights on “Ethical Practices” in the Corporate Sector, on 22<sup>nd</sup> August 2019, for SYBBA

“Business Law” – A guest lecture by Advocate Shailendra Pathak, from the prestigious law firm Legalance, on 13<sup>th</sup> September 2019, for TYBBA and TYB.Com

“Event Management” – A guest lecture by Ms Vanita S. N., CEO and Co-founder of 'Make Magic Events', on 9<sup>th</sup> December 2019 for TYBBA

“Idea Management” – The session was conducted by Ms. Kavita Ghoran (Trainer – Skill Training Department at Science and Technology Park, founder of Project Steer) on 8<sup>th</sup> January 2020 for FYBBA

“Marketing Mix” – A guest lecture by Prof Sandeep Rathod from Garware College of Commerce on 13<sup>th</sup> January 2020 for FYBBA students. The topic for the session was the 4 Ps and the 7 Ps of marketing.

### Workshops:

“STEER” – A workshop conducted by Mrs. Madhu Jagadeesh (founder of Conservation of Humanity- self-driven project) and Ms. Kavita Ghoran (founder of project Steer) on 29<sup>th</sup> July 2019

“Industrial Revolution 4.0” – A one-day workshop conducted on the 'Industrial Revolution' by Mr. Arun Prasad from IBS, held on 24<sup>th</sup> August 2019 for TYBBA and TYBBA (CA) students.

“Graphology” – Workshops, on 12<sup>th</sup> and 23<sup>rd</sup> September 2019 for the SYBBA students, were conducted by Team Graphe: Zainab Kapadia and Dhwanika Shah.





“Financial Statement Analysis” – A workshop conducted by CA Timsi Rajpal on 14<sup>th</sup> September 2019 for SYBBA and TYBBA (Finance Specialisation)

“Stress Management” – A workshop conducted by Mrs. Sharmin Palsetia along with alumni Akansha Hirani, Anjali Abigail and Munazza, on 4<sup>th</sup> December 2019 for FYBBA(CA)

### Field Visits:

Educational field visits were conducted to the following places: WS Bakers, Wagholi, Pune on 09<sup>th</sup> December 2019; Sneha Plastic, Hadapsar Industrial Estates on 16<sup>th</sup> December 2019; Mapro Garden and Food Park, Wai on 10<sup>th</sup> January 2020; SWACH – 20<sup>th</sup> February 2020

### Research Projects and Paper Presentation:

Teachers: Abhradita Chatterjee Nahvi presented a paper titled “A Study of Workforce Diversity and its Effectiveness on Employees” at the HR Conference held in association with NIPM, Pune Chapter, organised by the ICFAI on 14<sup>th</sup> May 2019.

Students: A research paper on the topic "Forensic Accounting - Need and Relevance" was prepared by Ms Priyanka Sharma and Ms Laveena Sachdev of TYBBA under the guidance of Prof Rekha Kankariya for the 7th State Level Research Paper Competition for Students 2019-2020 held at MES Garware College of Commerce on 16th January 2020 and is published in an E-Publication titled Young Researchers ISBN 978-81-929081-1-7

### Faculty Improvement

Faculty Development Program – Mrs Monika Rajguru and Abhradita Chatterjee Nahvi were invited to participate in a one-day FDP on the topic “Strategic Thinking and Career Development in Digital Age” at IBS (ICFAI BUSINESS SCHOOL) on 08th August 2019

Seminar – Abhradita Chatterjee Nahvi attended a one-day National Seminar on “Innovative and Best Practices in Higher Education NAAC Related Mentoring Program” (for Colleges) on 26<sup>th</sup> July 2019 at PES Modern College, Pune

External Paper Setter – Abhradita Chatterjee Nahvi was invited as an External Paper Setter to BMC College for the subject Human Resource Management for M. Com and Organisational behaviour for BBA.

Mrs. Rekha Kankariya was invited as an External Paper Setter to BMCC for the subjects: Short Term Financial Management and Management Accounting for SYBBA and SYBA-IB on 4<sup>th</sup> October 2019.

External Invigilator – Abhradita Chatterjee Nahvi has been appointed as an External Invigilator at the CBE (Computer Based Exam) centre for ACCA with effect from June 2019.

Workshops – Mrs. Rekha Kankariya attended a Workshop on “Implementation of Choice Based Credit System” on 27<sup>th</sup> July 2019, organized by Pratibha College of Commerce and Computer Studies, Chinchwad in association with Savitribai Phule Pune University.

Symposium – Mrs. Rekha Kankariya attended a Symposium on “Budget 2019: A Populist Slogan or Sluice Gates for Economic Development”, organised and hosted by Sadhu Vaswani Institute of Management Studies, Pune on 12<sup>th</sup> August 2019.





## Counselling

An orientation on careers in software testing for TYBBA(CA) and SYBBA(CA) was organised by VTestcorp (Vtesters) on 8<sup>th</sup> January 2020. Mr. Shak Hanjgikar, founder and CEO with more than two decades of experience along with Ms. Deepali Ayetay conducted an interactive session for the students.

## Student Enrichment:

Exhibitions on Scams in India in the College Library on 21<sup>st</sup> August 2019 by SYBBA-- The students analysed and presented the different scams that have happened in India, and prepared charts displaying the same. Over 14 scams were studied in detail.

The Yellow Ribbon NGO Fair – Students volunteered for the fair in collaboration with Majhi Maitrin Charitable Trust (MMCT). Students volunteered in batches and helped to manage MMCT's stall at the fair held from 20<sup>th</sup> – 23<sup>rd</sup> September 2019 at Creativity Mall, Yerwada, Pune.

Rise Summit – Students volunteered at the Rise Summit, on 21<sup>st</sup> January 2020, which is an open platform to actively map resources and partnership driven by the RISE shared values R-responsible, I-inclusive, S-sustainable, E-eco-friendly.

Kalagram Seminar at Grand Sheraton – FYBBA students volunteered for the seminar on 02<sup>nd</sup> March 2020

Intra-College:

A Debate Competition on “Impact of IT on the growth of India” was organized by BBA(CA) Dept. on 04<sup>th</sup> Sep 2019. The prize winners are: 1<sup>st</sup> prize- Simran Bhatia; 2<sup>nd</sup> prize- Anushka Talnikar



# DEPARTMENT OF COMPUTER SCIENCE

**Course Coordinator: Mrs. Stella Ambrose; Department Members – Anjali Kale, Swatee Sarwate, Ashwini Deshpande, Gitanjali Phadnis, Anitha Menon, Smita Borkar, Shubhangi Jagtap, Alka Gadakh, Swati Pulate, Snehal Joglekar**

## Talks and Guest Lectures:

“Think Without Ink”- A guest lecture by Dr. Santosh Dhotre from Department of Mathematics, University of Pune, was conducted on the topic “Think Without Ink” for F.Y. and S.Y.B.Sc.(CS) students. Dr. Dhotre explained solutions to real-life problems using mathematical concepts.

'Agile Development in Project Management' - This guest lecture was delivered by a senior IT leader and Safe/Agile coach, Mr Brian Schweickert, with McKesson, Richmond Virginia (USA) on Saturday, 3<sup>rd</sup> August 2019. The video lecture was arranged for the students of the T.Y.B.Sc(CS) and MSc(CS) courses. Mr Schweickert described the increasing scope of agile technology in the industry. He also explained the different aspects of the agile methodology used in project management.





A “CareerGuidance” guest lecture was organized for S.Y.B.Sc. (CS) on 6th September 2019 on UI and UX Design conducted by Mr. Mukul Bansal - UI Developer, Medley Technology; and Ms. Bijal Parekh - Lead Consultant, Thoughtworks. Students were introduced to the workings of UI (User Interaction as the point of human-computer interaction and communication in a device. They were also introduced to UX Design (User Experience) as the process of enhancing user satisfaction with a product by improving the usability, accessibility, and desirability provided in the interaction with the product. Mr. Bansal and Ms. Parekh informed students on how they can make a career in these fields and the skills they need to hone for the same.

### Inter-College:

Ishika Sarode and Bhakti Shah of S.Y.B.Sc. (CS) won the third prize in an intercollegiate Electronics Poster competition held at MIT College, Alandi. Their topic was “Recent Innovations in Green Technology”.

Srushti Kulkarni and Anushree Ambavale of S.Y.B.Sc. (CS) won the first prize in the Electronics Quiz competition held at MIT College, Alandi.

Talat Kudsi and Janhavi Jetla won the second prize; and, Andrea Belsher and Phalguni Chanchlani won the second and third prize respectively in the Electronics Quiz competition.

Andrea Belsher and Shainy Misal of S.Y.B.Sc.(CS) won the second prize in intercollegiate Electronics PPT competition held at MIT College, Alandi. Their topic was “Green Computing”.

Shivani Kumari, Mayuri Sapkal, Devyani Rupeja, Sanjana Agarwal, Hadiya Parkar, Ronek Kaur, Muskan Laugani, Shraddha Gaikwad, Vaishnavi Wagmare, Shweta Thakur and Shikha Pandey of S.Y.B.SC.(CS) participated in the Electronics Poster competition, the Quiz competition, C competition held at MIT College, Alandi.

Bipasini Polai, Kavya Menon, Siddhita Hingade, Mrinal Kokre of F.Y.B.Sc. (CS) participated in the intercollegiate C competition held at Christ College, Pune

Ummesalamah Kanchwala, Ingrid Sequeria participated in the Electronics PPT competition held at Christ College, Pune. Their topic was “Artificial intelligence in Farming”.

Tanima Mandal and Poonam Verma of F.Y.B.Sc.(CS) participated in the intercollegiate Debate competition at Christ College, Pune. The topic was “Is technology increasing unemployment rates?”

“MaTPO aptitude Idol-2019” - an aptitude test for all TY students was conducted on 22<sup>nd</sup> July 2019. It was organized by the Maharashtra Association of TPOs. The test gave the students a brief idea of how aptitude tests are conducted for placements in a company. The test duration was of 60 minutes with different sections on English, Quantitative Aptitude, and Analytical reasoning. Students of T.Y B.Sc. (CS) and BBA (CA) enthusiastically participated in this aptitude test.

### Extra-credit Courses:

An extra credit course on android technology was arranged for MSC students from 6<sup>th</sup> July to 10<sup>th</sup> August 2019. College Alumni, Ms. Jyoti Sharma was the instructor.

### Workshops:

The department of Electronics in association with Mechatron Robotics conducted a 2-day value-added workshop on “Arduino and IoT” on 16<sup>th</sup> and 17<sup>th</sup> August 2019 for S.Y.B.Sc (CS). On the first day of the workshop, the students were introduced to Arduino, basic electronics, IDE info with basic codes. They learnt to interface the hardware circuit with the software to perform various projects





like a single LED blinking, Multiple LED blinking, LED fading using PWM, IR sensor-based projects, Ultrasonic sensor-based projects. On the second day of the workshop, the concept and applications of IoT and node MCU were introduced. The code basics for IoT and the interfacing with outputs were explained to the students. The students learnt the concept of home automation by using applications in the phone to control the lighting of the LED from anywhere in the world by using Wi-Fi. They also learnt how to use IoT and Ultrasonic sensor to determine whether the garbage bin was filled or empty. The training team included Mr. Siddhartha Kumar, Ms. Kiran Patil and Mr. Kiran from Mechatron Robotics.

Microsoft workshop for SY, TY B.Sc students was organized on App Development using various technologies in October 2019.

### **Intra-College:**

On the occasion of Pi Approximation day, the Department of Mathematics (Business Studies and Computer Science) organized a Mathematics Exhibition - Puzzalogy on 3<sup>rd</sup> August 2019. The main aim of the exhibition was to create interest in Mathematics in the minds of students and make them realize that Mathematics is fun if learnt by logic. Students from the F.Y B.Com /BA and FY/SY/TYB.Sc (CS) actively participated in this event. Different puzzles like number puzzles, chess puzzles, crosswords with mathematical concepts, anonyms in mathematics, birth date puzzles, crossing bridge puzzle, time puzzles, banana puzzle, etc. were explained by the students.



## DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

### **Department Activities:**

“International Yoga Day” was celebrated on 21<sup>st</sup> June 2019. The Department of Physical Education and Sport conducted yoga, pranayama and meditation sessions for all the students and staff members. “National Sports Day” was celebrated on 29<sup>th</sup> August 2019. The Department of Physical Education and Sport conducted a Zumba session on the college ground for all the students and staff members. The “Annual Sports Day” was organised on the 19<sup>th</sup> December 2019 by the Department of Physical Education and Sports, for students, teaching and non-teaching staff members. A “Fit India Walkathon/ Cyclathon” was organised by the Department of Physical Education and Sports on 18<sup>th</sup> January 2020 for all the students and teachers to spread awareness of physical and mental fitness. “World Disability Day” was celebrated on 3<sup>rd</sup> December 2019 for all the students and teachers. Extra-ordinary achievers in the field of para-sports were lauded by the Department of Physical Education and Sports.

### **Guest Lectures:**

The Department of Physical Education and Sports organised a guest lecture by Ms. Vaishnavi Vinod Jagtap- Indian Para-Swimmer who was diagnosed, at birth, with "spina bifida with myelomeningocele" which resulted in the inability to use 75% of her body, including legs. This didn't deter the young, inspiring girl studying in Standard 12 who has participated thrice in International Swimming Competitions.





## DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

### Degree College Sports Report 2019-2020

#### 1. Pune District Senior Athletics Competitions held at Balewadi, Pune, on 08/06/19 and 09/06/19

Names of the participants are as follows:

- |                       |           |                |
|-----------------------|-----------|----------------|
| 1. Ms Jueely Badhe    | M.A.      | Gold           |
| (High Jump)           |           |                |
| 2. Ms Mamta Chorasias | M.Com     |                |
| (Hammer Throw)        |           | Fourth – 40.02 |
| (Discus Throw)        |           | Silver – 27    |
| 3. Ms Poonam Dube     | T.Y.B.Com |                |
| (Discus)              |           | 19:20          |
| (Javelin)             |           | 16:35          |

Jueely and Mamta are selected for the Senior State Competition.

#### 2. Maharashtra State Senior Athletics Championship held at Marine Lines, Mumbai from 23/06/19 to 25/06/19

Names of the participants are as follows:

- |                       |       |                |
|-----------------------|-------|----------------|
| 1. Ms Jueely Badhe    | M.A.  |                |
| (High Jump)           |       | Silver – 1.63  |
| 2. Ms Mamta Chorasias | M.Com |                |
| (Discus Throw)        |       | Fourth – 28.72 |

#### 3. Pune District Annual Athletics competition held at Balewadi, Pune, from 26/07/19 to 28/07/19

Names of the participants are as follows:

- |                        |         |      |                       |
|------------------------|---------|------|-----------------------|
| 1. Ms Snehanjali Yadav | TYB.Com | 4274 |                       |
| (3000 mt. Run)         |         |      | Silver                |
| (5000 mt. Run)         |         |      | Silver                |
| 2. Ms Poonam Dube      | TYB.Com |      |                       |
| (Discus Throw)         |         |      | Bronze – 20.23        |
| (Javelin Throw)        |         |      | Gold – 17.43          |
| 3. Ms Poonam Choudhari | FYB.Com | 3401 |                       |
| (200 mt. Run)          |         |      | 4 <sup>th</sup> Place |





4. Ms Sonali Shrikhande      FYB.Com      3210  
(Discus)      4<sup>th</sup> Place

Snehanjali Yadav and Poonam Dube are selected for the Maharashtra State Athletics Competition.

#### 4. Inter Collegiate Table Tennis Competition held at S.P. College Pune on 10/08/19

Names of the participants are as follows:

- |                      |           |      |        |
|----------------------|-----------|------|--------|
| 1. Thomas Jake       | T.Y.B.A.  | 4944 |        |
| 2. Anjali Gaur       | S.Y.B.Com | 3647 | Silver |
| 3. Pushpanjali Yadav | M.Com     | 6662 |        |
| 4. Caron Baptish     | S.Y.B.Com | 3641 |        |

The College team secured the Second Place over all in the Championship series of the Table Tennis Intercollegiate Competition.

#### 5. Inter Collegiate Cross Country Competition held at S.P.P.U., Pune, on 13/08/19

Names of the participants are as follows:

- |                     |           |      |                        |        |
|---------------------|-----------|------|------------------------|--------|
| 1. Sampada Buchade  | T.Y.B.A.  | 4804 | 6 <sup>th</sup> Place  |        |
| 2. Snehanjali Yadav | T.Y.B.Com | 4274 | 5 <sup>th</sup> Place  |        |
| 3. Parmeshwari Sahu | T.Y.B.Com | 4246 | 10 <sup>th</sup> Place | Silver |
| 4. Ankita Parthe    | T.Y.B.Com | 4491 |                        |        |
| 5. Vishakha Pawar   | T.Y.B.Com | 4417 | 13 <sup>th</sup> Place |        |

Over all, in the Inter Collegiate Cross Country Competition the college team secured the Second Place. Snehanjali and Sampada are selected for the Inter-Zonal Cross Country Competition which will be held at Ghodegaon, Junner, Dist- Pune.

#### 6. Inter Collegiate Yogasana Competition held at VIIT College, Kondhwa, on 20/08/19

Names of the participants are as follows:

- |                    |           |      |        |
|--------------------|-----------|------|--------|
| 1. Namrata Datta   | S.Y.B.A.  | 2712 | Silver |
| 2. Priya Bhadoriya | S.Y.B.Com | 3657 | Silver |
| 3. Kiran Choudhary | F.Y.B.Com | 3408 | Silver |
| 4. Komal Soni      | F.Y.B.Com | 3431 | Silver |
| 5. Kajal Yadav     | F.Y.B.Com | 3420 | Silver |
| 6. Rupali Upadhyay | F.Y.B.Com |      | Silver |

The college team secured Second Place, over all, in the Yoga Intercollegiate Competition.

#### 7. Maharashtra State Junior Athletics Championship held at Balewadi, Pune, on 23/08/19 and 24/08/19

Names of the participants are as follows:

- |                        |         |                |
|------------------------|---------|----------------|
| 1. Ms Snehanjali Yadav | TYB.Com | 4274           |
| (3000 mt. Run)         |         | Seventh- 12.54 |





(5000 mt. Run)

Sixth-22.23

2. Ms Poonam Dube

TYB.Com

(Discus)

Seventh- 18.72

**8. Inter Collegiate Shooting Competition held at P.D.R.A, Hadapsar, on 31<sup>st</sup> August 2019**

Names of the participants are as follows:

1. Nikita Punekar

S.Y.B.Com

3820

**9. Inter Collegiate Hockey Competition held at Major Dhyanchand Poly Grass, Pimpri, on 05/09/19**

Names of the participants are as follows:

1. Sakshi Malik

F.Y.B.Com

3071

2. Anushka Mhaske

F.Y.B.A

2436

Participated in the Inter-Zonal Hockey Selection trials.

**10. Inter Collegiate Power Lifting Competition held at Abeda Inamdar College on 14/09/19**

Names of the participants are as follows:

1. Sakshi Dhumal

T.Y.B.Com

3071

Silver

(Lifted Total:170kg weight)

(Squat-60, Bench Press-30, Dead Lift-80)

2. Anushka Sarade

F.Y.B.Com

3278

Gold

(Lifted Total: 135 kg weight)

(Squat- 50, Bench Press- 20, Dead Lift-65)

Both the students have been selected for the Inter Zonal Competition

**11. Inter Collegiate Volleyball Competition held at C.A.C.P.E, Gultekdi, Pune on 23/09/2019**

Names of the participants are as follows:

1. Shivani Thakur

T.Y.B.Com

4499

2. Komal Kale

F.Y.B.Com

3425

3. Sejal Bhayani

F.Y.B.A

2201

4. Mayater Ete

F.Y.B.A

2268

5. Poonam Dube

T.Y.B.Com

4245

6. Shubhangi Mahajan

S.Y.B.Com

3837

7. Garima Kundu

F.Y.B.A

2472

8. Vishakha Pawar

T.Y.B.Com

4417

9. Rutuja Satkar

F.Y.BBA(CA)

11950

10. Anisha Narayan

F.Y.BBA(CA)

11951

11. Aditi Pandya

F.Y.BBA(CA)

11924

12. Dnyaneshwari Dhole

F.Y.BBA(CA)

11977





Lost the First Match to B.M.C.C College (0-2 Set)

### 12. Inter Collegiate Badminton Competition held at P.D.M.B.A, near Modern College, Shivaji Nagar on 23/09/2019 & 24/09/19

Names of the participants are as follows:

1. Shalini Nair	-	F.Y.B.A	2246
2. Sheetal Jadhav	-	T.Y.B.A	5726
3. Jake Thomas	-	T.Y.B.A	494

Won the First Match against APCOER College. Lost the Second match against MMCOE College

### 13. Inter Collegiate Athletics Competition held at Sant Dnyaneshwar Krida Sankul, Indrayaninagar, Bhosari, on 25/09/19 & 27/9/19

Names of the participants are as follows:

1. Snehanjali Yadav	T.Y.B.Com	4274	
(10,000 mt Run)			Silver
(5,000 mt Run)			Bronze
(4x400 mt Relay)			Silver
2. Mamta Chourasia	M.Com	6809	
(Javelin Throw)			Silver
(Discus Throw)			Silver
(Hammer Throw)			Silver
(Hepthathlon)			Silver
(4x100 mt Relay)			Silver
3. Poonam Choudhari	F.Y.B.Com	3401	
(High Jump)			Silver
(400 mt Run)			Bronze
(4x100 mt Relay)			Silver
(4x400 mt Relay)			Silver
4. Vaishnavi Chattiya	S.Y.B.Com	2769	
(10km walking)			Silver
5. Poonam Dube	T.Y.B.Com	4245	
(Javelin Throw)			Bronze
(Discus Throw)			Bronze
6. Shubhangi Mahajan	S.Y.B.Com	3837	
(10 km Walk)			Bronze
7. Vishakha Pawar	T.Y.B.Com	4417	
(4x100 mt Relay)			Silver





(4x400 mt Relay)			Silver
8. Sakshi Dhumal	T.Y.B.Com	4275	
(4x100 mt Relay)			Silver
9. Parmeshwari Sahu	T.Y.B.Com	4246	
(4x400mt Relay)			Silver
10. Rasika Gawade	F.Y.B.Com	3236	
(Long Jump)			Participated
11. Kashmeera Mehra	F.Y.B.A	2483	
(200 mt)			Participated
12. Ankita Parthe	T.Y.B.Com	4491	
(500mt)			Fifth Place

Snehanjali Yadav, Mamta Chourasia, Vaishnavi Chattiyar and Poonam Dube were selected for the Inter-Zonal Competition

#### 14. National Level Arnis Championship - 2019 organised by Maharashtra Arnis Association in collaboration with Arnis India Federation held at Shirdi, Ahmednagar, from 27/09/19 to 29/9/19

Names of the participants are as follows:

1. Sakshi Nahar	F.Y.B.Com	3250	Gold
-----------------	-----------	------	------

#### 15. Inter Collegiate Kho-Kho Competition held at Shree Siddhivinayak, Mahila College, Pune, on 7/10/2019

Names of the participants are as follows:

1. Rutuja Gilbile	S.Y.B.A	2784
2. Snehanjali Jadhav	T.Y.B.Com.A	4274
3. Vishakha Pawar	T.Y.B.Com.B	4417
4. Savita Sain	S.Y.B.A	2762
5. Neha Wighe	S.Y.B.A	2661
6. Renuka Bhil	S.Y.B.A	2764
7. Sonali Ghogre	F.Y.B.Com	3266
8. Pradnya Nosargan	F.Y.B.Com	3441
9. Diksha Kamble	F.Y.B.Com	3225
10. Mansi Waghmare	F.Y.B.Com	3292
11. Kalpana Garje	F.Y.B.A	2265
12. Sharvari Chavandke	S.Y.B.Com	3857

Won first match(score 14-5) against Cummins College and was selected for the semi-finals.  
Lost the semi-finals match. Lost the Third Place match to VIIT College (score 11-2)  
Secured Fourth Place in the Inter Collegiate Competition





### 16. Inter Zonal Athletics Competition held at Sant Dnyaneshwar Krida Sankul, Indrayaninagar, Bhosari on 6/10/19 & 7/10/19

Names of the participants are as follows:

1. Snehanjali Yadav (10,000 mt Run)	T.Y.B.Com	4274	Gold
2. Mamta Chourasia (Discus Throw 29.33mt) (Hammer Throw 43.00mt)	M.Com	6809	Bronze Silver
3. Poonam Dube (Javelin Throw)	T.Y.B.Com	4245	Fifth Place
4. Vaishnavi Chattiyar (20km walking)	S.Y.B.Com	2769	Participated

### 17. Inter Collegiate Basket Ball Competition held at Modern College, Ganeshkhind, Pune, on 10/10/19

Names of the participants are as follows:

1. Anju Jangid	S.Y.B.Com	3867
2. Gari Raje	F.Y.B.A	2421
3. Namrata Kumar	T.Y.B.A	4873
4. Janaki Mehta	F.Y.B.Com	3479
5. Kashmeera Mehra	F.Y.B.A	2483
6. Maya Gurung	S.Y.B.Com	3868
7. Anushka Sawant	F.Y.BBA	21970
8. Riya Makhija	F.Y.BBA	21971
9. Anushka Kumari	F.Y.B.A	2297
10. Ayushi Dubey	F.Y.B.A	2423
11. Barsha Bishoyi	F.Y.B.Com	3098

Lost first match to Symbiosis College, the score was 10-24.

### 18. Inter Collegiate Fencing Competition held at MMCOE College, Karvenagar, on 23/10/2019

Names of the participants are as follows:

1. Sakshi More	F.Y.BBA	21926	Participated
----------------	---------	-------	--------------

### 19. Inter Collegiate Kabaddi Competition held at Abasaheb Garware College, Deccan, Pune, on 16/10/19 & 18/10/19

Names of the participants are as follows:

1. Rutuja Kawade	F.Y.B.Com	3054
2. Shalini	F.Y.B.A	2500





3. Aparna Indla	F.Y.B.Com	3457
4. Sai Kachare	F.Y.B.Com	3053
5. Sheetal Mahadik	F.Y.B.Com	3058
6. Akshada Patil	F.Y.B.A	2402
7. Sejal Jain	F.Y.B.Com 'C'	3506
8. Pratiksha Udamale	T.Y.B.A 'B'	4875
9. Prachi Gaikwad	T.Y.BA 'B'	4801
10. Rupali Upadhyay	F.Y.B.Com	
11. Kajal Yadav	F.Y.B.Com	3420
12. Komal Soni	F.Y.B.Com	3431

Won the first match against VIIT College by 30 Points. Lost the second match to A C Garware College by 30 Points

#### 20. Pune District Powerlifting championship organized by Amateur Powerlifting Association Pune held at Priyadarshani Hall, Lonavala, on 20/10/19

Names of the participants are as follows:

1. Ms Sakshi Dhumal	TYB.Com	4275	
(Bench Press 32.5kg)			Silver
2. Ms Anushka Sarade	TYB.Com	3275	
(Bench Press)			Silver

#### 21. Inter-Zonal Hockey Competition held at Shiv Chhatrapati Sports Complex, Balewadi on 3<sup>rd</sup> November 2019

Names of the participants are as follows:

1. Ms Anushka Mhaske	FYBA	2436	Gold
----------------------	------	------	------

#### 22. Maharashtra State Powerlifting championship organized by Kamgar Kalyan Mandal, Dadar held at Kamgar Kalyan Mandal, Dadar, Mumbai, on 3/11/2019

Names of the participants are as follows:

1. Ms Anushka Sarade	TYB.Com	3275	
(Bench Press 37.5kg)			Silver

She got selected for the National Level Power Lifting Competition, to be held at Delhi.

#### 23. Inter Collegiate Archery Competition held at S P College on 23/10/19 & 24/10/19

Names of the participants are as follows:

1. Muskan Bishnoi	TYBA	4969	
(Recurve Round)			Silver

Got selected for the Inter-Zonal Competition to be held at K.T.H.M College, Nashik

#### 24. Inter-Zonal Archery Competition held at K.T.H.M College, Nashik on 15/11/19





Names of the participants are as follows:

1. Muskan Bishnoi TYBA 4969

(Recurve Round) Silver

Got selected for the All India Inter-University Competition

**25. Maharashtra State Fencing Junior Championship held at Nanded, on 01/11/19 & 03/11/19**

Names of the participants are as follows:

1. Sakshi Shashikant More F.Y.BBA 21926

(Under 19- Fiol event) Bronze

**26. Inter Collegiate Football Competition held at AISSMS IOIT College on 21/11/2019 & 22/11/2019**

Names of the participants are as follows:

1. Ankita Parthe T.Y.B.Com 4491

2. Siddique Suhel F.Y.B.A 2310

3. Punjabi Sakshi F.Y.B.A 2248

4. Makasare Roseleen F.Y.B.Com 3093

5. Patil Shreya F.Y.B.Com 3123

6. Roy Chandana F.Y.B.A 2256

7. Singh Narayani F.Y.B.A 2225

8. Singh Sereena F.Y.B.A 2255

9. Moon Samiksha F.Y.B.A 2293

10. Godse Anjali F.Y.B.A 2213

11. Bhagia Mahek F.Y.B.A 2323

12. Jiya Saju F.Y.B.Com 3038

13. Deshpande Sanjana S.Y.B.A 2609

14. Anushka Kumari F.Y.B.A 2297

15. Gaikwad Sanjana S.Y.BSc 5504

16. Tiwatane Sakshi F.Y.BSc 5459

We lost the first match from Modern College, Shivajinagar, the score was 2-0.

**27. Inter Collegiate Handball Competition held at C.A.C.P.E College, Gultekdi, on 25/11/2019**

Names of the participants are as follows:

1. Vishakha Pawar T.Y.B.Com 4417

2. Kajal Yadav F.Y.B.Com 3420

3. Shubhangi Mahajan S.Y.B.Com 3837

4. Kiran Choudhary F.Y.B.Com 3408





5. Komal Kale	F.Y.B.Com	3425
6. Sonali Ghogare	F.Y.B.Com	3266
7. Anita Choudhary	F.Y.B.Com	3409
8. Nikita Koli	F.Y.B.Com	3518
9. Vibhashree Kshirsagar	F.Y.B.Com	3202
10. Sonawane Gayatri	S.Y.B.Com	3606
11. Shrikhande Sonali	F.Y.B.Com	3213
12. Prachi Suryawanshi	F.Y.B.Com	3210
13. Sayali Aushikar	F.Y.B.Com	3512

Won first match against Modern College, Ganeshkhind, the score was (6-2). Lost the second match against Symbiosis, score was (8-4). Lost the third-place match against Modern, Shivajinagar College, the score was (7-5). Vishakha Pawar & Shubhangi Mahajan got selected for Zonal Competition which will be held at Junnar.

#### **28. Pune District Cross Country Competition held S.P.U Sports Ground on 24/11/ 19**

Names of the participants are as follows:

1. Ms Snehanjali Yadav	TYB.Com	4274	Fifth Place
------------------------	---------	------	-------------

Selected for the Maharashtra State Cross Country Competition to be held at Alibag.

#### **29. Inter Zonal Handball Competition held at S.S.C.A.S.C Junnar College, Gultekdi, on 2/12/2019 & 3/12/2019**

Names of the participants are as follows:

1. Vishakha	T.Y.B.Com	4417	Gold
2. Shubhangi Mahajan	S.Y.B.Com	3837	Gold

#### **30. Inter Zonal Power Lifting Competition held at C.D. Jain College, Shrirampur, Dist- Ahmednagar, on 12/12/19 & 13/12/19**

Names of the participants are as follows:

1. Sakshi Dhumal	T.Y.B.Com	4275	Gold
2. Anushka Sarade	F.Y.B.Com	3275	Silver

#### **31. National Bench Press Competition 2019-20 organized by India Power Lifting Association held at Samaj Sadan, Delhi from 25/11/19 to 27/11/19**

Names of the participants are as follows:

1. Anushka Sarade	F.Y.B.Com	3278	Fifth
-------------------	-----------	------	-------

(Bench – 45 kg)

#### **32. All India Inter-University Archery Competition held at K.I.I.T University, Bhubaneswar, Odisha, from 26/12/19 to 30/12/19**

Names of the participants are as follows:

1. Muskan Bishnoi	TYBA	4969
-------------------	------	------





(Recurve Round)

Participation

**33. 62th National Shooting Championship Competition (NSCC) held at Thiruvananthapuram from 15/11/19 to 7/12/19**

Names of the participants are as follows:

1. Nikita Punekar                      S.Y.B.Com                      3820

**34. KSS Championship (National) Selection Trials 5 held at Delhi. The college participated 4 times in the Shooting National Selection Trials at Delhi.**

Names of the participants are as follows:

1. Nikita Punekar                      S.Y.B.Com                      3820

**35. Pune District Archery Junior Trials - organised by the Pune District Archery Association held at Kothrud, on 5/02/2020**

Names of the participants are as follows:

1. Muskan Bishnoi                      TYBA                      4969

(Recurve Round)

Participation

**36. 18<sup>th</sup> Maharashtra State Archery Championship 2019-20 held at Chatrapati Shivaji Maharaj Sports Complex, Bandra, from 13/02/2020 to 17/02/2020**

Names of the participants are as follows:

1. Muskan Bishnoi                      TYBA                      4969

(Recurve Round)

Participation

**37. 21<sup>st</sup> Khelo India Selection Trials held at Sonipat, SAI, Haryana from 27<sup>th</sup> to 29<sup>th</sup> October 2019.**

Names of the participants are as follows:

1. Muskan Bishnoi                      TYBA                      4969

(Recurve Round)

Participation

	Gold	Silver	Bronze	TOTAL
<b>International</b>				
<b>National</b>	<b>1</b>			<b>1</b>
<b>State</b>		<b>2</b>	<b>1</b>	<b>3</b>
<b>Zonal</b>	<b>5</b>	<b>3</b>	<b>1</b>	<b>9</b>
<b>Dist/Inter-collegiate</b>	<b>3</b>	<b>37</b>	<b>6</b>	<b>46</b>
<b>TOTAL</b>	<b>9</b>	<b>42</b>	<b>8</b>	<b>59</b>





## SPORTS DAY RESULTS

Interclass Sports Competition held at the College Sports Ground on 19<sup>th</sup> December 2019

### INDIVIDUAL GAMES

#### Event 1: 100 mts Running

Sr.No	Name of the Student	Class	Roll No
1	Girija Barawkar	XII Arts EM	454
2	Palak Agarwal	XI Arts Em	48
3	Rutuja Kawade	FYBCOM A	

#### Event 2: Shot Put

Sr.No	Name of the Student	Class	Roll No
1	Mamta Chourasia	MCOM	
2	Sai Kalane	XI Com	1053
3	Nishtia Jadhav	XI Com B	1238

#### Event 3 : Long Jump

Sr.No	Name of the Student	Class	Roll No
1	Diksha Dhumal	XII Arts MM	601
2	Shubhangi Mahajan	SYBCOM B	3837
3	Bhawana Kumari	FY.BBA	21978

#### Event 4: 4x50 mts Shuttle Relay

##### 1<sup>st</sup> Place

Sr.No	Name of the Student	Class	Roll No
1	Diksha Dhumal	XII Arts MM	601
2	Shubhangi Mahajan	SYBCOM B	3837
3	Bhawana Kumari	FY.BBA	21978

#### Event 4: 4x50 mts Shuttle Relay

##### 1<sup>st</sup> Place

Sr.No	Name of the Student	Class	Roll No
1	Poonam Choudhary	FYBCOM C	3401
2	Kiran Choudhary	FYBCOM C	3408
3	Nikita Koli	FYBCOM C	3518



**2<sup>nd</sup> Place**

Sr.No	Name of the Student	Class	Roll No
1	Palak Agarwal	XI Arts EM	45
2	Priyanka Shinde	XI Arts Em	90
3	Harshal Rapol	XI Arts Em	63
4	Chandani Lal	XI Arts EM	19

**3<sup>rd</sup> Place**

Sr.No	Name of the Student	Class	Roll No
1	Anha Khan	FYBA A	2276
2	Siddiqua Firfiray	FYBA A	2310
3	Sakshi Punjabi	FYBA A	2248
4	Narayani Singh	FYBA A	2225

**TEAM GAMES****1. Tug of War (Degree College)****1.1st Place – Winner – FYBCOM 'A'**

Sr.No	Name of the Student	Roll No
1	Rutuja Kawade	3054
2	Shital Mahadik	3058
3	Nilofer Shaikh	3035
4	Shrikala Reddy	3088
5	Sai Kachare	3053
6	Sonali Satpute	3101
7	Jiya Saju	3038
8	Harshada Undre	3019
9	Sakshi Mallik	3071
10	Gauri Raibhan	3109
11	Rupali Upadhyay	3092
12	Barsha Bishoyi	3098

**2nd Place – SYBA 'A'**

Sr.No	Name of the Student	Roll No
1	Khushboo Kumari	2602
2	Kasinam Dabi	2608
3	Shravani D'Souza	2614
4	Priyanka Sethi	2703





5	Namrata Datta	2712
6	Ummesalama Karu	2801
7	Shruti Nimkar	2813
8	Yashada Dixit	2853
9	Titiksha Padir	2855
10	Anisha Jael Vipparti	2869
11	Umme Aiman Rampurwala	2872
12	Sakshi Gulwani	2874

**Tug of War (Junior College)****1<sup>st</sup> Place – Winner – XI ARTS EM**

Sr.No	Name of the Student	Roll No
1	Priya Sharma	25
2	Priyanshi Bhandari	119
3	Kuhu Shrivastava	11
4	Janvi Nair	46
5	Sakshi Singh	98
6	Swaleha Pathan	64
7	Khushi Bhandari	17
8	Ishika Patel	33
9	Gracey Gaware	78
10	Sakhina Bharmal	75
11	Tani Pingale	55
12	Lakshika Thawani	38

**2<sup>nd</sup> Place – Winner- XI COMMERCE 'A'**

Sr.No	Name of the Student	Roll No
1	Sai Kalane	1053
2	Aarzoo Shaikh	1043
3	Pavitra Ganeshan	1082
4	Suhani Yadav	1068
5	Khushi Kundal	1012
6	Shrushti Darawade	1020
7	Sanjana Pardeshi	1104
8	Chahat Ramnani	1025
9	Sania Khan	1052





10	Vaishnavi Patil	1086
11	Triveni Naidu	1074
12	Jassu Joping	1092

**Individual Games for Staff****1. Musical Chair**

Sr.No	Name	Place
1	Sonia Chavan	First Place
2	Vibha Rathod	Second Place
3	Smita Mokashe	Third Place

**1. 50x4mts Shuttle Relay****Winner**

Sr.No	Name
1	Komal Tujare
2	Meenal Sumant
3	Jyoti Saletittal
4	Anita D'cunha

**Runner Up**

Sr.No	Name
1	Aarti Kulkarni
2	Shraddha Joshi
3	Seema Thakore
4	Smita Tirthakar

**3. Lemon & Spoon for Staff**

Sr.No	Name	Place
1	Aarti Kulkarni	First
2	Shraddha Joshi	Second
3	Smita Tirthakar	Second
4	Fariya Inamdar	Third

**4. Lemon & Spoon for Peons**

Sr.No	Name	Place
1	Varsha Deshmukh	First
2	Manda Gaikwad	Second
3	Shaku Naik	Third





## JUNIOR COLLEGE SPORTS REPORT 2019-2020

### **Pune District Zilla Parishad Badminton Competition held at Divisional Sports Complex, Yerwada, on 05/09/ 2019**

Names of the participants are as follows:

1.	Chulani Nishita	XI B	1203
2.	Sai Langhe	XI A	1044
3.	Payal Deokar	XI A	1032
4.	Meeraj Shaikh	XI A	1047

### **Pune Zilla Parishad Basketball Competition held at Deccan Gymkhana on 06/09/2019**

Names of the participants are as follows:

1.	Bhoomi Kotwani	XII EM	407
2.	Chulani Nishita	XI B	1203
3.	Rutuja Jadhav	XII C	2094
4.	Reha Shringi	XII A	1669
5.	Sarayu Khandekar	XII EM	412
6.	Rechal Madipag	XII EM	493
7.	Pranali Chavan	XII EM	458
8.	Rutuja More	XI B	1208
9.	Arya Surve	XII C	2117
10.	Sakshi Hardikar	XI B	1244

### **Pune Zilla Parishad Kabaddi Competition, held at Nehru Stadium, Swargate, on 17/09/2019**

Names of the participants are as follows:

1.	Sharda Birajdar	XI B	1262
2.	Dnyaneshwari Virole	XI A	1028
3.	Shravani Indalkar	XII A	1620
4.	Himani Sherekar	XII A	1647
5.	Shivani Sherekar	XII A	1648
6.	Pranali Vaware	XII A	1623
7.	Sujan Shaikh	XII A	1653
8.	Nikita Kamble	XII MM	612
9.	Prajakta Jadhav	XII MM	602
10.	Suhani Yadav	XI A	1068
11.	Anushka Uttekar	XII B	1837
12.	Sapna Surag	XII B	1840




**Pune Zilla Parishad Kabaddi Competition, held at Nehru Stadium, Swargate, on 17/09/2019**

Names of the participants are as follows:

1.	Sai Kalane	XI A	1053
2.	Khushi Kundal	XI A	1012
3.	Shrushti Darwade	XI A	1020
4.	Vandana Jain	XI A	1106
5.	Jayashree Choudhary	XI A	1038
6.	Alfiya Shaikh	XI A	1105
7.	Saniya Khan	XI A	1052
8.	Chahat Ramnani	XI A	1025
9.	Sopemala Mungkung	XI EM	96
10.	Khushi Bhandari	XI EM	17
11.	Shravani Chalke	XI EM	462
12.	Meeraj Shaikh	XI A	1047

**Pune Zilla Parishad Karate Competition was held at Bikhu Pathare High School on 21/09/2019**

Name of the participant is as follows

1.	Prajakta Jadhav	XII MM	Bronze
----	-----------------	--------	--------

**Zilla Parishad Kho-Kho Competition was held at KhashabajadhavKridaNiketan High School, Sinhgad Road, on 20/9/2019.**

Names of the participants are as follows:

1.	Samiksha Moze	XI Sc	5078
2.	Shelar Priyanka	XII C	2031
3.	Afrin Shaikh	XI C	1421
4.	Riya Rajput	XI A	1022
5.	Neha Sonawane	XI C	1500
6.	Priya Sharma	XI EM	25
7.	Antara Prabhu	XI EM	47
8.	Riddhi Goswami	XI B	1234
9.	Bhalerao Tanvi	XII B	1894
10.	Riya Singh	XI A	1017
11.	Saamruddhi Ovhal	XII A	1672
12.	Rashmi Shinde	XII B	1875

**Pune Zilla Parishad Artistic Gymnastics Competition was held at Muktangan High School on 30/09/2019.**

Name of the participant is as follows

1. Tiyaasha Ghosh Selected for the Zonal level.	XII Arts EM	494
--	-------------	-----



**Football Competition held at Don Bosco College on 21/09/2019.**

Names of the participants are as follows:

1.	Samruddhi Kanchan	XII A Com	655
2.	Shivani Jagtap	XI C Com	1458
3.	Arwa Lokhandwala	XI C Com	1455
4.	Harshal Rapol	XI Arts	63
5.	Sunaina Biswakarma	XI B	1245
6.	Alhan Sayed	XI Arts	44
7.	Apoorva Mutalik	XI C	1416
8.	Vaishnavi Patil	XI A	1086
9.	Sopemhla Mungkung	XI Arts	96
10.	Nishta Chulani	XI B	1203
11.	Avni Bhatka	XI Art EM	40

**Pune Zilla Parishad Athletics Competition held at Balewadi from 04/10/2019 to 06/10/2019.**

Names of the participants are as follows:

1.	Jadhav Prajakta Sandeep (Triple Jump Participation)	XII MM	602
2.	Dhumal Diksha (Triple Jump) Second Place (Long Jump) Participation (100 mt Hurdles) Third Place (4x100 mts Relay) Second Place	XIIMM	601
3.	Sai kalane (Shot put) (Hammer Throw) (Discus Throw)	XI Com	1053 Participation Second Place Third Place
4.	Palak Agarwal (200 mt Run) (100 mt Run) (4x100 mts Relay)	XI Em	48 Fifth Place Participation Second Place
5.	Girija Barawkar (200 mt Run) (100 mt Run) (4x100 mts Relay)	XII EM	454 Fifth Place Third Place Second Place
6.	Mayuri Handge	XII	653
7.	Nikita Kamble (Hammer Throw)	XII MM	612 Participation





8.	(Javelin Throw) Pranali Dhawan (4x100 mts Relay)	XII EM	Participation 458 Participation
9.	Vaishnavi Jawale (400 mts Run) (800 mts Run) (3000 mts Run) (Cross Country)	XII EM	240 Fifth Place Second Place Second Place Fourth Place
10.	Devika Burad (4x100 mts Relay)	XII EM	453 Second Place

### Pune Zilla Parishad Yoga Competition held at Gogate Prashala on 28/9/2019

Names of the participants are as follows:

1.	Sakshi Jadhav	XII EM	463
2.	Tiyasha Ghosh	XII EM	494

### State Athletics Zilla Parishad held at Satara

Name of the participant is as follows

1.	Sai Kalane	XI Com	1053
----	------------	--------	------

### State level Cross Country Competition held at Alibag on 22/12/2019

Name of the participant is as follows

1.	Vaishnavi Jawale	XI MM	240
----	------------------	-------	-----

### District level Cross Country Competition held at Nigdi

Name of the participant is as follows

1.	Vaishnavi Jawale	XI MM	240	Bronze
----	------------------	-------	-----	--------

### Pune District A. A. Association - Late Prahlad Sawant Memorial Pune District Cross Country Championship held on 24-11-2019

Name of the participant is as follows

1.	Vaishnavi Jawale	XI MM	240	Bronze
----	------------------	-------	-----	--------

### Zonal Zilla Parishad Competition held at Balewadi

Names of the participants are as follows:

1.	Sai Kalane (Hammer Throw)	XI Com	1053 Silver
2.	Dhumal Diksha (Triple Jump)	XII MM	601 Participated





	Gold	Silver	Bronze	TOTAL
<b>International</b>				
<b>National</b>				
<b>State</b>				
<b>Zonal</b>		1		1
<b>Dist/Inter-collegiate</b>		8	6	14
<b>TOTAL</b>		9	6	15



## DEPARTMENT OF NSS

### Department Activities:

The NSS Department, St. Mira's College participated in the grand event - an attempt to the Guinness Book World Record for **'The Largest Distribution of Saplings'** on 23<sup>rd</sup> June 2019, organized by the NSS Department, SPPU. There were 241 students and 5 teachers – Ms. Hasina Shaikh, Ms. Manjita Kulkarni, Ms. Ekta Jadhav, Dr. Sandhya Pandit and Dr. Meenal Sumant.

The NSS volunteers participated in the **Swachha Wari, Swasth Wari and Nirmal Wari** campaign in the last week of June 2019. The NSS volunteers went to Sant Gadgebaba Municipal School for cleanliness. They interacted with the warkaris and helped them. Volunteers collected dry garbage and cleaned the area. NSS volunteers went to Sant Gadgebaba Municipal School, again, after the departure of the dindis. The NSS volunteers cleaned the premises; dry and wet garbage was collected separately. A total of 5200 patrawalis were distributed by the staff and the students of the college.

The NSS volunteers actively participated in the **'Swachha Bharat Internship Programme'** and contributed 5 hours each towards cleanliness on 11<sup>th</sup> July 2019. A batch of 10 volunteers cleaned two immensely dirty rooms and toilets at the Poona Blind School. The Swachh Bharat Summer Internship concluded with a small rally for creating awareness about cleanliness.

On 11<sup>th</sup> July 2019, nearly 500 students, along with the teachers, non-teaching staff, sevaks and sevikas pledged **"not to consume tobacco"** in any form and to restrain others from the use of tobacco.

A total of 40 NSS volunteers offered their service to the Sadhu Vaswani Mission on the occasion of the **101<sup>st</sup> birth anniversary of beloved Dada**. They were given the duty of escorting devotees to the langar, water distribution and cleaning vessels.





Dr. Manisha Pimpalkhare and Ms. Veena Kenchi, previous NSS Program Officers were the guests of honour for the **NSS inaugural function**, 2019 – 20. Dr. Manisha Pimpalkhare guided the students on selfless service. She appealed to the audience to serve people as human beings keeping all the labels like caste, creed, religion, profession, etc. away. Ms. Veena Kenchi praised the active participation of all the volunteers and discussed the benefits of NSS.

Every year, the NSS department celebrates **Swachhata Pakhwada** enthusiastically from 1<sup>st</sup> to 15<sup>th</sup> August 2019, and it was inaugurated by taking the pledge of swachhata. Under Swachhata Pakhwada, institutional cleaning, paper-bag making workshop, 'Plastic Free Campus' campaign, Cleanliness Drive at Poona Station and Swachhata Rally were organized. The Swachhata Pakhwada ended with a meeting with the Vice-Principal – Dr. Mrs. Shalini Iyer. The session was interactive and students came away with a host of suggestions for maintaining cleanliness in the college and premises.

The NSS Department participated in a one-day workshop on “Tree Plantation” in SPPU on 9<sup>th</sup> August 2019 and planted around 20 trees on the SPPU hill.

On the 15<sup>th</sup> of August, the NSS volunteers celebrated **Raksha Bandhan** with visually challenged and other specially-abled students of NAWPC (National Association for the Welfare of the Physically Challenged). Volunteers tied rakhis to the students staying in the NAWPC hostel.

NSS volunteers participated in the “**Fit India Movement**” organized by the Department of Physical Education. A Zumba session was organized, followed by the live telecast of Sports Day events and the honourable Prime Minister's address to the nation.

NSS department celebrated “**NSS Day**” in line with the annual theme of the year – 'Water Conservation'. Students were oriented through a lecture on water conservation and the display of the posters.

The “**National Unity Day**” was also celebrated on the 24<sup>th</sup> of October 2019, and the importance of National Unity Day was conveyed to the students. All the students and teachers took a pledge to be united and to maintain the unity of India. A video on unity was shown to the students.

As a part of the **170<sup>th</sup> Birth Anniversary Celebrations of Sadhu T. L. Vaswani**, our founder, the NSS department organised a Blood Donation Camp in association with Inlaks Budhrani Hospital on 22<sup>nd</sup> November 2019. This year a total of 87 students registered, of which 36 students passed the weight, HB and other criteria and could donate blood.

The NSS department also organized a guest lecture on '**Organ Donation – Awareness and Importance**'. Ms. Mini Thomas and Mr. Arvind Agarwal from the NGO-Rebirth Foundation interacted with our students. Both of them encouraged students for organ donation. Students were given thorough knowledge about the donation of organs.

In connection with **National River Day**, an NGO - Sare Jahan Se Achha, Friends of Dr. Salim Ali Bird Sanctuary and Pune Municipal Corporation organised a mega river cleaning project on 23<sup>rd</sup> November 2019 at Dr. Salim Ali Bird Sanctuary. 29 volunteers of St. Mira's College worked hard from 07.00 to 10.30 am, and collected all kinds of non-degradable garbage like plastic, clothes, glass, fibre, POP idols, thermocol, etc. from the banks of the river.

The **70<sup>th</sup> Constitution Day** was celebrated by the Dept. of Politics and Public Administration in association with the Dept. of NSS on Tuesday, 26<sup>th</sup> November 2019. The Constitution Day was celebrated with a Live Telecast of the proceedings of the Parliament, a Skit by the students of Std XI-





and the reading of the Preamble by all the staff and students.

**The NSS Special Winter Camp** was organized from 6<sup>th</sup> to 12<sup>th</sup> December 2019 at Kondhawale village in Mulshi Taluka. Cleaning, conducting surveys, rallies, guest lectures, fun fairs for the ladies and competitions for the school students were all organized in the camp.

**Swachhata Pakhwada** was celebrated from 16<sup>th</sup> January to 31<sup>st</sup> January. The Pakhwada was inaugurated by the taking of the pledge of swachhata by 400 students and 20 teachers approximately. They took the pledge to keep the college, college premises and residential locality clean. Students committed to devote 100 hrs throughout the year for cleanliness and encourage another 100 people for the cleanliness drive.

On 20<sup>th</sup> January 2020, 11 volunteers and 2 NSS POs went to Sadhu Vaswani Mission's Gurukul School for **tree plantation**. A total of 20 saplings —10 Neem, 5 Peepal, 3 Amala and 2 Saptaparni— were planted as they are high CO2 sequesters and good water purifiers. The suitability of plants in the given ecosystem was also considered.

On the 28<sup>th</sup> January 2020, 21 NSS volunteers along with the NSS officers visited NAB – an NGO **National Association for the Blinds at Khandala** as a part of the Swachhata Pakhwada. Volunteers cleaned the garden area, collected dry and waste garbage separately; they swept the whole garden area including the main gate area, grass patches, the rear of the medical clinic, etc. Some girls cleaned the kitchen. A few volunteers swept the stairs and the corridors. Other girls cleaned their workplaces like weaving section, knitting section, soap-making section, etc. Storage areas, rooms and the dining hall, too, were cleaned by the volunteers. Many volunteers interacted informally with the blind and aged residents of this old age home. They tried to understand the problems of the people; they engaged with them empathetically and shared moments of love and happiness with them. Lastly, 10 NSS volunteers performed a streetplay on 'Cleanliness and No Plastic' for the blind people and demonstrated the advantages and importance of cleanliness and ill-effects of dirty, unhealthy surroundings.

24 NSS students cleaned **Sadhu Vaswani Mission's Nursing College** hostel as part of Swachhata Pakhwada.

The Departments of Sports and NSS organized a **Walkathon** to promote the importance of exercise and to create awareness about fitness among the people. 143 students along with 7 staff members actively participated in the event. Students and staff walked together for approximately 3 kilometres with posters, shouting slogans of fitness and created awareness about daily exercise.

As a **tribute to Mahatma Gandhiji**- Father of our Nation and to celebrate Unity in Diversity, prayers of all religions were organised in St. Mira's College on the occasion of the death anniversary of Mahatma Gandhiji i.e. Martyr's Day. The students endeavoured to celebrate a United India with diverse cultures; Hindu, Muslim, Sikh, Christian, Buddhist and Sindhi prayers were recited at the prayer time. The students also explained the moral of each prayer and helped all the students to understand one and the same message of love and compassion that is given by all religions.

St. Mira's College with its two NSS POs and four NSS volunteers participated in Sinhagad **Cleanliness Drive** organized by the Department of NSS on Sunday, 23rd February 2020. St. Mira's volunteers visited the Samadhi and then cleaned the nearby area. Volunteers collected four sacks of plastic on this cleanliness drive.







## JUNIOR COLLEGE REPORT 2019-20

### Awards & Accolades

**Best Teacher 2019:** Sawani, the English teacher from the Junior College received the IIHM – Best Teacher Award 2019.

#### Intercollegiate Competitions

##### Awards:

Junior College won the 'Madonna Championship Trophy' for overall participation and maximum wins at Don Bosco Intercollegiate Fest 2020. The students bagged the 1<sup>st</sup> position for Street Play & Basketball, 2<sup>nd</sup> prize for Football and Essay Writing and the 3<sup>rd</sup> prize for Group Dance Competitions.

##### Participations:

2 teams participated in the Sym-Com Quiz Competition held at Symbiosis College. Students participated in the Socratic Forum Intercollegiate Debate Competition held by Symbiosis Arts & Commerce College and Rotary Club - the 'Last Word' Debate Competition.

30 students participated in a National and State Level Essay Writing Competition held by Ram Chandra Mission on, 'The Measure of Intelligence is the Ability to Change' – Albert Einstein.

Mrunal More from 12<sup>th</sup> Commerce won the 2<sup>nd</sup> place in the solo dance competition at Mount Carmel Intercollegiate Fest Carmelvenza 2019

#### Study Tours

**Gandhi Jayanti** - On 3<sup>rd</sup> October, the political science students of Class 12th Arts along with their teacher, Anita D'cunha visited the Aga Khan Palace on the occasion of Mahatma Gandhi's 150<sup>th</sup> birth anniversary.

**Kargil Vijay Diwas** - 26<sup>th</sup> July 2019 marked the 20<sup>th</sup> anniversary of Kargil Vijay Diwas. 30 students from 12<sup>th</sup> Arts E.M and 12<sup>th</sup> Arts M.M accompanied by their teacher Mrs. Neena Dutta, visited the National War Memorial, Southern Command, in commemoration of this day and to pay their homage to the brave martyrs.

**Film Screening** - As a commemoration of Kargil Vijay Diwas, a film screening of 'Uri: The Surgical Strike' was arranged for the students of 12<sup>th</sup> Arts M.M by Anita D'cunha

**Balbharati Visit** - A study tour to Balbharati for 30 students of Class 12<sup>th</sup> Arts E.M. was arranged on 5<sup>th</sup> December 2019, by Ms Sawani, to introduce the rich history of the organization.

#### Competitions (Intercollegiate)

##### Poetry Recitation:

An interclass poetry recitation competition was organized for Dada J.P. Vaswani's 101<sup>st</sup> Birthday Celebrations on 27th July 2019 in the Sanctuary. Three prizes were announced amongst 20 participants. An external judge, Mrs. Shilpa Dharmadhikari, ex-professor of English from the University of Baroda and a Kathak exponent was present for the occasion. Tiasha Ghosh stood first, Pradnya Vijayan stood second followed by Mariyam Gangardiwala for the 3<sup>rd</sup> position.

##### Patriotic Song Competition:

An interclass Patriotic Song Group Competition was held on 14<sup>th</sup> August 2019 in the Sanctuary at 11:30 am. The first position was bagged by XII Com. 'C' and the 2<sup>nd</sup> position by XII Arts EM.



**Poster Painting Competition:**

On the occasion of Sadhu T.L. Vaswani's 140<sup>th</sup> Birthday, the College organised a Poster-Painting Competition on the theme 'Men Have Rights, Have Animals No Rights?' The topics were - Cruelty free diet is the key to cruelty free society/ Reverence for all life, leads to a world free from strife/ For me not to love bird and beast, would be not to love the Lord!

**Carol Singing:**

To celebrate the spirit of Christmas, a play on the Birth of Lord Jesus was presented followed by an Interclass Carol singing Competition on 21<sup>st</sup> December 2019 in the Sanctuary. 11<sup>th</sup> Arts E.M. bagged the first prize, and the 2<sup>nd</sup> prize was shared by 11<sup>th</sup> Com A and 11<sup>th</sup> Com C.

**Celebrations****Janmashtami:**

The students of Std 12<sup>th</sup> Arts E.M. presented a mythological play based on LGBT in the Sanctuary for Janmashtami Celebrations on 24<sup>th</sup> August 2019. The play titled, "Hum Kyon Nahi?" aimed at gaining respect for the transgender community.

**Sadhu T.L Vaswani's Birth Anniversary (Dada Leela):**

A one-act Play titled, "Jay Dada, Jay Dada, Jeevan Sanjeevani", based on the life and teachings of Sadhu T.L. Vaswani was presented at Sadhu Vaswani Mission on 24<sup>th</sup> November 2019. The play associated the existence of the revered Master to a blessing of the Indian Goddesses. The play depicted the innate qualities and service of our Guru Sadhu T. L. Vaswani towards humanity.

**Sadhu T.L. Vaswani's Mahayagnya:**

Ibaadat...An offering of Love! A fusion of poetry, music, dance and recital for the students of St. Mira's in collaboration with Neeraja Creations was presented by Neeraja, Ameera Patankar, Suhas Kahate and team as a spiritual tribute to our revered founder Sadhu T.L. Vaswanion the occasion of Mahayagna. The offering opened with a Guru Vandana by Sawani and Deena, a graceful tribute to Sadhu T.L. Vaswani, Saint Mira and Krishna enveloped in the Bhakti Ras.

**Mahatma Gandhi's 150<sup>th</sup> Birth Anniversary:**

The junior College celebrated Gandhiji's 150<sup>th</sup> birth anniversary by organizing an inter-class elocution competition. Mrs. Anita D'cunha gave an introduction to Mahatma Gandhi and his values. The elocution had over 10 participants in the three main languages, English, Hindi and Marathi. Students showcased their skills by including self-written poems and by singing bhajans. The programme concluded with the national anthem. The students of 11<sup>th</sup> Arts EM contributed by making PPT's, collages and badges for the event.

**Constitution Day:**

The junior College celebrated Constitution Day, in Sanctuary, on 26<sup>th</sup> November 2019. Mrs. Anita D'cunha gave a brief introduction to the 70<sup>th</sup> Constitution Day. The girls of 11<sup>th</sup> ARTS EM prepared a prayer service in English, Hindi and Marathi highlighting our country's cultural diversity. The students prepared charts, collages, invitations and decorations. A PPT was also presented with information on the Indian Constitution. The students presented a skit that highlighted the values, rights and duties of the Indian Constitution. The programme concluded by reading the Fundamental Duties, reciting the Preamble followed by the national anthem.

**Annual Social Gathering:**

2019 Annual Social Gathering had an unusual theme, 'Mile Sur Mera Tumhara', that marked the true colours of diverse cultures of India. The students avoided adapting Bollywood numbers, adding





authenticity to the theme. Folk culture and art were celebrated through a variety of music, costumes and display of property. The opening dance – the traditional Ganesh Vandana (Bharatanatyam) was followed by folk dances – Bhangra from Punjab, Kalikuttikali from Kerela, Garba from Gujarat, Ghoomar from Rajasthan, Bihu from Assam, RaasLeela from Uttar Pradesh. The event concluded with Maharshtrachi Lokadhara – the folk culture of Maharashtra that included – Koli dance, Lavani and Lezim.

### **Guest Speakers**

Several guest lecturers were arranged by the English teacher, Sawani for Arts students, based on the new syllabus of Std 11. Bindiya Rangwani, lecturer and blog writer presented a PPT and spoke on “Blog Writing”. Aparna Prabhudesai the Mount Everest climber shared her autobiographical account in “A Dream Come True: Challenges Climbing the Everest”. Girish Dange, advocate and farmer held an interactive session on “Organic Farming”. Prof. Dileep Chavan, writer, editor & publisher gave a talk on “Pillars of Democracy”. Prof. Genjumon Prasnannan prepared the mindset of the students on “How to View Films for Writing Reviews?”. Sudhir Saykar motivated non-English medium students by conducting a session on “Speak Fast English”. He conducted the session with live examples of 8 girls from non-English medium backgrounds, who had mastered the art speaking basic English. Vasihnavi Nyayadhish, the youngest Bhagvad Geeta learner and speaker in Pune, graced the Sanctuary with her talk on “Essence of Bhagvad Geeta In Today's Age”. Deena Pathak Shetty, the first and the only Kathak exponent from South America led students to understand “Similarities & Differences Between India & South America”. An “Interview Session” with Mrs. Sonia Morya, studying in Std 12<sup>th</sup> Arts English Medium, was conducted by the students of Std 11<sup>th</sup> Arts EM. Sonia balances home, work and college to quote an example of the true face of woman empowerment.

### **Extra Training Programmes & Workshops**

#### **Theatre:**

An exclusive 8-day theatre workshop was arranged for students to enhance body language skills and overall personality development. The workshop was conducted by theatre experts Aashish Tilak and Sanket Kashyap.

#### **Special IT Training:**

A special in-house training programme was carried out by Sheetal Dorge to introduce the subject of Information Technology to non-English medium students. English teacher, Sawani, provided initiative and inputs.

#### **Aptitude Session:**

Silica Aptitude Session was conducted in the classroom. Students filled in questionnaires.

#### **Counselling Session:**

An exclusive interactive Counselling Session was conducted by the Department of Psychology for Std. 11<sup>th</sup> and 12<sup>th</sup> Arts, Science & Commerce. Pooja Jain, an in-house counsellor, highlighted the need and importance of counselling in the adolescent stages of their lives.

#### **External Training - New Syllabus:**

Prachi Ghule, Vice Principal, Junior College and other senior faculty members - Revathi Pandhare, Vibha Rathod, Shirin Jinnah and Anita D'cunha were appointed as Trainers for New Syllabus & Evaluation for Std 11<sup>th</sup> at Divisional level by Maharashtra State Board of Secondary & Higher Secondary Education, Pune Division.





## STUDENTS DEVELOPMENT CELL ANNUAL REPORT 2019-20

**Hasina Shaikh and Manjita Kulkarni**

St. Mira's College has implemented two schemes under the Students Development Cell in the academic year 2019-20:

1. Karmaveer Bhaurao Patil Earn While Learn Scheme
2. Nirbhay Kanya Abhiyan

### **Karmaveer Bhaurao Patil Earn While Learn Scheme**

23 students were selected from the Arts, Commerce, BBA and BCA streams. They are engaged in the College main office, in the BBA office, the MBA office, Library, Sports Department, NSS and the Psychology lab.

### **Nirbhay Kanya Abhiyan Workshop**

Nirbhay Kanya Abhiyan was organized at St. Mira's College from 3<sup>rd</sup> to 5<sup>th</sup> February 2020 to inculcate fearlessness among girl students. The Abhiyan was inaugurated, on 3<sup>rd</sup> February 2020, at the hands of Dr. Shalini Iyer, Vice-Principal of St. Mira's College. Participants from Christ College, St. Vincent's Night College, SVIM's Institute of MBA, Arihant College of Arts, Commerce were in attendance. This year's workshop focused on financial and social self-development, therefore the workshop was held in collaboration with the Centre for Women Cell.

In the inaugural session, Prof. Manjita Kulkarni welcomed the participants and presented the itinerary of the three-day programme. Prof. Hasina Shaikh explained the importance of the campaign and appealed to students to participate wholeheartedly and make efforts to change themselves in the direction of fearlessness. Dr. Rama Venkat, coordinator of CWE introduced the activities undertaken at CWE. The first session was headed by Mr. Ravi Ghatge, who motivated the students towards start-ups with small ideas. He gave examples of how daily requirement things can be great ideas for start-ups. The second session was by Mr. Kunal Sarpal, who spoke about the formalities and legalities required for an entrepreneur. With his experiences and case studies, he enlightened the students on the Dos and Don'ts of business. Students were highly motivated by his talk. The third session was conducted by Dr. Rama Venkat on Business Entrepreneurship.

On the second day, the first session was held by Mr. Kutwal, shared his experience as an entrepreneur. He explained the procedure of production and distribution of the various products. He shared his challenges as a rural entrepreneur. The second session was by Mrs. Shivani Sinha who,





with her effective PPT presentation, spoke on women entrepreneurs. She motivated the students on how to be a successful entrepreneur. She explained the steps towards women entrepreneurship by discussing the case studies that she had collected. Her presentation was research-based. The third session was on Mind mapping by Mrs. Abhradita Chatterjee.

The third day started with a session on Self-defence conducted by Mr. Balkrishna Bhandari, sports coach and Taekwondo expert. Mr. Bhandari first explained how self-defence is very closely related to self-confidence. He demonstrated, with the help of volunteers, some very useful self-defence actions which the girls should learn through regular practice. The second session was by Ms Vanita on the journey of a women entrepreneur. She shared her experiences as a woman entrepreneur, ideas for start-ups, background, finance required, struggle in organizing events, challenges with the co-workers and sometimes losses in the business. She also identified some of the students who can begin start-ups in some of the creative activities that they are interested in. The third session was on grass-root innovations conducted by Mr. Sathya Natrajan. He interacted with students by narrating stories of grass-root innovations entrepreneurs. He inspired many students to initiate their start-ups. He also shared his experiences on the projects that he had worked and on how new entrepreneurs can achieve success.

---

## Library Report

**Mrs Devinder Kaur (Librarian), Anandmayi Chounde, Madhuri Ghandat,  
Asha Hingmare, Seema Ghule, Jyoti Napte, Kalpashri Bhandekar,  
Ramdhiraj Thakut, Sakhu Bai and Chhaya Pawar.**

St Mira's College offers a spacious library, computerized, up-to-date and rich in its collection of books and journals. It stocks necessary study material for preparing for various competitive examinations like: MBA, CAT, GMAT, TOEFL, NET/SET, UPSC, MPSC, etc. Material on interviews, group discussion, personality development, soft skills etc. is a part of the reading resources. Collections on/by our revered founder Sadhu T L Vaswani, our spiritual leader Dada J P Vaswani, religion, philosophy, biography and self- help are maintained to support the institution's mission of imparting value education to the students.

The library caters to the reading requirements of following categories of members:

All bonafide students of the college, ex-staff and students, members of the parent body, sister institutes and visitors are welcome.

### **Workshop and Training Programmes Conducted:**





- User Orientation Programmes which was a part of the Student Induction Programme (FY Degree College Students) was conducted on 8 Jul 2019.
- Library Orientation Sessions for XI standard students were organised on 16th and 17th September, 2019.
- Teacher-student Visit to the Library': To get greater exposure to library resources in their subjects
- Training session and workshop on efficient searching for information under EBSCO databases on 17th July and 4th December 2019.

**Hosted Activities:**

Film Screening Harry Potter and the Chamber of Secrets. Students grabbed this opportunity to learn literature through movie, quiz, sorting ceremony, props, character costumes, etc.

**Book Exhibitions:**

On the occasion of 'Librarians' Day', a Book Exhibition was organised on 12th August, 2019. This drew 255 enthusiastic readers to the library. Also, to pay homage to our founder Sadhu T L Vaswani a book exhibition was arranged from 16th to 18th January 2020.

**Day Celebrations:**

**Hindi Divas Celebration:** Library displayed books in Hindi during 11-28 September 2019, where 115 readers explored the rich Hindi collection. A senior Raj Bhasha Officer/Author from Bank of Maharashtra -Dr Rajendra Shrivastava was invited for interaction with the students on 21 Sept 2019. Celebrations also included Games on books and Hindi Cinema & literature, which were immensely enjoyed by the students.

**Reading Inspiration Day:** On the occasion of former President, Dr A P J Abdul Kalam's birth anniversary 'Reading Inspiration Day' was celebrated by organising following programmes on 14 and 15 October, 2019. A talk on 'Reading' by Ms Kajari Mitra, Senior Manager- British Council, Pune. A talk by Ms. Sawani on 'The Importance of Reading Editorials of Newspapers'. Screening of a documentary on 'The Village of Books' and an exhibition of different genres of books with attractive sitting arrangements in the library. An interactive session-'Meet the Author' with Mrs. Yogini Vengurlekar- a Pune based renowned author enlightened the readers with her knowledge and expert views on creative writing.

**Services and Facilities provided throughout the year:** The rack location of each book is available at a click of the mouse; images of book covers, book summaries and key words have been uploaded in an online catalogue; faculty members are provided Current Awareness Services which includes - Table of Contents of journals and new additions to the library collection via college website; regular monthly display of books on birth anniversaries of eminent personalities and on important occasions; the Library maintains its own blog (<http://www.miracollegelibrary.blogspot.com>); the Digital Repository/Library provides access to e-resources such as: - Journal databases, previous years' question papers, syllabi, news clippings, etc; scanning and photocopying; display of new arrivals and important newspaper clippings and information on jobs, courses & career; scholar cards and book-





bank; display of creative works of brilliant students; inter-library loan facility with Savitribai Phule Pune University, The British Council Library and Maharashtra Chamber of Commerce, Industries and Agriculture.

### **Congratulatory announcements**

To attract maximum number of users, announcements are made through e-mails and displayed on notice boards which includes:

- Top ten borrowers of books- staff.
- Top ten borrowers of books- students
- Top ten students who consulted maximum number of books in the library.

This year, RFID based Attendance System has been installed in the library for recording library visits of users.

“MAY I HELP YOU” is the motto of our library staff who are ever willing to teach, encourage and assist users.





# St. Mira's College Alumni Association- Alumni Meet





# MIRAcles Magazine

