

## B.A. Psychology

### **Programme Outcomes**

- Offering learning opportunities to orient the students towards scientific and humanistic study of the complexities of human mind and behaviour.
- Imparting knowledge of basic psychological concepts and methods, and developing ability to appreciate the challenges in field settings.
- Help shaping cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
- Facilitating acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counselling, interviewing, developing psychological tools, behaviour modification, data analysis, report writing).
- Promoting self-understanding, reflexivity and personal growth. Helping students understand the complexities of self and human relationships and how the two make each other up.
- Developing a strong sense of ethical and moral aptness in general and in the context of learning and its assessment in particular.
- Helping students master the basic reflective, analytical, scientific writing, computational and communicative competencies.
- Developing respect for social diversity and increasing social and cultural relevance of learning.

### **Programme Specific Outcomes**

- **Academic Competence-**
  - a) Disciplinary knowledge and methods including data analysis and computer literacy (SPSS)
  - b) Basic professional skills pertaining to psychological testing, assessment and counselling.
  - c) Ability to use skills in specific areas related to chosen specialization (e.g. cognitive, industrial-organizational, clinical, counselling, health, educational, social, community).
  - d) Ability to relate and connect concepts with personal experiences and using critical thinking.
  - e) Curiosity and ability to formulate psychology related problems and using appropriate concepts and methods to solve them.
  - f) Ability to use various e-resources and social media and negotiating with technological challenges.
  - g) Articulation of ideas, scientific writing and authentic reporting, effective presentation skills.
  - h) Dealing with conflicting theories and approaches, learning to withstand ambiguities and understanding the limitations of the discipline.
  - i) Ability to understand interdisciplinary perspectives/approaches and application of psychological understanding in Domestic Violence, Child sexual abuse and Mental health laws
- **Personal, Behavioural and Skill based Competence-**
  - a) Personal and interpersonal development, health and hygiene, self-regulation skills.
  - b) Developing positive attributes such as empathy, compassion, social participation, and accountability
  - c) Developing multi-cultural and historical sensibility particularly for indigenous traditions, sociocultural context and diversity.
  - d) Having conversational competence including communication and effective interaction with others, listening, speaking, and observational skills.
  - e) Ability to work both independently and in group and dealing effectively with clients and stakeholders.

- **Ethical, Moral and Social Competence and Sensibilities-**

- a) Collaboration, cooperation and acknowledging the dynamics of groups and communities.
- b) Identifying and evaluating social problems from a mental health perspective
- c) Understanding gender-based perspectives and concerns of LGBTQ community and developing sensitisation towards LGBTQ and other minorities.
- d) Social and Ecological responsibility towards society and learning reflected through social participates.
- e) Identifying risk and protective factors for mental health and wellbeing at different levels (e.g. individual, organization, community, society).
- f) Inculcating strong ethical values in psychological practices.
- g) Moral and ethical awareness and reasoning involving objective and unbiased work attitude, avoiding unethical behaviours such as data fabrication and plagiarism, observing code of conduct, respecting intellectual property rights and being aware of the implications and ethical concerns of research studies.
- h) Strong ethical foundation in Testing and Assessment
- i) Instilling ethical practices in counselling processes.
- j) Inculcating multicultural approach by working with groups and communities (Field visits, mental health organizations, NGOs, etc.)

\*\*\*\*\*